



Registering online? **We can help!**

We're always looking for ways to make it easier for you to interact with us, and our online registration process is no exception.

mySunLife.ca and the **my Sun Life mobile app** give you the online tools you need to manage your plan. Here's how to register for access:

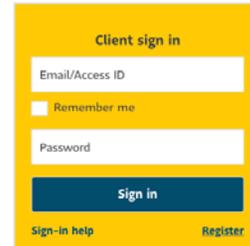
Life's brighter under the sun



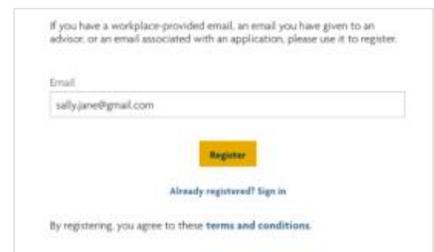
Registration with an employee provided email

If you have an **email provided by your employer**, please use it to register.

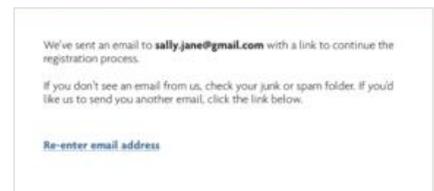
1 Go to **mySunLife.ca** and select **Register**.



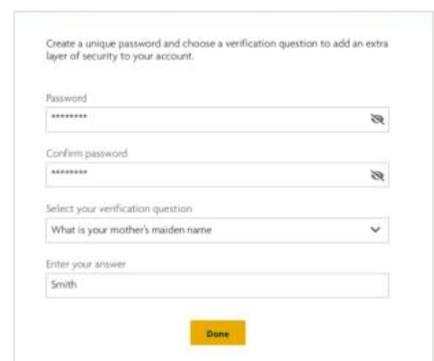
2 Provide the **email address** your plan sponsor provided.



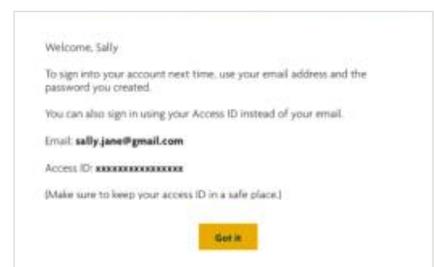
3 Once entered, **we'll send an email to confirm** your email address.



4 Next you'll set up your **password** and **verification Q&A**.



5 Congratulations your **registration is complete**.



Registration without an employee-provided email

Follow steps 1 - 3 as above.

Once your email is confirmed, you'll be asked to set up your account.

4 Complete your **personal information**.

Enter your personal information so we can find your file in our system.

First name: Sally Last name: Jane

Date of birth (DD/MM/YYYY): 06 / 30 / 1985

Postal code: A1A 2B2

Living outside Canada?

[Learn more about why we ask for this information.](#)

Create a unique password and select a verification question for an extra layer of security.

Password: [masked]

Confirm password: [masked]

Select your verification question: What is your mother's maiden name

Enter your answer: Smith

5 You'll be asked to **verify your identity**. You'll be asked to sign in with your current financial institution.

Don't worry, if your financial institution isn't listed you can click **verify your identity another way** and answer a few questions.

That's it! **You are now registered.**

If you're a **BMO, CIBC, Desjardins, RBC Royal Bank, Scotiabank** or **TD** client, use Verified.Me to securely confirm your identity with your online banking profile.

SecureKey Technologies Inc. created Verified.Me. This is the same service provider the Government of Canada uses to allow users access to federal websites.

[Learn more about Verified.Me](#)

Don't see your financial institution on the list?



We can help! If you need us, call us at **1-800-361-6212** between 8 a.m. ET to 8 p.m. ET, Monday to Friday.

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Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies. GRP1667 0522 ds-cd

