

# Preparing For Your Retirement



## WHAT PLANS HAVE YOU MADE FOR YOUR NEW CHAPTER IN LIFE?

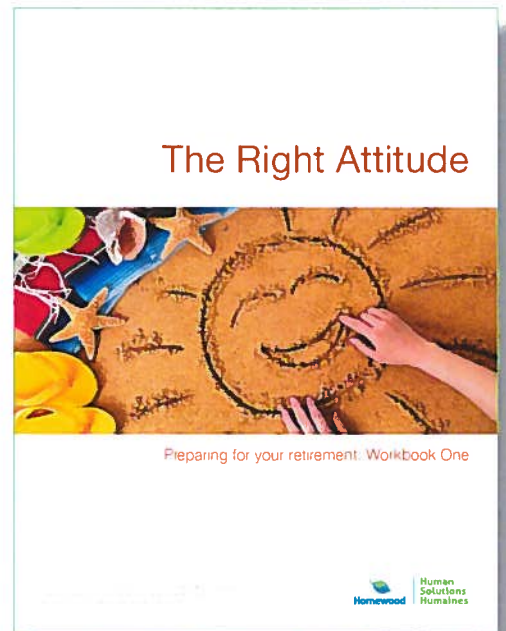
For most of us, retirement presents a new chapter in life—a time to shift gears and create new experiences. However, retirement presents some very real psychological and emotional challenges. With advance planning and discussion with a spouse, partner, or friend, you can make your transition to this new chapter of your life both smooth and rewarding.

## Course Contents

- What will you do to stay physically active in your later years?
- How will you remain connected to friends and family?
- What impacts will the transition away from full-time employment have on your day-to-day interactions with your spouse or partner?

### Additional Features

- Self-guided workbooks for completing offline.
- Resources for continued learning.
- Course certificate can be printed following successful completion of course learning quiz.



Estimated time to complete this course is 2 hours (60 minutes online; 60 minutes of printed workbook material).

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