

# Health Ethics Symposium – MORAL DISTRESS: Caring for Those Who Care

Friday, 27 November 2020

## AGENDA Overview

Type of Session	Time	Title of Session	Speaker(s)	Description/Objectives	Moderator
<b>Welcome</b>	8:30 - 8:45	<b>Opening Remarks</b>	<b>Michael van Manen, MD, PhD,</b> Director and Endowed Chair in Health Ethics, Dossetor Centre	- Description of goals for the day.	
<b>Keynote Presentation</b>	8:45 - 9:45	<b><i>"This isn't right!"</i>: The Call to Moral Responsibility and Its Intrinsic Challenge, Moral Distress</b>	<b>Wendy Austin, PhD,</b> Professor Emeritus, Dossetor Centre; Canada Research Chair, Relational Ethics in Health Care (2003-2013)  <b>Daniel Garros, MD,</b> Attending/Staff Physician, Stollery Children's Hospital; Associate Clinical Professor, Dossetor Centre	- Discuss the moral responsibility of healthcare practice and its role in the experience of moral distress.  - Address moral distress in light of the latest literature, considering its potentially devastating effect on the lives of healthcare professionals.  - Consider individual and organization level strategies for mitigating and resolving moral distress.	<b>Brendan Leier, PhD,</b> Clinical Ethicist, Alberta Health Services; Adjunct Professor, Dossetor Centre
<b>Break</b>	9:45 - 10:00				
<b>Session 1</b>	10:00 - 10:45	<b>Epidemiology of Moral Distress</b>	<b>Charles Larson, MD,</b> Paediatric Cardiac Intensivist, Stollery Children's Hospital	- Understand how the ever-evolving NICU and PICU environments influence moral distress.  - Understand how moral distress fluctuates over time, presenting opportunities for interventions.  - Explore how and why moral distress levels vary between institutions.	<b>Gary Goldsand, MA,</b> Clinical Ethicist; Assistant Clinical Professor, Dossetor Centre

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<b>Session 2</b>	10:45 - 11:30	<b>Care, Empathy and the Electronic Health Record in NICU - A clinician's view</b>	<b>Paul Byrne, MB</b> , Staff Neonatologist, Stollery Children's Hospital; Clinical Professor, Dossetor Centre	<ul style="list-style-type: none"> <li>- To explore the effects of electronic health records (EHR) on professional behaviour in NICU.</li> <li>- To discuss the impact of the EHR on parent - health professional relationships in NICU.</li> </ul>	<b>Wendy Austin, PhD</b> , Professor Emeritus, Dossetor Centre; Canada Research Chair, Relational Ethics in Health Care (2003-2013)
<b>Lunch Break</b>	11:30 - 12:30				
<b>Session 3</b>	12:30 - 13:15	<b>Critical Incident Stress Management Teams: Realization, Refocus, and Resiliency in the NICU</b>	<p><b>Chloe Joynt, MD</b>, Neonatologist, Stollery Children's Hospital, Northern Alberta Neonatology Program, Site lead and CISM Steering Team Member</p> <p><b>Erin Burton, RN</b>, Co-lead and Founding Member, David Schiff NICU CISM team, Stollery Children's Hospital</p> <p><b>Ashlyn Skaley, RT</b>, Co-lead and Founding Member, David Schiff NICU CISM team, Stollery Children's Hospital</p>	<ul style="list-style-type: none"> <li>- To describe the need, concept and utilization patterns for a Critical Incident Stress Management (CISM) team in NICU.</li> <li>- To consider how a move from “focusing on the event” to “focusing on the impact” affects a team’s ability to “care for the caregivers” and move forward during times of emotional/moral distress.</li> <li>- To illustrate the effect of the CISM team on NICU environment and culture through observational vignettes and research findings.</li> </ul>	<b>Michael van Manen, MD, PhD</b> , Director and Endowed Chair in Health Ethics, Dossetor Centre

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<b>Session 4</b>	13:15 - 14:00	<b>Whose Distress is it Anyway? Helping One Another Manage Moral Distress</b>	<b>Mat Rose</b> , MD, Associate Medical Director, Boyle McCauley Health Centre	<ul style="list-style-type: none"> <li>- Recognize that we respond to others' moral distress from rational and irrational (i.e., emotional) perspectives.</li> <li>- Consider that our thoughts and behaviours toward others are often based on the moral content, rather than the distress content.</li> <li>- Discuss some ways to provide sympathetic responses to distress, regardless of the moral content.</li> </ul>	<b>Gary Goldsand</b> , MA, Clinical Ethicist; Assistant Clinical Professor, Dossetor Centre
<b>Break</b>	14:00 - 14:15				
<b>Session 5</b>	14:15 -15:30	<b>Sources of Moral Distress in Palliative Care</b>	<b>Gary Frank</b> , RN, Palliative Care Resource Nurse, Royal Alexandra Hospital; Clinical Lecturer, Dossetor Centre	<ul style="list-style-type: none"> <li>- Identify and examine issues and situations in palliative care that may create moral distress in health professionals, patients, and families.</li> <li>- Reflect on the possible causes of these situations of moral distress.</li> <li>- Explore how such situations may be improved, resolved, or prevented.</li> </ul>	<b>Brendan Leier</b> , PhD, Clinical Ethicist, Alberta Health Services; Adjunct Professor, Dossetor Centre
<b>Session 6</b> <b>Wrap-Up</b>	15:30 – 16:00	<b>Closing Remarks</b>	<b>Michael van Manen</b> , MD, PhD, Director and Endowed Chair in Health Ethics, Dossetor Centre		