

# Faculty Report

2019 - 2020

Reporting on the Faculty of Kinesiology, Sport, and Recreation's achievements, scholarly activities, athletics and recreation services.



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The 2019-2020 academic year will, in many ways, be remembered for two things; budget cuts and COVID. With the provincial economy in desperate straits, the university – and subsequently the Faculty – received unprecedented budget cuts. As large, and as lasting as the budget cuts were/will be, the term 'unprecedented' became the word of the year as the Coronavirus disease 2019 (COVID-2019) sent the Faculty, the University, the country and most of the world into lockdown in March of 2020. Lockdown meant many things, but for the Faculty it meant pivoting to online and remote delivery of all courses over the space of a few days, shuttering all of our facilities, suspending research, teaching remotely, moving Campus and Community Recreation programming to virtual delivery, and suspending all Golden Bear and Panda training and competition.

Once COVID releases its grip the Faculty will not look the same, as the University has entered into a process of transformation under the UofA for Tomorrow Academic and Administrative restructuring. Fortunately, the Faculty will retain its Faculty designation, and will continue to have a Dean in the leadership role. The Faculty will sit within a College of Health Sciences and, in what constitutes an historical structural change for us, will no longer retain Campus and Community Recreation, or Golden Bears and Pandas Athletics. A change largely reflective of the evolving nature of the academic arm of the Faculty, Campus and Community Recreation will move to Facilities and Operations, and Golden Bears and Pandas Athletics will move to the Dean of Students during the 2020-2021 academic year.

Change is a constant at challenging times such as these, but the achievements of the Faculty remain constant. For the fourth year in a row, the Faculty has been ranked in the Top 10 of the QS subject-rankings for sports-related subjects (7<sup>th</sup>), which is a tribute to the international reputation that the Faculty has built over the decades. CCR has continued to provide excellent service – much of it virtual post-lockdown - to the university and broader community, and Golden Bears and Pandas had yet another USports National Champion in Pandas curling, and many highly ranked teams whose seasons were cut short because of COVID, prematurely ending their pursuits of championship status.

In closing I would like to highlight the Faculty Award winners from 2019-20 and thank them for their contributions to the Faculty:

- Faculty Award for Sessional Teaching: Liane Jean
- Faculty Award for Early Career Undergraduate Teaching: Shintaro Kono
- Faculty Award for Undergraduate Teaching: Darren DeLorey
- Faculty Award for Graduate Teaching: Kerry Courneya
- Faculty Award for Early Career Research: Danielle Peers
- Faculty Award for Research: John Spence
- Academic Professional Officer and Faculty Services Officer Recognition Award: Joan Matthews
   White
- Support Staff Recognition Award: Jennifer Stevenson
- Clare Drake University of Alberta Coach of the Year Award: Terry Danyluk

Respectfully submitted

Kerry Mummery, PhD FASMF

**Professor and Dean** 

# II. Faculty and Staff

#### A. Faculty Management Group

# Faculty Management Group

Kerry Mummery	Dean & Chair
Nick Holt	Vice Dean
Cheryl Harwardt	Director, Campus & Community Recreation
lan Reade	Director, Athletics
Vivien Chu	Assistant Dean, Business Operations
Keri Blue	Executive Assistant to the Dean

#### Faculty Executive: Voting

To a second		
Kerry Mummery	Dean & Chair	
Nick Holt	Vice Dean	
Jay Scherer	Interim Associate Dean, Graduate Studies	
Angela Bayduza	Associate Dean, Undergraduate Programs	
Tanya Berry	Associate Dean, Research	
Christine Ma	Assistant Dean, Academic Programs	
Eric Upton	Assistant Dean, Advancement	
Cheryl Harwardt	Director, Campus & Community Recreation	
lan Reade	Director, Athletics	
Jocelyn Love	Director, Marketing and Communications	
Tara-Leigh McHugh, Nancy	Faculty Council Representatives	
Spencer and Lisa		
McDermott		
Nicole Graham	NASA Representative	
Farshid Mirzaalian	KSRGSS President/Graduate Student	
	Association	
Ryan Diewert	KSRSS President/Undergraduate Student	
	Association	

# Faculty Executive: Non-voting

Vivien Chu	Assistant Dean, Business Operations
Keri Blue	Executive Assistant to the Dean



## Faculty Evaluation Committee

Kerry Mummery	Dean & Chair
Kerry Courneya	Member
Michael Kennedy	Member
Pirkko Markula	Member
Dan Mason	Member
Nick Holt	Vice-Dean
Kevin Haggerty	Sociology Department, Faculty of Arts

#### Coaches Evaluation Committee

Kerry Mummery	Dean & Chair
lan Reade	Director, Athletics
Vang Ioannideas, Katie	Associate Directors
Spriggs, Tawana McLeod	
Howie Draper, Scott	Head coaches
Edwards, Laurie Eisler	
Jim Denison	Teaching-Research; Faculty representative
Marvin Washington	External representative; Associate Dean -
	Executive Education , Department of
	Strategy, Entrepreneurship and
	Management

#### B. Professoriate 2019-20

#### Full Professors (19)

Tanya Berry	Professor
Normand Boulé	Professor
Janice Causgrove Dunn	Professor
David Collins	Professor
Kerry Courneya	Professor
Darren DeLorey	Professor
Jim Denison	Professor
John Dunn	Professor
Karen Fox	Professor - Retired June 30, 2020
Donna Goodwin	Professor
Nick Holt	Professor
Brian Maraj	Professor
Pirkko Markula	Professor



Dan Mason	Professor
Tara-Leigh McHugh	Professor
Kerry Mummery	Professor & Dean
Jay Scherer	Professor
John Spence	Professor
Billy Strean	Professor

#### Associate Professors (16)

Val Carson	Associate Professor
Craig Chapman	Associate Professor
Loren Chiu	Associate Professor
Margie Davenport	Associate Professor
Judy Davidson	Associate Professor
Elizabeth Halpenny	Associate Professor
Howie Harshaw	Associate Professor
Kelvin Jones	Associate Professor
Michael Kennedy	Associate Professor
Lisa McDermott	Associate Professor
Charles Putman	Associate Professor
Pearl Ann Reichwein	Associate Professor
Zac Robinson	Associate Professor
Brian Soebbing	Associate Professor
Nancy Spencer	Associate Professor
Craig Steinback	Associate Professor

#### Assistant Professors (3)

Shin Kono	Assistant Professor
Amber Mosewich	Assistant Professor
Danielle Peers	Assistant Professor

# Faculty Lecturers

Joanna Auger	Faculty Lecturer
Angela Bayduza	Faculty Lecturer
Michael Chizewski	Faculty Lecturer
Mary Ann Rintoul	Faculty Lecturer
Sean Ryan	Faculty Lecturer
Michael Scarlett	Faculty Lecturer



# C. Athletics and Green & Gold Sport System (GGSS) Support Staff

Jordan Baker	Manager, Basketball Operations
Paul Cartledge	Sports Information Assistant
Michael Cook	Head Coach, Sport Conditioning – Manager,
	ASDC-GGSS
Terry Danyluk	General Manager and Mentor Coach,
	Golden Bears Volleyball
Dana Ferguson	AIM Coach
Breanne Ferris	Event Services Coordinator – January 2020
Ben Gallaher	Planning and Programming Coordinator -
	GGSS
Eric Golberg	Sport Conditioning Coach
Matt Gutsch	Advancement and Alumni Communications
	- December 2019
Kelly Haggstrom	Programming Coordinator, GGSS
Brad Hamilton	Event & Media Production Coordinator
Connor Hood	Sports Information & Communications
	Coordinator
Vang Ioannides	Associate Athletic Director
Joel Jackson	Sport Conditioning Coach
Sharon Kaminecki	Travel Coordinator
Jon Krywulak	Athletics Events Manager
Kimberly Lo	Event Services Coordinator
Brennan Mahon	Varsity Athletic Therapist
Stan Marple	General Manager, Golden Bears Hockey
Joan Matthews-White	Head Athletic Therapist
Tawana McLeod	Associate Director of Advancement and
	Alumni Relations
TJ Mussbacher	Varsity Athletic Therapist
Matt Parrish	Coach Pathway Coordinator/Head Coach,
	Pandas Rugby
lan Reade	Director, Athletics
Chelsea Ross	School Programming Coordinator - GGSS
Klaudia Sapieja	Head Coach, Mental Training - GGSS
Katie Spriggs	Associate Athletic Director
Stacey Wickman	Assistant to Director & Associate Director
	Advancement



# D. Campus & Community Recreation

Cheryl Harwardt	Director
Grachella Garcia	Associate Director, Programming
Christine Legault	Associate Director, Client Engagement
Greg Lembke	Associate Director, South Campus
Brian Kropman	Manager, Saville Community Sports
	Centre-West
Russ Sluchinski	Manager, Tennis
Leah Antoniuk	RMS Trainer
Shaun Arkison	Facility Operator
Bruce Bourguignon	Facility Operations Supervisor – South
	Campus
Brian Bowers	Supervisor, Aquatics Centre
Coralee Brass	Facility Operator
Dineen Brass	Facility Operator
Dean Budynski	Projects Lead
Alberto Bustamante	Program Coordinator – Club Sports &
	Outdoor Programming
Jessica Cameron	Bookings/Events Facilitator
David Chio	Bookings/Events Facilitator
Chelsea Coghill	Assistant Program Coordinator - Fitness
Michael Cook	Sport Performance Centre Manager
Cheryl Danchuk	Customer Service Associate
Kim Davies	Facility Services Assistant
Tammy Dieno	RMS Administrator
Mark Ennik	Assistant Supervisor, Facility Services
Dean Fargey	Facility Operator
Cecilie Fenger-Andersen	Customer Service Associate
Gord Farnell	Coach, Sport Conditioning
Darren Fincaryk	Maintenance/Arena Operator
Alex Game	Lab Coordinator – SHAC Coordinator
Paul Glassford	Aquatic Maintenance Worker
Eric Golberg	Lead Coach, Sport Conditioning
Cal Grainger	Recreation Facility Attendant
Brian Gratrix	Facilities Allocation and Events Coordinator
Sydney Hawkeswood	Coordinator, Sports Performance Centre



Avneet Hayer Justine Hayward Assistant Supervisor, Aquatics Centre Stephanie Hooft Facility Operations Coordinator - South Joel Jackson Coach, Sport Conditioning Donovan Jang Customer Service Representative Krystle Johner Andrea Jones Program Coordinator - Tennis Lloyd King Supervisor, Wilson Climbing Centre Devon Kippen Assistant Supervisor, Fitness Hania Kura Supervisor, Facility Services Lindsey Lauber Maintenance/Arena Operator Amy Leblanc RMS/Web Content Coordinator Nicolette Marshall Program Coordinator - Instructional Recreation Riley McCaig Program Coordinator - Intramurals Mitch McKee Supervisor, Foote Field and South Campus Events Stuart McKee Kyle McMahon Facility Operations Coordinator Janine McRorie David McWeeny Assistant Supervisor, Climbing Centre Dallas Mix Lecturer Alana Murphy Assistant Sports Coordinator
Stephanie HooftFacility Operations Coordinator - SouthJoel JacksonCoach, Sport ConditioningDonovan JangCustomer Service RepresentativeKrystle JohnerSupervisor, Fitness & Lifestyle CentresAndrea JonesProgram Coordinator - TennisLloyd KingSupervisor, Wilson Climbing CentreDevon KippenAssistant Supervisor, FitnessHania KuraSupervisor, Facility ServicesLindsey LauberMaintenance/Arena OperatorAmy LeblancRMS/Web Content CoordinatorNicolette MarshallProgram Coordinator - Instructional RecreationRiley McCaigProgram Coordinator - IntramuralsMitch McKeeSupervisor, Foote Field and South Campus EventsStuart McKeeFacility OperatorKyle McMahonFacility Operations CoordinatorJanine McRorieScona High School CoordinatorDavid McWeenyAssistant Supervisor, Climbing CentreDallas MixLecturer
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David McWeenyAssistant Supervisor, Climbing CentreDallas MixLecturer
Dallas Mix Lecturer
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Neil Murray Recreation Facility Assistant
Kathy Nilsson Bookings/Events Facilitator – SCSC West
Corey Peterson Facility Operator
Alyssa Pietucha Recreation Facility Attendant
Kelsey Rocque Curling Coordinator
Michael Scarlett Occupational Testing Coodinator
Randy Shaw Facility Operator
Andrew Smith Recreation Facility Attendant
Dustin Stashko Facility Operator
Jennifer Stevenson Multi-Media Associate
Ashley Tuckwood Supervisor, Customer Service Centre (mat
leave to Nov 2020)
Michaela Vacey Customer Service Associate
<b>Dan Walter</b> Facility Operations Coordinator
Aimi Winterburn Assistant Sports Coordinator



Jennifer Whyte	Graphic Design Coordinator
Monty Wood	Supervisor, Arena
Matt Yaworski	Coach, Sport Conditioning
Josh Zeller	Recreation Facility Attendant

# E. Centre for Active Living

Nora Johnston	Director
Betty Lee	Centre Coordinator
Lynda Matthews Mackey	Administrative Assistant

#### F. Finance, HR and Academic Administrative Staff

Keri Blue	Executive Assistant to the Dean
Georgie Columbus	Research Coordinator
Vivien Chu	Assistant Dean, Business Operations
Ruma Daulay	Finance Lead
Laurie Ennik	HR Advisor
Brian Esslinger	Assistant Dean, Administration - Retired June 30, 2020
Kristy Fyfe	Admissions & Records Coordinator
Alex Game	Lab Coordinator
Bernice Gartner	HR Advisor
David Goertzen	Prospective Student Advisor
Meghan Hickey	Academic Advisor
Christina Hoang	Academic Lab Coordinator
Dale Johns	Accounting Assistant
Elisha Krochak	Graduate Program Administrator
Marina Leyderman	Supervisor, Finance Admin- Retired April 30, 2020
Christine Ma	Assistant Dean, Academic Programs
Kulvir Mann	Accounting Assistant
Carmen McConnell	Assistant to the Vice Dean
Darcie Tessari	Team Lead, Undergraduate Student
	Services
Tracy Whatmore	Practicum and Academic Advisor



# G. Golden Bears and Pandas Coaching Staff

#### Head Coaches

Sean Baynton	Cross-Country
Barnaby Craddock	Golden Bears Basketball
Brock Davidiuk	Golden Bears Volleyball
Owen Dawkins	Golden Bears and Pandas Wrestling
Howie Draper	Pandas Hockey
Scott Edwards	Pandas Basketball
Laurie Eisler	Pandas Volleyball
Martin Fenger-Andersen	Golden Bears Soccer
Rob Krepps	Golden Bears and Pandas Curling
lan Herbers	Golden Bears Hockey
Wes Moerman	Track and Field
Chris Morris	Golden Bears Football
Matt Parrish	Pandas Rugby
Russ Sluchinski	Golden Bears and Pandas Tennis

#### Assistant Coaches

Golden Bears Basketball	Kent Johnson, Jordan Baker, Zale Smordin, Brandon Brock
Golden Bears and Pandas Curling	Garry Coderre, Dana Ferguson, Doug Marks, Skip Wilson
Golden Bears Football	Greg Knox, Rick Walters, Tom Denehey, Terris Paliwada, Smith Wright, Brent Korte, Kurtis Pankow, Blake Adams, David Noonan, Wade Dupont, Reid Knox, Dylan Niedermaier, Darryl Szafranski, Wyatt Urbanski, Aundrey Webster, Sam Grewcock, Steve Kasowski
Golden Bears Hockey	Stan Marple, Dallas Ansell, David Pelletier, Bruce Lamer, Dave Rathjen, Craig Hordal
Golden Bears Soccer	Cam Leverman, Osmo Bimba, Tyler Graham, Tomasz Janas
Golden Bears and Pandas Swimming	Christine Kemp, Ewen Lavoie



Golden Bears and Pandas	Ivan Quintero, Carson Bell, Jordan
Tennis	Sluchinski, David Rossolatos, Emil
	Kirchev
Track & Field	Sean Baynton, Nick Stoffberg, Mark
	Cocks, Cory Choma, Rob Fischer, Ciera
	Heshka, Tommy Gingras, Tyler White
Golden Bears Volleyball	Dale Johns, Jace Barros, Kyle Erickson,
	Craig Marshall
Golden Bears and Pandas	Justine Bouchard, Roger Alves, Krystin
Wrestling	Paquette
Cross-Country	Kieran McDonald, Tyler White
Pandas Basketball	Kelly Haggstrom, Isabel Ormond,
Pandas Hockey	Darren Bilawchuk, Ian Bablitz, Dave
	Rathjen, AJ Murley, Jessica Kolopenuk,
	Rachel Wiebe
Pandas Rugby	Chelsea Ross, Peter Houlihan, Lesley
	Stetic
Pandas Soccer	Courtney Wald, Kristyn Shapka, Sandy
	Ash, Annalise Schellenberg, Elisa
	Stamatakis, Lisa Rodgerson
Pandas Volleyball	Naoki Miyashita, Carolyn O'Dwyer, Mike
	Ling, Gisele Kreuger, Aaron Heinemann,
	Chantelle LaMotte, Nolan Lovie

# H. International and Community Education

Jill Cameron	Manager, Community Education
Sean Cai	International Programs Officer
Christine Ma	Assistant Dean, International and
	Community Education & Academic
	Programs
Leslie Flett	Program and Administration Coordinator

# I. Marketing and Communications

Nicole Graham	Communications Associate
Jocelyn Love	Director, Marketing and Communications



#### J. Office of Advancement

Dana Hamilton	Administrative Assistant (on leave)		
Brad MacGregor	Assistant Director, Advancement		
Eric Upton	Associate Dean, Advancement		
Elizabeth Young	Associate Director Development – March		
	2020		

#### K. Provincial Fitness Unit

Katherine MacKeigan	Director	
Lesley McEwan	AFLCA Project Coordinator	
Debbie Ponich	AFLCA Program Coordinator	
Tanis Tetreau Administrative Assistant		
Heather Turkawski Administrative Assistant		
Lindsay Wright Be Fit for Life Coordinator		

#### L. Technical Staff

Corey Chevraux	Information Technology Manager
Zoltan Kenwell	Electronic Specialist
Christopher Perkovic	IT Support

#### M. The Steadward Centre for Personal & Physical Achievement

Jennifer Leo	Director	
Kassi Boyd Community Impact Coordinator		
Nancy Cheung	Financial Administrator	
Scott Forrester	Manager, Fitness and Recreation	
Jessica Ferguson APA Consultant		
Maegan Ciesielski	Head Para-Athletics Coach	
Lemmuel de la Cruz	APA Consultant	



#### III. Academic Programs

#### A. Undergraduate Enrollment

#### 1. 2019/2020 Registrations by Year and Program

Degree Program	Year 1	Year 2	Year 3	Year 4	Total
BARST	52	32	44	24	152
BKin	117	113	181	150	561
BKin/BEd – Elem	8	5	2	-	15
BKin/BEd - Sec	28	12	10 - 5		
BScKin	75	65	64	59	263
TOTAL	280	227	301	233	1041*
			* Inclusive	of 53 Indigeno	us Students
			Visiting a	nd Exchange	0
		BSU/NSI 0			0
		Special Students 12			12
			TOTAL	Intake	1053

## 2. Number of Applications Received Per Program

Degree Program	2018-19		2019-2020	
	First Priority	Second Priority	First Priority	Second Priority
BARST	115	151	126	111
BKin	627	341	671	390
BKin/BEd Elem	54 47		42	33
BKin/BEd Sec	123	101	118	79
BScKin	336	401	383	261
Total	1255	1041	1340	874
	28 Visiting student applications		9 Visiting stud	lent applications
	21 Special student applications		15 Special student applications	
TOTAL	2	345	2238	

#### B. 2019/2020 Undergraduate Student Scholarship and Awards



The AG (Gil) Gilmet Award: Nicholas Lavoie

The Dorothy Harris Dance Award: Chantal Baker

The Easton Family Scholarship: Justina Chemello & Courtney Hebert

A Janie Larsen Memorial Award: Kelly Scott

The Jennye Clearwater Scholarship in Recreation and Leisure Studies: Januel Ibasco

The ML Van Vliet Scholarship: Kendra Digness, Chantal Baker, Erin Leidi & Gabrielle

Keyes

The Margie Mitchell Memorial Award: Emily Green

The Marokus Scholarship in Physical Education: Sarah Der, Shayla Olafson, Gabrielle

Keyes & Lauren Maier

The Martin M Gill Memorial Award: Elise Huellstrung

The Michael Cameron Memorial Scholarship: Kendra Gagne

The Reg Rault Memorial Scholarship: Ting Lai

The Alan F Affleck Award in Recreation and Leisure Studies: Kaylie Breedevelt, Cayle

Dillon & Hayley Hoffman

The Anniversary Scholarship in Recreation: Januel Ibasco

The Dr Erwin and Gerda Bako Memorial Scholarship: Gabrielle Keyes & Rakhbeer Boparai

The Margaret Ellis Undergraduate Scholarship: Camille Edwards

The Ruby Anderson Undergraduate Award: Amanda Sutherland

The RG Glassford Scholarship for Excellence in Physical Education and Recreation:

Matthew Gervais & Matthew Pardell

Kathlene Yetman Memorial Award: Courtney Hebert, Maria Van Bostelen, Matthew

Gervais, Ryane Fyith-McArthur

Faculty of Physical Education and Recreation Scholarship for Academic Excellence: Maria

Van Bostelen, Matthew Gervais, Stephanie de Waal

The Dr Elsie McFarland Leadership Award: Samantha Meekison

The Jack Monaghan Family Community Leadership Award: Aaron Boyle

The Colin Cooper Award: Dawn Song

The Helen M Eckert Lifespan Development Scholarship: Stephen Baker

The Edmonton 2001 World Championships in Athletics Sport Performance Undergraduate

Scholarship: Matthew Gervais



The Sarah and Martin Gouin Family Scholarship in Physical Education: Erin Watchman
The Physical Education and Recreation Alumni Association Award: Callie Woodley, Andy
Deprato, Andrea Pajkic, Stephanie de Waal, Erin Leidl, Andra Scott, Matthew Steventon
The Darwin and Betty Park Sustainability Award: Sarah Hart

The Dr. Art Quinney Scholarship: Carmen Paterson

A 25th Anniversary of the Practicum Program Legacy Award: Elexa Crelencia

The Joyce Cutts & Eunice Mattson Memorial Award: Martie Haugan

A June Hole Physical Education and Recreation Award: Cameron Peterson, Eunseo Park,

Dustin Dubrule, Angelene Myers, Trinity Zanutto, Ben Rathje, Kendra Walker, Lauren

## Winkinghoff

A Wanda Wetterberg Leadership Award in Leisure Studies: Callie Woodley

A Kinesiology & Recreation Golden Anniversary International Travel Scholarship: Sydney

#### Kemp, Jakob Meckes & Heidi Farley

#### C. Undergraduate Convocation

	Nov	2019	June	2020	Total 201	19/2020
Degree Program	Ttl	WD	Ttl	WD	Ttl	WD
Bachelor of Arts in Recreation, Sport and Tourism (BARST)	16	3	20	0	36	3
Bachelor of Kinesiology (BKin)	19	0	91	31	110	31
Bachelor of Kinesiology/Bachelor of Education (BKin/BEd)	1	0	27	14	28	14
Bachelor of Physical Education (BPE)	0	0	1	1	1	1
Bachelor of Science in Kinesiology (BScKin)	9	2	58	38	67	40
Total	45	5	197	84	242	89

<sup>\*</sup>WD = With Distinction

#### 1. November 2019

#### November 2019 Undergraduate Convocation



#### Bachelor of Kinesiology 20 Graduands (1 BKin/BEd\*); 0 With Distinction (WD)

Aleba,Xavier Peter
Anderson,Karissa Rae
Brockhoff,Hayley Jae
Claypool,Kieran Terrance
Dobler,Amanda Hope
Friesen,Rebecca Marie Rempel
Georgeson,Catrina Marie
Gwilliam,Jason Dorsey
Heddle,Tyler William
Humeny,Danika Sydni-Anne\*

Jew,Nicole
Johnston,Nicole Patricia
Joy,Rachel
McKinnon,Braedon Michael
Nendsa,Sophia Aileen
Nippard,Devin Brian
Radesh,Samantha Courtney
Rainey,Halley Anne Elizabeth
Sanford,Madison Shae
Tetlock,Brett Kennedy

#### Bachelor of Science in Kinesiology 9 Graduands; 2 With Distinction (WD)

Darrach, Scott Dennis
Fassnacht, Rosalyn Katherine Hagen
Ford, Chloe Elise Rebecca
Goodhelpsen, Kate Elizabeth
Hiebert, Samantha Allyn

Hodinsky, Justin Robert Kerestes, Sarah Jane Nicholle, Charity Jo-Anna Mae Stromberg, Cassidy Paige

# Bachelor of Arts in Recreation, Sport and Tourism 16 Graduands; 3 With Distinction (WD)

Abma, Chelsea Breanne
Foster, Ryley Seth
Lang, Sara Dione
Lindstrom, Tayler Marie
Lucas, Megan Maryke May
Mansaray, Kondeh James
Morse, Candice Elizabeth
Phillips, Jessica Breanne

Pretty, Graham Colin Arthur Schaffner, Kennedy Jeanette Sluchinski, Jordan Scott Tomlinson, Jessica Marie Turner, Kirstina Margarete Webster, Aundrey Marcus Wilson, Laura Dawn Wray, Meagan Adele

#### 2. June 2020

#### June 2020 Undergraduate Convocation



#### Bachelor of Kinesiology 118 Graduands (27 BKin/BEd\*); 45 With Distinction (WD)

Andersen, Alycia Charlotte

Annich, Katarina Lorette

Antonak, Kristina

Bajzar, Hailey Amanda\*
Baker, Chelsea Marie\*
Bangalisan, Lorraine
Barber, Raelynn Grace
Barkwell, Michaela Lynn
Barrett, Avalon Rowan\*
Bennett, Kassie Taylor
Berehulke, Jessica Paz

Biziaev,Artem

Breen,Kayleigh\*

Canlas,Edmar Yamongan Chow,Devan Mackenzie Poon

Chua, Pearl Sue Chiam

Chui, Jonathan

Clements,Brock Paul
Cliff,Emily Karen
Clough,Kennedy Ann\*
Collier,Hailey Rene Albrecht
Dawes,Sydney Alex Marie
Duchesneau,Keana Marie

Eguren-Echaiz, Ricardo Leopoldo Foerster, Evan Christopher Freedman, Ayrie Layne

Gova, Khaleel\*

Gray-Matear, Morgan Elizabeth

Grove, Caley Dawn Hartwig, Alia Claire Hawreliak, Levon Elder\*

Heffel, Haley

Henneberry, Molly Colleen Hepas, Nathan Josiah Herbert, Casandra Joy Holoboff, Cameron Evan Hoppe, Olivia Maddison

Hutton, Tanner Adam Douglas

Huynh, Tara Thy-Thy Isberg, Jessie Mable Nixon Jaeger, Janine Angela Aileen Jang, Donovan Louis,Carson Cole Luck,Mitchell Gustav Lui,Karen Ho Yan

Lussier,Michael Nicholas Lyon,Carmen James\* Lyons,Dallas Dakota

Mack,Braydon Mattiello,Brenna

Mayer, Cassidy Brooke Lynn McCallister, Jillian Caldwell\*

McGee, Madison Paige\* McKnight, Tristan Cole

McPhedran, Spencer Edward

Mercier, Julia Amber

Misiaszek, Jamie Elizabeth Maria\*

Moronchuk, Autumn Erin

Ochitwa, Tyler

Peckham,Ryan Matthew\*
Pickerell,Toni Lynn\*
Poliquin,Josie Lee
Poon,Elisa Rachel
Raichel,Jamie Lynn
Reid,Shon Allen
Reyes,Angela

Robinson, Leanne Estelle\*

Rogers, Abby Jean\*

Romansky,Grace Heather Roussel,Alyssa Danielle\* Runyon,Kari Danielle Salmon,Josie Paige Schadan,Cosette Marie Scharf,Evin David

Schlichter, Kamela Britt Schneider, Jesse Brett Sevilla, Brandon Tabuena

Shaw, Gaia Rae

Sherrington, Rachel Pauline

Stewart, Wyatt Arne

Strynadka, Morgan Camille Sutherland, Jaye Tanner\* Sutton, Guylaine Kajine

Tan, Jiaying



Jansen, Nicola Janssen, Karly McCulloch\* Janzen, Brooklyn Jorgensen, Daylin Rae Anna Just, Charlotte Laura Kendall.Sarah Catherine Ketchum, Cara Elizabeth\* Kikuchi, Tracie Ayumi Klotz, Hannah Jayne\* Lamb, Katherine Rose\* Lange, Sawyer Shea Larsen, Colten Tyler Blake Launhardt, Bradley Michael\* Leer, Cassidy Elizabeth Legault, Brooklyn Skye Lepine, Aaron Gabriel Li.Hei

Thomson, Paige Sonia Trenerry, Garrett Bailey Turner, Chloe Grace Tychkowsky, Jordan Andrew Vanhantsaeme, Brooke Allison Venance.Glenn Daniel\* Waselenchuk, Seth Joseph Watson, Brent Mitchell Webb, Lexi Robyn Weisner.Alissa Dawn\* Wlasichuk, Nicole Christina Wong, Haven Lee Rachelle\* Worton, Kayla Marie\* Yu.Tszkwan Zazula, Kylie Morgan\* Zhang, Yinong Zhao.Ruibo

Bachelor of Physical Education 1 Graduand (1 BPE/BEd\*), 1 With Distinction (WD)

Belanger, Samantha Audrey\*

Bachelor of Science in Kinesiology 58 Graduands; 38 With Distinction (WD)

Adams.Alexa Cherie Au, Madeline Elizabeth Blackner Bertoncini, Jenna Marie Bouferquene, Alexandre Salah Choi, Seung Won Collison, Breanne Sarah Dang, Lilian Dhaliwal, Jagvir Kaur Duong, Hoang Minh Durocher, Isabelle Suzanne Fitzgerald, Liam Warren Gamez, Chantelle Anne Graham, Devin Christopher Hebert, Justin Daniel Jones, John Patrick Henry Kennedy, Christopher Sean Kennedy, Joshua Bradley Kisiloski,Kody Allan Michael

Mueller, Kyle Aidan Munteanu, Alexandru Nelson, Mitchel Joseph Newnham, Marina Margaret Newton, Kennedy Jean Persad, Kaya Lutchmi Pringnitz, Meagan Anne Radowits, Royden Richard Riechers, Monika Anna Marie Rosenberger, Jade Alexandra Rosenberger, Victoria Ann Rosin, Rachel La Vonne Abigayle Saccomanno, Judy Sahunta, Jacob Alias Shaben, Kayley Ruth Shaker, Mathew Shapka, Shelby Sage Short, Allyson Tayler



Kristensen, Kari Linnea Laventure, Amy Melissa Lemay, Neil Austin Li, Nicholas Samuel Liu, Florence Linxiao Louie-Poon.Breanna Nicole

Ma, Denise Joly

MacLennan, Caitlyn Danielle Meckes, Annick Claire Miller.Shane David

Moldenhauer, Ramiah Danielle

Smith, Nicholas Ian Toal, Brandon Leon

Tralnberg, Kennedy Patricia

Tzur, Matan Eyal Vela, Emmanuel

Walker, Peyton Arianna Weber, Sydnie Emma Weir, Morgan Alexi

Wideman, Sidney Magdalena

Wright, Regan Diane Zarkov, Julia Jordan

#### Bachelor of Arts in Recreation, Sport and Tourism 20 Graduands: 0 With Distinction (WD)

Blundell, Mathew Grahame John

Boorse, Caleb

Breedevelt, Kaylie Dawn Cairns, Mason Dallas Clayton, Samuel John Cochrane, Neil Cameron Dillon, Cayle Marie Dyok, Ashton Fay Hobern, George David Hoffman, Hayley Dawn

Huang, Huixian

Lovelock, Alexander James MacDougall, Autumn Brooke Ann

Paterson, Eric Dale

Pidsadowski, Tyson James Poznikoff, Alexandra Isabella Sluchinski, Kyle Mackenzie Spencer, Alyssa Nicole Marie Tywoniuk, Megan Susan White, Sianna Jade

Research Certificate in Kinesiology 6 Graduands

Adams, Alexa Cherie Collison, Breanne Sarah Henneberry, Molly Colleen

Lemay, Neil Austin Li, Nicholas Samuel Liu, Florence Linxiao

For those Student names highlighted in bold, the notation "With Distinction (WD)" is inscribed on the transcripts and degrees of those students who have achieved a minimum GPA of 3.5 on the last 60 credit units of their program.



<sup>\*</sup>Notes all combined degree (BKin/Bed) students.

# IV. Graduate Programs

#### A. Enrollment

For the 2019/2020 academic year, September 1, 2019 – August 31, 2020, we had 125 full-time and part-time students in the master's and doctoral programs, including one Visiting student.

MCoach - 15

MA – 16

MA (RLS) - 1

MA - Course-Based - 10

MA (RLS - Course-based) - 3

MSc - 28

PhD - 51

Visiting - 1

**Graduate Certificates** 

Indigenous Sport and Recreation Management - 7

Sport and Recreation Management - 20

Total Number of Graduate Students Admitted: 31

Total Number of International Graduate Students: 26

Bangladesh – 2 Kyrgyzstan - 1

China- 9 Nepal - 1

Finland - 1 Nigeria - 1

Iran- 2 Norway - 2

Italy – 1 United States – 2

Korea - 4



# B. Supervisory Assignments of Graduate Students

#### As of Fall 2019:

Professor	Grad Student	Supervision	Program Yr	Degree
Dr. Tanya Berry	Megan McKinlay	Supervisor	2	MA
	Izabela Figueiredo	Supervisor	2	MSc
	Kimberley McFadden	Supervisor	7	PhD
	Maxine Myre	Supervisor	5	PhD
	Elaine Ori	Supervisor	5	PhD
Dr. Norman Boulé	Heather Hinz (Scherer)	Supervisor	3	MSc
	Matthew Munan	Supervisor	3	MSc
	Jordan Rees	Supervisor	1.5	PhD
Dr. Valerie Carson	Jasmine Rai	Supervisor	1	MSc
	Stephen Hunter	Supervisor	4	PhD
	Nicholas Kuzik	Supervisor	5	PhD
Dr. Craig Chapman	Jennifer Bertrand	Supervisor	3	PhD
	Ewen Lavoie	Supervisor	3	PhD
Dr. Loren Chiu	Zachary Fielding	Supervisor	1	MSc
	Torstein Eriksen Daehlin	Supervisor	4	PhD
Dr. Kerry Courneya	Stephanie Ntoukas	Supervisor	1	MSc
	Fernanda Arthuso	Supervisor	1	PhD
	Dong-Woo Kang	Supervisor	5	PhD
	Andria Morielli	Supervisor	5	PhD
Dr. Margie Davenport	Miranda Kimber	Supervisor	1	MSc
	Ly-Anh Reid	Supervisor	1	MSc
	Brittany Ward	Supervisor	1	MSc
	Jenna Wowdzia	Supervisor	1	MSc
	Rachel Skow	Supervisor	5	PhD
Dr. Judy Davidson	Chloe Chalmers	Supervisor	3	MA - CRS
	Matthew Edmonds	Supervisor	2	MA - CRS
	Elaine Yip	Supervisor	3	MA - CRS
	Matthew Ormandy	Supervisor	1	MA
	Noah Underwood	Supervisor	2	MA
	Rylan Kafara	Supervisor	4	PhD
Dr. Darren DeLorey	Justin Duong	Supervisor	4	MSc
	Alessandro Gentilin	Supervisor	1	PhD



	S M Majedul Karim	Supervisor	3	PhD
Dr. Jim Denison	Geoffrey Pippus	Supervisor	4	MA
	Lydia Sokol	Supervisor	3	MA
	Brandon Brock	Supervisor	2	MCoach
	Gordon Farnell	Supervisor	3	MCoach
	James Orton	Supervisor	2	MCoach
	Tyler White	Supervisor	2	MCoach
	Craig Marshall	Supervisor	1	MCoach
	Tristan Steinke	Supervisor	1	MCoach
Dr. Donna Goodwin	Maegan Ciesielski	Supervisor	5	MA
	Kirsten Kirwer	Supervisor	2	MA
	Kelsie Acton	Supervisor	7	PhD
	Cathleen Edwards	Supervisor	11	PhD
	Jane Hurly	Supervisor	4	PhD
Dr. Elizabeth				
Halpenny	Yumi Kwon	Supervisor	2	MA - CRS
	Baikuntha Acharya	Supervisor	10	PhD
	Clara-Jane Blye	Supervisor	3	PhD
	Mu He	Supervisor	1	PhD
	Mohadeseh		_	
	Mahmoudi	Supervisor	5	PhD
	Farshid Mirzaalian	Supervisor	5	PhD
	Michelle Murphy	Supervisor	2	PhD
	Nanxi Yan	Supervisor	5	PhD
	Robert Priebe	Supervisor	5.5	PhD
Dr. Howard Harshaw	Eric Smith	Supervisor	2	MSc
	Dallas Mix	Supervisor	4	MCoach
Dr. Thomas Hinch	Aisulu Abdykadyrova	Supervisor	5.5	PhD
Dr. Nicholas Holt	Colin Deal	Supervisor	6	PhD
	Helene Jorgensen	Supervisor	2	PhD
	Isabel Ormond	Supervisor	1	PhD
	Kurtis Pankow	Supervisor	3	PhD
	Shannon Pynn	Supervisor	3	PhD
Dr. Glen Hvenegaard	Julie Ostrem	Supervisor	0.5	MSc
Dr. Kelvin Jones	Anna Lugg	Supervisor	1	MSc
Dr. Michael Kennedy	Stephanie Nathanail	Supervisor	2	MA - CRS
	Sara Szabo	Supervisor	0.5	MSc
	Joao Henrique Falk Neto	Supervisor	3	PhD



Dr. Brian Maraj	Christopher Davis	Supervisor	2	MSc
Dr. Brian Flara,	Torstein Eriksen	- Capervisor	_	1100
	Daehlin	Supervisor	4	PhD
Dr. Pirkko Markula	Emily Noton	Supervisor	2	MA - CRS
	Mariel Day	Supervisor	4	MA
	Simrit Deol	Supervisor	1	PhD
	Alanna Fittes	Supervisor	3	MCoach
Dr. Daniel Mason	Robert Trzonkowski	Supervisor	2	MA
	Farzana Syeda Farah	Supervisor	1	MSc
	Taryn Barry	Supervisor	1.5	PhD
	Jingxuan Zheng	Supervisor	5	PhD
Dr. Lisa McDermott	Julia Froese	Supervisor	3	PhD
	Erin Ratelle	Supervisor	2	PhD
Dr. Tara-Leigh		•		
McHugh	Autumn Nesdoly	Supervisor	1	PhD
Dr.Amber Mosewich	Kelsey Wright	Supervisor	3	MSc
	Danae Frentz	Supervisor	2	MSc
	Benjamin Sereda	Supervisor	3	MSc
	Benjamin Sereda	Supervisor	1	PhD
	Craig Hordal	Supervisor	2	MCoach
	Nicholas Stoffberg	Supervisor	2	MCoach
Dr. Kerry Mummery	Liaoyan Gan	Supervisor	2	MSc
	Camil Teodorescu	Supervisor	2	MCoach
Dr. Danielle Peers	Hue An Nguyen	Supervisor	2	MA
	Abbie Schenk	Supervisor	2	MA
	Megan Smorschok	Supervisor	2	MA
Dr. Ian Reade	Jason Ginter	Supervisor	3	MCoach
	Carolyn O'Dwyer	Supervisor	3	MCoach
Dr. PearlAnn Reichwein	Tyree McCrackin	Supervisor	2	MA - CRS
	Linnea Bell	Supervisor	2	MA
Dr. Zachary Robinson	Chantell Widney	Supervisor	2	MA - CRS
Br. Zachary Robinson	ShuYan Yu	Supervisor	2	MA - CRS
	Robert Vranich	Supervisor	2	PhD
Dr. Wendy Rogers	Kimberley McFadden	Supervisor	7	PhD
Dr. Jay Scherer	Davis Inglis	Supervisor	1	MA - CRS
, · · · ·	Yeaseul Cho	Supervisor	3	PhD
	Paul Nya	Supervisor	3	PhD
	Rylan Kafara	Supervisor	4	PhD
	Tytaii Naiai a	Jupet visor	I 4	1 110



Dr. Brian Soebbing	Kehan Liu	Supervisor	1	MA - CRS
	Yuran Su	Supervisor	1	MA - CRS
	Yinle Huang	Supervisor	1	PhD
	Wyatt Urbanski	Supervisor	3	MCoach
Dr. John Spence	Amie Mangan	Supervisor	2	MA - CRS
	Yeong-Bae Kim	Supervisor	2.5	PhD
	Carminda Lamboglia	Supervisor	3.5	PhD
	Clifford Lindeman	Supervisor	3	PhD
	Ashley McCurdy	Supervisor	3	PhD
Dr. Nancy Spencer	Heather Craig (Crowe)	Supervisor	5	MA
	Danielle Home	Supervisor	1	MA
	Rebecca Rubuliak	Supervisor	3	MA
	Caitlin Riddoch	Supervisor	3	PhD
Dr. Craig Steinback	Emily Vanden Berg	Supervisor	2	MSc
	Lindsey Berthelsen	Supervisor	1	MSc
	Nicholas Cheung	Supervisor	1	MSc
	Rayna Sharma	Supervisor	1	MSc
	Scott Thrall	Supervisor	1	MSc
	Andrew Steele	Supervisor	3	MSc
	Rachel Skow	Supervisor	5	PhD
Dr. Michael Stickland	Andrew Brotto	Supervisor	3	MSc
	Devin Phillips	Supervisor	5	PhD
Dr. William Strean	Anthony Bourque	Supervisor	3	MA
	O Porro Chan	Supervisor	2	MCoach
Dr. Gordon Walker	Nanxi Yan	Supervisor	5	PhD
Dr. Jane Yardley	Heather Hinz (Scherer)	Supervisor	3	MSc

## C. Graduate Student Scholarship Awards

Tri-council graduate student awards, Vanier Canada Graduate Scholarships, Departmental and Inter-Departmental Awards, University of Alberta Graduate Fellowship and Alberta Graduate Excellence Scholarships received in the 2019/20 academic year.

#### Master's:

Student	Supervisor	Award Name
Otaaont	Oup 51 11351	, war a realise



Abbie Schenk	Dr. Danielle Peers	Walter H Johns Graduate Fellowship 2019/20
		Joseph-Armand Bombardier Canada Graduate
	D 14 ·	Scholarship - Master's (SSHRC) 2019/20
	Dr. Margie	l
Brittany Ward	Davenport	University of Alberta Graduate Fellowship
	Dr. Ambert	Alberta Graduate Excellence Scholarship
Danae Frentz	Mosewich	2019/20
Emily Vanden		
Berg	Dr. Craig Steinback	Walter H Johns Graduate Fellowship 2019/20
		Alexander Graham Bell Canada Graduate
		Scholarship - Master's (NSERC) 2019/20
		Alberta Graduate Excellence Scholarship
Eric Smith	Dr. Howie Harshaw	2019/20
Hue An Nguyen	Dr. Danielle Peers	Walter H Johns Graduate Fellowship 2019/20
		Joseph-Armand Bombardier Canada Graduate
		Scholarship - Master's (SSHRC) 2019/20
		Ewen Nelson Memorial Graduate Scholarship in
		Adapted Physical Activity 2019/20
Lindsey		
Berthelsen	Dr. Craig Steinback	University of Alberta Graduate Fellowship
	Dr. Margie	Alberta Graduate Excellence Scholarship
Ly-Anh Reid	Davenport	2019/20
Megan		Alberta Graduate Excellence Scholarship
Smorschok	Dr. Danielle Peers	2019/20
		Alberta Graduate Excellence Scholarship
Scott Thrall	Dr. Craig Steinback	2019/20

# <u>PhD's</u>:

Student	Supervisor	Award Name
Autumn Nesdoly	Dr. Tara-Leigh McHugh	Alberta Graduate Excellence Scholarship 2019/20
Carminda Lamboglia	Dr. John Spence	University of Alberta Graduate Fellowship
Clara-Jane Blye	Dr. Elizabeth Halpenny	Canada Graduate Scholarship - Michael Smith Foreign Study Supplement SSHRC - Fall 2019/20
Dong-Woo Kang	Dr. Kerry Courneya	Andrew Stewart Memorial Graduate Prize 2019/20
Erin Ratelle	Dr. Lisa McDermott	Alberta Graduate Excellence Scholarship 2019/20
Fernanda Arthuso	Dr. Kerry Courneya	Alberta Graduate Excellence Scholarship 2019/20



Helene Jorgensen	Dr. Nick Holt	Alberta Graduate Excellence Scholarship 2019/20
Isabel Ormond	Dr. Nick Holt	Edmonton 2001 World Championships in Athletics Sport Performance Graduate Scholarship 2019/20
Jane Hurly	Dr. Donna Goodwin	Social Sciences and Humanities Research Council (SSHRC) Doctoral Fellowship 2019/20
Julia Froese	Dr. Lisa McDermott	University of Alberta Graduate Fellowship
Kurtis Pankow	Dr. Nick Holt	Barbara Joanne Rowswell-Sykes Graduate Award in Kinesiology, Sport, and Recreation
Nanxi Yan	Dr. Elizabeth Halpenny	International Graduate Scholarship in Leisure Studies 2019/20
Nicholas Kuzik	Dr. Valerie Carson	University of Alberta Graduate Fellowship
Rachel Skow	Dr. Margie Davenport	Andrew Stewart Memorial Graduate Prize 2019/20
Robert Vranich	Dr. Zachary Robinson	Alberta Graduate Excellence Scholarship 2019/20
Yeong-Bae Kim	Dr. John Spence	Alberta Graduate Excellence Scholarship 2019/20

#### D. Graduate Studies Convocation

Total number of students graduated: 28

#### Fall 2019 Convocation

Gui, Jingjing	Doctor of Philosophy
Zimmer,Chantelle Rae	Doctor of Philosophy
Cancio, Julienne Audrey	Master of Arts (Thes)
Frantsi,Janita Mikaela	Master of Arts (Thes)
He,Mu	Master of Arts (Thes)
McGuinness,Colin Alexander	Master of Arts (Crse)
Pippus,Geoffrey Gordon	Master of Arts (Thes)
Ansell,Dallas Benjamin	Master of Coaching (Crse)
Brotto,Andrew Ryan	Master of Science (Thes)
Chen, Meng	Master of Science (Thes)
Davie,Jenna	Master of Science (Thes)
Munan,Matthew Joseph	Master of Science (Thes)
Nesdoly,Autumn Brynne	Master of Science (Thes)



Predy, Madison Brooke Sophie	Master of Science (Thes)
Schmidt,Sydney Marie Lepha	Master of Science (Thes)
Wright,Kelsey	Master of Science (Thes)

# Spring 2020 Convocation

Abdykadyrova,Aisulu	Doctor of Philosophy
Chen,Chen	Doctor of Philosophy
Phillips,Devin Brent	Doctor of Philosophy
Priebe,Robert Wayne	Doctor of Philosophy
Day,Mariel Louise	Master of Arts (Thes)
Kwon,Yumi	Master of Arts (Crse)
Sokol,Lydia Alexandra	Master of Arts (Thes)
Yu,ShuYan	Master of Arts (Crse)
Fittes,Alanna	Master of Coaching (Crse)
Duong,Justin Julian	Master of Science (Thes)
Sereda,Benjamin Joseph	Master of Science (Thes)
Steele,Andrew Robert	Master of Science (Thes)

# E. Graduate Student Employment

PhD	4 yrs: supported in areas of GAs, tuition
	supplements, travel funds for recruitment
	visitations, spring and summer GAs,
	conference travel funds, and awards and
	scholarships
Master's	2 yrs: supported in areas of GAs, travel funds
students	for recruitment visitations, spring and summer
	GAs, conference travel funds, and awards and
	scholarships



#### V. RESEARCH AND SCHOLARLY WORK

#### A. Total Research Funding (By Fiscal Years - April to March)

	2016-2017	2017- 2018	2018- 2019	2019-2020
2018AB Government	1,245,592	1,292,467	1,441,634	1,629,509
Tri Council	936,875	631,106	1,105,135	875,428
Other Cdn Gov't & Foreign	409,882	611,334	370,656	715,818
SUB-TOTAL	2,647,672	2,534,907	2,917,425	3,220,755
Cdn Business	35,614	176,332	225,147	113,976
Non-Profit	490,059	537,476	567,152	531,020
Other Revenue	671,344	523,550	884,085*	593,716
TOTAL	3,789,365	3,772,265	4,593,809	4,459,467

**NOTE**: Funds reported include both revenue funds received and deferred contributions

# B. Tri-Council Funding (By Fiscal Years – April to March)

	2016-2017	2017-2018	2018-2019	2019-2020
CIHR	458,583	251,629	608,048	408,904
NSERC	164,000	192,880	190,594	236,726
SSHRC	314,292	186,597	306,493	229,798
TOTAL	936,875	631,106	1,105,135	875,428



<sup>\*</sup>Correction to prior year comparative

#### C. Salary Award Grants

- Tanya Berry CRC Tier 2 (July 1, 2016 to June 30, 2020) 100,000/year 500,000
- Valerie Carson CIHR New Investigator Award (July 1, 2016 to June 30, 2020) 60,000/year
   300,000
- Kerry Courneya CRC Tier 1 (July 1, 2016 to June 30, 2018) 200,000/year. Renewed CRC Tier 1 (July 1, 2018 to June 30, 2025) 200,000/year 1.4million
- Danielle Peers CRC Tier 2 (July, 2019 to June 30, 2025) 100,000/year 500,000
- Margaret Davenport Heart and Stroke National New Investigator (NNI) Award (July 1, 2017 to June 30, 2021) 65,000/year 260,000
- Craig Steinback Heart and Stroke National New Investigator (NNI) Award (July 1, 2018 to June 30, 2022) 65,000/year 260,000

# D. Research Funding 2016-2020 by Principal Investigators in the Faculty of Kinesiology, Sport, and Recreation

Funding period information from Researcher Home Page as of July 1, 2018 to June 30, 2019 (Allocation period April to March).

Investigat or (PI)	Title	Sponsor	Date	Total Award	2017- 18	2018- 19	2019- 20	2020- 2021
Berry, Tanya	Affective heart disease and physical activity messages for women	CIHR Project Grant	Apr 1, 2018 to Mar 31, 2020	110,000		55,000	55,000	
Berry, Tanya	Exercise- related cognitive errors and believabili ty of exercise	SSHRC IDG	June 1, 2020 to May 31, 2022	29,725				29,725



Berry, Tanya	information  Do nonstigma tizing images of obesity elicit the desired response?	CIHR CGUDPRF M	March 1, 2020 to Februa ry 28, 2021	69,187			69,187
Boule, Normand	Exercise in Type 2 Diabetes: Getting More Benefits without Doing More Exercise	University of Alberta  Diabetes, Obesity and Nutrition Strategic Clinical Network	Mar 30, 2019 to Mar 30, 2020	10,000		10,000	
Boule, Normand	Fasted Exercise in Type 2 diabetes	University of Alberta Pilot Seed Grant Program	1 Sep, 2020 to 30 Aug 2021	9,584			9,584
Carson, Valerie	Screen technolog y, parent- child interactio ns, and neurocogn itive developm ent in	University of Alberta  Women & Children's Health Research Institute Bridge	1 Mar, 2020 to 28 Feb, 2021	35,435			35,435



	early childhood.							
Carson, Valerie	Adapting the APPLE Schools model to the childcare setting	CIHR  Planning and Dissemina tion Grants - Institute Communit y Support	May 1, 2019 to Apr 30, 2020	9,987			9,987	
Carson, Valerie	Killam Accelerat or Award	University of Alberta Killam Accelerato r Award	Jul 1, 2019 to Jun 30, 2022	225,000			75,000	75,000
Carson, Valerie	Supportin g healthy physical activity and sedentary behaviour habits in Alberta licensed and approved child care settings through updated accreditati	CIHR Project Grant	Jul 1, 2016 to Jun 30, 2019	294,332	98,111	98,111	24,527	



	on standards							
Carson, Valerie	Early movers: The role of physical activity and sedentary behaviour in the health growtn and developm ent of infants	CIHR  New Investigato r Grants in Maternal Reproducti ve, Child & Youth Health	Oct 1, 2017 to Sep 30, 2020	74,519	12,420	24,839	24,840	12,420
Carson, Valerie	Early movers: The role of physical activity and sedentary behaviour in the health growtn and developm ent of infants	Women & Children's Health Research Institute Matching Funds	Mar 23, 2018 to Sept 30, 2020	75,000	25,000	25,000	25,000	



Carson, Valerie	Extension of the COMPASS Study: Building on our current success shaping the direction of youth health	University of Waterloo CIHR Project Grant	Jul 1, 2016 to Mar 31, 2023	123,000	31,000	31,000	20,000	10,000
Chapman, Craig	CIFAR Global Scholars Program, Azrieli Program in Brain, Mind & Conscious ness	CIFAR Azrieli Global Scholars	Jul 1, 2016 to Jul 31, 2021	155,000	70,625	27,500	6,875	
Chapman, Craig	Understan ding human action as observabl e cognition using combined motion-tracking, eye-	NSERC Discovery Grants	Apr 1, 2014 to Mar 31, 2021	174,000	29,000	29,000	29,000	



	tracking and EEG							
Chapman, Craig	Leveragin g new technologi es to study the brain and movement behaviour of humans during dynamic decision making	NSERC Discovery Grants	Apr 1, 2019 to Mar 31, 2023	243,760			8,760	47,000
Chapman, Craig	Collection and analytics of realtime big data in human sensorimo tor behaviour	Canada Foundatio n for Innovation  John R Evans Leaders Fund	Jan 1, 2017 to Sept 30, 2019	227,086	227,08			
Chapman, Craig	VR Neuro- science Lab Developm ent	CAPP	Sep 1, 2018 to Aug 31, 2019	68,507		68,507		
Chiu, Loren	3D Gluteal Muscle Function During Human	National Strength and Conditioni ng	Jun 1, 2019 to Feb 28, 2021	47,002			47,002	



	Movement : A Combined Anatomica l and Biomecha nical Investigati on	Association  Senior Investigator Research Grant						
Collins, David	Funds to purchase a stimulator which will be used in Dr. Collins's research in rehabilitat ion for people who have had a	Spinal Cord Injury Treatment Centre Society	May 1, 2020 to May 31, 2021	14,301				14,301
Collins, David	Control Properties of Single Motor Units	NSERC Discovery Grants	Apr 1, 2014 to Mar 31, 2020	130,000	26,000	26,000		
Collins, David	Multisens ory integratio n in kinesthesi a	NSERC Discovery Grants	Apr 1, 2019 to Mar 31, 2025	140,000			28,000	28,000



Collins, David	Reducing fatigue of electricall y evoked contractio ns after a SCI	Craig H. Neilsen Foundatio n NSRG	Dec 31, 2014 to Nov 29, 2018	338,020	120,15 8			
Courneya, Kerry	Exercise During Neoadjuva nt Rectal Cancer Treatment : The EXERT Trial	Canadian Cancer Society Research Institute Innovation Grants	Aug 1, 2016 to Jul 31, 2019	130,427	70,820	40,250		
Courneya, Kerry	INTense Exercise foR surVivAL among men with Metastatic Castrate- Resistant Prostate Cancer (INTERVA L - MCRPC): A Multicentr e, Randomiz ed,	Movember Foundatio n	July 1, 2016 to Aug 31, 2023	42,769	0	5,817	19,632	1,777



	Controlled , Phase III Study						
Courneya, Kerry	A Phase II Randomiz ed Controlled Trial of Exercise in Prostate Cancer Patients Undergoin g Active Surveillan ce: The ERASE	CIHR Project Grant	Apr 1, 2018 to Jun 30, 2018	30,600	30,600		
Courneya, Kerry	Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study	University of Calgary CIHR Project Grants	Apr 1, 2018 to Mar 31, 2023	429,215	85,843	85,843	85,843



Courneya, Kerry	Physical Activity and Cancer Outcomes : Generatin g Practice- Changing Evidence	CIHR Foundatio n Grants	Jul 1, 2018 to Jun 30, 2025	1,414,3 11		121,072	194,45	218,80
Courneya, Kerry	Exercise during Active Surveillan ce for Prostate Cancer: The ERASE Trial	Prostate Cancer Canada Movember Discovery Grants	Jul 1, 2017 to Jun 30, 2020	76,000	46,000	30,000		
Courneya, Kerry	CO.21 The Colon Health and Life Long Exercise Change (Challeng e) Trial	Cross Cancer Institute NCIC Study	Nov 1, 2009 to Oct 31, 2020	141,250	5,400		9,700	
Courneya, Kerry	Manulife Prize for Promotion of Active Health	McGill University	May 1, 2019 to Apr 30, 2020	50,000			50,000	



Courneya, Kerry	0. Howard Warwick Prize 2018	Canadian Cancer Society	Dec 1, 2018 to Dec 31, 2020	10,000		10,000	
Davenport Steinback, Margaret	The impact of shift work on the psychological and physical health of pregnant women	University of Alberta  Women & Children's Health Research Institute Innovation Grant	Sep 1 2020 to Aug 31, 2022	29,235			29,235
Davenport Steinback, Margaret	Sport policy for pregnant and postpartu m athletes	SSHRC IDG	June 1, 2020 to May 31, 2023	54,236			22,638
Davenport Steinback, Margaret	Exercise timing in Gestationa l Diabetes Mellitus	University of Alberta AHS Seed Grant	Mar 1, 2020 to Feb 28, 2022	10,000			10,000
Davenport Steinback, Margaret	Blood pressure regulation during hypertensi ve pregnanci es	Heart & Stroke Foundatio n Canada Grant-in- Aid	Jul 1, 2016 to Jun 30, 2021	227,434	77,885	82,885	



Davenport Steinback, Margaret	Raul Artal lecture and Get Active Questionn aire for Pregnancy	Women & Children's Health Research Institute	Dec 1, 2019 to May 31, 2020	1,965			1,965	
Davenport Steinback, Margaret	Novel targets for improving cardiomet -abolic function during pregnanci es affected by gestationa l diabetes mellitus (GDM)	Alberta Diabetes Institute Pilot Project	Sept 1, 2017 to Aug 31, 2018	30,000	30,000			
Davenport Steinback, Margaret	The effect of the carotid bodies on sympathet ic nervous system activity during gestational diabetes mellitus	Women & Children's Health Research Institute Bridge Grant	Sept 1, 2018 to Aug 30, 2019	31,260		31,260		



Davenport Steinback, Margaret	WCHRI SKEP Visiting Lecturer	Women's & Children Health Research Institute Scientific Knowledge Exchange Program	Jun 1, 2018 to Jul 31, 2018	1,000		1,000		
Davenport Steinback, Margaret	Infrastruct ure for the Pregnancy and Vascular Health Laborator y	Canadian Foundatio n for Innovation Infrastruct ure Operating Fund	Apr 1, 2018 to Mar 31, 2022	55,939		21,814	26,235	7,890
Davenport Steinback, Margaret	Occupational Activity and Pregnancy Outcomes : A Meta- analysis	Alberta Labour  OHS Futures Research Funding Program Process	Jan 1, 2018 to Jun 30, 2019	58,586	58,586			
Davenport Steinback, Margaret	Pregnancy as a model of cardiovasc ular plasticity	NSERC Discovery Grants	Apr 1, 2019 to Mar 31, 2025	165,000			33,000	33,000



Davenport Steinback, Margaret	Pregnancy as a model of cardiovasc ular plasticity	NSERC Discovery Grants Early Career Researche r Suppleme nt	Apr 1, 2019 to Mar 31, 2025	12,500			12,500	
Davidson, Judy	Settler Colonial Sport Venues: An Edmonton /Amiskwa ciy History	University of Alberta VPRSIG	Apr 1, 2019 to Mar 31, 2020	5,000			5,000	
DeLorey, Darren	Regulation of sympathet ic vasoconst riction in resting and contracting skeletal muscle	NSERC Discovery Grants	Apr 1, 2015 to Mar 31, 2021	200,000	40,000	40,000	40,000	
DeLorey, Darren	Regulatio n of sympathet ic vasoconst riction in	NSERC Discovery Grants	Apr 1, 2019 to Mar 31, 2026	217,835			52,835	33,000



	resting and contractin g skeletal muscle							
Halpenny, Elizabeth	Knowledg e Translatio n Skills for Park Researche rs	University of Alberta  Kule Institute for Advanced Study - Dialogue Grant	Apr 1, 2020 to Oct 30, 2020	2,000				2,000
Halpenny, Elizabeth	Integratin g Social Science into Parks Managem ent	University of Alberta VPRI SSHRC PDG	Mar 1, 2019 to Mar 31, 2021	30,000			30,000	
Halpenny, Elizabeth	Integratin g Social Science into Parks Managem ent	SSHRC  Partnershi p Developm ent Grant	Mar 23, 2018 to Mar 22, 2021	207,029	70,267	84,742	44,893	7,127
Halpenny, Elizabeth	Open Farm Days - Impacts on consumer decisions	University of Alberta  Knowledg e Mobilizatio n for the Future Skills Centre (York University	Dec 17, 2019 to Mar 15, 2020	3,000			3,000	



		RIC & KIAS)					
Halpenny, Elizabeth	Open Farm Days Visitor Outcomes 2018	University of Alberta VPR SIG	Aug 1, 2018 to Mar 31, 2019	4,000		4,000	
Harshaw, Howard	Sustaining access and social license for hunting in a mixed-use conservati on site: A case study in the Cooking Lake-Blac	Alberta Conservati on Associatio n Research Grant	Apr 1, 2020 to Mar 31, 2021	8,000			8,000
Harshaw, Howard	National assessme nt of waterfowl hunter recruitme nt, retention, and reactivatio n (R3) programs in Canada	Wildlife Habitat Canada	Apr 1, 2017 to Mar 31, 2018	9,000	9,000		



Harshaw, Howard	Understan ding bird watchers preferenc es and priorities for wetlands conservati on, and attitudes about waterfowl hunting	Wildlife Habitat Canada	Apr 1, 2017 to Mar 31, 2018	15,000	15,000			
Harshaw, Howard	Conduct a literature review on the human dimension s of hunting, including the psychological, philosophical, social, and economic aspects of hunting for food and recreation	Alberta Conservati on Associatio n	Jun 21, 2017 to Aug 31, 2017	5,200	5,200			
Harshaw, Howard	Refining the recreation	SSHRC	Mar 15, 2017 to	134,452	9,267	36,365	43,502	33,108



	specializat ion framewor k to account for progressi on, social networks and environme ntal worldview	Insight Grants	Mar 31, 2023				
Harshaw, Howard	Evaluating Prairie Waterfowl Hunter Recruitme nt and Retention	Ducks Unlimited Canada	Apr 1, 2020 to Mar 31, 2021	9,600			9,600
Harshaw, Howard	Evaluating Prairie Waterfowl Hunter Recruitme nt and Retention	Ducks Unlimited Canada	Apr 1, 2019 to Mar 31, 2020	4,960		4,960	
Holt, Nicholas	The Sport Parent Program (TSPP): A skills and knowledg e-based approach	SSHRC Sport Participati on Initiative Research Grants	Jan 1 2020, to Dec 31, 2022	177,957		57,105	56,319



	to parent education and support in youth sport						
Holt, Nicholas	The Sport Parent Program (TSSP): A skills and knowledg e-based approach to parent education and support in youth sport	University of Alberta  VP Research Office & Innovation  SSHRC Bridge Funding	Apr 1, 2019 to Mar 31, 2020	5,000		5,000	
Holt, Nicholas	Parenting styles and practices in sport	SSHRC  Sport Participati on Initiative Research Grants	Jan 1, 2016 to Dec 31, 2019	111,350	42,396		
Holt, Nicholas	PYD SportNET (SSHRC PDG): "The Sport Conferenc e"	Kule Institute for Advanced Study Dialogue Grant	Apr 5, 2017 to Mar 31, 2018	2,000	2,000		



Holt, Nicholas	Moving Technolog y in Exercise and Sport Sciences	NSERC Connect Grants	Oct 4, 2017 to Nov 30, 2018	4,715	4,715		
Holt, Nicholas	Try a bit of TLC: A Training Program for RCMP Members to Teach Teamwork , Leadershi p, and Communi cation (TLC) Through Sport and Recreatio n	SSHRC Partnershi p Engage Grants	Jun 1, 2018 to May 31, 2020	25,000		25,000	
Holt, Nicholas	Promoting Positive Youth Developm ent Through Sport: PYD SportNET	University of Alberta  VP Research Office & Innovation Support	Mar 1, 2015 to Mar 31, 2018	30,000	10,000		



Holt, Nicholas	Parenting Styles and Practices in Sport	SSHRC Sport Participati on Research Initiative Research Grants	Jan 1, 2016 to Dec 31, 2019	111,350	37,504	42,396		
Jones, Kelvin	Computati onal neuromus cular physiology	NSERC Discovery Grants	Apr 1, 2017 to Mar 31, 2023	140,000	28,000	28,000	28,000	28,000
Kennedy, Michael	Uptake and impact of the "Keeping Girls in Sport" education program in Canadian youth sport coaches	SPIRC	Mar 17, 2020 to Dec 28, 2020	2,500			2,500	
Kennedy, Michael	Future Proofing Triathlon - A Legacy of the Science of Triathlon World Congress 2017	ITU World Triathlon Edmonton	Sep 17, 2018 to Sep 17, 2021	25,000		25,000		



Kono, Shintaro	Developin g Culturally Sensitive Leisure Education for Chinese Immigrant s to Enhance Social Integratio n and	University of Alberta China Institute	Jun 16, 2020 to Aug 31, 2022	4,885			4,885
Maraj, Brian	Well-Being  Implicit and explicit approache s to motor skill acquisitio n in climbing	University of Alberta VPRSIG	Oct 1, 2019 to Mar 31, 2020	5,000		5,000	
Mason, Daniel	"The Good", "The Bad", and "The Ugly"? Sports facilities, status, and quality of life in entrepren	SSHRC Insight Grants	Mar 15, 2015 to Mar 30, 2021	187,700		46,644	



	eurial cities						
Markula, Pirkko	Interdiscip linary seminar on skill learning in movement education	SSHRC Connectio n Grants	Jan 1, 2020 to Dec 31 2021	7,020		7,020	
McHugh, Tara- Leigh	"That was our sport back then": An exploration of the developm ental benefits of participating in Northern games	SSHRC  Sport Participati on Initiative Research Grants	Jan 1, 2019 to Dec 31, 2021	20,000	20,000		
McHugh, Tara- Leigh	An exploratio n of the cultural relevance	Killam Research Fund Cornersto ne Grant	Jun 1, 2018 to Oct 31, 2019	29,198	29,198		



	of physical literacy							
McHugh, Tara- Leigh	"That was our sport back then": An exploration of the developm ental benefits of participating in Northern games	SSHRC Insight Grants	Mar 15, 2018 to Mar 31, 2023	93,506		48,063	30,634	4,863
Mosewich, Amber	Fostering resilience and wellbeing in sport: A longitudin al study of athlete psychosoc -ial development	SSHRC Insight Developm ent Grants	Jun 1, 2017 to May 31, 2020	47,783	25,727	22,056		
Mosewich, Amber	The Sport Conferenc e Connectio n and Dialogue	Kule Institute for Advanced Study Dialogue Grant	May 1, 2018 to Aug 31, 2018	1,000		1,000		



Peers, Danielle	Moving towards disability inclusion? : A discourse analysis of Canada's inclusive movement programs	SSHRC Insight Developm ent Grants	Jun 1, 2016 to May 31, 2019	64,365	37,307		
Peers, Danielle	Moving to Breathe, Breathing to Move: An interdiscip linary study on the benefits of choral and dance exercise for people	Muscular Dystrophy Canada	Nov 1, 2017 to Dec 31, 2018	50,000 (47,250 to Mitacs & 2,750 to UAB)	50,000		
Peers, Danielle	Alberta Parasport Summit: Reimagin g Practice and Policy	Alberta Sport Connectio n	Jan 1, 2018 to Dec 31, 2018	3,500	3,500		
Peers, Danielle	Alberta Parasport Summit	SSHRC Connectio n Grants	Jan 1, 2018 to Dec 31, 2018	22,591	22,591		



Peers, Danielle	Reimagini ng Inclusion from the Margins:: Transform ing Sport Access and Equity	New Frontiers in Research Fund - Tri-Agency	Mar 29, 2019 to Mar 28, 2021	273,240		124,990		118,60 0
Putman, Charles	Skeletal Muscle Adaptatio n to Altered Environm ental Demands	NSERC Discovery Grants	Apr 1, 2016 to Mar 31, 2023	155,000	31,000	31,000	31,000	
Reichwein, PearlAnn	A Pilot Historical Study of Women and Girls Active in Alberta Nordic Skiing	University of Alberta SIG	Nov 1, 2019 to Mar 31, 2020	4,510			4,510	
Reichwein, PearlAnn	The Art of Nature, Culture, Tourism, and Adult Education at the Banff School of	Alberta Historical Resources Fund	Jan 1, 2019 to Dec 31, 2021	8,290		8,290		



	Fine Arts, 1933 - 1974						
Robinson, Zachary	ACC Expedition Support Grant: Logan Ice Expedition 2020-2021	The Alpine Club of Canada	Mar 13 2020, to Jun 30, 2021	5,000		5,000	
Robinson, Zachary	Mount Logan Ice Expedition 2020-2021: Historical Landscape / Repeat Photograp hy Project	University of ALBERTA VPRSSHR C	Apr 1, 2019 to Mar 31, 2020	5,000		5,000	
Scherer, Jay	Sport Arenas and Gentrificat ion: Communit y-Based Action Research in Downtown Edmonton	University of Alberta  Knowledg e Mobilizatio n for the Future Skills Centre (York University RIC & KIAS)	Dec 17, 2019 to Mar 15, 2020	3,000		3,000	



Scherer, Jay	Behind the spectacle: Participat ory action research, and the impacts of a world- class arena and entertain ment district on the urban poor in downtown Edmonton	SSHRC  Sport Participati on Initiative Research Grants	Jan 1, 2016 to Dec 31, 2019	132,021	49,309		
Spence, John	Acceptanc e of autonomo us vehicles and potential impact on active transport	SSHRC Insight Developm ent Grants	Jun 1, 2020 to May 31, 2022	61,778			47,551
Spence, John	COVID-19: The use of active and public transport during a pandemic	SSHRC  Partnershi p Engage Grants COVID-19 Special Initiative	Sep 1, 2020 to Aug 31, 2021	24,981			24,981



Spence, John	Potential impact of autonomo us vehicles on movement behaviour: identifying research priorities	CIHR  Planning and Dissemina tion Grants - Institute Communit y Support	May 1, 2019 to Apr 30, 2020	23,900			23,900	
Spence, John	Fort Providenc e Pilot Project - Phase 2	Gov't of Northwest Territories	Apr 26, 2016 to Jun 30, 2019	134,992	43,948	45,442		
Steinback, Craig	Sex difference s in physiologi cal acclimatiz ation and adaptation at altitude.	University of Alberta  Vice President Research Special Funds	Mar 1, 2020 to Dec 31 2021	36,605				36,605
Steinback, Craig	Influence of peripheral chemorec eptors and hypoxia on neurovasc ular regulation	NSERC Discovery Grant	Apr 1, 2019 to Mar 31, 2026	234,490				47,000



	and							
	plasticity							
Steinback, Craig	Neural control of blood pressure in healthy and complex pregnanci es	Heart & Stroke Seed Catalyst Grant	Jul 1, 2018 to Jun 30, 2020	100,000		50,000	50,000	
Steinback, Craig	The Influence of Hypoxia on Neurovasc ular Regulatio n and Plasticity	NSERC Discovery Grant	Apr 1, 2014 to Mar 31, 2019	174,000	29,000	29,000	29,000	
Steinback, Craig	Influence of advanced maternal age on cardiovasc ular function and control	Women and Children's Health Research Institute Innovation Grant	Oct 1, 2019 to Sep 30, 2021	50,000			50,000	



Steinback,	WCHRI	Women	Mar 1,	1,000	1,000		
Craig	Scientific	and	2018 to				
	Knowledg	Children's	Apr 30,				
	е	Health	2018				
	Exchange	Research					
	– Dr. Qi Fu	Institute					
		Scientific					
		Knowledge					
		Exchange					
		Program					

### E. Publications

	2015-16	2016-17	2017-18	2018-19	2019-2020
Books or Audio Books	4	1	3	0	5
Book Chapters	30	25	17	14	15
Refereed Journal Publications	176	171	178	168	154
Creative Works	0	0	0	0	0

### 1. Books (5)

Downward, P., Frick, B., Humphreys, B.R., Pawlowski, T., Ruseski, J.E., & **Soebbing, B.P** (Eds.). (2019). *The SAGE Handbook of Sports Economics*. London: Sage.

**Kono, S**., Beniwal, A., Baweja, P., & Spracklen, K. (Eds.). (2020). *Positive sociology of leisure:* Contemporary perspectives. Palgrave.

Markula, P. (2019). Deleuze and the physically active body. Abingdon, UK: Routledge.

**Scherer, J.,** & Wilson, B. (Eds.). (2020). *Sport and physical culture in Canadian society* (2<sup>nd</sup> ed.). Toronto, Canada: Pearson.

Scherer, J., Mills, D., & McCulloch, L. (2019). *Power play: Professional hockey and the politics of urban development.* Edmonton, Canada: University of Alberta Press



## 2. Book Chapters (15)

- **Denison, J.** & Kindrachuk, N. (2020). Warming up to race: Exploring Foucauldian inspired coaching practices in swimming. In B. Gearity & B. Callary (Eds.), *Coach education and development in sport: Instructional strategies.* (pp. 89-98). London: Routledge. DOI: 10.1016/j.amepre.2019.11.016
- Goodwin, D. L. (2020). Qualitative inquiry in adapted physical activity. In J. Haegele, S. Hodges, & D. Shapiro (Eds.), *Routledge handbook of adapted physical activity* (pp. 163-182). Routledge
- Holt, N. L., & Pankow, K. (2019). A knowledge translation approach to positive youth development: The PYDSportNET project. In F. Santos, L. Strachan, Pereira, P., & D. J. MacDonald (Eds.), Coaching positive youth development: Implications and practices from around the world (pp. 171-185). Porto, Portugal: Omniserviços.
- Holt, N. L., Deal, C. J., & Pankow, K. (2020). Positive youth development through sport. In G. Tenenbaum & R. Eklund (eds), Handbook of sport psychology (4th ed., pp. 429-446). Wiley.
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- Humphreys, B. R., & **Soebbing, B. P.** (2019). The business of sport. In J. Scherer & B. Wilson (eds.), *Sport and physical culture in Canadian society* (2nd Edition) (pp. 283-308). Pearson Publisher.
- Kono, S., Beniwal, A., Baweja, P., & Spracklen, K. (2020). Chapter 1: Introduction to positive sociology of leisure. In Kono, S., Beniwal, A., Baweja, P., & Spracklen, K. (Eds.), *Positive sociology of leisure: Contemporary perspectives* (pp. 1-11). Palgrave.
- Kono, S., Beniwal, A., Baweja, P., & Spracklen, K. (2020). Chapter 20: Conclusion to positive sociology of leisure. In Kono, S., Beniwal, A., Baweja, P., & Spracklen, K. (Eds.), *Positive sociology of leisure: Contemporary perspectives* (pp. 351-361). Palgrave.
- Morielli, A.R., & Courneya, K.S. (2020). Effects of exercise on cancer treatment completion and efficacy. In K.H. Schmitz (Ed.), *Exercise Oncology: Prescribing physical activity before and after a cancer diagnosis* (pp. 209-227). Springer International Publishing.
- Neely, K. C., Tamminen, K. A., & **Holt, N. L.** (2020). Gender differences in athletes' experiences of adversity and growth. In R. Wadey, M. Day, & K. Howells (Eds.), *Growth following adversity in sport: A mechanism to positive change in sport* (pp. 160-173). London: Routledge.
- Scherer, J., Norman, M. (2020). Sport, media, and ideology. In J. Scherer & B. Wilson (Eds.), *Sport and physical culture in Canadian society* (2<sup>nd</sup> ed., pp. 231-256). Toronto, Canada: Pearson.
- Scherer, J., Wilson, B., & Crossman, J. (2020). Sport and physical culture in Canadian Society. In J. Scherer & B. Wilson (Eds.), *Sport and physical culture in Canadian society* (2<sup>nd</sup> ed., pp. 1-23). Toronto, Canada: Pearson.
- Soebbing, B. P. (2019). Ticket pricing. In P. Downward, B. Frick, B.R. Humphreys, T. Pawlowski, J.E. Ruseski, & B.P. Soebbing (eds). *The SAGE Handbook of Sports Economics* (pp. 181-189). London: Sage.
- **Spencer, N. L.I.**, **Peers, D.**, & Eales, L. (2020). Disability language in adapted physical education: What is the story? In J.A. Haegele, S. R. Hodge, & D. Shapiro (Eds.), *The*



- Routledge handbook of adapted physical education (pp.131-143). London, UK: Routledge.
- Wilson, B., & **Scherer**, J. (2020). Sport and the future. In J. Scherer & B. Wilson (Eds.), *Sport and physical culture in Canadian society* (2<sup>nd</sup> ed., pp. 355-376). Toronto, Canada: Pearson.

### 3. Refereed Publications (154)

- Ainsley, E. N., Barss, T. S., & **Collins, D. F**. (2020). Contraction fatigability during interleaved neuromuscular electrical stimulation of the ankle dorsiflexors does not depend on contraction amplitude. *Applied Physiology, Nutrition, and Metabolism*, *45*(9), 948–956. https://doi.org/10.1139/apnm-2019-0851
- Alsamir Tibana, R., Manuel Frade de Sousa, N., Prestes, J., da Cunha Nascimento, D., Ernesto, C., Falk Neto, J. H., **Kennedy, M. D.,** & Azevedo Voltarelli, F. (2019). Is perceived exertion a useful indicator of the metabolic and cardiovascular responses to a metabolic conditioning session of functional fitness? *Sports (Basel, Switzerland),* 7(7), 161. https://doi.org/10.3390/sports7070161
- Altukhov, S., **Mason, D.S.,** & Osokin, N. (2020). Organizational hybridity and the evolution of the Kontinental Hockey League. *Sport in Society, 23*, 484-504.
- An, K-Y., Kang, D-W., Morielli, A. R., Friedenreich, C. M., Reid, R. D., McKenzie, D. C., Gelmon, K., Mackey, J. R., & Courneya, K. S. (2020). Patterns and predictors of exercise behavior during 24 months of follow-up after a supervised exercise program during breast cancer chemotherapy. *International Journal of Behavioral Nutrition and Physical Activity*, 17, 23.
- An, K-Y., Morielli, A. R., Kang, D-W., Friedenreich, C. M., McKenzie, D. C., Gelmon, K., Mackey, J. R., Reid, R. D., & **Courneya, K. S.** (2020). Effects of exercise dose and type during breast cancer chemotherapy on longer-term patient-reported outcomes and health-related fitness: A randomized controlled trial. *International Journal of Cancer*, 146, 150-160.
- An, K.Y., Yang, H. I., Kang, D. W., **Courneya, K. S.**, & Jeon, J. Y. (2020). Development process of an evidence-based exercise program for post-operative colorectal cancer patients. *Supportive Care in Cancer*, 28, 755-765.
- Babenko, O., **Mosewich, A.,** & Sloychuk, J. (2020). Students' perceptions of learning environment and their leisure-time exercise in medical school: Does sport background matter? *Perspectives on Medical Education*, *9*, 92-97. <a href="https://doi.org/10.1007/s40037-020-00560-w">https://doi.org/10.1007/s40037-020-00560-w</a>
- Badrov, M. B., Yoo, J. K., **Steinback, C. D.**, **Davenport, M. H.**, & Fu, Q. (2020). Influence of multiparity on sympathetic nerve activity during normal pregnancy. *American Journal of physiology. Heart and Circulatory Physiology*, *318* (4), H816–H819. https://doi.org/10.1152/ajpheart.00056.2020



- Bell, J. M., Lorenz, C., & **Jones, K. E.** (2019). Nerve excitability differences in slow and fast motor axons of the rat: more than just *Ih. Journal of Neurophysiology*, *122*(4), 1728–1734. https://doi.org/10.1152/jn.00269.2019
- Bernard, P., Savard, J., Steindorf, K., Sweegers, M. G., Courneya, K. S., Newton, R. U., Aaronson, N. K., Jacobsen, P. B., May, A. M., Galvao, D. A., Chinapaw, M. J., Stuiver, M. M., Griffith, K. A., Mesters, I., Knoop, H., Goedendorp, M. M., Bohus, M., Thorsen, L., Schmidt, M. E., Ulrich, C. M., & Buffart, L. M. (2019). Effects and moderators of exercise on sleep in adults with cancer: Individual patient data and aggregated meta-analyses. *Journal of Psychosomatic Research*, *124*, 109746. https://doi.org/10.1016/j.jpsychores.2019.109746
- Berry, T. R. (2020). You do (not?) have to go to the gym: Effects of negations in exercise messages. *Sport, Exercise, and Performance Psychology, 9*(3), 437–449. <a href="https://doi.org/10.1037/spy0000185">https://doi.org/10.1037/spy0000185</a>
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- Berry, T. R., Oliphant, T., & Norris, C. M. (2019) Heart disease and physical activity messages targeted at women: attentional bias and automatic associations. *European Review of Applied Psychology*, 69, 5–6, 100492. <a href="https://doi.org/10.1016/j.erap.2019.100492">https://doi.org/10.1016/j.erap.2019.100492</a>
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# VI. Faculty Evaluation Committee (FEC)

The 2020 Faculty Evaluation Committee (FEC) reviewed the performance of Faculty members (assistant, associate and full professors), Faculty Services Officers (FSO) for the 2019-2020 Academic Year (July 1, 2019 through June 30, 2020). The committee was responsible for consideration and recommendations for merit increments, consideration and decisions on application for tenure and promotions, and providing advice to the Dean on applications for sabbaticals under Article 9 of the Faculty Agreement.

# FEC Membership 2020

Elected Members (voting)

- Elizabeth Halpenny
- Dan Mason
- Michael Kennedy
- Nancy Spencer

### **Appointed Members**

- Kerry Mummery, Dean and FEC Chair
- Nick Holt, Vice Dean
- Kevin Haggerty, President's Review Committee (PRC)

### **Tenure and Promotions**

FEC reviewed applications for both tenure and promotion and granted the following:

Dr. Danielle Peers
 – tenured and promoted to Associate Professor effective July
 1, 2021

### Sabbaticals

FEC recommended support for four (5) sabbatical applications to the Dean as follows:

- Dr. PearlAnn Reichwein 6 month sabbatical from January 1, 2022-June 30, 2022
- Dr. Brian Maraj 6 month sabbatical from July 1, 2021 to December 31, 2021
- Dr. Billy Strean 6 month sabbatical from January 1, 2022 to June 30, 2022



- Dr. Craig Chapman 12 month sabbatical from July 1, 2021 to June 30, 2022
- Dr. Nancy Spencer- 12 month sabbatical from July 1, 2021 to June 30, 2022

### **Merit Increments**

The number of increments in the increment pool is equal to 1.175 times the number of eligible staff members within each Faculty. Eligible staff members under this provision are those staff members in the Faculty whose employment is covered either by the Faculty Agreement or the FSO Agreement. FEC reviewed a total of 35 eligible individuals: 2 FSO, 2 Assistant Professors, 15 Associate Professors and 18 Full Professors. Due to small numbers, the summaries for the FSOs are not included here. The overall mean merit increments awarded by FEC were 1.14. The following table summarizes the merit increments awarded across rank within the professoriate.

	Assistant	Associate	Full	
	Professors	Professors	Professors	Overall
Mean Merit Increments	1.75	1.17	1.26	1.26
	Increment	s by Level		
3.00				0
2.50	1		1	2
2.25			1	1
2.00				
1.50		2	2	4
1.25		4	7	11
1.00	1	6	5	12
0.75			1	1
0.50			1	1
Oa,b,c		2		2
	2	14	18	34



### VII. UNIT REPORTS

### B. Advancement

### Our Vision

A sustainable funding model that advances the interests of the Faculty of Kinesiology, Sport, and Recreation.

### Our Mission

Engaging donors, alumni, sponsors, and corporate partners, to build relationships connecting philanthropy and other support with academics, teaching, athletics, capital projects and faculty initiatives, in support of research, physical activity, sport, recreation and the health of our communities.

### Fundraising Achievement by Entity Type

FY2020	
Alumni	\$618,627
Corporations	\$444,742
Foundations	\$112,084
Other Individuals	\$253,719
Other Organizations	\$923,379
TOTAL	\$2,352,551

# Fundraising Achievement by Purpose

FY2020	
Academic Endowments	\$250,000
Annual Awards	\$183,955
Annual Programs	\$1,109,115
Annual Research	\$484,202
Awards Endowed	\$179,576
Facilities/Capital	\$145,703
TOTAL	\$2,352,551

# Athletics Development Highlights:



- 2020 FRA of \$1,510,533 with 1331 donors
- Increased FRA from FY19 by 11.1%, equaling a 21.2% increase over the last two fiscal years
- Athletics specific FRA in FY20 made up 64% of the total Faculty FRA

# **Athletics - Fundraising Achievement by Allocation**

Fundraising Achievement is defined as the sum of all new commitments for the identified time period. i.e. **HARD CREDIT** dollar amount for each transaction. This includes all straight gifts, matching gifts, grants, and pledges excluding write-off. This dashboard lists FRA for only Athletics Allocations.

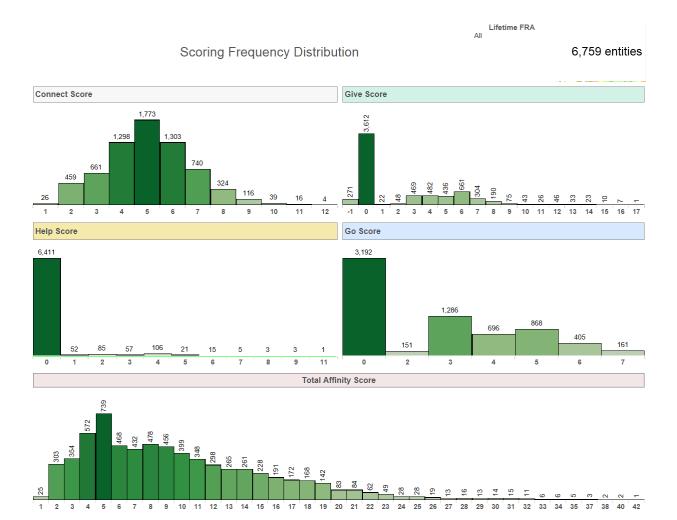
FRA Summary by Allocation School	
	2020
Faculty of Kinesiology, Sport, & Recreation	\$1,496,392
University of Alberta Institutional	\$14,141

- Three (3) new Awards were created
  - o Chuck Moser Athletic Endowment General Athletics
  - o Schulha Family Golden Bears & Pandas Athletic Award General Athletics
  - o Trent Brown Golden Bears Football Award Golden Bears Football

## Alumni & Friend Relations Highlights:

• 41% of Athletics Alumni have an affinity score of 10 or higher, compared to only 16% of U of A Alumni who were not a Varsity Athlete.





- We hosted or collaborated with ten (9) Advance coded events in FY19.
  - o Pastiche Golden Bears Volleyball Fundraiser April 11 2019
  - o Bears Football Gala May 25 2019
  - o Annual Women Fore Pandas Golf Tournament July 16 2019
  - Sports Wall of Fame Reception Sept 19 2019
  - Sports Wall of Fame Inductee Dinner Sept 20 2019
  - Jim Donlevy Family Celebration Sept 21 2019
  - o Pandas Soccer Milestone Oct 13 2019
  - o Pandas Hockey Milestone Jan 3 2020
  - Track & Field Alumni Event Mar 6 2020

# Athletics Advancement Marketing & Communications Highlights:



## Email Engagement

In FY20 email marketing and communication campaigns were sent to a combined total of 29,006 subscribed alumni and friends email address. Those 54 email campaigns were focused on several areas including fundraising and non-fundraising events, newsletters, discounts, camp & ticket offers, thank you's & donor impact.

The email campaigns received an average open rate of 47.8% and click rate 10.3% which highly outperforms the industry average.

### • Athletic Alumni Societies Social Media

Twitter 218 followers
Facebook 2,576 members
Instagram 524 followers
LinkedIn 427 members

Total 2,964 members/followers of alumni social platforms (as of 2018)

# Changing Lives Week 2020: #20ofMany Ways Donors Change Lives

On February 7, 2020 UAlberta Advancement featured the Foote Field Dome as a way in which donors can make an impact. The #20ofMany campaign each year is designed for an online content marketing campaign that highlights donor impact at the University of Alberta in a way that fosters social media engagement for the purpose of increasing awareness that the U of A is a charitable organization worthy of support.

The Dome <u>VIDEO</u> was posted on the UAlberta Alumni Facebook page and included the following post:

Dome, sweet dome! When it's 30 below outside, nothing beats stripping away layers of coats, mittens, long johns and snow pants, throwing on your shorts and T-shirt and practising your sport of choice in the cozy confines of a football-field-sized inflatable dome. This bad boy's got everything: a 140-metre track, a 22-metre-high roof, curtains to divide the turf into four mini fields, a long jump pit and all the fake grass you can eat.



<sup>\*</sup> Although each alumni base operates their own social platforms of their own accord and agency, with little to no involvement from Golden Bears and Pandas Athletics, each account represents the Athletics brand and values. These accounts, to our knowledge, have no real goals attached to them. As such, these values are limited in their information and impact beyond a baseline of historical understanding.

But none of it would be possible if not for the super generous donors who turned this dome-dream into a dome-reality. #20ofMany \*Do not eat the fake grass.

Since the post Advancement sent us the following highlights.

- This post exceeded the average reach and engagement rate benchmark for a boosted post
- Positive reactions on the post
- While this post did not receive many comments, quite a number of people mentioned the post as their favourite in the wrap-up post and commented on both the value of the dome and also the playfulness of the video

Views -17,500 Reactions - 111 Comments - 6



### C. Golden Bears and Pandas Athletics

# 1.0 Golden Bears and Pandas Athletics and Faculty Strategic Priorities

# 1.1 Faculty Strategic Priority: Talented People

- 16 Head Coaches with 16 undergrad degrees and five have Master's degrees
- Recruit and involve 88 assistant coaches

2019-20 Golden Bears & Pandas Student-Athletes by Faculty						
	Student	Student-Athletes		Academic All-Canadians		
Faculty	Total	Bears	Pandas	Total	Bears	Pandas
Agriculture, Life &						
Environmental Sciences	22	3	19	8	0	8
Arts	103	73	30	14	8	6
Augustana Faculty	0	0	0	0	0	0
Business	34	23	11	16	8	8
Campus Saint-Jean	3	1	2	0	0	0
Education	27	17	10	10	5	5
Engineering	39	33	6	20	16	4
Graduate Studies and						
Research	4	3	1	2	2	0
Kinesiology, Sport, and						
Recreation	114	45	69	54	20	34
Law	1	0	1	0	0	0
Medicine and Dentistry	1	1	0	0	0	0
Native Studies	22	22	0	2	2	0
Nursing	9	1	8	6	0	6



Open Studies	24	15	9	0	0	0
Pharmacy & Pharmaceutical						
Science	1	0	1	1	0	1
Science	67	37	30	37	18	19
Total	471	274	197	170	83	87

### NOTES:

- · 496 student-athlete opportunities (471 individual student-athletes, 25 dual sport athletes (11 men's cross country/track & field, 3 men's football/track & field, 1 men's football/wrestling, 1 men's soccer/track & field, 7 women's cross country/track & field 1 women's ruby/track & field and 1 women's rugby/wrestling)
- · Open Studies Student-Athletes include: 2 Transition Year Program, 5 Fresh Start & 17 Exceptional Student-Athletes

### 1.2 Faculty Strategic Priority: Community Engagement & Communications

**Introduction:** Golden Bears and Pandas Athletics uses a wide range of communication platforms to engage with the community.

Tools such as media relations, social media, email campaigns and the Bears and Pandas website are all ways in which Athletics aims to engage with our wide range of audiences.

The goal is to create more awareness of the Bears and Pandas events, athletes, coaches and accomplishments to fans, donors/supporters, sponsors, alumni, University of Alberta students, student-athletes, and prospective students.

Golden Bears and Pandas Athletics is one of the most public-facing aspects of the University, making community engagement and communications important for both the department and university as a whole.

Additionally, the **University Athletics Board (UAB)** were involved in numerous volunteer activities and initiatives in the community, including:

- UAB Student-Athlete Orientation
- Mentorship program
- Read-in week
- Gym class heroes
- Bear/panda hugs (Stollery visits)



- Brain waves
- UAB Bikeathon
- Flex Thursdays
- Edmonton Young Offenders Centre
- Panda Day (St.Pius X Elementary School)
- Clothing Drive
- Green Space Certificate
- Motionball
- Edmonton Food Bank

### Website:

	2017/2018	2018/2019	2019/20
Page views:	1,195,189	1,217,224	1,212,814
Unique Page Views	909,534	928,619	922,568
Users	209,804	213,489	247,364
Sessions	396,278	410,140	443,395

### Top sources of traffic:

- Organic search accounted for 65.8% of traffic (People Googling or using Bing/Yahoo)
- Referrals 3.4%
- Direct 21.48%
- Social 5.28%
- Other 4%

### Desktop vs. mobile and tablet (sessions):

	2017/2018	2018/2019	2019/20
Mobile	47.12%	52.13%	59.08%
Desktop	44.35%	39.88%	35.32%
Tablet	8.52%	7.82%	5.6%

### Teams and top sections:

- Hockey is the top team section with 54,000+ views. (Previous year was 74,000+ views)
- Bears Basketball is second (42,000+) followed by Bears football (38,000)
- The top women's team is volleyball (23,000+), and hockey (22,000+)
- The following sections remain similar to the past season:
  - o schedules 1.8% of all page views (1,212,814)
  - o teams 3.1%
  - o tickets 1.27%



### Email Campaigns (Campaign Monitor™):

The following stats are based off of numbers gathered on December 1, 2020:

	2017/18	2018/19	2019/20
# of Mailouts	68	94	89
# of emails received	127,757	164,333	114,199
# of emails opened	40,317	55,835	46,577
% of emails opened	31.6%	34.0%	41.2

**Note:** Overall number of team newsletters and email campaigns have increased, however, weekly newsletters to alumni and supporters have decreased with no varsity events in the fall of 2020. Open rate % is the most encouraging stat, and has continued to increase over the last three years.

### Social Media

In November 2020, we finalized creating a Facebook, Twitter, and Instagram accounts for every one of our teams. The intent is to narrow our reach for each team while increasing engagement numbers.

### Twitter:

The following stats are based off numbers gathered on December 2, 2020:

School	Increase	Followers (11/30/2019)	Followers (11/01/2020)
UBC	710	13,372	14,082
Calgary	625	11,395	12,020
Saskatchewan	316	10,090	10,406
Manitoba	304	8,530	8,834
Alberta	258	9,067	9,325
Brandon	189	2,885	3,074
Trinity Western	164	2,591	2,755
Fraser Valley	160	2,781	2,941
Thompson Rivers	128	2,124	2,252
Regina	123	5,797	5,920
MacEwan	112	3,140	3,252
UNBC	106	1,854	1,960
Winnipeg	94	2,730	2,824
Lethbridge	69	3,646	3,715
Mount Royal	61	3,930	3,991
Victoria	47	5,656	5,703



UBC Okanagan	18	2,639	2,657
Canada West Average	205	5,425	5,630
Canada West	1,118	11,432	12,550

From this data, we can see:

- Alberta (Golden Bears and Pandas) currently ranks 4<sup>th</sup> in Canada West in number of followers
- Alberta (Golden Bears and Pandas) currently ranks 5<sup>th</sup> in Canada West for the total number of followers gained from October 30,2019 to December 1, 2020.

### Facebook videos:

The following stats are from October 1, 2019 - December 1, 2020:

Top viewed videos	Reach	Views
With the Pandas Volleyball win tonight, head coach Laurie		
Eisler has become the first coach in University of Alberta	8,621	4,320
Sports Wall of Fame - Pandas Hockey	7,710	3,327
Sports Wall of Fame - Shandra Doran	5,133	2,814
Congrats to Pandas Hockey head coach Howie Draper, who		
has become the first women's hockey coach	6,143	2,718
"Mental health is important to me because" For		
#BellLetsTalk day, our Pandas Hockey family join the		
conversation	6,024	2,479

**Engagement Rates:** The total number of likes and comments received by your posts divided by the number of people who saw your posts. For Twitter, it is the sum of interactions received for the tweets published in the selected timeframe: retweets, replies and likes. Data gathered from October 1, 2019 - December 1, 2020

Twitter: 12,966

Facebook: 8.37%

Instagram: 7.37%

### YouTube



The following stats are based off numbers gathered on December 1, 2020:

	2017	2018	2019	2020
Subscribers	362	472	599	701
Views	161,773	224,200	278,300	40,593
Total Videos	498	N/A	849	986

### Instagram

The following stats are based off numbers gathered on December 1, 2020:

	2017	2018	2019	2020
Posts/Year	165	103	145	197
Likes/Year	10,426	19,654	29,994	27,799
Total Followers	4,231	4,785	5,530	5,819

### 1.3 Faculty Strategic Priority: Resource Management Allocation

The Faculty will align operational income with the strategic goals of the Faculty.

### **Diversify funding sources:**

Total Gross Alcohol Revenue	\$175,951.50
Total Event Ticket Gross Revenue	\$370,094.93
Total Event Merchandise Gross Revenue	\$13,813.21

- Event statistics: tickets total revenue was \$341,123.09 does not include non-conference (~ \$28,971.84) but includes flex packs, season tickets, Kids in the Crowd, and playoffs
- Total ticketed attendance 50,139 includes conference and non-conference games and all playoffs. Revenue numbers below include individual game day tickets/online sales and does not include flex packs and some one-off events, hence the variance from the \$341,123.09 total.

\*Attendance numbers are as per this date. Discrepancies among reports are being reviewed and numbers could change.

- Football: 6056 (\$37,317.14)
- Soccer: Did not sell tickets for conference events
- Bears Hockey Conf./playoffs: 14,268 (\$111,162.80); Non-conf.: 1,711 (\$18,036.34)
- o Pandas Hockey Conf./Playoffs: 4,804 (\$20,424.19) Non-conf.: 257 (\$2,450);
- Volleyball Conf./Playoffs: 9447 (\$75,776.75) Non-conf.: 974 (\$6,185)



- o Basketball Conf./Playoffs: 10,880 (\$82,501.81) Non-conf.: 315 (\$2,300)
- o Panda Rugby Conf.: 586 (\$3,125)
- U SPORTS Track & Field Championship: 841 (\$6,614.80)

### Ticketmaster Archtics Partnership

During the 2019/2020 season, Golden Bears & Pandas Athletics moved to a new CRM and ticketing system with Ticketmaster (approved by University Privacy and Security). Ticketmaster Archtics provides the organization with an unlimited number of venues, manifests, pricing configurations, account attributes and more, all controlled by the end user. Archtics is also an account-based CRM platform that provides a 360 degree view of your customers information. This allows the management of a customers lifecycle with the organization, from potential patron to a paying customer.

The move to Archtics has allowed Golden Bears & Pandas Athletics to move to digital ticketing for ticketed conference and playoff events. Fan tickets are scanned at the door providing accurate attendance information along with a variety of user/guest insights. This has helped with protecting our events from counterfeit tickets, accurately track attendance, and provide dynamic live reporting of those entering the venue.

- Revenue generated through new ticketing platforms, Archtics & Ticketmaster Host (Ticketmaster.com) \*After fees:
  - O Archtics: \$119.916.36
  - O Ticketmaster Host (Tickmaster.com): \$66,648.13
- Significant increase in online sales from 2018/2019 to 2019/2020 season:
  - O 2018/19 Online Sales: \$10,681
  - O 2019/20 Online Sales: \$66,648.13
  - O Increase of 523.9%
- Move to mobile ticketing resulting in less printed tickets used making our events more environmentally friendly, more tickets scanned in using mobile devices
  - O Mobile (67.6%) vs Printed (32.4%)
- Contacts in Archtics:
  - O U of A Student Contacts: 48,252
  - O Non-Student Contacts: 15,523
- 65.73% of tickets sold through Archtics and Ticketmaster Host; 34.27% of tickets sold on gameday through Ticketmaster Sales Deck (point of sale system used on game day)



# Five-Year Athletics Awards & Scholarships Summary (2015/16 to 2019/20)

	Total Athletes	Athletes that used eligibility	Athletic financial awards	Jimmie Condon Scholarships	Total Athletic related awards/scholarships
2015-16	500	378	\$ 861,043	\$504,000	\$1,365,043
2016-17	500	374	\$ 967,229	\$504,000	\$1,471,229
2017-18	502	370	\$1,021,363	\$388,800	\$1,410,163
2018-19	475	396	\$1,062,353	\$388,800	\$1,451,153
2019-20	471	399	\$1,026,314	\$430,200	\$1,679, 889

### Sponsorship Report

The following list may not be completely accurate but is provided to illustrate the extent of sponsorship that supports Faculty and Athletics programs. Sponsors for golf tournaments and other fundraising events are not included. Any funder that receives a donor tax receipt is not included as a sponsor.

The sponsorship values are not included for confidentiality reasons, but the total value exceeds \$350,000:

Team	Sponsor
GBH	ATB Financial
GBH	Herbers Autobody
GBH	Boston Pizza Whyte
GBH	Minuteman Press West
GBH	Waiward Steel
GBH	Can-Cell Industries
GBH	National Motor Coach Systems Ltd
GBH	University Publications
GBH	River Valley health
GBH	William Huff
GBH	The Brick
GBH	United Cycle
GBH	Alberta Government
GBH	PWC Price Waterhouse Cooper
GBH	Flaman
GBH	Go Auto Kentwood Ford
GBH	Graham Construction
GBH	Knoxville's Tavern
GBH	Sunlife



ODLI	1.6 ± 1		
GBH	Life Touch		
GBH	Bradford's Hockey Academy		
GBH	ATB Financial		
GBH	Herbers Autobody		
GBH	Wesclean Equipment		
GBH	Subaru City		
Curling	Big Rock		
Athletics	Campus Tower Suite Hotel		
Athletics	Radisson		
Athletics	The Westin		
Athletics	Global Television		
Athletics	Big Rock		
Athletics	Maritime Travel		
Athletics	Gateway		
Athletics	Coke		
Athletics	WestJet & Delta		
Athletics	Rouge Media		
Athletics	Snow Valley		
PV	Genics		
PV	Finning Canada		
PV	Metta Yoga		
GBV	Sofaland		
GBV	Kennedy Realty		
GBV	Mackenzie Financial		
GBV	The Wall Group		
GBV	Volleyball Alberta		
GBV	WM WEALTH		
GBV	Friends of George		
GBV	Netix Systems		
GBV	Jass Auto		
GBB	One Properties		
GBB	Escape Edmonton		
PH	Symmetry Spinal Care		

### Collaborators / Friends of Athletics Report

Athletics works with a number of organizations wherever there is a mandate for the public good, or there is a mutually beneficial relationship.

It involves working together in a group but does not require similar goals, or financial activity, or regular commitment of resources. Sponsors and donors are included in a separate section of the report.



**Collaborators** = mutual work to mutual advantage with regular contact **Friends** = infrequent engagement but valuable relationship

### FRIENDS:

- KidSport Edmonton
- Edmonton Events
- Telus World of Science
- Edmonton Prospects
- Edmonton Stingers
- FC Edmonton
- Edmonton Eskimos
- Edmonton Stingers
- Edmonton Youth Basketball Association
- Hockey Edmonton
- Edmonton Public School Board
- Provincial Sport Organizations
  - football
  - rugby
  - wrestling
  - volleyball
  - track and field
- Athletes in Action
- Alberta Kinesiology Association
- Knights of Columbus
- Kids Up Front
- FOG Volleyball
- Sportball
- Edmonton International Airport
- Alberta Schools Athletic Association
- Local Officials Associations (in related sports)

### COLLABORATORS:

- Alumni associations (included in Advancement report)
- Edmonton Female Athletic Club (Pandas Hockey)
- Edmonton Keyano Swim Club
- Vimy Ridge Academy
- Riverbend Junior High
- Sportball
- NAIT Radio and Television Broadcasting Program
- Glen Sather Sports Medicine Clinic
- Alberta Sport Development Center



- University of Alberta Bookstore
- University of Alberta Office of Advancement
- University of Alberta Alumni Relations
- International Students
- Faculty Club
- Students' Union
- Lister Hall Students Association
- Residence Hall Association
- CJSR
- The Gateway
- UAlberta Fraternities

### 1.4 Faculty Strategic Priority: Exemplary Student Experience

The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).

# International student opportunities:

• Bears Hockey, Pandas Soccer, Curling, Swimming, Track and Field, and Wrestling took self-funded international trips.

# Experiential learning at both the graduate and undergraduate levels, through integration with Athletics:

- Undergraduate coaching students involved PB, BF, BH, BS, PS, Tennis
- Graduate coaching students were GBB (Brandon Brock), GBF (Wyatt Urbanski), GBH (Dallas Ansell, Craig Hordal), PBB (Isabel Ormond), PVB (Carolyn O'Dwyer), GBPTF (Tommy Gingras), GBPXC (Tyler White)
- 43 undergraduate student-kinesiologists volunteer with varsity teams, including six practicum students, all of whom were led by the Varsity Health Staff.
- The Sport Performance Centre provided 16 undergraduate and 6 graduate students with practical coaching and facility management experience

### Athletics staff teaching undergraduate coaching courses:

- Athletics staff members teach and provide leadership to PAC courses. PAC Coordinator has been an Athletics staff member.
- Athletics staff supervise undergraduate and graduate (MCoach) coaching practicum students
- Athletics staff sit on graduate supervisory and examining committees

### Courses taught by Athletics staff:

- KIN 440 2 terms (Joan Matthews-White, Marina Hoeppner)
- KIN 401 Isabel Ormond
- KIN 240 Nicholas Stoffberg & Matt Yaworski



- KIN 435 Alex Hague, Matt Yaworski, Royden Radowits
- PAC 490 (E Golberg & J Jackson SPC staff)
- PEDS 572 (6 credit) (Mentor coaches)
- PAC Coordinator (I. Reade)
- Practicum Coordinator (PEDS 246, 346, 446) (S. Edwards)
- PERLS 573
- PAC Hockey (I. Herbers, D. Ansell)
- PAC Wrestling (J. Bouchard)
- PAC Rugby (M. Parrish)
- PAC Volleyball (C. O'Dwyer, B. Davidiuk)
- PAC Basketball (B. Brock)
- PAC Soccer (K. Shapka, M. Fenger-Andersen)
- PAC Curling (T. Steinke)
- PAC Swimming (D. Toth-Szabo)
- PAC Track & Field (T. Gingras)

The Faculty will partner with national and international stakeholders to deliver relevant undergraduate and graduate educational opportunities in both teaching and knowledge translation

- Partner with Volleyball Canada on the Volleyball Centre of Excellence
- Partner with Canada Soccer/Alberta Soccer on Women's Rex Program
- Partnership with Curling Canada on National Training Centre
- Partner with Tennis Canada on University/College Nationals
- Partner with Tennis Canada on Tennis Development Centre
- Partner with Basketball Canada on National Women's Team training
- Partner with Hockey Canada on Women's Hockey Pilot Project
- Partner with Wrestling Canada on National Training Centre
- Partner with Edmonton Stingers of the CEBL to create donation to a studentkinesiologist award/scholarship
- Owen Dawkins coaches internationally for Wrestling Canada
- Owen Dawkins is the Coaches Representative for Wrestling Canada
- Partnership agreement with the Canadian Sport Institute, Calgary
- Partnership with Alberta Sport Connection through ASDC, Capital Region
- Partner with Football Alberta on creation of Novice Football League
- Laurie Eisler is a committee member with Volleyball Alberta
- Howie Draper coached Team Canada at U18 Women's World Championship
- Rob Krepps is Curling Canada National team coach



### 1.5 Faculty Strategic Priority: Differentiation through Innovation

The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.

In partnership with Educational Psychology, provide graduate course opportunities for sport psychology students.

Continued to grow and develop Green & Gold Sport System as an innovative and integrated programming system based on concepts of long-term athlete development, inclusive of Athlete Academy.

Translate the knowledge acquired through innovative approaches to the broader academic and professional community.

### Varsity Health:

Introduction: Varsity Health is the primary medical services provider for Student-Athletes at the University of Alberta. Consisting of Athletic Therapists, Physiotherapists, Sport & Exercise Medicine Physicians, and Student Kinesiologists, this group focuses on the health and wellness of Student-Athletes to allow them to perform both athletically and academically at the highest level.

Varsity Health Staff with the support of the team's Student Kinesiologists were involved in an international research study on the effectiveness of rehabilitation practices in concussion during a 2-year study. Funded by the National Football League and implemented by the University of North Carolina, this research opportunity was created at the University of Alberta in part by Dr. Mrazik (Faculty of Education) and Dr. Naidu (Faculty of Medicine) and is currently being submitted for review & publication.

Varsity Heath staff are integrated in the faculty's academic programs as well as respective professional areas. The Head Therapist holds a PhD currently teaching KSR courses, directed studies and practicum supervisor; Both Assistant Therapists (2) are currently completing professional master's degrees. Varsity Health Staff also work with various professional committees, including Sports Physio- Alberta Section, Athletic Therapy Association of Alberta, Canadian Athletic Therapy Association, Glen Sather Sports Medicine Clinic Committee, and the Concussion Alliance Committee.

Introduced Varsity Health Instagram in May of 2017. The account has grown to 652 followers in that time. Created for the promotion of Varsity Athlete health and wellness, the Student Kinesiology Program, and Varsity Health specifically.



In September 2017, introduced Varsity Health Awareness Campaigns. This initiative was created to bring information to Student-Athletes about general or sport specific health concerns and how to seek the appropriate assistance if required. Along with targeting Student-Athletes, these campaigns will be publicly displayed in an effort to assist and benefit the general student population, faculty, staff and the public. Varsity Health is committed to the highest level of care to those under its care. To date, 2 campaigns have been run (Testicular Self Examination and Concussion Recognition and Removal From Play).

### **Exemplary Student Experience**

- 66 applicants for the 2020-2021 Varsity Athletic season reflects a 50% increase from the previous season
- 36 Student Kinesiologists involved with 16 Varsity programs represents a 16% increase from the previous season
- 3 full-time, full year practicum students (a decrease of 1 from the previous year).
- -35 Exception Student Kinesiologist Awards were handed out to the students (in KSR and Rehab Medicine) involved in our program for the 2019-2020 athletics season
- 5 Block A recipients recognized for their involvement as a Student Kinesiologist with the Golden Bears and Pandas Varsity Athletic programs.

### Access to Varsity Health Services for Student-Athletes

- Average waiting time for clinical assessment/treatment is ~12 hours
- Average waiting time for Varsity Injury Management Clinic appointment is ~24-48 hours
- 1641 appointments for clinical treatment or assessment were attended by Varsity Athletes between July 1, 2019 to March 2018. (21% decrease overall from year prior due to pandemic closure). Varsity Health Staff was able to sustain the caseload year over year.
- 470 Varsity Injury Management clinic appointments were scheduled between July 1, 2019 and June 20, 2020. This was a decrease of 12% which corresponds directly to the early shut down of athletics due to the COVID-19 pandemic. Appointment pace was set for similar appointments.

### Community Links

- Staff members in the community at high schools, junior highs, school boards and community events promoting health and safety in sport, Athletic Therapy, Kinesiology, Golden Bears and Pandas, FKSR and the University of Alberta. Approximately 10 appearances, all volunteer, in 2018-2019.

### Mental Health Services

- Applied screening for student-athlete mental health
- Collaborated with faculties and campus resources to assist Student-Athletes with access to Mental Health Services



### Summary of Research Activity and Products:

### Ben Gallaher, Associate Director, Green and Gold Sport System

- Supporting Athlete Psychosocial Development: A Longitudinal Study of Psychological Skills, Resilience and Well-being (Amber Mosewich): The Green & Gold Sport System is actively supporting this study through recruitment of athletes to take part in the project.
- -Fitness Testing Data Study: An ethics application is open, but still considering the best use of the data.

### Klaudia Sapieja, Mental Performance Consultant, Green & Gold Sport System

- Currently helping facilitate Dr. Amber Mosewich's longitudinal study the objective being to examine the trajectories of change in psychosocial skills, resources, resilience, and well-being among adolescent athletes participating in a LTAD-based program over a multi-year period spanning stages of athlete development (within the Green & Gold Sport System).
- Working on a potential future study with Dr. John Dunn and Dr. Mick Lizmore titled "Developing a Mental Skills Inventory for Teams and Individuals in Intercollegiate Sport".

### Joel Jackson M.Sc., CSCS

- Jackson, J. (2019). Jump monitoring Thoughts & action plan.
- Jackson, J. (2019). Making sense of the NHL fitness testing combine results.
- Dr. Gordon Bell and Joel Jackson are discussing the possibility of publishing research around an on-ice repeated sprint assessment.

### Sean Baynton M. Sc.

- Grant Applicant + Study Coordinator with Dr. Amber Mosewich & Dr. Ada Valevicious November 2019 through June 2020.
- \$30,000 MITACS grant for the hire of Dr. Valevicious as a post-doc to conduct several experiments looking at the intersection of coaching, sport psychology, and biomechanics.
- The Varsity XC team will be participants in this study as well.
- Participant September 2019 U-Alberta MCoach candidate Craig Hordal
- Myself + Tyler White (MCoach student) participated in Craig's research study in the area of youth development. Interview & focus group based.
- Participant March 2019 University of York PhD candidate Alix Krahn
- Interview based participant in a research study focused on full time coaches in Canadian University working environments.

### Brandon Brock, MCoach student



- Craig Marshall and I are working with Jim Denison for our Capping project to create knowledge products using the Constraints Led Approach in coaching.

### Isabel Ormond, Ph.D. Candidate

- Currently writing a manuscript on my Parent-coaches for an MCoach capping project.
- In discussion to work with Dr. John Dunn on a study next semester.

### Fitness Testing Data Study

-An ethics application is open, but still contemplating the best use of the data.

### Michael Cook, M. Sc.

- Involved in a study with Dr. Samer Adeeb (from the Faculty of Engineering) as a Principal Investigator.
- A contributing author on one of Dr. Amber Mosewich's projects.

### Martin Andersen, MCoach

- Helped an MA student named Lydia Sokol with her thesis project. She came out to our Spring Academy sessions and viewed some of our coaches and interviewed some players as part of her data collection (May-June 2019).

#### Brock Davidiuk, MCoach

- Facilitation of work by James Orton, MCoach student.

### 1.6 Faculty Strategic Priority: Collaboration and Integration

The Faculty will focus on the clear articulation and development of the "Alberta Model", which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.

### 2019/20 Varsity Sport Accomplishments

### Sport Abbreviation Legend:

Sport	Golden Bears	Pandas
Basketball	GBB	PBB
Cross-Country	GBXC	PXC
Curling	GBCurl	PCurl
Football	GBF	-
Hockey	GBH	PH



Rugby	-	PR
Soccer	GBS0C	PS0C
Swimming	GBSwim	PSwim
Tennis	GBT	PT
Track and Field	GBTF	PTF
Volleyball	GBVB	PVB
Wrestling	GBW	PW

# U SPORTS/ National Competition

U SPORTS/National championships	1	PCurl
U SPORTS/National championship silver	0	
U SPORTS/National championship		
bronze	3	GBCurl, GBT, PW
Individual U SPORTS/National		
Championship Medals	14	
U SPORTS All-Canadians	23	
Academic All-Canadians (2019/20)	158	
Academic All-Canadians (2019/20)	170	U SPORTS + tennis
		GBB, PBB, GBXC, GBF, GBH, PH,
		GBSOC, PSOC, GBSwim, PSwim, PTF,
Teams Ranked In U SPORTS Top 10	15	GBV, PVB, GBW, PW
Teams Ranked No.1 in U SPORTS	2	GBH, GBW
		GBB, GBXC, GBCurl, GBSwim, GBT,
		GBTF, GBV, GBW, PBB, PCurl, PH,
Teams at National Championship Events	16	PSwim, PT, PTF, PVB, PW
U SPORTS/National Championship MVPs	0	
U SPORTS Championship All-Stars	0	
U SPORTS Athlete of the Year (Team		
Sports)	1	PT – Tereza Simonova
U SPORTS Athlete of the Year		
(Individuals Sports)	0	
U SPORTS Defenceman of the Year	0	
		PCurl – Garry Coderre
U SPORTS/National Coach of the Year	2	PT – Ivan Quintero
U SPORTS Rookie of the Year	1	PH – Madison Willan
U SPORTS All-Rookie selections	2	GBH, PH
U SPORTS Student-Athlete Community		
Service Awards	0	

# Canada West Conference/Regional Competition:



CW/Western Regional Championships	5	GBCurl, GBT, PCurl, PH, PT
		GBB, PBB, GBXC, GBF, GBH, PTF, GBV,
Top 3 CW/Regional finishes	10	PVB, GBW, PW
CW All-Stars	57	
		PVB – Kory White
CW MVP/Player of the Year	2	PW – Haley Heffel
CW Scoring Title (WHKY)	1	Autumn MacDougall
		GBB – Barnaby Craddock
		PBB – Scott Edwards
CW Coach of the Year	3	PCurl – Garry Coderre
		PH – Madison Willan
CW Rookie of the Year	2	PTF – Olivia Cooper
CW All-Rookie Selections	5	GBH 2, PH, PSOC, GBV
CW Student-Athlete/Community Service		
Awards	0	

### 2019-20 Academic All-Canadian stats:

- 170 total University of Alberta Academic All-Canadians.
- 158 U SPORTS AACs, the second highest total in University of Alberta history.
- The Faculty of Kinesiology, Sport and Recreation had the most recipients with 54.
- The Faculty of Science had the second most (37).
- Four Golden Bears and Pandas teams also set program record for most AAC's, including Golden Bears Soccer (11), Pandas Rugby (15) Pandas Swimming (8), and Pandas Track & Field (19).
- Following the 2019/20 academic year, the Bears and Pandas have had 3,227 all-time AAC's, the most in Canadian University history.
- Track and Field had the single biggest sport (men's and women's combined) representation with 36 AAC student-athletes.
- Pandas Track and Field had the single biggest team amount of AAC student-athletes with 19.

### 2.0 Green & Gold Sport System



### Camps and Programs

In 2019-2020, the Green & Gold Sport System focused on improving the customer service experience for our camp participants during the summer months while growing existing school-based programs during the rest of the year. The end of the reporting period was disrupted by the COVID-19 pandemic and our programming transitioned to an online delivery model.

Green & Gold Sport Camps registered over 3000 participants in July and August and employed approximately 80 coaches, including 60 current Varsity Athletes and Alumni. Camp programming continued to emphasize the importance of multi-sport participation and the development of fundamental movement skills. Extensive work was done to train our camp coaches to facilitate the inclusion of age-appropriate life skills in camp curriculum.

Significant efforts were made to prioritize academic achievement for the student-athletes enrolled in the Green & Gold Athlete Academy by streamlining the modules covered in the Performance Seminars. Academic assignments were adapted to highlight topics relevant to elite high school athletes. The Riverbend Sports Performance Program continued to provide opportunities for junior high student-athletes to improve their overall athleticism and learn the fundamental skills associated with strength and conditioning. The multi-sport portion of the program exposed the participants to a variety of sports and led to a number of cases of community engagement in the sport beyond the initial exposure they received through the program.

Green & Gold Sport System staff continued to work with a number of Golden Bears and Pandas Varsity Teams to assist with the administration, marketing and management of their pre-varsity programs, camps, clubs and teams. This work contributed to the broad impact being made in the local sport community by our teams and programs.

Programming statistics can be found below:

### 2019 Green & Gold Sport Camps (Summer) Registrants by LTAD Stage:

	Number			Gross
	of		Number of	Program
LTAD Stage	Camps	Number of Different Sports	Registrants	Revenue
Active-Start				
(Ages 3-5)	8	1 – Sportball	104	\$ 15,249.00
		8 – Multi-Sport, Basketball;		
		Climbing; Curling; Hockey;		
FUNdamentals		Soccer; Tennis; Run, Jump,		
(Ages 6-8)	35	Throw	881	\$ 248,407.00
		11 – Multi-Sport; Basketball;		
Learn-to-Train		Climbing; Curling; Flag		
(Ages 9-11)	43	Football; Hockey; Soccer;	1185	\$341,168.00



		Tennis; Track & Field; Volleyball; Wrestling		
Train-to-Train	20	10 – AIM Sport Leadership; Basketball; Climbing; Curling; Flag Football; Soccer; Tennis; Track & Field; Volleyball;	050	¢2// /00 00
(Ages 12-14)	38	Wrestling	858	\$244,489.00
Train-to-				
Compete				
(Ages 15-17)	1	1 – AIM Sport Leadership	8	\$2,800.00
			3,036	
			(2,001 Males,	
Total	125	13	1,035 Females)	\$852,113.00

# 2019 Green & Gold Sport Camps (Summer) Coaches:

Number of Coaches	University Faculties	Varsity Athletes & Coaches
79 Coaches	6 Faculties	60 Athletes
	(Kinesiology, Sport, and Recreation; Agricultural, Life and Environmental Sciences; Arts; Education; Engineering; Science)  (30 KSR Undergrad and Graduate	5 Assistant Coaches
	representatives)	

# Green & Gold Sport System School Programming 2019-2020 Participants:

Program	Number of Participants	Gross Program Revenue
Riverbend Sports Performance		
(Grades 8-9)	62	\$32,151.00
Green & Gold Athlete Academy		
(Grades 10-12)	38	\$127,485.00
Total	100	\$159,636.00

# Green & Gold Sport System School Pre-Varsity Programming 2019-20 Participants:

	Varsity Teams		Gross Program
Program Period	Using Intelli	Number of Participants	Revenue



2019 Spring	3 (GBF, PVB, GBV)	68	\$ 9,675.00
	7 (GBF, PVB, GBV,		
2019 Summer	PH, PBB, GBB, Curl)	467	\$ 168,840.00
	6 (PS, GBF, PR,		
2019 Fall	Curl, PVB, GBV)	327	\$ 90,013.00
	5 (GBF, GBS, PVB,		
2020 Winter	GBV, PR)	731	\$ 188,327.00 *
Totals	10	1593	\$ 474,855.00

<sup>\*</sup> Numbers are skewed based on refunds and cancellations due to COVID-19 Shutdown in March

### Performance Services

Performance Services is comprised of Varsity Athlete Health, Sport Conditioning, Mental Training, Fitness Testing, and Sport Nutrition. These areas of sport science service both internal (Bears and Pandas Varsity, Green & Gold Athlete Academy/School Programming, Junior Bears and Pandas Clubs) and external sport organizations (National and Provincial Sport Organizations) in a variety of ways.

Internally, Bears and Pandas Varsity athletes were supported with ongoing Sport Conditioning, Mental Training, Fitness Testing Varsity Athlete Health, and Sports Nutrition services. Each of these areas supported our athletes in unique delivery methods that strived to help our athletes and coaches maximize performance with applied sport science strategies.

101 athletes from our School Programming (Athlete Academy, Riverbend Junior High) and 245 Junior Bears and Pandas were supported with Sport Conditioning, Mental Training, Fitness Testing and Sports Nutrition services.

Finally, Performance Services supported our Green and Gold Speaker Series and Train the Trainer Initiative to offer sport science workshops for our Varsity Head Coaches, Assistant Coaches and MCoach Students.

### Undergraduate Learning

 The Sport Performance Centre provided 7 undergraduate student placements within various areas of sport science along with 4 MCoach students (Matt Yaworski, Gord Pharnell, Tommy Gingras, and Eric Golberg) in the area of Sport Conditioning.

### ASDC Capital Region

Through the unique partnership between ASDC Capital Region and ASDC Calgary Region, multiple Provincial Sport Organizations were supported with sport science services.



Provincially, we supported 416 athletes in the following sports with a combination of fitness testing, strength and conditioning, mental training and nutrition from our own service providers:

Alpine Alberta, Curling Alberta, Figure Skating Alberta, Ringette Alberta, Alberta Soccer,
 Special Olympics Alberta, Volleyball Alberta, Weightlifting Alberta.

Locally, ASDC Capital Region supported the following training groups with a variety of sport science services through year-long partnerships:

- Canada Soccer/Alberta Soccer Regional Excellence Program (Female) 20 athletes
- Volleyball Canada Regional Excellence Program 48 athletes
- Capital Region Training Group Cross Country Skiing 7 athletes
- Special Olympics Alberta 64 Athletes

ASDC Capital Region also partnered with the Canadian Sport Institute Calgary to host and provide sport science support at the RBC Training Ground event which took place at Foote Field in April 2018. A total of 98 athletes, aged 14-24 years were tested and a number of these athletes were former Bears and Pandas Varsity athletes.



### General

The role of Campus & Community Recreation is to support our communities (students, staff, Faculty and community members) to explore and enhance their physical, mental, social, emotional and spiritual well-being through physical and social activity. We strongly believe in the power of recreational activities to support these needs.

The impact of Campus & Community Recreation on our communities is immeasurable. From student employment opportunities to physical and social programming, CCR engages and develops skills for students that will last a lifetime. Working for and/or participating in CCR program opportunities has changed the course of lives, including career choices and healthy social relationships.

Campus & Community Recreation operates and maintains a variety of sport and recreation facilities that serve both the campus community and the broader Edmonton community. The unique facilities located on the University of Alberta campuses are world-class in their nature and play a significant role in the event hosting capabilities of the University and the City of Edmonton.

### Campus & Community Recreation has five primary functions:

- 1. **Program Delivery** Campus & Community Recreation offers a variety of sport, recreation and wellness programming from an introductory level to elite athlete development. We offer a vast array of programming including:
  - Aquatics
  - Climbing
  - Club Sports
  - CPR & First Aid Training
  - Curling
  - Dance
  - Fitness Leadership
     Certification
  - Group Exercise
  - o Intramurals
  - Leisure, Crafts and Wellness Programs

- Martial Arts
- o Outdoor Programs
- Personal Fitness Training
- Fitness and Health
   Assessments
- Sport Skills
- Special Events
- Sport Performance
- o Tennis
- Youth Field Trips
- Work Physiology Testing



The focus of these programming opportunities is to inspire students, staff, faculty and community members associated with the University of Alberta to engage in healthy, active living on a daily basis and reach their full potential.

**Example**: Annual Campus & Community Recreation Budget expenses: Over \$11 million annually

- 2. **Facility Management** Facility Management encompasses the operational functions of the Faculty's specialized facilities including:
  - o Artificial Turf Field Foote Field (Outdoor and Indoor Dome) and Lister Field
  - Aquatics Centre Van Vliet Complex
  - o Beach Volleyball Courts Lister Field
  - Clare Drake Arena Van Vliet Complex
  - o Curling Rink Saville Community Sports Centre
  - Fitness Centres Hanson Fitness & Lifestyle Centre (Van Vliet Complex); Saville
     Community Sports Centre
  - o Gymnasiums, Studios and Multi-purpose rooms North and South Campus
  - o Sport Performance Centre Saville Community Sports Centre
  - o Labs, Research Spaces, Classrooms, and Offices North and South Campus
  - Premier Grass Field South Campus
  - Outdoor Track Foote Field
  - o PAW Centre Van Vliet Complex
  - Tennis Centre Saville Community Sports Centre; Outdoor Centre Michener
     Park
  - Universiade Pavilion Van Vliet Complex
  - Wilson Climbing Centre Van Vliet Complex

The Campus & Community Recreation unit provides a safe, efficient environment to enhance the day to day experience for faculty, staff and students at the University of Alberta. Roles of staff members range from facility maintenance and upkeep, to facility allocation and program development and delivery.

**Example:** The Campus & Community Recreation unit manages over 800,000 sq.ft. of space on two campuses.

3. Client Engagement – The client engagement unit of Campus & Community Recreation provides service and support to internal Faculty of Kinesiology, Sport, and Recreation (KSR) clients (academic and non-academic) as well as to external clients (other faculties and the community). Client Engagement is comprised of:



- a. Customer Service Centre and InfoDen The Customer Service Centre (CSC) and InfoDen provide online, over the phone, and in-person customer service, processing registrations and financial transaction services through the recreation management software system. The CSC and InfoDen provide a variety of services for KSR including:
  - i. Recreational, fitness & youth program registrations (including camps)
  - ii. Varsity merchandise sales
  - iii. Intramural registrations
  - iv. Club sports registrations
  - v. Facility contract payments
  - vi. Firefighter testing fees
  - vii. Academic Lab Fees
  - viii. Academic and conference registrations

The CSC and Infoden administer well over 33,000 transactions and \$3.8 million annually. This high volume area provides 60+ hours of customer service per week and serves as a general point of information for sporting events, recreation programs and online access.

- b. Facility Services Facility Services functions as an important hub for all Van Vliet Complex facilities and activities. Services provided by this unit include:
  - i. Oversight of facility usage including facility security and monitoring;
  - ii. Support for special events including equipment and facility set up and take down:
  - iii. Facility membership sales;
  - iv. Locker, towel and equipment rental, pro-shop sales
  - v. Laundry service;
  - vi. Mail sorting and delivery;
  - vii. Equipment and maintenance and repair;
- c. Facility Allocation, Bookings and Events The facility allocation, bookings and events unit is responsible for the allocation and booking of space in the Van Vliet Complex, Saville Community Sports Centre, Foote Field, Lister, Corbett, Campus St. Jean and Varsity Fields. Along with KSR internal facility users, external users often book the larger spaces for local, provincial, national and international special events such as trade shows, conferences, and sporting events. A great deal of care is taken in facility allocation to ensure equitable and consistent space allocation and facility bookings. Staff members work closely with event organizers to facilitate and organize facility and equipment details, delivering



exceptional event services for which the faculty has long been noted.

d. Recreation Management Software (RMS) – The recreation management software system is used to manage a multitude of functions within KSR. Working with all areas within KSR, the RMS staff oversee software maintenance, data input, online registration, memberships, facility booking, payment processing, financial interface with the University, staff training, accounting and reporting, including future developments and upgrades. A high level of risk management is needed in the management of this system as it contains personal information of all clients and annual financial transactions of over \$7.2 million. An annual budget of \$225,000 supports the maintenance and upgrades to this system.

**Example**: Over 131,000 hours of bookings are coordinated through the Bookings/Events Facilitators on North Campus. Over 1000 hours of Intelli training are provided to over 200 KSR staff.

4. Facility Planning and Development – The Campus & Community Recreation unit leads the planning and facility development functions for new Faculty buildings as well as large scale upgrades. We liaise with University Architects and planners to ensure the current and future needs of the Faculty are met. This planning process will encompass both long and short term planning cycles. We provide expertise in developing facilities to meet the requirements for research, teaching and programming.

**Example**: An \$8 million renovation to the Van Vliet Complex change rooms was completed in May 2020.

5. Partnership/Relationship Fulfillment – The Faculty enters into a variety of partnerships to provide programming and develop new facilities, Campus & Community Recreation endeavors to build and maintain relationships with each new partner group.

**Example**: The City of Edmonton and the University have agreed to a Community Use Agreement for Foote Field which continues a long-standing arrangement to share the Foote Field facilities with Edmonton community groups.

Due to the nature of our many roles, Campus & Community Recreation touches many aspects of our Faculty. Campus & Community Recreation's goal is not only to successfully manage our own facilities and programs but to be a key partner in the success of each of the other Faculty units.



# Campus & Community Recreation Vision Statement

Inspiring and empowering exceptional life experiences through recreation, sport and wellness.

## Campus & Community Recreation Mission Statement

Facilitate and deliver leading-edge programs, events, services and facilities for our communities.

#### Values and Principles

#### Leadership

- Each employee has the responsibility to lead and makes daily decisions to live our values.
- To demonstrate leadership through our daily actions.

#### Collaboration

- Each employee makes valuable contributions to the success of Campus & Community Recreation.
- To strengthen our collective impact we share our passion, knowledge and time with other members of our community.

#### Kaizen

- Each employee seeks opportunities for continuous improvement in all aspects of work and self.
- o To improve our current practices we use all resources available to us.

#### Civility

- Each employee has the responsibility to communicate and act in a respectful, non-judgmental manner.
- To facilitate relationships and common understanding among diverse people we seek to create an environment that is considerate and respectful.

#### **Inclusiveness**

- o Each employee treats our various community members with grace and honor.
- o To foster an open community we are welcoming to all.



# Campus & Community Recreation: Staff

With over 70 full-time people working in a vast array of areas, Campus & Community Recreation staff touch every aspect of the Faculty. From teaching in undergraduate classes to instructing non-credit recreation and leadership development courses, and maintenance and supervision of specialized recreation facilities CCR staff engage with students, staff and the community on a daily basis and directly impact the client experience by creating safe, clean, and efficiently run programs, events, services and facilities.

Campus & Community Recreation staff are knowledgeable experts in their field of study and have a passion for the development of community within the campus.

#### Education

- o 13 Master's Degrees
- 48 undergraduate degrees
- 6 Certificates in various disciplines
- 1 Journeyman
- 1 staff member on the Joint Workplace Health and Safety Committee of the University
- 1 staff member on the Environmental Health and Safety Senior Administrators
   Committee
- o 1 staff member on Alcohol Review Policy Committee of the University
- o 1 staff member on the University of Alberta United Way Campaign Committee
- 1 staff member on the NASA Equity & Diversity Committee
- 1 staff member on the Pride Stakeholder's Committee
- o 1 staff member on the Emerging Leaders Program Team
- o 1 staff member on the Alberta Student Leadership Summit committee
- 1 staff member on the EDI Award Selection Committee
- 1 staff member on the International Day for Persons with Disabilities Committee
   (IDPD)
- o 1 staff member on the Campus Clean Air Strategy Working Group
- o 1 staff members on the University Office of Emergency Management Committee
- o 2 staff members on the Congress 2021 logistics committee
- 1 staff member on the Staff Advisory Team for the UofA for Tomorrow Transformation

Campus & Community Recreation staff members are passionate about their role in enhancing the student and staff engagement in University of Alberta. The CCR staff team has a strong balance of experience and new, innovative thinkers.

#### Years of Service



0 - 5 Years of Service
6 - 10 Years of Service
13 employees
11 - 15 Years of Service
7 employees
16 - 20 Years of Service
21 - 25 Years of Service
2 employees

25 + Years of Service 3 employees

Staff completed continuing education credits, presented and attended development sessions with the following areas:

 Alberta Fitness Leadership Certification Association

- Association of Canadian Mountain Guides
- Alberta Recreation and Parks Association
- ARPA/CACUSS Webinars
- o Campus Alberta Health Forum
- Canadian Society of Exercise Physiologists
- EHS Supervisory Training
- Fire Warden Training
- First Aid and CPR
- o IDEA
- McMaster University Online course in Evidence Informed Public Health
- Mental Health First Aid
- NIRSA Canada West Conference

- o NIRSA Collegiate Recreation
- International Federation of Sport Climbing
- ITF Canadian U18 Tennis
   Championship
- o Risk Management for Club Sports
- Risk Management for Recreation Professionals
- Student Affairs Assessment Institute
- o UA Advantage Program
- UA Customer Service level 1
- UA Facilitative Leadership Program
- UA Gold College
- UA Sexual Violence Prevention
- UA Supervisory Leadership Program
- Workplace Mental Health and Wellness for Managers and Supervisors

## Awards/Recognition

Greg Lembke, Associate Director with CCR was awarded the Academic Professional Officer and Faculty Services Officer Recognition Award

Campus & Community Recreation: Marketing and Promotions



Campus & Community Recreation (CCR) updates and seeks feedback on current and new programs through the following student groups that represent a diverse number of UA Faculties and Departments:

- Alberta Student Leadership
   Summit Conference
- First People's House
- Heroes for Health
- Healthy Campus Unit
- Orientation Network Committee
- Week of Welcome Committee
- Recreation Action Committee
- International Student Services
- o Intramural Sports Council
- Institute for Sexual Minority
   Studies and Services

- o Club Sports Council
- Campus Recreation
   Enhancement Fund Committee
- Athletic and Recreation Fee Policy Advisory Committee
- PAW Strategic Operating
   Committee
- Residence Services
- Student Wellness
- Students' Union Student GroupsOffice
- The Landing

#### Social Media and Website Analytics

- o CCR Instagram + IGTV (@UAlbertaRec) 2510 followers (45% increase),
- CCR Facebook (@UAlbertaRec) 4025 followers (20% increase), 3825 page likes, and 568,770 total impressions (comprised of 280,165 regular post impressions and 228,605 paid/ad impressions from Facebook ads). In addition, 79,330 impressions from paid/Instagram ads (\*Instagram paid ad data is calculated within Facebook's 'Ad Insights' reporting tool).
- o CCR Twitter (@UAlbertaRec) 2045 followers (10% increase)
- o CCR (New) Youtube Channel (launched April 2020) 265 subscribers, 3,000 video engagements, 30,000 impressions
- Campus & Community Recreation Website (uab.ca/recreation) 503,300 unique page views from visitors annually
- Activity Registration Website (activityreg.ualberta.ca) 1,045,800 unique page views from visitors annually
- o Activity Registration Website 3 minute 50 sec. average time spent on site
- o Saville Community Sports Centre Website (savillecentre.ca) 190,821 visits annually
- o Saville Community Sports Centre Website 1 minute 27 sec. average time spent on site
- o Saville Community Sports Centre Twitter followers 837 and 40,489 impressions
- Saville Community Sports Centre Facebook account 1104 page likes (7.6% increase)
- Saville Community Sports Centre Instagram account 646 followers
- o Saville Community Sports Centre Tennis Twitter Account 146 Followers



- University of Alberta Fitness Facebook 1,414 followers, 1,345 page likes
- UAlbertaFitness Instagram 1,496 followers
- Wilson Climbing Centre Facebook 2569 followers, 2467 page likes
- o Wilson Climbing Centre Instagram 1564 followers
- Saville Curling Twitter Account (@CurlingSaville) 82 followers
- o Saville Curling Instagram Account (@SavilleCurl) 298 followers
- Saville Facebook Page (Saville Curling) 70 page likes

In September 2019 CCR launched an awareness campaign – "My Move. My Moment." Our goal is to engage students, staff and Faculty members in the emotional moments when movement is enjoyed. The campaign is targeted to creating awareness of the joy and benefits of movement and those movement-based activities can be found at CCR. This campaign has been used to highlight our support for Mental Health Awareness and Pride throughout the past year.

CCR produces 3 program guides annually – Spring/Summer; Fall and Winter. The purpose of these guides is to provide a comprehensive description of program and facility opportunities on both north and south campus. The guides serve as the primary promotional tool for these programs and facilities. Throughout the year, the program guide information is augmented by posters, SUTV posts, social media posts, digital ads, and website information. Fall 2019's digital .pdf guide launch marked the first time its distribution has become completely paperless. Accessible for download on CCR'S Activity Registration website, this new medium intends to accommodate a growing trend in the way consumers access and share information—online. This marked transition substantially reduces annual print costs, saves paper, and reflects a more environmentally conscious approach to CCR's promotional tools and communication initiatives.

In response to the March 2020 COVID-19 Pandemic's facility closures and program cancellations, CRR further adapted the format of the Recreation Guide in June 2020, transitioning to a completely digital webpage-based format and can be accessed on both uab.ca/recreation and activityreg.ualberta.ca.

Due to COVID-19 facility closures, since the Spring of 2020 CCR started offering online/virtual fitness and recreation classes to students, staff, and community on social media (IGTV), Facebook, YouTube and Zoom platforms featuring: *Learn to Run, Stretch Breaks, Home Fitness Workouts and Natural Movement* series, as well as 1-hour live, virtual fitness and recreation classes free of charge. Several other resource tools were developed to promote physical activity and wellbeing from home, and were featured on a new "Stay Active, Stay Well" section of the CCR website. Since August 2020, when facilities re-opened for in-person, registered programming, CRR commenced offering 'hybrid' in-person classes in fall 2020 that are also live-streamed via the 'Virtual Fitness and Dance Term Pass'.



To help facilitate contact tracing safety measures, drop-ins are now offered via scheduled appointment on activityreg.ualberta.ca.

CCR also developed online active break videos for course instructors to link to or to embed in their online class information. This information was distributed campus-wide by KSR Associate Dean, Undergraduate.

## Campus & Community Recreation: Resource Management Allocation

Primary sources of income include (note revenue sources are considerably lower due to COVID cancellations effective March 2020):

- o Program Registration \$1,499,052
- o Facility Rental and Extra Fees \$1,257,917
- o Membership sales \$1,000,317
- o GO Partner Contributions \$1,222,121.00
- o Miscellaneous sales \$519,291

Sponsorship/Advertising Opportunities – cash value approximately: \$55,000 + annually

- o Big Rock Breweries cash and promotional items
- Hattricks Restaurant cash and in-kind items
- o Curling Ice Sheet logos cash and in-kind items
- Digital board and printed advertising sales
- Sherlock Holmes Pub gift cards and in-kind items
- o Garneau Chiropractic in Kind Items
- o Red Bull in kind items
- o Running Room in kind items

### <u>Student Fees for Athletic and Recreation – Athletic and Recreation Fee</u>

#### Athletics and Recreation Fee

The fee supports the provision of recreation, sport and wellness services, access to recreation and sport facilities and the administrative support for these services that benefit students, including varsity athletics, group exercise, intramural sports, instructional recreation, special events, sport clubs, personal training, sport development and recreation facility access including swimming pools, arena, climbing centre, fitness centre, pavilion, squash courts and gymnasia. This fee is assessed to all on-campus graduate and undergraduate students, full-time and part-time, through the UA Registrar's Office.

#### 2019-20 Athletic and Recreation Fee

\$82.00 per Full-time On-Campus student per Fall and Winter term



## \$41.00 per Part-time On-Campus student per Fall and Winter term

2019-2020	Athletic & Recreation Fee
Athletics	\$3,449,310
Campus & Community Recreation	\$2,299,540
LiveWell	\$ 140,000
Fund Development	\$ 100,000
Total	\$5,988,850

#### <u>Campus Recreation Enhancement Fund - Students' Union Dedicated Fee</u>

To be distributed to undergraduate student groups for the purpose of ensuring that programs, equipment, and facilities offered by the University of Alberta Campus & Community Recreation and Student Clubs remain high quality, diverse, convenient, accessible and affordable to undergraduate students.

### 2019-20 Campus Recreation Enhancement Fund Fee and Distribution

\$4.25 per student per term - \$313,828.93 allocated to thirty-three programs and student groups.

Campus & Community Recreation: Programming and Facility Management

### Environmental Health, Safety and Risk Management

The Faculty Environmental Health, Safety and Risk Management committee continued to grow its accomplishments. The presence of the committee has raised awareness of the safety culture within the Faculty.

The 2019-20 Committee Year Plan is outlined below:

Goal	Measurable	Outcomes
Working Alone policy/procedures	Review UofA Working Alone	Review completed and
review	procedure and implement	implementation initiated in specific
	procedure in KSR units	units within CCR.
Graduate Student Risk	Risk management and safety	Delivered during grad student
Presentation	practices presentation for KSR	orientation.
	graduate students.	
Update all KSR and CCR job	Job Fact Sheets and Position	All CCR Job Fact Sheets and
descriptions to include supervisory	Descriptions will include language	Position Descriptions include
training	to outline the positions role in	language to support safety role.
	safety.	



100% Supervisory Training	All identified supervisors within	100% CCR staff and most athletics
Completion for KSR	KSR and CCR to have completed	staff have completed training.
	supervisory training by September	Academic staff continue to register
	2018	for training.
KSR SportRisk Survey review	Review high hazard areas and	Reviewed Aquatics
	develop strategy to mitigate	
Club Sports Code of Conduct	Creating student athlete code of	Ongoing process.
	conduct protocols and training	
	program for Club Sport participants	

### **Aquatics Centre**

The Aquatics Centre houses two large indoor pools which are used for a wide variety of programming and are open for use by students, staff, Faculty and community members. It serves as a Provincial Training Centre for LifeSaving Society and offers learn-to-swim classes for children and adults; lifesaving, lifeguarding, instructor, CPR and First Aid certifications and recertification courses. Additionally, Aquatics also offers recreational swim and aquatic fitness classes.

- 43.5 hours per week for recreational student drop-in use through Athletic & Recreation fee access (31 hours) and CREF sponsored Early morning swims (12.5 hours), approximately 33 320 (63% students)
- Aquatics Programs offered 188; Run 151 (80.3%)
- Aguatics Program registrants 740 (19.5% students)
- Fill rate of aquatics programs 59.7%
- First Aid & CPR programs Offered 45; Run 40 (88.9%)
- First Aid & CPR registrants 320 (56.25% students)
- Fill rate for First Aid & CPR 65%

#### Clare Drake Arena

Located on North Campus, the Clare Drake Arena is the home of the Golden Bears and Pandas Varsity hockey teams and numerous Campus & Community Recreation programs. The arena is available on a weekly basis for programs such as "ice skating (learn to skate)", "stick and skate" and "drop-in skating". In addition, many hard-fought games of Intramural hockey are contested throughout the academic year.

 Over 188 hours per year for recreational student drop-in skating and "stick and skate" use through Athletic & Recreation fee access, with more than 2,300 dropin visits between September, 2019 and March, 2020;



- The Arena hosts almost 565 hours per year of Intramural hockey and student sport club use;
- More than 40 hours per year are available for "learn to skate" and conditioning programs;
- o 2 times per year a "Red Eye" ice tournament is hosted.
- o A Santa Skate was held in December and was attended by more than 70 skaters

#### Club Sports

The Club Sports program is designed to meet the recreational and competitive needs of the University of Alberta student community in a wide variety of sport and recreation activities. Student interest and dedication will lead to the development of Club Sports that will further students' extra-curricular and leadership experiences at the University of Alberta. Club Sports consists of 26 clubs, both competitive and recreational. All clubs are student-led, student-focused and student-delivered, each electing a student executive team to make decisions and lead the club. Clubs vary in their activities from holding intra-club tournaments/competitions; to local showcases, trips and competitions; while some compete on a national and international level, all representing the University of Alberta. The Program strives to provide a sustainable, fiscally responsible and engaging group structure while fostering student leadership, development and inclusivity.

## SEE the end of this section for a complete list of student clubs and activities.

- Memberships
  - Spring/Summer: 168 (119 Students, 49 non-students)
  - Fall/Winter (Sept- April): 1729 (1473 students, 256 non-students; 1597 unique)
- Events Off Campus Events
  - Bollywood Dance Club Students' Association Diwali event
  - o Cheer Team USA All-Star Championship, Pride Parade, K-Days Parade
  - Dance Team Edmonton Oil Kings game performance, Midway Performance Fundraiser
  - Lacrosse Club Harvest League Games
  - o Outdoors Club Over 40 trips across Alberta, BC and California
  - o Rugby Club Vancouver 7's Tournament
  - Rowing Club Calgary and Victoria BC regattas; Canadian University Rowing Championships
  - Scuba Club Narrow Lake clean up; Diving Trip
  - o Squash Club University Collegiate Squash Championships



- Swim Club Edmonton Masters Swim Meet, Foothills Masters Swim Club
   25th Annual Swim Meet, Making Waves 18th Annual Sprint Meet
- Synchro Westerns Calgary, AB
- o Triathlon Club X-Country Ski Night
- Ultimate Club Prairie Nationals, Frostbite Open, A4UC (Alberta 4v4 Championship
- Water Polo Club Seattle Open Seattle, WA

## Cooperative Programming

Campus & Community Recreation delivers recreational programs and services in collaboration with other areas of the University of Alberta, such as the First Peoples House, Students' Union, Dean of Students Office, University Health and Wellness, Residence Services, International Student Services, International Centre, CAPS, On-Campus, The Landing and Health Promotion and Worklife Services and various student led groups across campus.

## Curling

One of the crown jewels of sporting facilities, located within the Saville Community Sports Centre, the curling facility offers a range of programming and training opportunities unmatched anywhere in the curling world. The facility hosts community league play from September to March annually and boasts over 900 curling visits on a weekly basis. The facility is also the training ground for many of Canada's top curlers, and is recognized as a National Training Centre, attracting curlers from across Canada and around the world to experience the world-class ice conditions.

- Fifteen leagues hosted from October March annually, including Mixed, Men's,
   Open, Seniors, Men's Super League, Youth (U9, U12, U15, U18), Doubles, and
   Summer Leagues
- Seven leagues facilitated by us and organized by others including Men's Super League, Agriculture/Forestry and Edmonton Sport and Social Club.
- Host of the Booster Juice Shoot-Out. In September 2019 we hosted 30 of the top women's teams across the country.
- Multiple learn to curl and beginner leagues such as Smart Start and Rookie League.
- Home of the Varsity Bears and Pandas Curling Teams and the Canada West Curling Championships in February.
- In 2019 the curling rink floor was painted so as to provide a shorter install time for the future and promote sustainable practices.
- o Instructional programs had 30 registrants with a fill rate of 94%.



#### Foote Field

Foote Field, which opened in 2001, is a multi-sport training and competition facility which features a full-size artificial turf field; a full-size premier grass field; an eight-lane track with facilities for jumping (high jump, pole vault, long jump and triple jump) and throwing (shot put, discuss, javelin and hammer throw). In addition to this, the facility contains meeting room space and locker rooms, press boxes overseeing the artificial turf field and the premier grass field/track, as well as two electronic scoreboards.

An air supported structure (dome) was installed over the artificial turf for the fourth season starting November 25th, 2019 but was closed early on March 16th, 2020 due to COVID-19. The facility encompasses the entire football field, 4 – 120 metre sprint lanes and a long jump pit. During the dome season the artificial turf field is set up to be used in full field, half field and quarter field configurations.

- Foote Field hosted 20 Varsity related sporting events including Golden Bears football conference games, Pandas Soccer conference games, Golden Bears soccer conference games, and Pandas Rugby conference games.
- Home of the Golden Bears football, Golden Bears and Pandas soccer, and Pandas rugby teams;
- Foote Field facilitated 49 events and programs with a combined total of 20,850 participants and spectators.
  - o Highlight events:
  - o Cardiff FC & Real Valladolid Team Practices
  - o Rugby Canada U18 Camp
  - o CFC Top 100 football combine
  - o Canada West Rugby 7's 2020
  - o Metro Edmonton Unified Bocce Tournament
- Foote Field had 30 events cancelled due to COVID-19 from March 16th June 30th 2020

#### **Group Fitness**

Group fitness programs are delivered on both north and south campus and are aimed at developing active, healthy participants. Programs ranging from Meditation to Tabata; Yoga to Spin; TRX to Zumba offer a variety of challenges to suit the interests of any level of participant.

Instructors – 60 different instructors

2017-18	2018-19	2019-20



	Student	Non- Student	Total	Student	Non- Student	Total	Student	Non- Student	Total
Registrations	2,669	1,568	4,237	2,170	1,847	4,017	1157	1162	2319
Term Drop-In			101			60			34
Single Drop-In			4,472			3,180			192
10 Drop-In Pass									156
Classes Offered			367			327			269
Classes Ran									211

Note: 2019-20 totals are lower as a result of facility closures in March 2020 due to COVID.

### Hanson Fitness and Lifestyle Centre

The Hanson Fitness and Lifestyle Centre offers over 27,000 square feet of floor space housing over 75 pieces of cardio equipment, 3 large synergy multi-stations, 14 squat racks, a well-equipped heavy lifting area with 6 platforms for Olympic lifting and 5 ER racks and benches for PowerLifting, along with Competition Eleiko plates and bars for both sports. The Hanson Fitness and Lifestyle Centre is a welcoming space for all individuals and offers a variety of accessible equipment for people living with disabilities.

- Services: Customized Individual fitness training sessions, semi-private group fitness training for groups of 2-5 people and nutrition consultation services. All services are offered at reduced registration fees to University of Alberta students;
- The HFLC provided over 261.5 hours of personal training and nutritional counselling services to the U of A staff and graduate students through the benefits service option via Human Solutions;
- The HFLC provided over 1763 hours of personal training and nutritional counseling services to U of A students, staff and community members;
   100 hours per week for student drop-in use are provided through Athletic & Recreation fee access, approximately 512,000 student drop-in uses annually;

## Instructional Recreation Classes



Instructional Recreation Classes introduce individuals to beginner and higher levels of knowledge and skill in a myriad of recreation and leisure activities. The goal is to learn new skills that have continuous use for a lifetime.

Instructional Recreation programs include Dance, Martial Arts, Sport Skills and Leisure & Crafts classes. There are currently 24 different types of dance classes offered. All of these types of dance classes are taught at an introductory level. For some types of dance, there are also intermediate and advanced levels.

There are currently 12 different forms of Martial Arts classes offered. These Martial Arts are all offered at a beginner level, with some forms of Martial Arts also having intermediate and advanced levels.

In the area of Sport Skills, the Learn to Skate classes have been extremely popular, especially with International Students.

In the area of Leisure & Crafts classes, there have been a variety of classes including Paint Night, Plant Night, and Cross-Stitch Night.

Dance Classes

Classes Offered: 85

o Classes Run: 52

o Total Registration: 826

Martial Arts Classes

o Classes Offered: 76

o Classes Run: 64

Total Registration: 1165

Sport Skills Classes

o Classes Offered: 18

o Classes Run: 16

o Total Registration: 156

Leisure & Crafts Classes

o Classes Offered: 17

o Classes Run: 10

Total Registration: 71

Hosted Events

1 Santa Skate – 71 participants

#### Intramural Program



The Intramural Sport program provides a recreational sporting experience to all members of the University community. While students are the primary focus, the program also supports active living for University of Alberta staff, Faculty, alumni and community members. The Intramural Sport program is structured for team and individual competitions and there are levels suitable for everyone, from the highly skilled to the beginner player. The Intramural Sport program runs year-round, with approximately 5-8 community leagues in the Spring and Summer, and approximately 36 leagues and 10 tournaments throughout the Fall and Winter seasons. The program offers Open, Women's and Co-Recreational Divisions.

- Hosted League and Tournament: participation 34, 941
- Participation 84% of participants are University of Alberta students; 16% are nonstudents (Faculty, Staff, Alumni and Community)
- 37 sport activities (various tournaments and leagues) see the end of this section for details

#### Wellness

Campus & Community Recreation is committed to supporting the physical, mental and social well being of students and staff. The wellness priority areas include increasing physical activity levels, reducing sedentary behaviours, and supporting overall mental health. Wellness initiatives are designed to influence one of four areas; supporting personal development, creating community connectedness, strengthening places and spaces, and building wellness policies and processes. CCR brings wellness to the forefront by providing educational opportunities and experiences in the areas of physical activity, exercise, nutrition and general health education. The initiatives focus on developing and expanding key relationships with University of Alberta Wellness Services and other campus services to support student wellness on our campus.

### <u>Supporting Personal Development:</u>

- Special Event Requests CCR supported 9 special event requests for student and staff groups ranging from leisure programming like paint nights to fitness, mindfulness and capacity building activities
- Get Active Get Well Initiative PhD student Elaine Ori developed a campus based research program to understand how physical activity may support student wellness.
   The data collection phase is completed and the physical activity program continues under the direction of CCR
- PAWS Research Program PhD student Kim Curtin worked with CCR to develop a research based recreation program to understand how physical activity and health education can support international student mental health outcomes. The research program began in September 2019 and ran for 1 semester. 15 students participated in



stage 1 and enjoyed their experience with CCR. The study is currently on hold as a result of COVID-19 and will resume once restrictions are lifted.

## **Creating Community Connectedness:**

- Happy Hour Fitness Initiative The CCR fitness team ran four Happy Hour Fitness events
  to encourage the campus community to substitute binge drinking behaviours with
  positive physical activity behaviours. A range of activities were offered to encourage
  engagement and build community in the fitness centre environment
- Heroes for Health Grant Initiative -There were six recipients of the grant that CCR supported to help build a healthier campus community. Recipients were:
  - Angela Chytracek- Augustana Library Wellness Space
     Sarah Wilkes- Faculty of Education Wellness Room
     Mason Schindle- Fentanyl Test Kits: A Safety Measure to Prevent Fentanyl Overdoses On/Off-Campus
     Suman Varghese & Robert Desjardins- Grad School Confidential Podcast
     Susan Zhang- Menstruate With No Stress: Implementation of Free Menstrual Hygiene Dispensers on Campus
     Eileen Santos- Siesta Power
     Christine Williams- Wellness and Community Connection Kits
- CCR supported the #ualbertacares campaign presented by the DOS office and students from the Peter Lougheed Leadership College. The goal of the campaign was to build awareness on mental health issues affecting post secondary students
- Workout Buddies Initiative CCR matched 33 workout buddies and provided opportunities to participants in a variety of recreation areas

O Harman Kahlon-Wellness Hub

- Staff Winter Wellness Event CCR hosted a staff wellness event in collaboration with Human Resource Services, providing an opportunity for staff to get moving and connect with fellow colleagues across campus
- Wellness Fair & Heroes for Health Launch CCR hosted 18 vendors at our annual wellness fair. Participants were invited to learn about the Heroes for Health grant initiative at the launch event hosted during wellness fair

## **Strengthening Places and Spaces:**



- Treadmill Desk Initiative The Treadmill desk initiative has expanded to 4 libraries on campus. Library wellness staff have hosted challenges during midterm and exam season to encourage students to take a break and get moving!
- Rec Recess Initiative The Rec Recess initiative encourages students studying/working on campus to take frequent activity breaks. Our mobile team finds unique ways to get students moving for short periods of time while sharing information about physical activity and wellness resources available to them on campus

#### <u>Outdoor Recreation Programs</u>

The outdoor trips offered by Campus & Community Recreation provide an introduction to outdoor recreation using Local, Civic and National parks. These trips provide a basic level of instruction on canoeing, camping, hiking, snowshoeing and ski and snowboarding so that participants can feel comfortable participating in these activities on their own.

o Trips Offered: 1

o Registrations: 137; 91 students and 46 non-student; 137 unique

#### Residence Recreation Facilities and Programs

Campus & Community Recreation works cooperatively with Residence Services to provide activities and equipment in residence halls such as Lister, East Campus Village and Hub on north campus as well as Campus Saint-Jean.

Campus & Community Recreation also partners with Residence Services to provide "Find What Moves U" events during Lister BaseCamp and East Campus Village Eastern Ascent. This program targets all first year students living at Lister Hall and upper year students living in East Campus Village. Students are invited to the Van Vliet Complex where they experience various sports, group exercise and dance activities within a 2 hour time frame. Campus & Community Recreation also provides two or three classes during BaseCamp that are hosted at the David Tuckey Gym at Lister Residence.

Campus & Community Recreation partners with Lister Hall Student Association to organize and implement "Lister Olympics". This is a two day event which has 16 different teams (160 residents total) represent their respective floors and compete in various sporting events. Thisl culminates in a Division 1, 2, 3, and 4 final where the top teams in each division square off in Dodgeball to see who the best floor is. This helps introduce students to our Intramural Program and engage them in a great physical and social atmosphere.

Campus & Community Recreation oversees the cleaning and equipment maintenance in the Lister, Michener Park, Campus Saint-Jean, Peter Lougheed Hall, Nipisiy and Thelma Chalifoux residence fitness centres. Throughout 2019-20 Campus & Community Recreation has worked



with Residence Services to ensure that all of the fitness equipment located in these facilities is safe and of commercial quality. Campus & Community Recreation is continually working with Residence Services to improve these fitness spaces to ensure students have an excellent workout experience.

## Saville Community Sports Centre - East and West

The Saville Community Sports Centre is home to 350,000 square feet of recreation space including Canada's largest hardwood installation, featuring 12 hardwood gymnasiums, lined for basketball, volleyball, and badminton as well as a world class gymnastics facility operated by Ortona Gymnastics. The 4,000 square foot fitness centre is stocked with state-of-the-art cardio and strength-training equipment. Add 8 championship-level indoor tennis courts (and 9 outdoor courts), 10 sheets of championship-level curling ice, meeting rooms with smart technology, fitness studios, a pro-shop, lounge and bar. Put under one roof, the Saville Community Sports Centre is one of Canada's finest community sports facilities.

- Memberships: 4842 ( 20% decrease)
- The facility hosted 150+ events with over 125,000 participants and spectators above and beyond the regular league play that takes place during the weeknights.
- Events were highlighted by:
  - Canada Basketball Senior Women's National Team training camps
  - Team Canada Sitting Volleyball team training
  - University of Alberta Memorial Service Flight PS752
  - Basketball Alberta Youth Provincials
  - Greater Edmonton Teachers' Convention Association
  - Jr. Grads Great Canadian Basketball Tournament
- Approximately 24,927 participants for drop-in basketball, badminton, volleyball family fun, walking track and fitness centre.
- 14 Academic classes took place at Saville Community Sports Centre including Secondary Education; PAC Gymnastics, PAC Resistance Training; PAC Curling, PAC Volleyball, PAC Tennis, PERLS 207 (Adapted Physical Activity and Leisure for Diverse Populations) and KIN 572 (Coaching Practicum).

### Saville Community Sports Centre Fitness Centre

Saville Community Sports Centre Fitness Centre is a small but active community oriented fitness facility. This 4,000 sq.ft space is outfitted with a series of top of the line cardiovascular



and strength training equipment. In partnership with the Steadward Centre, the facility hosts a community transition program of which Steadward Centre (serving clients living with physical disabilities) clientele are transitioned from the specialized facility into a community fitness centre.

- o 98 hours per week are available for active participation
- The SCSC Fitness Centre offers customized individual fitness training sessions, semi-private group fitness training for groups of 2-5 people in a package. All services are offered at reduced registration fee to University of Alberta students.
- The SCSC Fitness Centre provided over 1700 hours of personal training and services to U of A students, staff and the community.

#### Special and Philanthropic Events

Campus & Community Recreation delivers Special Event and Philanthropic opportunities to enhance student engagement and support the Campus and Edmonton communities.

- o Turkey Trot for the United Way and Campus Food Bank
- Find What Moves You Event for Campus Partners such as Campus Saint-Jean, East Campus Village, Aboriginal Students Transitions, International Students and Lister Students, Global Academic Leadership Program, International Community Education
- o RecStock Community Builder Event
- Big Pink Volleyball for Breast Cancer Society
- Pond Hockey Tournament
- o CCR Wellness Fair with University of Alberta providers
- Winter Walk

#### Sport and Health Assessment Centre

The Sport and Health Assessment Centre (SHAC) provides sport performance, fitness and health assessments for the Edmonton surrounding community as well as for sport teams and individual athletes from anywhere in the world that may be training or competing in Edmonton. This centre provides services to the individual, athlete, or team.

The priority of the Sport and Health Assessment Centre is to provide access to fitness and health assessments, many of which are not available elsewhere due to the type of equipment and expertise required.

SHAC employed approximately 17 casual staff throughout 2019-20 and provided volunteer opportunities for approximately 40 students throughout the year.



During the 2019 – 2020 academic year, The Sport and Health Assessment Center provided the following:

- 1. Varsity Program completed fitness assessments on 397 varsity athletes for preseason and postseason.
- 2. School Academy Programs completed fitness assessments on approximately 231 athletes during the academic year.
- 3. Fitness testing for local Edmonton and surrounding community individuals and athletes (e.g. local and elite hockey players, runners, triathletes, biathletes/cross country skiers, cyclists, masters athletes, as well as recreational participants interested in improving physical fitness for health, etc.).
- 4. Complete fitness testing for Provincial Sport Organizations.
- 5. Complete fitness testing for the Volleyball Canada REP program 3 times a year.
- 6. Complete fitness testing on approximately 98 athletes at the Edmonton area RBC training ground.
- 7. Complete medical isokinetic muscular strength and power testing on athletes returning from injury. These include professional athletes (Edmonton Oilers and Eskimos), national athletes (basketball Canada) as well as varsity
- 8. School field trips lab related tours and fitness testing to approximately 20 schools from the Edmonton and surrounding communities (Sturgeon county, Black Gold and Strathcona County school districts).

## Tennis Centre - Indoor and Outdoor

The Tennis facilities at University of Alberta include 8 indoor courts located at Saville Community Sports Centre on South Campus and 9 outdoor courts located at Michener Park at 121 Street and 51 Avenue. The outdoor facility was originally built for the 1983 World Universiade Games and has remained a primary teaching and casual play location in the City. The outdoor centre hosts several outdoor tournaments including the ITF U18 international tournament in July each year. The indoor centre serves as both a teaching and membership play facility. Tennis Canada has upgraded the centre's designation from Silver to Gold status.

- The Tennis Centre serves over 700 members utilizing the facility on an average of 2-4 hours per week;
- The Tennis Centre provides instructional programs for over 900 youth and adults of all levels.
- o The facility is the only National Tennis Development Centre in Edmonton.

Members	2017-18	2018-19	2019-20



Members per fiscal year	755	744	712
Lessons			
Adult lessons participants	574	552	546
Junior lessons participants	188	28	24
	762	580	570
Summer Performance Programs			
Orange/Green/&12 Program Participants	50	144	92
Adult Camps Participants	89	50	110
	139	194	202
Programs			
National Program Participants	27	23	28
U18 Performance Program Participants	8	12	14
Red Program Participants	12	13	12
Orange & Green Performance Participants	19	26	25
U12, U14 Grandfather Participants	24	16	4
Orange/Green/U12 Challenger Participants	22	6	18
U14/16/18 Challenger Participants	31	36	11
Orange/Green/U12 Fundamentals Participants	35	20	16
U14/16/18Fundamentals Participants	4	7	16



Varsity Program Participants	21	24	19
	203	183	163
Leagues			
Single Box League participants	95	93	90
Doubles Leagues participants	54	54	50
Summer Interclub participants	32	36	discontinued
Summer Elite League	42	50	52
	223	233	192
Events			
Club Events	1	1	1
Provincial Junior Events (National Qualifying)	8	8	7
National or International Events	2	1	1
Open Sanctioned Events	2	2	2
Play Tennis Sanctioned Events	6	6	6
Provincial U9 & U10 Events	5	5	3
Varsity Events	3	3	5
Fundraising Events	2	2	1
	29	28	26

# **Sport Performance Centre**



The Sport Performance Centre (SPC) is a 9,000 square foot fitness centre complete with squat racks, Olympic lifting platforms, spin bikes, mobile small equipment and a large open space for functional movement. The SPC is home to over 500 Varsity athletes and 450 pre-varsity athletes, as well as a number of athletes competing at the national and international level.

The Sport Performance Centre boasts three lead coaches for the Varsity Level, one lead coach for the pre-varsity level, one lead coach in the area of Return to Performance, and two assistant coaches working towards a Masters Degree in Strength and Conditioning and three casual assistant coaches. The SPC also hosted KSR and NAIT practicum students throughout the 2019-2020 academic year.

In the past year, the SPC has housed the following training groups:

- Team Canada Women's basketball
- Team Canada Men's and Women's sitting volleyball
- Team Canada athletes from various sports; Men's rugby 15s, bobsleigh, athletics, curling, and synchronized swimming
- Green and Gold Sport System partnered school groups; Riverbend Sport Performance and Athlete Academy
- High School Sport Performance school class field trips
- ASDC partnered training groups, such as: REX soccer, Volleyball Centre of Excellence, Curling Alberta, Volleyball Alberta, and Rugby Alberta.
- Junior Bears and Pandas training groups from the following sports: hockey, soccer, basketball, curling, tennis, rugby. As well as club sport training groups for climbing and rowing.

The Sport Performance Centre also initiated a new Sport Performance Internship that provided 6 KSR undergraduate students with hands-on experience in the area of strength and conditioning and physical testing.

#### Van Vliet Complex

The Van Vliet Complex is the primary recreation and sport facility on north campus. The complex, which encompasses the Physical Activity and Wellness Centre, supports a variety of activities including swimming, skating, gymnasium use, fitness, running, soccer, squash, racquetball and a variety of exercise and dance studios. Students receive access to the Van Vliet Complex facilities through the Athletic and Recreation fee. Community members are welcome to utilize the facilities through a membership and pass program.

#### Memberships and Passes



	Year end June 30 2017	Year end June 30 2018	Year over Year % change	Year end June 30 2019	Year over Year % change	Year end June 30 2020	Year over Year % change
# of Memberships and Passes Sold	6671	7750	16% increase	11,203	44% increase	5356	52% decrease
Revenue generated from Memberships and Passes	\$280,372	\$375,266	26% increase	\$317,573	15% decrease	\$204,091	36% decrease

Note: WC Change Room renovations resulted in reduced membership sales.

# Lockers, Pro Shop, Towel Service

	Year end June 30 2017	Year end June 30 2018	Year over Year % change	Year end June 30 2019	Year over year % change	Year end June 30 2020	Year over Year % change
# of	3138	3244	3.7%	2608	19%		44%
Lockers			increase		decrease	1466	
Rented							decrease
_						<b>.</b>	
Revenue	\$265,387	\$59,911	77.4%	\$227,722	280%	\$110,140	52 %
generated			decrease		increase		decrease
from							uecrease
Lockers,							
Pro Shop,							
Towel							
Service							

Note: WC Change Room renovations resulted in reduced locker sales.

# Wilson Climbing Centre

The Wilson Climbing Centre is a modern indoor climbing structure. It was designed in an iconic, purpose built building creating a new gateway to the University of Alberta's North Campus. The facility staff members are driven by a passion for climbing and are committed to promoting



physical activity as a healthy lifetime pursuit. The climbing programs cater to people of all climbing abilities from beginner to high-performance athletes.

The Climbing Centre consists of a 1,700 square foot bouldering lounge, a 7,000 square foot High Wall Loft, 19 Anchors for Top Roping and 16 Anchors for Lead Climbing. Generally, the facility effectively delivers 4 services:

## Drop-in Climbing

O Highwall (top rope and lead) climbing and bouldering is available for students(through Athletic and Recreation Fee); Alumni, members, and public patrons can access drop-in through one-time admission fee or membership purchases

## Programs

- O Our youth programs cater to a wide range of participants, ranging from toddlers (who have never been in a climbing gym before), to youth competitive climbers (competing in regional and national level competitions)
- O The Wilson Climbing Centre also offers a variety of programs for adults, focusing predominantly on teaching post-secondary level high-wall climbing skills to the university community and general public

#### Memberships

- O Recurring (i.e. monthly account withdrawal) and fixed term (i.e. 1 month, 4 month, and 1 year) climbing memberships can be purchased by public patrons;
- Bookings, events, and competitions
  - O Birthday parties, private group bookings, school field trips, private climbing lessons, and sanctioned climbing competitions

From 2019-2020, the Wilson Climbing Centre continued to expand it's programming (offering 104 programs total). Additionally, the facility hosted over 200 group bookings, 76 private climbing lessons, multiple sanctioned Alberta Climbing Association climbing competitions, and several other events. Specific details regarding the 2019-2020 year can be found below:

#### o Drop-in numbers

- o Public drop-ins (i.e. \$14.00, single day pass purchases): 4810
- Member drop-ins (i.e. student, staff, and recurring/fixed term member check-ins): 13760

#### New memberships

- Paid membership (i.e. recurring or fixed term climbing memberships):
   113
- Access memberships

Boulder: 3777Top rope: 837

Lead: 715

- o Programs
  - 104 programs (928 registered participants)

Winter: 33 (361 registered participants)

Spring: 28 (194 registered participants)

Summer: 11 (75 registered participants)

Fall: 32 (298 registered participants)

- Climbing Community Competitions (i.e. "Wall Brawls")
  - 21 local competitions (344 registered participants)

Winter: 9 (111 participants total)

Spring/Summer: 3 (39 participants total)

Fall: 9 (194 participants total)

- Sanctioned Climbing Events (Alberta Climbing Association)
  - o 2019 Youth Rope Climbing Provincials (170 registered participants)
  - 2019 Youth Boulder Provincials (134 registered participants)
- Other Events Hosted
  - Alberta Climbing Association Youth Training Camp (36 participants)
  - Competition Belay Clinic (15 participants)
  - Youth Wall Brawl (29 participants)
  - Redbull Sponsored Will Gadd meet+greet and Climbing Clinic (in conjunction with the U of A Climbing Club)
  - 2 Redbull sponsored "DJ and Climb" Nights (in conjunction with the U of A Climbing and Outdoors Clubs - 224 participants total)
  - o RCMP rappelling, belaying, and highwall training
  - Black Diamond Shoe Demo
- New Programs/Events
  - Development Team
  - o Route setting 101
  - Bouldering 101
- Groups with Climbing Wall Bookings (>200 bookings total)

Adaptabilities®

Riverbend Junior
 High (via Green and
 Gold Sport System)

University of AlbertaClimbing Club

Clover Bar Junior High

- St. Theresa Junior High
- DS MacKenzie Junior High
- Beacon HeightsJunior High



- KSR International & Community
   Education Office
- Vimy Ridge JuniorHigh
- NAVC Female volleyball team
- o Free2BMe
- Avalon Junior High
- Fultonvale JuniorHigh
- S Bruce Smith Junior High
- Nellie Carlson Junior
   High
- Archbishop JordanJunior High
- Ecole Leduc Junior High
- o Ross Sheppard High
- o Innisfail Junior High
- Lamont High
- McKernan JuniorHigh

- UAlberta National Recruitment
- o St. Pius X Elementary
- Virginia ParkElementary
- ActiveU (U of A Campus and Community Recreation)
- Sun Life Financial "Amazing Race"
- Kids with Cancer Society "Amazing Race"
- Mount Carmel Junior
   High
- U School (U of A Senate)
- Michael Phair Junior High
- Ronald HarverySchool
- Lilian Schick School
- KSR FacultyChristmas Climb

#### O Private lessons

O 76 private climbing lessons delivered

#### Academic Courses

- o PAC 182 2 Fall and 2 Winter terms; 1 spring, 1 summer session offered
- o KIN 205 6 sections taught High Wall Climbing Basics
- Concordia University Outdoor Education Classes

### Work Physiology Laboratory

The Work Physiology Laboratory completes physical aptitude testing for various organizations to help screen applicants during the firefighter recruitment process. Our primary test,



developed and updated here at the University of Alberta, is used for structural firefighting. We work locally and nationally with various fire departments and testing sites to develop best practices in the field of physical employment standards.

Physical aptitude testing must be conducted with reliability and precision. As part of Campus & Community Recreation and the University of Alberta, we are highly qualified to complete this task with rigor. It also provides an opportunity to educate students, staff and the community about this important intersection of research and practice.

We employ about 20 casual staff throughout the year to help conduct testing and teaching activities. This includes undergraduate and graduate students as well as recent graduates of the faculty.

Within the Faculty of Kinesiology, Sport, and Recreation we assist with teaching undergraduate courses and we create opportunities for students through our practicum placements. We have also undertaken original research projects in the areas of occupational and environmental physiology including collaborative projects with other laboratories.

After shutting down in March due to the COVID 19 pandemic we substantially changed our operating procedures to mitigate the risk of COVID 19 transmission while still offering high resolution physical aptitude screening. With the new procedures operations resumed in August of 2020.

During the 2019 – 2020 academic year, The Work Physiology Laboratory provided the following:

- More than 400 physical aptitudes tests for 9 fire departments
- o Experience sessions in partnership with Edmonton Fire Rescue Services
- Consultation with other groups engaged in physical aptitude testing including the University of Victoria and the Ontario Fire Administration
- Collaborative initiatives with practicum students and local law enforcement organizations
- Teaching support for undergraduate courses including the specialized KIN 411
   Physiology of Emergency Response Occupations
- Placements for two practicum students
- Physical preparation classes offered jointly through the Hanson Fitness and Lifestyle Centre

#### Summary



Campus & Community Recreation plays a vital role in the recruitment and retention of students at the University of Alberta. CCR programs create and engage the University community and enhance the student life experience. The Faculty of Kinesiology, Sport, and Recreation's extracurricular programs offer physical, psychological, and social benefits for University of Alberta students. Based on the research that indicates participation in the University recreational sports may lead to greater satisfaction with the collegiate experience, University of Alberta Campus & Community Recreation programs strive to enhance the student experience and be a leader in campus recreation program delivery in North America.

Campus & Community Recreation 5 year statistics

Program	2015-16	2016-17	2017- 18	2018-19	2019-20
Intramural Sports	12,728	11,739	11,333	9,953	7837
Group Fitness	4,100	4,267	5,048	4,490	2319
Instructional Recreation	2,607	2,471	2,438	2,667	2,218
Safety Programs	672	935	427	477	464
South Campus Recreation	included group ex.	in Included group ex.	in Included ir group ex.	Included ir group ex.	Included in group ex.
Club Sports	3,842	2,310	2,166	2,134	1897
Outdoor Recreation	1,490	354	580	591	137
Residence Recreation		493	420	380	numbers distributed within other areas
Special Events	1,284	1,473	1,808	1,915	908
Aquatics Programs	661	885	755	779	645
Aquatics Lifesaving	222	179	109	129	95
Climbing Programs	1,520	1,699	4,071	1,443	1656
Totals	26,998	30,850	29,873	30,357	18,176



Note: Closures and cancellations due to COVID-19 resulted in reduced participation numbers.

# Campus & Community Recreation UA Student Participation

Program	2017-18			2018-19			2019-20		
	Total Registr ant	UA Student Registrant	Studen		UA Student Registr ant		Total Registra nt	UA Student Registr ant	
Intramural Sports	11,333	10,134	89%	9,953	8,294	83%	7837	6617	84%
Group Fitness	4,237	2,669	63%	4,017	2,179	54%	2319	1157	49.9%
Instructional Recreation	2,438	1,712	70.3%	2,667	1,787	67%	2,218	1,436	64.7%
Safety Programs	935	841	68%	47			464	180	38.8%
Club Sports	2,166	1,915	88%	2,134	525	75.4%	1897	1592	83%
Outdoor Recreation	591	460	78%	591	460	78%	137	91	66%
Residence Recreation	420	420	100%	380	380	100%			numb ers distrib uted within other areas
Special Events	1,808	1,221	68%	1,915	1,700	908	908	716	80%
Aquatics Programs	1061	420	39.6%	779			645	103	15.9%.
Aquatics Lifesaving	185	128	69.2%	129			95	42	44.2%
Climbing Programs	4,971	2,476	61%	1,443	493	34%	1656	586	35.4%



Totals	29,546	22,675	78%	24,05	15,818	65%	18,176	12,520	69%
				5					

# **CAMPUS & COMMUNITY RECREATION PROGRAM DETAILS**

# 2019-2020 Intramural Sports (0=0pen, W= Women's, C=Co-ed)

Spring/Sum Fall 2019 mer 2019		(0,W,C)	Winter 2020 (0,W,C)		
<ul> <li>Beach Volleyball</li> <li>Ice Hockey</li> <li>Slo-Pitch</li> <li>Soccer</li> <li>Ultimate Frisbee</li> </ul>	<ul> <li>Ball Hockey</li> <li>Basketball</li> <li>Beach Volleyball Tourname nt</li> <li>Dodgeball</li> <li>Flag Football</li> <li>Futsal</li> <li>Golf Tourname nt</li> <li>Ice Hockey</li> </ul>	<ul> <li>Innertube Waterpolo</li> <li>Red Eye</li> <li>Slo-Pitch</li> <li>Soccer</li> <li>Ultimate Frisbee</li> <li>Volleyball</li> <li>Big Pink Volleyball</li> <li>Unified Sport</li> <li>Walleyball</li> </ul>	<ul> <li>Ball Hockey</li> <li>Basketball</li> <li>3 on 3 Basketball Tournament</li> <li>Dodgeball</li> <li>Flag Football</li> <li>Foote Field 5's: Soccer</li> <li>Futsal</li> </ul>	<ul> <li>Ice Hockey</li> <li>Innertube         Waterpolo</li> <li>Lister         Olympics</li> <li>Pond Hockey</li> <li>Red Eye</li> <li>Volleyball</li> <li>Walleyball</li> <li>World Cup of         Futsal</li> </ul>	



# 2019-2020 Group Exercise Class Types

Cycling	Mind/Body Fitness	Fitness Certification Courses	Overall Fitness Development			
<ul> <li>Spin</li> <li>Enduro-Spin</li> <li>Spin Core</li> <li>Ryde Strong</li> <li>Flow Ryde</li> </ul>	<ul> <li>Pilates - Mat</li> <li>Pilates Inspired Barre</li> <li>Pilates Inspired Core Strength</li> <li>Pilates - Bare Barre</li> <li>Hatha Yoga</li> <li>Women's Only Yoga</li> <li>Pilates - Beginner</li> <li>Yoga for the Inflexible</li> <li>Yoga Groove Flow</li> <li>Yoga Nidra</li> <li>Yoga - Restorative</li> <li>Inner Peace Meditation</li> <li>Meditation Flow Yoga Pilates Valentines Partner Yoga Yin Yoga the Basics</li> </ul>	<ul> <li>Group         Exercise         Fundamentals</li> <li>Portable         Equipment</li> <li>CEC Olympic         Lifting         Techniques</li> </ul>	<ul> <li>Beginner Bootcamp</li> <li>Bootcamp</li> <li>Cardio Kickbox</li> <li>Circuit!</li> <li>Combat Back Pain</li> <li>Sculpt</li> <li>Beginner Olympic Lifting</li> <li>Foam Rolling</li> <li>Functional Training</li> <li>Happy Hour</li> <li>Mastering the "Core"</li> <li>Beginner Powerlifting</li> <li>Pound!</li> <li>Pull-ups - yes you can!</li> <li>Primal Movement Fundamentals</li> <li>Resistance Training 101</li> <li>TRX</li> <li>STEP</li> <li>Step n' Sculpt</li> <li>Short Circuit</li> <li>Sportball</li> <li>Zumba</li> <li>Zumba - First</li> <li>Steps</li> <li>Zumba Strong</li> <li>Cardio Row</li> <li>Row HIIT</li> <li>Tabata</li> </ul>			



# 2019-2020 Instructional Recreation Class Types

Sports & Skills	Dar	ice	Martial Arts	Leisure & Crafts
<ul> <li>Hockey         Fundament         als Clinic</li> <li>Fencing</li> <li>Ice Skating</li> <li>Squash</li> </ul>	<ul> <li>Afro Dance</li> <li>Argentine Tango</li> <li>Bachata</li> <li>Bachata Dance Workshop</li> <li>Bachata/Kizom ba</li> <li>Ballet</li> <li>Ballet Barre</li> <li>Ballroom Blast - Social Dance Mixer</li> <li>Ballroom Blast - Latin Dances</li> <li>Belly Dance</li> <li>Bollywood Fusion</li> <li>Burlesque Charm</li> <li>Contemporary Modern</li> </ul>	<ul> <li>Disco</li> <li>Flamenco Dance</li> <li>Hip Hop</li> <li>House Dance</li> <li>Jazz</li> <li>K-Pop</li> <li>Salsa</li> <li>Salsa Dance Workshop</li> <li>Salsa (New York Style)</li> <li>Shakira-style Dance</li> <li>Street Jazz</li> <li>Tap Dance</li> <li>West Coast Swing</li> </ul>	<ul> <li>Aikido</li> <li>Brazilian Jiu Jitsu</li> <li>Filipino Martial Arts</li> <li>Japanese Drumming</li> <li>Japanese Jiu Jitsu</li> <li>Judo</li> <li>Karate</li> <li>Karate for Families</li> <li>Kickboxing</li> <li>Kung Fu</li> <li>Self- Defense</li> <li>Tae Kwon Do</li> </ul>	<ul> <li>Paint Night</li> <li>Plant Night</li> <li>Cross- Stitch Night</li> </ul>

## 2019-2020 Club Sports

Badminton

- Bollywood Dance Club
- Cheer
- Climbing
- ContemporaryDance MOD
- Dance Team
- Fencing
- Figure Skating
- Golf Team
- Hip Hop Dance Club

#### Lacrosse

- Orchesis
- Outdoors
- Powerlifting
- Quidditch
- Rowing
- Rugby
- Scuba

- Squash
- Synchronized Swimming
- Swim Club
- Table Tennis
- Tae Kwon Do
- Triathlon
- Ultimate
- Water Polo



## Club Sports Events - On-Campus

- o Bollywood Dance Club Valentine's Day Bake Sale, Year-End Show
- Badminton Club Fall Mixed Doubles Tournament, Fall Doubles Tournament,
   Winter Open Team Tournament
- o Contemporary held their performance at the Myer Horowitz Theatre in March
- o Dance performed at Varsity Basketball home games
- o Fencing Club Wetterberg Open
- Hip Hop Club - Club Showcase
- Orchesis Dance Performance Group Works in Progress Showing (WIPS),
   Motif Show
- o Lacrosse hosted their open tournament at South Campus East Fields,
- Powerlifting hosted Power Surge in November the largest power lifting competition in the province
- o Powerlifting hosted the 3nd annual Novice Open in the HFLC in April
- Scuba held 8 Discover Scuba sessions
- Squash Club Squash Day in Canada, Club Appreciation Night, annual open tournament
- Triathlon club Mini Tri (x3)
- o Table Tennis held singles/doubles tournaments Fall and Winter
- Ultimate held three successful tournaments 1 Fall and 2 Winter one of which was held in the Dome at Foote Field
- Water Polo held invitational tournament

## Club Sports Events - Outdoor Club

- Athabasca Falls Ski & Snow
- Backcountry
   Backpacking w/ Bison &

   Bernard
- o Banff Bonanza
- Beauty Creek Affair
- o Buller Pass
- California Trip
- Hostel Hunting
- Jasper in January
- Jasper Kick-Off
- Kananaskis Kick-Off

- N. Saskatchewan River Paddle
- Nordegg Kick-Off
- Rocky Mountain
   Photography Tour IV
- Shunda Creek Shindig
- o Skoki Loop
- Smokey the Bear Backpacking
- Study Break in the Rockies
- Winter on Ice
- o Yes PLEASE! Lake Louise
- Spring Executive Retreat



## 2019-2020 Outdoor Recreation

Ski & Snowboarding - Snow Valley

## 2019-2020 Residence Recreation

- Lister BaseCamp Find What Moves You (FWMY)
- CSJ FWMY
- Residence Bowl Series Basketball
- Skate Party

- Climbing Night
- CSJ Ball Hockey Tournament
- Lister March Madness
- Glow in the Dark Zumba
- World Cup of Futsal
- Lister Olympics

## <u>2019 - 2020 Special Events</u>

- Winter Walk Day
- Wellness Fair
- 59th Annual Turkey Trot
- Big Pink Volleyball
- Pond Hockey Tournament

## 2019 - 2020 Climbing

- U Intro to Climbing
- U Belay
- U Lead
- Women on Walls
- o Route setting 101
- o Bouldering 101
- o Competition Belay
  - Clinic

- o U Upgrade
- o U Train
- o Youth Clubs (8-14)
- Youth Development Teams (9-18)
- o The Complete Climber
- o Private Lessons
- Birthday Party Packages
- Wall Brawl

## 2019 - 2020 Aquatics

- Morning Fitness Lane
   Swim
- Adult Swimmer 1
- o Adult Swimmer 2
- Adult Swimmer 3
- o Fitness Swimmer

- o Private or Semi Private Lessons
- Lifesaving Society AEC and NL Award Pool (& Recertification)
- Lifesaving Society Bronze Medallion/Bronze Cross
- Lifesaving Society First Aid & CPR/AED Instructor/Examiner Course



- o Parent & Tot Swim Lessons
- Swim for Life Preschool (3-5)
- Swim for Life Swimmer (6+)
- Aquafitness
- o Canadian Swim Patrol

- Lifesaving Society Lifesaving Instructor/Swim Instructor/CPR Instructor (& Recertification)
- U of A Aquatics Centre's Green & Gold Lifesaving Sport Club

## 2019 - 2020 Certifications

- CPR 'C' (& Recertification)
- CPR-HCP (& Recertification)
- Standard First-Aid (& Recertification)

## Campus & Community Recreation: Integration

Undergraduate students in KRLS 105 (Introduction to the Management of Sport, Physical Activity and Recreation) experience event management through a practical experience that is directly related to the theory presented in the lecture setting.

- o Fall 2019 75 students registered; 26 selected practicum experiences with CCR
- o Winter 2020 126 students registered; 39 selected practicum experiences with CCR

Campus & Community Recreation staff members teach in a variety of undergraduate courses throughout the year. Courses or guest lectures instructed by Campus & Community Recreation staff members include:

- KRLS 105 Introduction to the Management of Sports, Physical Activity and Recreation Programs
- o RLS 225 Programming for Leisure
- o RLS 232 Marketing for Recreation, Sport and Tourism
- o RLS 335 Human Resources Management in Recreation, Sport and Tourism
- o PAC 182 Climbing Introduction and Advanced 7 courses
- KIN 435 Applied Resistance Training
- o KIN 572 Coaching Practicum
- o HE ED 110 Introduction to Personal Health and Well-Being



Campus & Community Recreation provided 4 KSR and 3 NAIT Strength and Conditioning full-time practicum experiences over the course of the year. These students are mentored by full-time staff members and are engaged in all aspects of facility, program and event development and management. The practicum experience offered by Campus & Community Recreation provides a direct opportunity to work in both campus and community activities in a safe learning environment

The Sport Performance Centre (SPC) is available to student-athletes and community athletes training at a provincial, national or international level. The SPC provides opportunity for graduate students and researchers to work directly with athletes in knowledge transference.

The Intramural Sport program continues to provide student development opportunities to U of A students. The Intramurals program has continued the student officials program. CCR Intramural Sports staff members are training, developing and hiring student sport officials providing students with a greater number of leadership opportunities.

## Campus & Community Recreation: Campus Collaboration

Campus & Community Recreation provides Student Recreation Facilitators to work directly with International Programs and International House to provide meaningful activities to engage this group of students in the University of Alberta student life. A key program requested by International Students is informal recreation opportunities.

Campus & Community Recreation stewards the schedule of drop-in recreation spaces available in the Van Vliet Complex, such as badminton, basketball, volleyball, soccer and ice skating. CCR creates and delivers specific activities and events annually and provides support to International Week by providing specialized programming.

Campus & Community Recreation also partners with International Programs through their Transitions Programs where new incoming students to University of Alberta are introduced to campus life. CCR hosted a wellness training session for international students participating in the Peer mentorship program with the International Student Services Center. ISC also worked with CCR in Fall 2019 for our "Find What Moves U" event which hosted over 90 participants in September, where participants were able to trial 8 various drop in style recreation activities for 2 hours.

The Landing continues to consult on practice and procedures within Intramurals and Campus & Community Recreation and provided staff training to full- and part-time CCR staff.



CCR Wellness collaborates with a variety of student and staff wellness initiatives across campus including:

- o Residence Services to support ACCESS outreach team initiatives
- o Healthy Campus Unit to offer programs within UnWind Your Mind
- o Health & Wellness Movement to deliver Health Week and Flow in the Dark Yoga
- o Engineering Faculty to support programming during engineering wellness week

Residence Recreation partners with Residence Services and Campus Saint-Jean to put student engagement events in the fall and recreational student events throughout the school year. These partnerships also result in the collaboration in training and co-management of the casual student staff working within Residence Recreation.

Campus & Community Recreation continues its collaboration with the First Peoples House to host orientation sessions as well as additional Wellness Education Sessions.

The Aquatics Centre is working in partnership with USchool and the University of Alberta Senate to provide swim lesson delivery to school aged children.

Campus & Community Recreation has offered various University departments and Faculties and community organizations staff training in Standard First Aid and CPR. The following are organizations served in the past year:

KSR staff training Facilities and Operations

Faculty of Arts Faculty of Engineering

Faculty of Science Dept of Environmental Health & Safety

Sciences Strathcona Composite High School Gr 10

Health Sciences Lab Animal Services

Dept of Chemistry and Dept of Earth



# Campus & Community Recreation: Community Event Management and Support

Campus & Community Recreation collaborates with both internal and external communities to host events in our unique facilities. A small sample of these events includes:

- Biq Pink Volleyball
- Lister Olympics
- World Cup of Futsal
- Unified Sport
- Butterdome Craft Sales
   (Christmas)
- CAPS Career Fair (Fall)
- UA Open House
- First Peoples House
   Round Dance
- First Peoples House TAWOW
- o Gym Power Gymnastics
- o PRIDE Week
- Remembrance Day
   Ceremony
- Running Room Indoor
   Games youth Track
   events
- Athletics Alberta Track meets
- East Indian Folk Festivals
- The Sport Conference
- Halloween Howl
- Turkey Trot
- United Way Plasma Car Derby
- United Way Campaign
   Wrap Up
- Spring Thaw Triathlon
- o Campus Cup Dodgeball
- Brick Invitational Hockey tournament

- Junior Grads Great
   Canadian Basketball
   Shootout
- The Booster Juice Shoot
   Out World Curling Tour
   Event
- Alberta Cheer Empire
   Showcase
- Saville Canadian Under18 ITF Tennis tournament
- Western Canadian Senior
   Indoor National Tennis
   Championships
- Owen Schlosser
   Memorial World Team
   Tennis tournament
- Volleyball Alberta –
   Premier tournaments
- Perfect Storm Athletics
   Purple Reign
   Cheerleading Showcase
- o RBC Training Ground
- 2019 Artistic and Acrobatic Gymnastics Provincials
- Basketball Alberta Youth
   Provincials
- Canada West Rugby 7's tournament
- North Central Teachers
   Convention Association
- Greater Edmonton
   Teachers' Convention
   Association



# Campus & Community Recreation: Partnerships

The Saville Tennis Centre is a National Gold Development Centre with Tennis Canada. The Tennis Development Centre (TDC) Program is a "support program" designed to work with junior competitive development programs across Canada. The TDC program is a key component of the overall player development plan of Tennis Canada and its mission of developing world class players. The TDC Program is the key means by which Tennis Canada works with and supports year round junior development programs across Canada. The program annually rewards indoor clubs/academies meeting program requirements and player results with benefits and services. The program requirements are tied into Tennis Canada's Long Term Athlete Development (LTAD) Model.

The City of Edmonton and the University have continued to work together to support a variety of initiatives in Edmonton. Some examples include: 1) Development of a Community Use agreement providing for continuing community access to Foote Field Artificial Turf and Track facilities. 2) Basketball Canada Senior Women's Team makes its home at Saville Community Sports Centre (West). The team conducts training camps, hosts games and supports community initiatives in basketball in Edmonton as a result of its presence on south campus. 3) Edmonton Events and CCR collaborate in the use of facilities to attract large scale national and international events to Edmonton, thus contributing to a thriving sports tourism economy. As a result of this relationship, Edmonton will host the Canadian Judo National Championships, Dodgeball National Championships, and the World Masters Athletics Championships in the next few years.

The Aquatic Centre has entered into a partnership with the Royal Glenora Club to operate and program the RGC Aquatic Centre from January 2020 - September 2021 with the option to continue based on outcomes for both parties.

# Campus & Community Recreation: Project Management

A CCR In House Professional Development program was developed in 2018 and continues to host various sessions for the 2019-2020 calendar year. These sessions are for the most part delivered by Campus & Community Recreation and the Faculty Staff primarily based on growth, interest and learnings from courses and conferences attended by the staff member. The program was offered virtually starting in March of 2020. Wellness Wednesdays (in partnership with MY Viva) as well as Motivational Mondays are new added programs.

The Wilson Climbing Centre received a CFEP grant to construct an accessible high wall climbing experience for people living with disabilities. This wall was installed in February 2020 and is accessed from the bouldering lounge. People living with disabilities now have full access to all aspects of the climbing centre.



The VVC locker room renovation project was completed in May 2020. After 2 years of renovations, the locker rooms now include fully modernized men's, women's and universal change areas.



# E. Centre for Active Living

# 1.0 Overview

As an academic centre at the University of Alberta, the Centre for Active Living (CAL) plays a critical knowledge mobilization role in providing reliable, evidence-based physical activity information to practitioners, organizations and communities across Alberta and Canada. CAL plays a unique pan-Alberta role, fostering formal links between Alberta's four researchintensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge).

**CAL Vision:** To improve health and quality of life in Alberta by influencing active living policy and practice.

**CAL Mission:** Promoting active living by bridging research, practice and decision-making.

Ongoing activities of CAL include:

- contributing to policy development processes at the municipal, provincial and national levels;
- producing WellSpring,Spt
- provision of technical and content work on the CAL website;
- conducting and collaborating on research;
- conducting knowledge translation activities;
- collaborating with other networks, coalitions and organizations;
- publishing reports and papers;
- responding to information requests, and
- working with graduate students conducting research.

Practitioners, organizations and decision-makers in Alberta (2,172 clients in database) rely on the Centre for Active Living for practical, evidence-based information and resources about physical activity. The CAL's primary focus is on practitioners in Alberta, who ultimately assist Albertans live healthier, more active lifestyles.

## 2.0 CAL and Faculty Strategic Priorities

2.1 BUILD – Build and Support a diverse, multicultural community of exceptional undergraduate and graduate students from Alberta, Canada and around the globe.

N/A



2.2 EXPERIENCE – Create diverse and rewarding learning opportunities that inspire students, nurture Faculty talents and expand knowledge and skills.

During the 2018-2019 year, CAL provided research and practical opportunities for graduate level students. Graduate students worked out of our office and worked on projects and the preparation of research papers.

2.3 EXCEL – Create and sustain a culture that fosters and champions distinction and distinctiveness in teaching, coaching, learning, research, and citizenship.

CAL is a founding and active member of the <u>Alberta Policy Coalition for Chronic Disease</u>

<u>Prevention</u> (APCCP). The APCCP represents a broad range of practitioners, policy-makers, researchers, and community organizations who have come together to coordinate efforts, generate evidence, and advocate for policy change to reduce chronic disease. The APCCP issues media releases/articles advocating for policy change to reduce chronic diseases in Alberta.

The Spring 2019 Physical Activity Forum featured Portland State University researcher Dr. Jennifer Dill presenting at the University of Alberta and the Calgary Downtown Library "Bike 2019: A conference to explore and engage in a conversation about the research, policy, and practice around cycling as a mode of active transport.". This year's full-day Forum attracted 112 participants.

### **Publications:**

CAL disseminates both published research and unpublished reports (or grey literature) in a variety of ways. CAL publishes *WellSpring*, a monthly publication for practitioners and decision-makers that provides information on best practices, topical issues, recent research, and/or policy related to active living and physical activity.

Reports produced in 2018-2019 by CAL include:

- Macridis, S., and Johnston, N. (2019). <u>2019 Alberta Survey on Physical Activity</u>. Infographics and Fact Sheets include:
  - Macridis, S., and Johnston, N. (2019) <u>2019 Alberta Survey on Physical Activity, Sedentary</u> Behaviour, and Sleep.
  - Johnston, N., and Macridis, S. (2018). Physical Activity for Decision-makers. Translated into <a href="Italian">Italian</a>, <a href="Spanish">Spanish</a>, and <a href="Basque">Basque</a>.

In addition, the following were published in academic journals:

• Kolahdooz, F., Nader, F., Daemi, M., Jang, S.L., **Johnston, N.**, & Sharma, S. Prevalence of known risk factors for Type 2 diabetes mellitus among multi-ethnic urban youth in



Edmonton: Findings from the WHY ACT NOW project. Canadian Journal of Diabetes. 43(3), April 2019, Pages 207-214. <a href="https://doi.org/10.1016/j.jcjd.2018.10.002">https://doi.org/10.1016/j.jcjd.2018.10.002</a>

Macridis, S., McFadden, K., Johnston, N., Torrance, B., and Macewan, L. (2018) School active transportation planning and implementation: Exploring the perspectives of champions across Alberta, Canada. Journal of Transport & Health, Volume 11, December 2018, Pages 167-175 <a href="https://doi.org/10.1016/j.jth.2018.09.010">https://doi.org/10.1016/j.jth.2018.09.010</a>

CAL staff presented at the following conference:

- **Johnston, N** (2018 November). Supporting Physical Activity for Older Adults. Oral presentation at Practitioners Day (Finding Balance), Edmonton, AB.
- Macridis, S (2018) Sport, Physical Activity, and Recreation Policies Project: A look at alignment. Alberta Recreation and Parks Association Conference, Jasper, AB.

2.4 ENGAGE – Engage across the Faculty, University, province, country and globe to create reciprocal, mutually beneficial learning experiences, research projects, partnerships and collaborations to achieve Faculty goals.

CAL's Research Advisory Committee has formal links to Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge). This committee provides direction on CAL's research priorities and discusses the pan-Alberta research potential for physical activity research.

CAL has Research Affiliates from across Canada and around the world who support the work of CAL:

- Dr. Adrian Baumann University of Sydney, Australia
- Dr. Steven Blair University of South Carolina, USA
- Dr. Guy Faulkner University of British Columbia, Canada
- Dr. Lise Gauvin University of Montreal, Canada
- Dr. Peter Katzmarzyk Pennington Biomedical Research Centre, USA
- Dr. Neville Owen Baker IDI Heart and Diabetes Institute, Australia
- Dr. Ron Plotnikoff University of Newcastle, Australia
- Dr. Mark Tremblay Children's Hospital of Eastern Ontario, Canada
- Dr. Hein de Vries, Maastricht University The Netherlands

CAL also sits on a number of committees and brings physical activity expertise to these groups:

- Alberta Active After School Committee
- Active Alberta Coalition
- Alberta Health Services Chronic Disease Prevention Coordinating Committee



- Alberta Injury Prevention Centre Finding Balance
- Alberta Policy Coalition for Chronic Disease Prevention
- Alberta Recreation & Parks Association Communities Choosewell Advisory Committee
- Alberta Workplace Wellness Network Committee
- City of Edmonton Active Transportation Network ParticipACTION Advisory Network
- ParticipACTION Advisory Network
- SHAPE Active Transportation Network
- Sport and Recreation Ministers Surveillance and Monitoring Working Group
- UWALK Steering Committee
- Wellness Works Canada

## <u>Digital Communication</u>

CAL uses website (<u>www.centre4activeliving.ca</u>) and social media to increase communication with Albertans. Social media includes, Facebook, Twitter, YouTube, LinkedIn, and Pinterest.

#### The CAL website had:

- 64,517 pageviews over the course of the year
- 25,773 unique visitors
- New visitors 87%
- Returning visitors 12%
- Visitors were from every province and territory across Canada, as well as 146 different countries around the world.

#### Social media:

- 20,117 Facebook reach
- 2,212 Twitter followers and 270 K Impressions
- 2,020 Connections on LinkedIn
- 363 Pinterest followers
- YouTube: 5,000 views, with a lifetime view of all videos of 39,145, and 107 subscribers

#### Publications:

- WellSpring: 12,549 views with 6,271 issues downloaded
- Physical Activity Counselling Toolkit: 3,644 downloads
- Resource Page: 7,831 downloads



# 2.5 SUSTAIN – Increase capacity by attracting and effectively managing the resources we need to deliver excellence.

CAL has been contracted by ParticipACTION to lead the development of a report card on physical activity for adults. A committee of Canadian researchers and stakeholders was established to guide the comprehensive synthesis of the literature and related national-level surveys. The report card will be released October 29, 2019.

CAL received a grant from Alberta Health to expand our <u>Physical Activity Counselling Toolkit</u> by adding 5 new chapters on how to provide physical activity counselling for people with chronic diseases and conditions.



# F. International and Community Education

# 1.0 International and Community Education

# 1.1 International Enrollment

<u>International Undergraduate Students - Enrolled - Fall 2019 & Winter 2020</u> 35 IDF fee-paying students (all years of study)

Students	Country of Citizenship	
17	China	
5	Hong Kong	
3	Japan	
1	India	
1	Mexico	
1	New Zealand	
1	Sweden	
1	South Korea	
1	Singapore	
1	Taiwan	
1	Turkey	
1	United States	
1	Vietnam	
35 Total # of currently enrolled Study Permit status (IDF-fee paying) International Undergraduate Students		

Source: Undergraduate Programs Office



# <u>International Graduate Students - Enrolled - Fall 2019 & Winter 2020</u>

# 26 IDF fee-paying students

Students	Country
2	Bangladesh
9	China
1	Finland
2	Iran
1	Italy
4	Korea
1	Kyrgyzstan
1	Nepal
1	Nigeria
2	Norway
2	United States
Total: 26 International Graduate Students	

Source: Graduate Programs Office

# 1.2 Academic Exchanges - INCOMING

Students	From	Agreement
1	Loughborough University United Kingdom	Faculty SEA
2	Norwegian School of Sport Sciences Norges idrettshøgskole Norway	Faculty SEA
2	Palacký University of Olomouc Univerzita Palackeho v Olomouci Czech Republic	Faculty SEA



1	Chiba University. Japan, University	University SEA
1	University of Glasgow, Scotland	University SEA
1	Universidad Pontificia Comillas de Madrid	University SEA
1	University of Otago	University SEA
	New Zealand	
9 Total # of incoming Exchange Students hosted by the Faculty for F2019 - W2020		

<sup>\*</sup>University-SEA (student exchange agreement) are managed by University of Alberta International (UAI) \*NOTE: BSU students not included here

# 2.0 International Visitors - Incoming

# 2.1 Short-term visiting delegations hosted by KSR and/or University of Alberta

July 31, 2019	<ul> <li>Delegate from Chukyo University (Japan):</li> <li>O Yukio Oida, Dean, School of Health and Sport Sciences</li> <li>O Shinji Matsuda, Deputy Manager, International Affairs         <ul> <li>Division</li> <li>O Tamami Zanzi, Exchange Program Coordinator,</li></ul></li></ul>
Sept 5-10 2019	<ul> <li>Delegation from Waseda University (Japan) attended RECON and visiting KSR/Ualberta Campus:         <ul> <li>YANAI, Toshimasa (Professor; Deputy Dean of International Affairs, Faculty of Sport Sciences, Waseda University)</li> <li>ISHII, Masayuki (Professor; Director of Athletic Center, Waseda University)</li> <li>TANAKA, Shintaro (International Manager, Tokorozawa Administrative Office, Waseda University)</li> </ul> </li> <li>Delegate from University of Taipei (Taiwan) attended RECON:         <ul> <li>Chia-Hua Kuo, Dean for Research and Development University of Taipei</li> </ul> </li> <li>KSR Contact: Sean Cai and Christine Ma</li> </ul>
October 15 & 16, 2019	<ul> <li>Delegation from German Sport University – Cologne (GSU)</li> <li>O Heiko Strueder, President, GSU</li> <li>Gerard King, Director, International Office, GSU</li> <li>KSR Contact: Christine Ma and Kerry Mummery</li> </ul>



# 2.2 International Visiting Scholars

Visiting scholars or visiting researchers category includes those who visit on their own funding and stay for period of time over one month. Incoming visiting scholars are accepted with the mutual agreement and confirmation of a hosting professor within the Faculty.

The International and Community Education Office can provide certain Faculty and campus non-monetary support for your visiting scholars. Visiting scholars hosted by Faculty members can be directed to <a href="mailto:KSRinternational@ualberta.ca">KSRinternational@ualberta.ca</a>.

Visiting speakers or delegations may be short term visitors participating at academic conferences, events, workshop sessions, and/or presentations. Faculty members who host visitors can notify the International and Community Education Office for support of documentation and paperwork.

<ul> <li>Simone Verswijversen, Visiting Researcher/student,</li> </ul>	August 26, 2019 to
Deakin University – Australia  KSR Contact: Valerie Carson	October 19, 2019

Please note: the information on incoming and outgoing international visitors, researchers and other international initiatives that the Office of International and Community Education compile is not exhaustive and relies partly on Faculty members and staff sharing information on international activities.

If you would like information on international activities you have been involved in to be included in future reports, please contact <a href="mailto:KSRinternational@ualberta.ca">KSRinternational@ualberta.ca</a>.

#### 3.0 Education Abroad Experiences

## 3.1 Study Abroad-Group and Academic Course Program Registrations – OUTGOING

Participants	Program
12	Play Around the World (PAW) Team 2019
	<ul><li>9 Students</li><li>3 Leaders</li></ul>



#### Play Around the World breakdown:

- Total number of the participants For each country Cambodia, Thailand and Peru
- Total number of students 3 in each country total 9
- Total number of leaders 1 in each country total 3

The program selects and prepares U of A students for a 3 month service-learning placement in either South America, Asia or Canada (Fort Providence, Northwest Territories). Students from diverse educational backgrounds form learning communities which are structured to provide a holistic and interdisciplinary approach to learning, leadership, and programming. PAW offers students an opportunity to develop a sense of global awareness and citizenry, through collaboration with various schools, orphanages, community based organizations and government agencies to deliver, play, recreation, physical activity and sport to children and youth of all abilities. Play is viewed as a vehicle to enliven the human spirit and to promote optimal development. Students broaden their world view as they live, learn, and work in a culture different from their own. The program is coordinated by Mary Ann Rintuol and information is available at uab.ca/play.

## 3.2 Academic Exchanges - OUTGOING

4

through Faculty-led SEAs

3 through University SEAs (UAlberta-wide agreements)

Students	То	Agreement
2	Palacký University of Olomouc Czech Republic	Faculty SEA
2	Loughborough University United Kingdom	Faculty SEA
2	University of Queensland Australia	University SEA
1	Universidad Pontificia Comillas de Madrid Spain	University SEA
7 Total # of outgoing FKSR Exchange Students F2019 - W2020		

" of outgoing Profit Exchange Students 1 2017 W2020

<sup>\*</sup>University SEAs (student exchange agreement) are managed by University of Alberta International (UAI) Source: UAI & KSR



# 3.3 International Practicums - OUTGOING

1 Undergraduate International Practicum Placements

Students	То	Term
1	Australia	Winter 2020

International Practicum Placements are coordinated through the Undergraduate Practicum Supervisor, Tracy Whatmore- <a href="ksrpracticum@ualberta.ca">ksrpracticum@ualberta.ca</a>

# 3.4 Athletics International Engagement - INCOMING & OUTGOING

Varsity teams' international travel and events for competition and/or training (normally non-base funded):

Golden Bears & Pandas Athletes International Activities July 1, 2019 - June 30, 2020		
Golden Bears Soccer	January 2020 - Head Coach Martin Fenger-Andersen completed UEFA C License through the Wales Football Association in Florida, USA.	
Golden Bears &	Student-athlete Austin Cole participated at the World Athletics Championships in Doha, Quatar (September 27 - Octoer 6, 2019 1st ever mixed gender 4 x 400m relay	
Pandas Track and Field	Head Coach Wes Moerman coached Green & Gold Track and Field Club athlete at competitions international competitions (Switzerland, UK/Loughborough, Ireland, Belgium) in August 2019. These competitions also served as professional development opportunities to develop further learnings on international event and meet management.	
Golden Bears Hockey	Team travelled to Minnesota, USA to participate in two non-conference competitions against NCAA institutions October of 2019. The Golden Bears beat the University of Minnesota Duluth 5-2 and lost 4-2 to St. Cloud University.	
	Six Golden Bears student-athletes (Cole Sanford, Grayson Pawlenchuk, Ryan Rehill, Clay Kirichenko, Steven Owre and Trevor Cox) were selected to play for the U SPORTS All Star team that played vs. the Canadian World Junior	



	Team in preparation for the 2020 World Junior Hockey Championships in Oakville Ontario in December 2019.
Pandas Hockey	Head Coach Howie Draper served as the Head Coach of the U18 Canadian National Team at the World Championships in Bratislava, Slovakia from December 19, 2019 to January 2, 2020. Coach Draper and Team Canada earned a silver medal at the championships.
Pandas Soccer	Travelled to New York and New Jersey, USA for an East Coast Series 3-game tour with matches against NCAA Div 1 teams. The results were: 0-3 loss to Hofstra University, a 0-0 draw with St. Francis College Brooklyn, and a 0-2 loss to Fairleigh Dickinson University.
Pandas Basketball	Head Coach Scott Edwards completed a recruiting trip to Seattle, Washington, USA: Dec 14-17, 2019  Team Trip to Santa Barbara, California, USA: Dec 28, 2019 - Jan 3, 2020 - Training camp and non-conference games.
	- GBV participated in the Can Am Showcase in Toronto Dec. 28 - 31, 2019. Competition versus international NCAA opponents including: UCLA, Ohio State & Long Beach. Coaches Terry Danyluk and Craig Marshall coached a high school all star team at this event. Head Coach Brock Davidiuk presented at two coaching workshop sessions during the event.
Golden Bears Volleyball	<ul> <li>George Hobern - Competed in the FISU Games in Italy from July 3-14 and was named captain of Team Canada for the event.</li> <li>Jordan Canham - Competed in the World Championships for the Junior Team Canada from July 18-27 Riffa, Bahrain</li> <li>Braedon Friesen - Was selected to Team Canada B. He competed in Pan Am Cup before the date range listed but I believe may have been training during and after. Training Centre in Gatineau Quebec. Pan Am Cup in Colima City, Mexico</li> </ul>



	- Golden Bears Volleyball recruits and 20-21 team members Grayden Wiebe and Bryce Neuls competed in the High Performance Championships for Youth Team Canada July 18 - 22 in Fort Lauderdale, USA. Grayden was selected captain of this team.
Golden Bears Basketball	Brody Clarke was a member of Team Canada at the FISU Games in Italy July 3 - 14, 2019.
	Laurie Eisler (Team Manager) and student-athletes Mariah Walsh, Vanessa Jarman and Kory White were members of Team Canada at the FISU Games in Italy from July 3 - 14.
Pandas Volleyball	Tour of Japan August 21-September 2, 2019 Pandas Volleyball Team (athletes and staff visited National Institute of Fitness and Sport in Kanoya (Kyushu), Aoyama Gakuin University in Tokyo, Tsukuba University in Tsukuba City just outside of Tokyo). The team trained, competed and did cultural activities during the tour.

<sup>\*</sup>Note: A number of planned international events were cancelled due to the COVID-19 between March and June 2020.

This list is not exhaustive, and includes information shared with the International and Community Education office by Athletics and/or individual teams.

#### 3.5 Short-term international visits - OUTGOING

February	Waseda	Attendees:
2020	University Visit Tokyo, Japan	<ul><li>Kerry Mummery, Dean</li><li>Elizabeth Halpenny, Professor</li></ul>
		<ul><li>Dan Mason, Professor</li></ul>
		<ul><li>Brian Soebbing, Associate Professor</li></ul>
		<ul><li>Sean Cai, International Officer</li></ul>
		<ul><li>Taryn Barry, PhD Candidate</li></ul>
		Farshid Mirzaalian, PhD Candidate



December 15-19 2019	BSU – Hainan Global Campus visit.	Attendees:  • Kerry Mummery, Dean • Sean Cai, International Officer
	Hainan, CHINA	

Please note: the information on incoming and outgoing international visitors, researchers and other international initiatives that are compiled by the Office of International and Community Education is not exhaustive and relies partly on Faculty members and staff sharing information on international activities.

If you would like information on international activities you have been involved in to be included in future reports, please contact KSRinternational@ualberta.ca.

## 4.0 International Events and Programs

#### 4.1 Overview

July-August 2019	International Summer School Program (ISSP)	July 14 to August 13, 2019 Hangzhou Normal University, CHINA (14 students & 1 chaperone)
		July 21 to August 19, 2019 Shanghai University of Sports, CHINA Zhejiang Normal University (20 SUS students, 16 ZJHU students, 1 SUS chaperone, 1 ZJHU chaperone)  July 26 to August 20, 2019, Nanjing Sport Institute, CHINA (10 students & 1 chaperone) Fourth year of participation
September 2019 - April 2020	International Recreation and Sports Study Program (IRSSP)	Beijing Sport University Nanjing Sport Institute September 5, 2019 - April 28, 2020 [13 BSU students, 1 chaperone & 3 NSI students]



For more information or if you are interested to be involved with future KSR International School Programs, please contact KSR.IntlSchoolPrograms@ualberta.ca or Christine Machristine.ma@ualberta.ca.

# 4.2 International Summer School Program (ISSP) 2019

2019 was the 5th year of the ISSP. The ongoing development and management of the KSR International School Programs and visitor study programs are organized by program coordinators Sean Cai and Leslie Flett.

To strengthen relationships with our international partners, the International Community and Education (ICE) office offers short-term (non-credit) programs that are customized with content, and personalized for its international audiences. The International Summer School Program is successful each year thanks to the contributions, collaboration, and participation of various faculty members and professors. Some of the 2019 participating units included: Campus and Community Recreation, the Steadward Centre, Athletics and more.

Through academic work or contextual program learning experiences, we are proud to showcase and share our faculty's extensive and thriving areas of expertise. We look forward to continued participation of broader international audiences and universities.

#### 4.3 International Recreation and Sports Study Program (IRSSP) 2019-2020

In September 2019, the International and Community Education Office offered the third year of the IRSSP. It ran from September to April over both the Fall 2019 and Winter 2020 semesters. It was the first time that the participants took U of A courses for credit as official 'visiting students. In the past 2 years, the students have participated in ICE office managed guest lectures, assignments, CCR activities, and Faculty of Extension English courses.

The 2019-2020 participants included:

- 13 Students from Beijing Sport University, China (accompanied by 1 chaperone, a professor from BSU)
- 3 students Nanjing Sport Institute (2 students for Fall Semester and 1 student for both semesters)

The International Recreation and Sports Study Program (IRSSP) is comprised of three main components: Academics, Activities, and Experiential Learning. The program immersed students in KSR undergraduate academic classes and incorporated a Canadian-style integrated learning approach. With partnership of NAIT Radio and Broadcasting Department, BSU students



participated 3 academic classes in the Winter semester which are aligned with their focus of studies back home in China. (Studio Production, Television News, On-Air Performance)

Students were enrolled in KIN 205, PAC 118, KIN 499, PAC 183, Faculty of Extension, English for Broadcasting classes, and Centre 4 Writers, writing workshop. Students experienced our different classroom cultures, experiential lab work or seminar-style discussions. This program approach provided IRSSP students unique observational learning opportunities in KSR classrooms.

Over 9 professors, graduate students, instructors, faculty members, programmers, staff, and students contributed to this successful program.

#### **5.0 Community Education Initiatives**

#### 5.1 The Indigenous Sport and Recreation Graduate Certificate (ISRC)

The Indigenous Sport and Recreation Certificate (ISRC) is designed for working professionals who want to further their knowledge in the areas of Indigenous studies, sport and recreation. The certificate is delivered using a combination of online instruction, and a one week, face-to-face learning experience.

The certificate is offered using a cohort model; students will complete the three courses and face-to-face learning experience together and will take the courses in the prescribed order over a 10 month period.

The 2019/20 (fourth cohort) admitted 7 students

The certificate supports the recommendations of The Truth and Reconciliation Commission Report which speaks directly to sport, education, and leadership including point number 89 - We call upon the federal government to amend the Physical Activity and Sport Act to support reconciliation by ensuring that policies to promote physical activity as a fundamental elements of health and well-being, reduce barriers to sports participation, increase the pursuit of excellence in sport, and build capacity in the Canadian sport system, are inclusive of Aboriginal peoples.

#### 5.2 The Sport and Recreation Management Graduate Certificate (SRMC)



The Sport and Recreation Management Certificate (SRMC) was successfully approved by University Governance, the Board of Directors and the Ministry of Advanced Education in Spring 2018:

- This certificate launched its first course(s) in Fall 2019
- This certificate includes 6 courses of which students are required to complete 4 courses
- Coursework is delivered in an online format
- Fall 2019 has had 19 applications, 17 were admitted and 5 KSR graduate students have taken the first course as an elective towards their program
- Winter 2020 has received 7 applications, 6 admitted
- Spring 2020 received 7 applications, 6 admitted

#### **5.3 Mountains 101 M00C**

Mountains 101 continues to be a success with over 25,000 registered students to date, from over 120 countries worldwide.

- Mountains 101 is ranked as one of the top 50 MOOCs of all time on Class-Central and the #1 ranked Science and Environmental Science related MOOC in the world
- Mountains 101 also had a partnership with The Edmonton Public Library and Community Relations on campus. This included a free public lecture at the EPL Highlands Branch with Zac Robinson and David Hik.
- Mountains 101 has had over 29K students register to date.
- Since March 2020, mountains 101 saw an increase in numbers and currently has nearly 59,000 registered to date with a continuous increase each week.
- Mountains 101 continues to be one of the top ranked MOOCs of all time.

#### 5.4 Community Education - Outreach Initiatives

The International and Community Engagement office has attended several conferences and workshops to support and promote Certificate programs, Mountains 101 and the Faculty in general:

- Alberta Recreation & Parks Association ARPA Conference 2019 Lake Louise
- NIRSA Canada Vancouver January 2020
- Shaping the Future Conference Lake Louise January 2020
- North Central Teachers Convention Edmonton February 2020

## 5.4 Community Education - Adapted Physical Activity Graduate Certificate



The Adapted Physical Activity Graduate Certificate was successfully approved by University Governance, the Board of Directors in June 2020 (and the Ministry of Advanced Education in September 2020).

# **6.0 Awards and Funding**

- Palacký Erasmus+ Programme funding for, travel and stipends for student and teacher mobility
- One International Undergraduate Student Award awarded each year to one new international undergraduate (IDF paying) student in KSR
- One International Undergraduate Student Athlete Awards
- One ARPA Indigenous Sport and Recreation Graduate Award
- One ASC Indigenous Sport and Recreation Award

# 7.0 International Agreements - Memorandum of Understanding

- Beijing Sport University (BSU), China
- German Sport University (GSU), Germany
- Loughborough University, United Kingdom
- Norwegian School of Sport Sciences, Norway
- Palacký University of Olomouc, Czech Republic
- Shanghai University of Sport (SUS), China
- Yonsei University, South Korea

#### 8.0 Student Work Experience Opportunities

In 2019-2020 the International and Community Education office mentored two International Student Work Experience Program (ISWEP) students, and one STEP-funded student, and provided employment for five casual student staff positions.

Our program will continue to support opportunities in work experiences, funding, and development for current KSR students, recent KSR alumni, and the UAlberta student community.



#### H. Provincial Fitness Unit

#### 1.0 Overview

As a service centre in the Faculty of Kinesiology Sport and Recreation at the University of Alberta, the Provincial Fitness Unit coordinates two distinct programs and one nonprofit social enterprise. If you have been to a recreation facility in Alberta, chances are the professional who ran your session is certified with us, or has attended one or more of our conferences, classes, or workshops.

The Health and Fitness Program and the social enterprise Alberta Fitness Leadership Certification Association(AFLCA) develop and deliver evidence-informed educational resources, professional development and certification (AFLCA) to recreation, fitness and exercise professionals. Our programs are a crucial vehicle for knowledge transfer, linking research to practice across Canada. Our work ensures that professionals have access to current evidence and leading practice. We also work regionally, nationally and internationally to support standards and registration for qualified exercise professionals.

The Be Fit For Life Network - Edmonton Centre focuses its work to support the development of physical literacy and physical activity participation through resource development, professional development opportunities and by supporting regional collaborations.

## **2019-2020 Activities**

## Health and Fitness Program

**Vision**: Albertans have access to safe, effective strategies to live healthy, active lifestyles.

**Mission:** We inspire our community to be physically active through advocacy and evidence-informed education, building strategic partnerships and by supporting professionalism in the exercise industry.

The Health and Fitness Program excels in the development of resources and knowledge transfer supporting professionalism and lifelong education in our sector.

A cornerstone of the Provincial Fitness Unit, The Health and Fitness Program develops core resources used in the training and certification of exercise, fitness and physical activity professionals.



Working with leading academic researchers, and expert practitioners, in 2019-20 we continued to develop resources, and to advocate for evidence-informed, recognized standards and professionalism in our sector, despite extraordinary challenges in funding and operational capacity due to COVID 19. These include:

- The Physical Literacy for Older Adults resource. This resource was developed through a partnership and grant with the Injury Prevention Centre & Finding Balance.
- Online Leadership workbook
- Revised the Pre-Post natal fitness workbook
- And Functional Independence Training retooled for online delivery

The <u>Perspectives in Exercise Health & Fitness</u> conference, held biennially since 1990, draws top academics and experts to deliver new research, and leading practice to practitioners. Typically held in Kananaskis, the 2020 conference was scheduled, and ready for launch, then cancelled due to the pandemic, and for the safety of our community. We pivoted our delivery model, and retained 10 speakers, offering a series of 10 virtual multi-hour sessions, providing over 20 hours of professional development over six weeks. These sessions were delivered by internationally recognized researchers from Great Britain, United States, and Canada and also featured several Alberta-based experts.

- The Perspectives virtual sessions drew more than 370 registrations over the course of the sessions
- The PEHF virtual sessions were recognized for professional development credits by the National Fitness Leadership Association of Canada, National Strength and Fitness Council, ACSM and others.
- Presenters included internationally recognized researchers Dr. Len Kravitz, Dr. Martin Gibala, Dr. Peter Kazmarzyk, Dr. Cody Sipe, and leading practitioners, Gary Ward, Ed Paget, Dr. Adam Upshaw and Matthew Bain.

The Provincial Fitness HFP continued to work closely with the National Fitness Leadership Association of Canada, and the International Confederation of Registers for Exercise Professionals (ICREPS) to establish standards and a Canadian register of exercise professionals. Established in alignment with the international exercise/fitness community, the register provides international portability for qualified exercise professionals, clarity about the range of qualifications of exercise professionals and recognition of their value to the health and well-being of Canadians.

• In 2020 we completed and ratified global standards for exercise leadership, which were adopted by 10 countries.

In 2019-20



- Over 2,000 Alberta fitness/exercise professionals are registered, and their credentials are recognized across Canada, and transferable internationally
- More than 50 international professionals moving to Alberta had their credentials verified, and registered through us

# Alberta Fitness Leadership Certification Association (AFLCA)

Vision: AFLCA accredited professionals inspire Albertans to practice healthy, active lifestyles.

**Mission:** The AFLCA advances fitness/exercise leadership and consultation through evidence-informed education, accreditation and standards development, and by supporting and promoting a high level of professionalism in the industry.

The AFLCA is a crucial source of professional development and certification for over 3,000 Alberta and NWT exercise professionals who are at work in more than 200 Alberta, NWT communities. AFLCA professionals can use their credentials across Canada, and internationally.

The AFLCA has been an approved education provider for the American College of Sports Medicine, the National Fitness Leadership Association, the Canadian Society of Exercise Physiologists, the National Strength and Conditioning Association, and the Canadian Parks and Recreation Association Certification program.

In 2019-20 the pandemic impacted our service delivery with the cancellation of or reduced attendance at in-person events, including our annual Fit Rendezvous conference, which normally is attended by more than 300 practitioners and held in the Van Vliet Centre. Our operations pivoted quickly to focus on online delivery, and to reduced capacity to maintain public health protocols for in-person education (when possible) to support our community to maintain their credentials during the pandemic. Unfortunately, the AFLCA was not able to introduce program delivery for new professionals entering the field. The AFLCA continues to expand our online delivery opportunities, and to plan re-uptake in our in person courses when it is safe to do so.

#### 2019-20 AFLCA activities included:

- Eight online sessions were offered from April through June 2020, with 960 registrations, with seven more online events planned for fall 2020.
- AFLCA oversaw and managed evidence-informed, nationally recognized certification, recertification delivery and management for 2,000+ AFLCA certified practitioners. These activities include:
  - 155 AFLCA Continuing Education Credit workshops were delivered
  - o 723 certification exams written
  - 157 new practitioners certified over 2019-20
  - o \*New online certificate program in Physical Literacy for Older Adults



- \*New online certification course in Functional Independence Training for the Older Adult
- The AFLCA approved 127 private industry entrepreneurs who delivered courses which met AFLCA standards

## Be Fit For Life Edmonton Centre

**Vison:** Albertans are knowledgeable, confident, motivated and have the skills they need to engage in physical activity for life.

**Mission:** We work collectively to inspire educate and support Albertans to lead healthy, physically, active lifestyles.

The Edmonton Be Fit for Life centre continues to work to support the development of physical literacy, and physical activity promotion through resource development, and supporting collaborative partnerships in the central Alberta region. In 2019-2020 the centre delivered physical literacy based programming to over 3,000 participants.

The BFFL network is coordinated by the Edmonton BFFL Centre, in partnership with Calgary. This network approach creates strong relationships and the coordinated physical activity delivery system in Alberta.

Edmonton BFFL centre activities this year include:

- Move & Play Physical activity for all
- Traditional games and Alphabet Animoves Language translation for resources
- Older Adult Be Active Poster
- Early childhood CHEERS workshop
- Participation for All workshop partnership with Ever Active Schools
- Physical Literacy sessions Free Footie

The Edmonton Centre worked with partners in over 17 local Alberta communities in the central Alberta region. This included more than 58 partnerships with local organizations in child care, education, health, fitness and more.

We delivered 31 workshops for more than 600 participants to support practitioners leading physical activity programs in the Edmonton region.

The Edmonton centre hosted 3,184 participants in 170 active opportunities this year.

# Provincial Fitness Unit and Faculty Strategic Priorities



# 2: Experience: Our programs support diverse, experiential learning opportunities that inspire and support students and faculty

The Provincial Fitness Unit team supports collaboration in resource development and engages with diverse community partners. Our resources provide opportunities for Faculty to translate their research and knowledge into practice and connecting them to practitioners. Our staff hold degrees, professional accreditation and industry certificates to support our work in resource development and delivery, communications and professional practitioner accreditations.

The Provincial Fitness Unit, through our three arms, provide education and professional certification for FKSR students, supporting their learning during and after graduation. Class presentation requests continue year after year, offering continuing opportunities to share knowledge, learning and growth with faculty and students.

AFLCA certifications, conferences and workshops provide learning opportunities to students during their studies and after graduation. Provincial Fitness Unit conferences and events provide valuable academic and professional networking opportunities for students who wish to build a career in our industry.

The Edmonton Be Fit For Life Centre their resources such as Move and Play Through Traditional Games project, supporting students to make traditional equipment and reflect on the role of games in physical activity, sport, active living and recreation. As well the centre supports various partnerships including the University Affiliated child care centres, the Steadward Centre, and the Centre for Active Living.

3: Excel: Our services and resources are recognized across Canada, spearheading evidence-informed learning, translating current research into applied practice, and championing leadership (professionalism), and citizenship (advocacy for active, healthy living) in our community.

The HFP/AFLCA lead Canada in the delivery of certification and professional development for fitness and exercise professionals. We support a seamless, education, certification and registration system across North America for qualified exercise professionals. Our register provides a transparent standard by which qualified exercise professionals' expertise and credentials can be recognized.

The Edmonton Be Fit For Life Centre continues to work with the Alberta Native Friendship Centres Association. This connection and the cultural sharing that has been gained from the partnership is highly valued.

# 4: Engage: Our work reaches across the Faculty, Universities, province, country and globe



The Provincial Fitness Unit has long-established relationships with post-secondary institutions across Alberta, and Canada, delivering curriculum, supporting professional certification post-graduation, and engaging in professional development workshops and conferences.

Both the AFLCA and the Be fit For life centre engage with our post-secondary partners to bring evidence-informed educational programs and resources to support learning and education.

Our conferences and virtual sessions drew leading researchers and practitioners from across Great Britain and North America.

- The Provincial Fitness Unit Health and Fitness Program/ AFLCA and Be Fit for Life consulted with the provincial government to inform policy and advocate for the physical activity sector during the pandemic.
- The AFLCA represents Canada, and serves as vice-chair at the <u>International</u>
   <u>Confederation of Registers for Exercise Professionals, the International Standards</u>
   Council.
- The Provincial Fitness Unit/AFLCA have a longstanding relationship with the research team responsible for the ongoing development of the PAR-Q+, and e-PARMed-x (PAR-Q+ collaboration team: Dr. Darren Warburton, Dr. Norman Gledhill, Dr. Veronica Jamnik, and Dr. Shannon Bredin).
- The AFLCA is an active member of the <u>National Fitness Leadership Association of Canada</u>, working to develop professional standards and registration for Canadian exercise professionals.
- The Be Fit For Life centre uses a network approach, bringing people, organizations and resources together to support Alberta communities in the development of physical literacy. The Network Centres' collaborations reach across Alberta to support physical literacy awareness, and the adoption of healthy active lifestyles.
- AFLCA and BFFL programs and resources are used across Canada and internationally.
   New development is ongoing as our services and resources continue to be valued in the private and public sectors of our industry.

#### Partnerships and collaborations:

We are well known champions of active living, professionalism and evidence-informed education. We collaborate and work with numerous committees and organizations to support physical activity and physical literacy, health, fitness, sport and recreation across Alberta, Canada, and Internationally. These include:

- National Fitness Leadership Association of Canada (National)
- Alberta Active Living Partners steering committee (Provincial)
- College advisory committees (2)
- International Confederation of Registers for Exercise Professionals –Vice Chair (International)
- Fitness Industry Council of Canada not for profit member(National)



- Injury Prevention (Provincial)
- Northwest Territories Recreation and Parks Association (Regional)
- Alberta Recreation and Parks project steering committee (2 committees)
- Play Great (Physical Literacy and You Greater Edmonton),
- Arthritis Society & Parkinson Society (Provincial)
- Be Fit For Life Network (Edmonton Centre, and PSI for Provincial Network coordination)
- Alberta Active Afterschool Advisory (Provincial)
- SHAPE (provincial)
- Provincial Active Transportation committee (provincial)
- Winter walk day (provincial)
- Child Friendly Edmonton (regional)

#### Communication

<u>Publications-</u> The Provincial Fitness Unit publishes the *Fitness Informer*, a trade journal, providing information on leading practice and new research. Our current circulation includes 3100 certified exercise-fitness professionals, community practitioners, and stakeholders.

# **Digital communication**

The Provincial Fitness Unit websites, (<a href="www.provincialfitnessunit.ca">www.befitforlife.ca</a>) e-newsletters, and social media are a reliable source of information about physical activity, professional development opportunities, physical literacy and exercise prescription/consultation. We also answer over 50 emails daily to individuals seeking education, information about physical activity, certification, or how to find certified exercise/fitness professionals. Our communication channels support stakeholders and practitioners throughout the province and northwest territories.

#### In 2019-20 The Provincial Fitness Unit:

• engaged with more than 5,000 total subscribers (stakeholder groups, practitioners, conference delegates, agencies and facilities, students, certified members, etc.

Website: www.provincialfitnessunit.ca

- 60,000+ visitors
- 40,000+ unique visitors
   BFFL website www.befitforlife.ca\*
- 10,000+ unique visitors (\* befitforlife.ca represents the Network's 9 centres including, the Edmonton Centre)

#### Social media:



#### HFP/AFLCA:

- Facebook 1,000+ monthly reach
- Total Twitter: 160,000+ impressions

## BFFL\*

Total Twitter impressions, 100,000+

#### 5: Sustain

The Provincial Fitness Unit is committed to increasing our capacity, and sustainable resource management through positive relationships with our funders, and conscientious stewardship of our resources.

Primary sources of income 2019-20 include

Provincial Fitness Unit operational and program grants \$138,474

Conferences:

Provincial Fitness Unit revenue generation activities (certification, events, workshops and PD):

\$405,328



<sup>\*</sup>stats include all 9 BFFL centres

# I. The Steadward Centre for Personal & Physical Achievement

## **Overview**

The Steadward Centre (TSC) serves as a research, teaching and service delivery unit within The Faculty of Kinesiology, Sport, and Recreation at the University of Alberta to facilitate engagement in physical activity, fitness and sport for individuals experiencing disability. With program closures in mid-March 2020, a dedicated team of staff, students and volunteers provided opportunities for 559 individuals living with impairment to achieve their personal fitness, physical activity and/or athletic goals across The Steadward Centre's key program areas— Adult Fitness and Recreation, Athlete Development for Parasport, Free2BMe Physical Activity for Kids and Teens with Disabilities, and Functional Electrical Stimulation (FES) exercise. An additional 600 students and professionals were reached through 50 community workshops.

With the generous support of Alberta Sport Connection, community foundations, community grant programs, corporate and individual donations, the Centre served 307 children and youth, 588 adults and 91 athletes living with impairment ranging in age from 3-85 years. A team of 7 full-time staff and fifteen part-time instructors facilitated all activities and functions of the Centre from research, programming, volunteer coordination, fund development and administration. A total of 194 students gained experience in the Centre through practicum placements, CSL credit courses and volunteer placements—contributing an astonishing 7821 hours to the Centre's programs and services.

#### Vision and Mission

The Steadward Centre (TSC) vision and mission support the achievement of the Faculty of Kinesiology, Sport, and Recreation (KSR) vision and priorities, as well as those of the University of Alberta.

## Mission

Inspire individual achievement in Adapted Physical Activity and Parasport by conducting and applying innovative research, widely sharing expert knowledge and delivering highly successful programs for individuals experiencing disability.

#### **Practical Vision**

The Steadward Centre is a hub for pioneering, high-caliber, research -based Adapted Physical Activity and Parasport development. Supported by:



- Embedded Research and Teaching
- Integrated Continuum of Physical Activity, Fitness and Sport Opportunities
- Comprehensive Athlete Development Pathway
- Strong Strategic Partnerships
- Progressive Funding Framework

# **The Steadward Centre and Faculty Strategic Priorities**

# Faculty Strategic Priority: Build

Build and support a diverse, multicultural community of exceptional undergraduate and graduate students from Alberta, Canada and around the globe

TSC is poised to help the Faculty become the "gold standard" for Adapted Physical Activity across Alberta.

This will be achieved through the establishment of key strategic partnerships, such as being a member of the Canadian Disability Participation Project (CDPP) and the Inclusive Sport and Recreation Collective. TSC has continued to lead the conversation about FES exercise and is part of a FES Community Committee which is focused on improving communication between rehabilitation and community-based FES programs.

TSC staff developed a strong training program for students and volunteers, which included two certification training opportunities for NCCP Fundamental Movement Skills. Each academic term TSC staff deliver 4- 6 guest lectures to share practical knowledge that help students make connections between course material and lived experiences.

TSC staff completed continuing education credits, presented and attended professional development sessions within the following professional areas:

- Alberta Kinesiology Association
- Alberta Therapeutic Recreation Association
- Alberta Recreation & Parks Association
- Canadian Society for Exercise Physiology
- Canadian Therapeutic Recreation Association
- Physical and Health Education (PHE) Canada
- Restorative Therapies Functional Electrical Stimulation



# Faculty Strategic Priority: Experience

Create diverse and rewarding learning opportunities that inspire students, nurture Faculty talents and expand knowledge and skills.

Professional practicum placements, community service-learning (CSL) credits, volunteer placements and research participation comprise the many different ways in which undergraduate and graduate students gain rewarding applied learning experiences within The Steadward Centre (TSC).

As an academic centre within The Faculty of Kinesiology, Sport, and Recreation at The University of Alberta, TSC provided a wide range of learning opportunities and volunteer experiences through our programs. Students completing degrees across a variety of disciplines: physical education and recreation, sports and tourism, kinesiology, education, science and the arts all took advantage of the breadth of learning and mentoring opportunities offered at the Centre.

In the 2018-2019 academic year the Centre supported 243 students across four program areas: Free2BMe Physical Activity for Kids and Teens with Disabilities; Adapted Fitness Programs for Adults; Athlete Development for Parasport; and Functional Electrical Stimulation (FES) Exercise Program.

#### <u>Undergraduate Students</u>

Students studying in related fields from post-secondary institutions across the province received training in Adapted Physical Activity through TSC. Two full-time and two part time practicum students from the University of Alberta benefited from 14 weeks of applied work experience across all aspects of the Centre. The Centre continues to serve as a designated community service-learning partner. A total of 85 U of A students completed community service-learning (CSL) requirements. In addition to students from our Faculty's senior-level Adapted Physical Activity courses, students enrolled in a Marketing and Communications course from the Alberta School of Business also completed CSL placements within our programs.

Students were instrumental in the implementation and delivery of student-led program models throughout the Centre. Students worked alongside adult Centre members to progress individual exercise programs and introduce a variety of adapted physical activity and Para-sport opportunities to individuals experiencing disability.

Another group of energetic students served as PALS for children and youth participating in Free2BMe's 1:1 motor skill development programming. Students also actively engaged with the Athlete Development for Para Sport program and the Community Exercise Transition Program.



Students eagerly joined The Steadward Centre team by taking part in the Physical Activity Led by Students (P.A.L.S.) programs. P.A.L.S. enables us to offer more opportunities for children, youth and adults to receive individualized instruction in fitness, fundamental movement skills and sport. Students worked alongside adult members to progress individual exercise programs and introduce a variety of Adapted Physical Activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in 1:1 motor skill development programming within Free2BMe.

#### Graduate Students

The Steadward Centre supports graduate students by providing opportunities for clinical field placements (Physical Therapy) and the facilitation of independent research studies. Four graduate students completed participant recruitment activities in the Centre this past year. The Steadward Centre participated in the Faculty Research Day, which involved showcasing the research conducted by graduate students in 2017- 2018.

## Faculty Strategic Priority: Excel

Create and sustain a culture that fosters and champions distinction and distinctiveness in teaching, coaching, learning, research and citizenship.

To support the Faculty's focus on striving to maintain nationally competitive teams, TSC is committed to support the development of para-athletes across the province. Eighteen para-athletes received training through a partnership between TSC and the High Performance Training Centre (HPTC). TSC established a para-swimming club, The Steadward Bears, which is comprised of 45 swimmers in the development and high performance stream. TSC developed an inclusive readiness tool to help coaches and athletics clubs with little parasport experience identify key strategies to use to build capacity and support para-athletes. With over 200 student volunteers gaining experience in adapted physical activity and parasport, TSC is preparing future coaches to be prepared to support athletes with impairments across multiple sports.

TSC is proud to share knowledge through academic publications, presentations, and workshops. The following highlights a few TSC contributions from this past year:

- Shirazipour, C. H., Evans, M. B., **Leo, J.,** Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2018). Program conditions that foster quality physical activity participation experiences for people with a physical disability: a systematic review. *Disability and rehabilitation*, 1-9.
- Bassett-Gunter, R., Angevaare, K., Tomasone, J., **Leo, J.,** Varughese, B., Langvee, J., & Ginis, K. M. (2019). A systematic scoping review: Resources targeting the training and education of health and recreation practitioners to support physical activity among people with physical disabilities. *Disability and health journal*. *12* (4), 542-550



- Diversity and Inclusion in Recreation training sessions delivered for Campus Community Recreation, University of Alberta
- Activity-Based Therapy Across the Continuum of Care in Canada- a webinar hosted by the Rick Hansen Institute and Toronto Rehab which included the perspective of FES exercise at TSC
- Inclusion Panel Discussion at The Rec Forum, University of Alberta

#### Engage

Engage across the Faculty, University, province, country and globe to create reciprocal, mutually beneficial learning experiences, research projects, partnerships and collaborations to achieve Faculty goals

TSC is focused on fostering strategic partnerships to build capacity across the province. For example, TSC established the FES Community Committee with the Glenrose Rehabilitation Hospital, Saville Community Centre, and Don Wheaton YMCA to enhance communication across rehabilitation and community settings.

Key TSC partners include:

- Canadian Disability Participation Project (CDPP)
- Abilities Centre
- Inclusive Sport and Recreation Collective
- Canadian Tire Jumpstart Charities
- Edmonton Public School Board and Edmonton Catholic School Board

#### 2.3 Faculty Strategic Priority: Sustain

Increase capacity by attracting and effectively managing the resources we need to deliver excellence.

As an academic Centre, The Steadward Centre receives lights on funding from the Faculty of Kinesiology, Sport, and Recreation. All operating dollars are secured through a diverse funding strategy. Base funding is provided by Alberta Sport Connection in the amount of \$535,000.00. The remainder of the approximate \$1 million operating budget is received through provincial and municipal granting programs, community foundations, service groups, donations and program participation fees and services. TSC continues to explore innovative ways to raise funds, including partnerships with the CDPP (research support), Ministry of Culture, Multiculturalism, and Status of Women and Canadian Tire Jumpstart Charities (Promoting Inclusive Play in Alberta), and leveraging funds from the Edmonton 2001 Athletics Legacy Foundation to enhance support from the Canadian Paralympic Committee.

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- Alberta Government
- Alberta Sport Connection
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- Edmonton Civic Employees Charitable Assistance Fund
- Edmonton Oilers Community Foundation
- Edmonton Public Teachers
- Insight Insurance
- Melton Foundation
- ParticipACTION
- Stollery Charitable Foundation
- TELUS

