# Faculty Report

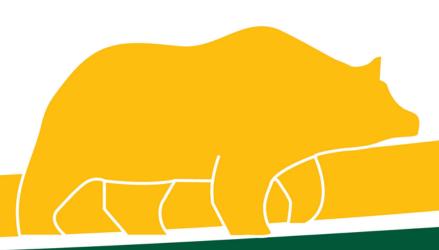
Reporting on the Faculty of Physical Education and Recreation's achievements, scholarly activities, athletics and recreation services.

#### Edmonton, Alberta

f www.facebook.com/physedandrec

☑ @PER\_UAlberta

www.physedandrec.ualberta.ca



l.	١	Message from the Dean	. 5
I.	F	aculty Management	. 7
II.	F	Professoriate 2014-15	. 8
A.		Academic Administrative Staff	. 9
В		Golden Bears and Pandas Coaching Staff	. 9
C		Office of Advancement	12
D		Communications	12
E.		Alberta Centre for Active Living	12
F.		Recreation Services Staff	12
G		Operations Staff	13
Н		The Steadward Centre Staff	15
I.		Technical staff	16
٧.	A	Academic Programs	17
A.		Undergraduate Enrollment	17
	1.	. 2014/15 Registrations by Year and Program	17
	2	. Number of Applications Received Per Program	17
	3.	. Final Admitting Averages	18
В		Undergraduate Student Scholarship Awards	18
C		Undergraduate Convocation	20
	1.	November 2014	20
	2	June 2015	22
٧.	(	Graduate Programs	25
Α.		Enrollment	25
В		Supervisory Assignments of Graduate Students	26
C		Graduate Student Scholarship Awards	29
D		Graduate Student Research and Publication Awards	32
E.	•	Graduate Studies Convocation	32
	1.	Fall 2014 Convocation	32
	2	Spring 2015 Convocation	33
F.		Graduate Student Employment	33
۷I.	F	Research and Scholarly work	
A.		Total Research Funding	34



B.	Tri-Council Funding	34
C.	Salary Award Grants	35
D. Educatio	Research Funding 2014-2015 by Principal Investigators in the Faculty of Physical on and Recreation	
E.	Publications	48
1.	Books (3)	48
2.	Book Chapters (11)	49
3.	Refereed Publications (97)	49
VII. F	aculty Evaluation Committee (FEC) Report 2015	57
VIII.	Unit Reports	59
A.	Alberta Centre for Active Living	59
1.	ACAL: Faculty Strategic Priority: Communication	60
2.	ACAL: Faculty Strategic Priority: Exemplary Student Experience	63
3.	ACAL: Faculty Strategic Priority: Collaboration and Integration	63
4.	ACAL: Faculty Strategic Priority: Differentiation through Innovation	65
В.	Community and International Engagement	67
1.	International	67
C.	Canadian Athletics Coaching Centre (CACC)	72
1.	CACC Staff Compliment	72
2.	Coach Development	73
3.	Athlete Development	73
4.	Additional Activities	74
D.	Operations	74
1.	Operations: Faculty Goals: Talented People	77
2.	Operations: Faculty Goals: Communication	80
3.	Operations: Faculty Goals: Resource Management Allocation	81
4.	Operations: Faculty Goals: Exemplary Student Experience	84
5.	Operations: Faculty Goal: Collaboration and Integration	84
6.	Operations: Faculty Goal: Differentiation through Innovation	86
E.	The Steadward Centre	87
1.	The Steadward Centre: Faculty Goal: Talented People	88
2.	The Steadward Centre: Faculty Goal: Communication	89
3.	The Steadward Centre: Faculty Goal: Resource Management Allocation	90



4.	The Steadward Centre: Faculty Goal: Exemplary Student Experience	90
5.	The Steadward Centre: Faculty Goal: Collaboration and Integration	92
6.	The Steadward Centre: Faculty Goal: Differentiation Through Innovation	93
F.	Recreation Services	102
1.	Recreation Services: Faculty Goal: Talented People	104
2.	Recreation Services: Faculty Goal: Communication	105
3.	Recreation Services: Faculty Goal: Resource Management Allocation	106
4.	Recreation Services: Faculty Goal: Exemplary Student Experience	108
5.	Recreation Services: Faculty Goal: Collaboration and Integration	111
6.	Recreation Services: Faculty Goal: Differentiation Through Innovation	112
G.	Athletics Report to the Faculty and Community	118
1.	Athletics: Faculty Goal: Talented People	119
2.	Athletics: Faculty Goal: Communication	121
3.	Athletics: Faculty Goal: Resource Management Allocation	125
4.	Athletics: Faculty Goal: Exemplary Student Experience	130
5.	Athletics: Faculty Goal: Differentiation through Innovation	132
6.	Athletics: Faculty Goal: Collaboration and Integration	133
7.	Green & Gold Sport System	137
Н.	Advancement	143



#### I. Message from the Dean

The 2014-15 year marks the completion of my fifth year as Dean of the Faculty of Physical Education and Recreation, and final year of my first term. On May 11, 2015, following the acceptance of the recommendation from the duly constituted Decanal Review Panel, I was appointed by the Board of Governors for a second five-year term beginning July 1, 2015. I thank the committee for their work, and their recommendation and look forward to working on behalf of the faculty in my second term as Dean.

The 2014-15 academic year marked the 50<sup>th</sup> anniversary of the faculty and numerous activities were done to highlight this 'golden' year. One of the major events for the year was the opening of the new Physical Activity and Wellness (PAW) Centre – the first major construction within the faculty in over 30 years, that being the building of the Universiade Pavilion, affectionally known as the Butterdome, built in 1982 for the 1983 FISU summer games. In addition to the building of the PAW Centre, the faculty acquired the renovated University Hall as a major addition to the newly named Van Vliet 'Complex' – certainly one of the most impressive footprints of any faculty of our type in Canada, or internationally.

Capital construction is an important aspect of faculty renewal, but the history of the faculty is built on its people, and we were able to attract two new, highly qualified assistant professors in the year in question. **Dr. Amber Mosewich,** will begin her career in the faculty January 1, 2106 and **Dr. Danielle Peers**, who will pursue her studies for a year as a Banting Postdoctoral Fellow, before joining the Faculty in July of 2016.

Congratulations to **Dr. Nancy Spencer-Cavaliere** and **Dr. Loren Chiu** who received tenure and promotion to the rank of Associate Professor in the Faculty effective July 1, 2015. Both Nancy and Loren have made strong contributions to the Faculty during their Assistant Professor period, and I look forward to long and successful careers from both.

Congratulations to **Dr. Tanya Berry** for the renewal of the CRC Tier II Chair. This external review process and reaffirmation of the quality and value of Dr. Berry's work adds to the national and international reputation of the Faculty.

I am very pleased to highlight – and congratulate – **Dr. Brian Maraj** who received two awards that reflect the quality of his teaching. Brian received the 2015 Rutherford Award for Excellence in Undergraduate Teaching and was voted the honor of presenting the 'Last Lecture' for the university through a campus-wide poll.

Congratulations also go to the following Faculty members, who were the recipients of the Dean's Recognition Awards for the 2014-15 academic year:



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

- Coaching:
  - o lan Herbers (hockey)
- Research:
  - o Dr. PearlAnn Reichwein
- Service and Administration
  - o **Dean Budinski** (Service)
  - o Christina Lau (Administration)
- Teaching (Faculty):
  - o Dr. Gordon Walker
- Teaching (Sessional)
  - o Karen Slater
- 'Dan Syrotuik' Core Values
  - o Dr. Stewart Petersen

The past year has many highlights as noted through the balance of this report. In recalling the past year, I would like to note the following achievements:

- An all-time high in Canadian Institute of Health Research (CIHR) research funding of over \$1.25M
- A 6-year high in total research funding of over \$4.09M
- A 6-year high in tri-Council funding of over \$1.58M
- A four-year high in NSERC funding of over \$110K
- A three-year high in SSHRC funding of over \$219K
- Orchesis dance 50th anniversary
- Approval of the change of name for our Bachelor of Physical Education (BPE) degree to Bachelor of Kinesiology, which came into effect September 1, 2015.
- 5 CIS National Championship teams (Golden Bears Volleyball, Golden Bears Curling, Pandas Curling, Golden Bears Hockey and Golden Bears and Pandas Tennis)
- Among others...

Respectfully Submitted

W. Kerry Mummery, PhD FASMF

Dean, Faculty of Physical Education and Recreation



## II. Faculty Management

#### Faculty Management Group

Dean & Chair, Dr. Kerry Mummery

Vice Dean, Dr. Wendy Rodgers

Associate Dean, Graduate Studies, Dr. Donna Goodwin

Associate Dean, Undergraduate Programs, Dr. Janice Causgrove Dunn

Associate Dean, Research, Dr. John Spence

Associate Dean, Community and International Engagement, Dr. Tom Hinch

Assistant Dean, International and Community Education, Christine Ma (January 2015)

Assistant Dean, Administration, Brian Esslinger

Acting Director, Recreation Services, Grachella Garcia

Director, Advancement, Eric Upton

Director, Athletics, Dr. Ian Reade

Director, Operations, Cheryl Harwardt

Marketing and Communications Coordinator, Jocelyn Love

Executive Assistant to the Dean, Keri Blue

# Faculty Executive

## Voting

Dean & Chair, Dr. Kerry Mummery

Vice Dean, Dr. Wendy Rodgers

Associate Dean, Graduate Studies, Dr. Donna Goodwin

Associate Dean, Undergraduate Programs, Dr. Janice Causgrove Dunn

Associate Dean, Research, Dr. John Spence

Associate Dean, Community and International Engagement, Dr. Tom Hinch

Assistant Dean, International and Community Education, Christine Ma (January 2015)

Acting Director, Recreation Services, Grachella Garcia

Director, Advancement, Eric Upton

Director, Athletics, Dr. Ian Reade

Director, Operations, Cheryl Harwardt

Faculty Council Representatives, Dr. Zac Robinson, Dr. Pirkko Markula and Dr. Normand Boule

Marketing and Communications Coordinator, Jocelyn Love

NASA Representative, Tyson Lazaruk

PERGSS President/Graduate Student Association, Jennifer Crawford

PERCS VP Academic/Undergraduate Student Association, Bridget Hooper

#### Non-voting

Assistant Dean, Administration, Brian Esslinger

Executive Assistant to the Dean, Keri Blue



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

#### **Faculty Evaluation Committee**

Dean & Chair, Dr. Kerry Mummery

Dr. Tanya Berry

Dr. Darren DeLorey

Dr. Jay Scherer

Dr. Nick Holt

Dr. Wendy Rodgers

Dr. Frank Marsigilio, Professor, Department of Physics

#### **Coaches Evaluation Committee**

Associate Dean & Acting Chair, Dr. John Spence

Director, Athletics, Dr. Ian Reade

Head coaches – Terry Danyluk, Laurie Eisler, Barnaby Craddock

Faculty representative, Dr. Nick Holt

External - Associate professor, Elementary Education, Dr. Clive Hickson

#### III. Professoriate 2014-15

#### Full Professors (14)

Dr. Kerry Courneya

Dr. John Dunn

Dr. Karen Fox

Dr. Donna Goodwin

Dr. Tom Hinch

Dr. Nick Holt

Dr. Brian Maraj

Dr. Kerry Mummery, Dean

Dr. Pirkko Markula

Dr. Dan Mason

Dr. Stewart Peterson

Dr. Wendy Rodgers, Vice Dean

Dr. John C. Spence

Dr. Billy Strean

Dr. Gordon Walker

#### Associate Professors (16)

Dr. Tanya Berry

Dr. Normand Boulé

Dr. Janice Causgrove Dunn

Dr. David Collins

Dr. Judy Davidson

Dr. Darren DeLorey

Dr. Jim Denison

Dr. Elizabeth Halpenny

Dr. Michael Kennedy

Dr. Kelvin Jones

Dr. Lisa McDermott

Dr. Tara-Leigh McHugh

Dr. Ted Putman

Dr. PearlAnn Reichwein

Dr. Jay Scherer

#### Assistant Professors (7)

Dr. Valerie Carson

Dr. Craig Chapman

Dr. Loren Chiu

Dr. Margie Davenport

Dr. Zac Robinson

Dr. Howie Harshaw

Dr. Nancy Spencer-Cavaliere



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Dr. Craig Steinback

**Faculty Lecturers** 

Dr. Joanna Auger Dr. Angela Bayduza Tamara Bliss

Dr. Craig Cameron Mary Ann Rintoul Dr. Sean Ryan

Dr. Pierre Baudin

#### Academic Administrative Staff

Leanne Baudistel

Sean Cai

Dana Dragon-Smith

Alex Game

Meagan Hickey

Jason Lafferty

Stacey Laing

Christina Lau lan MacLean

Carmen McConnell

John Newton

Darcie Tessari

Tyson Lazaruk

Administrative Assistant

International Programs Officer

Graduate Programs Administrator

Kinesiology Technologist

Undergraduate Programs Advisor

APO, Academic Programs

Practicum Supervisor

Program Coordinator

Laboratory Technologist

Administrative Assistant

Musical Arranger/Accompanist

Undergraduate Programs Advisor

Recruitment/Practicum Officer

#### B. Golden Bears and Pandas Coaching Staff

#### Head Coaches

Barnaby Craddock Terry Danyluk

Owen Dawkins

Howie Draper

Scott Edwards Laurie Eisler

Bill Humby

Liz Jepsen

Rob Krepps

Ian Herbers

Stan Marple

Wes Moerman

Matt Parrish

Men's Basketball Men's Volleyball

Men's and Women's Wrestling

Women's Ice Hockey

Women's Basketball

Women's Volleyball

Men's and Women's Swimming

Women's Soccer

Men's and Women's Curling

Men's Ice Hockey Men's Ice Hockey

Track and Field; Cross Country

Women's Rugby



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Document is subject to change.

Page 9

Russ Sluchinski Chris Morris Robin Stewart Len Vickery Men's and Women's Tennis Football Men's and Women's Golf Men's Soccer

# **Assistant Coaches**

Assistant Coaches	
Men's and Women's Curling	Gary Coderre, Amanda Coderre, Dana Ferguson, Jeff Hoffert
Men's and Women's Golf	Dale Johns, Brad Hamilton
Men's and Women's Swimming	Colleen Marchese, Nathan Kindrachuk, Kayla Voytechek, Michael Cook
Men's and Women's Tennis	Bryce Southworth, Corey Stewart, Ivan Quintero
Men's and Women's Track and Field/Cross	Brian Kropman, Sean Bayton, Mark Cocks, Chris DeVries, Rob Fisher, Nick Stoffberg, Neville Wright, Corey Choma, Stephen McPhee, Stephen Lines
Men's and Women's Wrestling	Jason Waas, Roger Alves, Aso Palani
Men's Basketball	Kent Johnson, Nick Maglisceau, James Jones
Men's Football	Danny Boily, Ryan David, Shannon Garrett, Jason Sulz, Tim Prinsen, Senny Leong, Terry Eisler, Smith Wright, Barclay Spady, Rick Walters, Tom Dennehy, Dakota Jones, Daelen Brandle, Jeremy Daniel
Men's Hockey	Fernando Pisani, Sean Brown, Leen Zalasky, Mike Chan, Joel Jackson, Dave Rathjen
Men's Soccer	Kurt Bosch, Martin Fenger-Anderson, Tomasz Janas



Men's Volleyball	Brock Davidiuk, Dale Johns, Jace Burrows
Women's Basketball	Megan Pinske, Kelly Haggstrom, Robyn Fleckenstein, Drew Hanson
Women's Hockey	Sarah Hilworth, Dan Basterash, Wade Borynec, Richard Jones, Wes Nystrom, Telina Chorney, Joel Jackson, Kacey Neely
Women's Rugby	Alex Game, Jo Hull, Lesley Stetic
Women's Soccer	Alexandra Ash, Luke Jones, Brittany Kindzierski, Krista Gavin, Angelo Sestito, Robin Gardener
Women's Volleyball	Pierre Baudin, Naoki Miyashita, Nicole Ban, Janelle Rozema, Katrina Von Sass, Chantelle Lamotte, Loren Chiu, Mike Noble

# Athletics: Support Staff

Danielle Boehres Athletic Therapist
Matt Gutsch Communications

Paul Cartledge Communications Assistant

Vang Ioannides Associate Director
Dale Johns Accounts Assistant
Sharon Kaminecki Administrative Assistant

Jonathan Krywulak Event Manager

Marina Leyderman
Joan Matthews White
Head Varsity Therapist
Michael McTeague
Associate Director
Tyler Mussbacher
Alex Yaworski
Physical Therapist
Katie Spriggs
Associate Director

Brad Hamilton Event & Media Production Coordinator

Breanne Ferris Event Services Coordinator
Robin Stewart Sport Program Coordinator
Stacey Wickman Administrative Assistant



#### C. Office of Advancement

Eric Upton Director of Advancement
Robert Kinasewich Director of Special Projects
Mark Kerthius Development Officer

Mark Korthius Development Officer

Dana Hamilton Assistant

#### D. Communications

Andrea Brown Marketing and Communications Coordinator

(Acting)

Jocelyn Love Marketing and Communications Coordinator

# E. Alberta Centre for Active Living

Nora Johnston Director

Jill Carlson UWALK Marketing and Communications

Coordinator (Maternity Leave)
UWALK Research Associate
Financial Administrator

Katie Kowalyk UWALK Facilitator
Betty Lee Centre Coordinator

Christina Loitz Knowledge Translation Specialist

Lynda Matthews-Mackey Administrative Assistant

#### F. Recreation Services Staff

Grachella Garcia

Joy Chikinda

Associate Director

Brian Gratrix

Program Coordinator

Nicolette Marshall

Program Coordinator



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Document is subject to change.

Cally Jennings

Carol Knull

Sheila Pelz Accounting/Administrative Assistant
Naissa Preston Program Coordinator

Megan Ragush
Tammy Dieno
Philip Poier
Amy LeBlanc
Program Coordinator
CLASS Administrator
Customer Service Centre
Customer Service Centre

Amanda Brown Marketing and Communications

Coordinator

## G. Operations Staff

# Operations Staff

Cheryl Harwardt Director

Rob Krepps Associate Director Sport

Development/Head Coach Curling

Greg Lembke Manager, Saville Community Sports Centre

- West

Christine Ma Associate Director Russ Sluchinski Manager, Tennis

Rob Stewart Manager, Saville Community Sports Centre

- East

Shaun Arkison Operations Maintenance
Lois Arnason Bookings Clerk/Reception

Dean Budynski Operations Services Coordinator

Bruce Bourguignon Operations Maintenance Supervisor, South

Campus

Brian Bowers Aquatics Supervisor
Rob Callahan Facilities Attendant

Chelsea Carey Activity and Leisure Camp Coordinator –

Maternity leave replacement for Jessica

Holmgren (April 2014 – May 2015)

Laura Crocker Curling Coordinator – Maternity leave

replacement for Karla Ishida (March 2014

- April 2015)

Guy Crosswhite Arena/Fitness Maintenance

Cheryl Danchuk Customer Service
Prescilla Dela Cruz Accounting Assistant

Laurie Ennik Administration Supervisor – South Campus
Mark Ennik Assistant Supervisor, Equipment Room



Dean Fargey Operations Maintenance

Ben Gallaher South Campus and Foote Field Supervisor,

Paul Glassford Facility Attendant
Eric Golberg HPTRC Coordinator

Barb Gordon Customer Service Coordinator – SCSC

West

Cal Grainger Arena Attendant

Stephanie Hooft Karla Ishida

Krystle Johner

Christine Legault

David Lyle/James Linthorne

Andrea Jones Jessica Kennaugh

Lloyd King Hania Kura

Susan Lenio

Kelly Lyons

Travis Maloney

Mitch McKee Kyle McMahon

Erin Mikulin

Corey Peterson

Alyssa Pietucha

Yvonne Pugh

Whitney Santa

Chelsea Guthrie Assistant Sports Coordinator

Jessica Holmgren Activity and Leisure Camp Coordinator –

Maternity leave (April 2014 – May 2015)

Operations Maintenance

Curling Supervisor – on maternity leave

(March 2014 – April 2015) Fitness Coordinator Tennis Coordinator

Facility Bookings/Administrative Assistant

Climbing Centre Supervisor Equipment Room Supervisor Facilities Allocation Lead

Marketing/Events Bookings Coordinator –

SCSC West, on maternity leave (March

2015 - February 2016]]

Fitness & Lifestyle Supervisor

Bookings/Contracts Clerk – Maternity leave replacement (April 2014 – April 2015)

Facilities Attendant

Assistant Sports Coordinator

Operations Maintenance, Coordinator -

SCSC West

Bookings/Contracts Clerk – Maternity

leave (April 2014 - April 2015)

Anna Minarchi Accounting Supervisor

Dallas Mix Climbing Centre Assistant Supervisor

Neil Murray Facilities Attendant

Heather Pearson Bookings/Marketing Coordinator,

maternity leave replacement (March 2015

- February 2016)

Operations Maintenance
Facilities Attendant
Operations Maintenance

**Accounting Assistant** 



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Randy Shaw Operations Maintenance
Andrew Smith Facilities Attendant
Sheldon Thomas Operations Maintenance
Sarah Yahn Facilities Attendant
Ryan Walter Facilities Attendant

Dan Walter Operations Maintenance, Coordinator –

SCSC East

Monty Wood Arena Supervisor

#### Canadian Athletics Coaching Centre

Brian Kropman Director

Wes Moerman Associate Director, Athletics Programming

Sean Baynton Manager, National Program Coach

Development

Nick Stoffberg Alberta Institute Coach
Jim Denison Academic Liaison

## H. The Steadward Centre Staff

Karen Slater Director

Gina Newell Financial Administrator

Shirley Ewmett Receptionist

Bobbi-Jo Atchison Community Transition Coordinator Kirsti Van Dornick Athlete Development Coordinator

Nathan Kindrachuk Athlete Development — Para-swim coach Scott Durocher AFPA\* APA\*\* Consultant—Team Lead

Claire McWilliams APFA APA PFT (April – July)

Caitlin Wheeler

Jessica Imppola

Amanda Ebert

AFPA APA Consultant (September start)

Community Transition—APA Consultant

Free2BMe APA Consultant—Team Lead

Philip Krol Free2BMe APA Consultant
Stephanie Liew Free2BMe APA Consultant
Brittney Kuzio APA Instructor—summer

Brett Fitzpatrick APA Instructor
Katherine Hense APA Instructor
Kristian Panis APA Instructor
Ashley Biffert APA Instructor



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Michelle Leger Melissa Fleming Danielle Home APA Instructor APA Instructor Roger S. Smith Research Award – Summer Student

#### I. Technical staff

Corey Chevraux
Zoltan Kenwell
Ian MacLean
Josh McNutt
John Newton
Christopher Perkovic

Information Technology Manager Electronic Specialist/Photographer Laboratory Technologist Desktop Support Specialist Musical Arranger/Accompanist IT Support



<sup>\*</sup> AFPA (Adapted Fitness Programs for Adults)

<sup>\*\*</sup>APA (Adapted Physical Activity)

# IV. Academic Programs

# A. Undergraduate Enrollment

# 1. 2014/15 Registrations by Year and Program

	Ye	ar 1	Year 2		Year 3		Year 4		Total		
BARST/RLS		54	4	14	54		33		185		
BPE		77	83		139		107		406		
BPE/BEd	6 (Elm) 23 (Sec)		3 (Elem)	19 (Sec)	0 (Elem) 23 (Sec)		0 (Elem)	0 (Sec)	9 (Elem)	65 (Sec)	
BScKin		61	7	77		71		64		273	
TOTAL	2	21	226		287		204		938		
				•		Specia	al (23)/Visiti	ng (16)	9	77	

# 2. Number of Applications Received Per Program

	2013-14*	2014-15**	% change
BPE	576	465	-19.3 %
BPE/BEd	73 (Elem)/177 (Sec) = 250	45 (Elem) / 120 (Sec) = 165	-34.0%
BScKin	654	556	-15.0%
BARST	320	275	-14.1%
	10 Visiting student applications	17 Visiting student applications	70.0%
	43 Special student applications	38 Special student applications	-11.6%
	*3 program choices per application	** 2 program choices per application	



# 3. Final Admitting Averages

Final High School/Transfer Averages per Program								
2013 2014								
BPE	80/3.0	80/3.0						
BPE/BEd	80/3.0	80/3.0						
BScKin	82/3.3	81/3.3						
BARST	75/2.3	75/2.3						

# B. Undergraduate Student Scholarship Awards

AG (Gil) Gilmet Award	Ryan Lacy
Dorothy Harris Dance Award	Nikol Robbins
Janie Larsen Memorial Award	Jennifer Schmidt
ML Van Vliet Scholarship	Kendall Schultz
Marokus Scholarship in Physical	Lewis Anderson
Education	
Michael Cameron Memorial	Lydia Sokol
Scholarship	
Reg Rault Memorial Scholarship	Maxwell Harrison
Dr Erwin and Gerda Bako Memorial	Alicia Byblow
Scholarship	
Margaret Ellis Undergraduate	Alexandra Kirincic, Brendan DeForge
Scholarship	
Ruby Anderson Undergraduate	Melissa Bouwsema
Award	
R. Gerald Glassford Scholarship for	Safia Samji
Excellence in Physical Education and	
Recreation	
Kathlene Yetman Memorial Award	Colleen Cheze
Faculty of Physical Education and	Leah Rusnell, Jesse Vander Meulen,
Recreation Scholarship for Academic	Quinton Rebke
Excellence	
Dr Elsie McFarland Leadership Award	Rosemarie Kilgannon
Helen M Eckert Lifespan Development	Uday Chauhan
Scholarship	
Edmonton 2001 World Championships	Said Sayah
in Athletics Sport Performance	



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

Undergraduate Scholarship	
Physical Education and Recreation	Bridget Hooper, Sarah Li, Irina Simin,
Alumni Association Award	Sarah Rintoul
Darwin and Betty Park Sustainability	Janelle Cameron
Award	
25th Anniversary of the Practicum	Nicole Roshko
Program Legacy Award	
Joyce Cutts & Eunice Mattson	Scott Allan
Memorial Award	
Faculty of Physical Education and	Ruibo Zhao
Recreation Award for International	
Students	
June Hole Physical Education and	Pascal Dumoulin
Recreation Award	
Faculty of Physical Education and	Caitlyn Achtymichuk, Levi Ansell, Emma
Recreation Academic Excellence	Camicioli, Nicholas Cheung, Sydney
Scholarship	Chodan, Jillian Christiansen, Danika
	Desjardins, Emilie Dick, Jun Koo Kang,
	Amariah Kathol, Byung Gyu Kim, Tianna
	Kissick, Sarah Li, Aaron Louette, Jeffrey
	Mah, Carly O'Sullivan, Leah Rusnell,
	Roxanne Sather, Yasmin Valji, Allison Vest
Edmonton 2001 World Championships	Said Sayah
in Athletics Sport Performance Entrance	
Scholarship	
Dean's Entrance Citation in Physical	Taylor Kiersten
Education and Recreation	
Faculty of Physical Education and	Amee Svatos, Christopher Morrow, Czar
Recreation International Student-Athlete	Robotham, Joel Ostman
Award	
Royle Harris Play Around the World	Anthony Bourque
Award	
Dean's Orchesis Dance Summer	Kelsie Acton, Sophia Yip
Study Award	<u> </u>
Alan F Affleck Award in Recreation	Chelsey Labatiuk
and Leisure Studies	•
University of Alberta Alumni Medal	Emily Ainsley
in Physical Education and Recreation	•
Easton Family Scholarship	Devon Fawcett-Davis
Jennye Clearwater Scholarship in	Maegan Ciesielski
Recreation and Leisure Studies	Š
Margie Mitchell Memorial Award	Jacy Calon
<u> </u>	,



Anniversary Scholarship in	Maxwell Harrison, Maegan Ciesielski
Recreation	
Jack Monaghan Family Community	Elizabeth Crockett
Leadership Award	
Colin Cooper Award	Jessica Royer, Cole Gunderson
Sarah and Martin Gouin Family	Cole Gunderson
Scholarship in Physical Education	

# C. Undergraduate Convocation

		Nov-	11		Nov-	12		Nov-	13		Nov-	14
		WD	TOTAL		WD	TOTAL		WD	TOTAL		WD	TOTAL
BPE	21	5	26	21	5	26	21	5	26	32	3	35
BPE/BEd	12	1	13	12	1	13	12	2	13	4		4
BSC Kin	13	6	19	13	6	19	13	6	19	8	8	16
BARST	7	2	9	7	2	9	7	2	9	8	2	10
BARLS	1		1	1		1	1		1			
TOTALS	54	14	68	54	14	68	54	14	68	52	13	65
		Jun-	12	Jun-13		Jun-14		Jun-15		15		
		WD	TOTAL		WD	TOTAL		WD	TOTAL		WD	TOTAL
BPE	64	11	75	64	11	75	64	11	75	46	32	78
BPE/BEd	31	4	35	31	4	35	31	4	35	32	5	37
BScKin	28	32	60	28	32	60	28	32	60	26	25	51
BARST	19	1	20	19	1	20	19	1	20	22	7	29
BARLS			0			0			0			
TOTALS	142	48	190	142	48	190	142	48	190	126	69	195

WD = With Distinction

#### 1. November 2014

November 2014 Undergraduate Convocation Bachelor of Physical Education 39 Graduands (\*4 BPE/BEd); 3 With Distinction (WD)

Barbar, Keira Elizabeth Barteaux, Ian Frederick Basterash, Jillian Marie Biendarra Rempel, Leah Caroline Blain, Zachary Harrison McAleese, Amy Rose McNutt, Ashley Marie Naturkach, Jordan Kenneth Nicholson, Breanne Alyssa (WD) Nickel, Tanner Hanlen



Bordin, Olivia Mandella
Brus, Amy Alisha
Buga, Stephanie
Chapeton, Brianna Veronica
Ching, Kelsi Lee
Gjini, Daniel
Greer, Elspeth Mary
Just Nielsen, Cassondra Elizabeth
Kaminski, Chad Alexander
Kim, Eunyoung (WD)
Klettke, Meghan Marie
Koopman, Selena Allison
Kowalyk, Katherine Anne
Leger, Michelle Lynn
Mackus, Lale Randall

Northcott, Kristina Nicole (WD)
Penner, Jacob John
Perreault, Jessica
Rowan, Joseph Wayne
Stenzel, Ariana Lea
Sundt, Kirk Michael
Tannahill, Bradley Andrew
Turner, Kelly Lynn
Tyler, Jordan Christopher
Van Tetering, Carley Leah
Wohland, Brittany Ann
Wolff, Marion Lyda
Yaghi, Enace
Zainul, Adam Sidig

# Bachelor of Science in Kinesiology 16 Graduands; 8 With Distinction (WD)

Berney, Stephen Robert Henry Arthur Bradfield, Davis Alan Dabbagh, Tasha Leah Effa, Corrie Joelle (WD) Gavey, Lauren Jenna Holmes, Jessica Mae (WD) Joe, Colin James Mace Keim, Ashley Janet (WD) King, Emily Catherine (WD)
Mckinney, Emma Catherine
Pelat, Ian Christopher
Rombough, Lisa Marie (WD)
Strekies, Tara Jean (WD)
Tracey, Nolan David (WD)
Vos, Joseph Daniel (WD)
Wickstrom, Megan Marie

# Bachelor of Arts in Recreation, Sport and Tourism 10 Graduands; 2 With Distinction (WD)

Amies, Mackenzie Kara Chell, Emily Margaret Dodds, Craig Michael Dunn, Mathew Charles Fraser, Lisa Alice Klein, Katrina Gabriele Lowry, Tiffany Anna (WD) Meston, Josee Leah Shuman, Charissa Bella Smith, Carolyn Elisabeth (WD)



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation
website

#### June 2015 2.

# June 2015 Undergraduate Convocation Bachelor of Physical Education 115 Graduands (\*37 BPE/BEd); 17 With Distinction (WD)

Andersen, Stephanie Steen (WD) Dyki, Evan Robert Andruchow, Nicole Suzanne Earley, Jesse Allan Asleson, Kendra Whitney Evers, Brett

Atkins, Michelle

Ewing, Carson James Axenchuk, Megan Louise Farnell, Gordon Michael

Biggs, Kelti Jean Ferguson, Jessica Bots, Andrew John Fleming, Carson

Bouwsema, Melissa Mary (WD) Foisy, Mitchell Robert Breker, Michael Joseph Fritz, Stefan Andreas

Brochu, Tyler James Michael Fuzzen, Bethany Lee Brookes, Brady James Gormley, Bridget Kavanaugh

Buchanan, Briony Grace Greenway, Kathleen Joy Buchanan, Brogan Catherine Gustafson, Regan Dawn Byblow, Alicia Brooke (WD) Hanna, Jonathan Paul Hanrahan, Johnston Calliou, Katharine Boyd

Candlish, Jessie Marie (WD) Henry, Shelby Leigh Caufield, Justin Porter Herringshaw, Julie Marie

Chaput, Samantha Paige Hyshka, Whitney Sara Craige, Jesse Wade Ilkiw, Hannah Natalka

Daigle, Marc Richard Iversen, Jamie-Leigh Marie Davies, Rachelle Dori Elizabeth (WD) Johnstone, Marcus Bradley

De Gans, Tony Daniel Jones, Amber Eileen Der, Jeffrey Kenneth Jones, Shyla Marjorie

Diachuk, Katelin Sophia (WD) Kapiczowski, Aaron Michael

Drechsler, Adrian Harry George Kindrachuk, Nathan Michael Huebert (WD)

Duncan, Matthew Robert King, David Marten



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation Kippen, Devon Aline Konno, Deanna Lee

Kowalchuk, Tyler John Greig (WD)

Kravontka. Elise Christine Kuzio, Brittney Deanne

Lanti, Kean Lorn Lazo, John Anthony Letersky, Sarah Anne

Levine, Alex Samantha (WD) Lewis. Todd Howard (WD)

Lu. Wilson

MacAngus, Michael David MacGillivray, Aimee Elizabeth MacKay, Serena Elizabeth Marsh, Rebecca Taylor

Marshall, Craig Christopher Robert

McDavid, Adam James McKitrick, Tyler David McPhee, Stephen Robert Melnick, Brett Lloyd

Monikowski, Lisa Dawn (WD) Munan, Matthew Joseph (WD)

Nozack, Kurtis Lorne

O'Connor, Stephanie Vanessa Onyschuk, Kevin George (WD) Parkes, Lanica Elizabeth

Pascoal, Alyssa Ricardo Pearson, Heather Jenny

Pellatt, Sean Colin

Pobihushchy, Matthew John

Poon, Mark Andrew Prins, Tavia Jill

Pukalo, Spencer Owen

Pynn, Shannon Ruth Anne

Reeves, Matthew Alan

Bachelor of Science in Kinesiology 51 Graduands: 25 With Distinction (WD) Rivard, Mathieu Kurt Giszas

Roethlingshoefer, Christie Kim (WD)

Rottger, Rachel Susan Rumball. Heather Marie Schiller, Morgan Danielle Schmidt, Corinne Amanda Schultz, Kendall Dawn (WD)

Scott, Kaitlyn Kristyna Seehagel, Blye Mae Smit, Kurtis Peter Smith, Morgan Lee Stewart, Derek Gordon Strang, Diane Connie

Sutherland, Dylan Benjamin Swain, Taylor Jade (WD) Thomas, Jessica Erin Tran, Karena Katrina Vela, Jeffrey Adam (WD)

Vreim, Cherilyn Jeanine Dorothy

Vriend, Philip Ryan Wallace. Andrew Robert Wampler, Jason Lee Wasiluk, Stephanie Anne

Wasylynuk, Colin Wampler, Jason Lee Wasiluk, Stephanie Anne

Wasylynuk, Colin

Watson, Thomas William Wohlers. Brendan Richard Wolansky, Karla Michelle Yanitski, Stephen Ross



Abbott, Annalise Georgia (WD)
Bamber, Gregory Daniel (WD)

Bertrand, Jennifer Kathleen

Burns, Adam Peter Carless, Spencer Lane

Chauhan, Uday Vikram (WD)

Chernoff, Kendra Maureen

Cheze, Colleen Amber (WD)

Choi, Emily

Crockett, Glen Gregory (WD)

Ehnes, Cameron Michael

Geier, Nicole (WD)

Gunderson, Cole David (WD)

Hadland, Shelby Lynn

Haring, Sara Kathleen (WD)

Hudson, Kelsey Marie

Johnson, Cydney Dawn

Kabzems, Edward Thomas

Kirk, Joseph Andrew

Le, William (WD)

Lee, Helena Sarah

Leggo, Luke Robert (WD)

Lem, Kristi

MacKenzie, Michelle Gayle (WD)

Michaelchuk, Wade William (WD)

Michailides, Panagiota Anthie

Moulton, Meagan Marie

Nichol, Drew Cameron

Nyroos, Doryn Ellis

Ogloza, Darcy Ricardo

Poon, Marissa Gayle (WD)
Purschke, Sarah Ann (WD)
Rebke, Quinton Spencer (WD)

Ritchie, Andrea

Roberts, Troy William (WD)
Roshko, Nicole Amanda (WD)
Roy, William Arthur Loranger
Sayah, Said Mohamad (WD)

Sieben, Paulina Elizabeth

Sommerville, Matthew Maurice

Stang, Judy Lynn
Tan, Vincent (WD)
Ting, Jia-Hueih (WD)
Trieu, Leanne Le (WD)
Van Tonder, Estelle

Van Wijk, Shauna Michele (WD)

Wakefield, Paige Kirsten (WD)

Wilm, Sven Paul

Winterhalt, Joel Christopher (WD)

Yaremko, Anita Anne-Marie Yaremko, Zackary Wayne (WD)

Bachelor of Arts in Recreation, Sport and Tourism 29 Graduands; 7 With Distinction (WD)

Calon, Jacy Shea Chan, Tak Hong Franco Ciesielski, Maegan Lynn (WD) Contenti, Benjamin Devereaux

Lund, Clara Robyn

Ma, Taryn

Macmillan, Kimberly Shannon

Marr, Katrina Nicole



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Dailey, Zachary Jensen
Dell, Curtis Alexander
Dinsmore, Kurtis
Gaboury, Amber Leah
Harrison, Maxwell Benjamin (WD)
Jakubec, Jennifer Helen (WD)
Knoll, Jocelyn Leanne
Kotylak, Alison Teresa
Kreutz, Kate Erin (WD)
Kure, Taylor Rae (WD)
Lin, Lisa Ching-Fen

Patten, Kimberly Anne
Rhodes, Taylor Ashley
Riedl, Theresa Irmgard (WD)
Rutsch, Khenan Everett
Schellenberg, Courtney Annalise
Schmidt, Randi Gail
Schroeder, Hannah Leigh (WD)
Schwartz, Ryan Michael
Wilibnisky, Stephanie Grace
Wincure, Zohar

# Certificate in Aboriginal Sport and Recreation 2 Graduands

Calon, Jacy Shea Yo, Chau Chin

# V. Graduate Programs

# A. Enrollment

For the 2014/2015 academic year, September 1, 2014 – August 31, 2015, we had 128 full-time and part-time students in the master's and doctoral programs, plus five visiting students.

MCoach - 10
MA - 22
MA(RLS) - 3
MA (Course-based) - 8
MSc - 17
PhD - 63
Visiting - 5 (Royal Roads University [1]; Athabasca University [1]; Norway [1]; Germany [1]; Netherlands [1])

Total Number of Graduate Students Admitted: 25

Total Number of International Graduate Students: 28

Brazil- 2 Korea - 3
China- 4 Kyrgyzstan - 1
Iran- 2 United Kingdom - 2



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

# B. Supervisory Assignments of Graduate Students

# As of September 1, 2014

Professor	Grad Student	Supervision	Program Year	Degree
Dr. Pierre Baudin	Nicole Ban	Supervisor	2	MCoach
	Mariska Booyens	Supervisor	2	MSc
	Erin Brennan	Supervisor	2	MA-CRS
	Robert Krepps	Supervisor	5	MA
Dr. Gordon Bell	Joel Jackson	Supervisor	4	MSc
Dr. Tanya Berry	Kimberley Curtin	Supervisor	1	PHD
	Kimberley McFadden	Co-supervisor	2	PHD
	Aaliya Merali	Co-supervisor	2	MSc
	Kirsten Scheliga	Supervisor	2.5	MA
	Laura Watson	Co-supervisor	2	PHD
	Lira Yun	Supervisor	2	PHD
Dr. Normand Boulé	Étienne Myette-Côté	Supervisor	1.5	PHD
	Saeed Reza Toghi Eshghi	Supervisor	3	PHD
Dr. Valerie Carson	Stephen Hunter	Supervisor	1	MA
	Nicholas Kuzik	Supervisor	2	MSc
	Morgan Wagner	Supervisor	1	MSc
Dr. Janice Causgrove Dunn	Kyle Pushkarenko	Supervisor	2	PHD
	Chantelle Zimmer	Supervisor	2	PHD
Dr. Loren Chiu	Michael Chizewski	Supervisor	5	PHD
	Liane Jean	Supervisor	1	MSc
	Gabriella von Gaza	Supervisor	1	MSc
Dr. David Collins	Matheus Wiest	Supervisor	4	PHD
Dr. Kerry Courneya	Scott Adams	Supervisor	2	PHD
	Jennifer Crawford	Supervisor	3	PHD
	Cynthia Forbes	Supervisor	6	PHD
	Andria Morielli	Supervisor	2	MSc
	Mary Norris	Supervisor	3	MSc
	James Vallerand	Supervisor	2	PHD



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Dr. Margaret	Christina Maallay	Cunamican	2	MSc
Dr. Margaret Davenport	Christina MacKay	Supervisor	2	MSC
Dr. Judy Davidson	Tina Connolly	Supervisor	1.5	MA-CRS
Dr. Darren Delorey	lan Cooper	Supervisor	1	MSc
	Christopher de Vries	Supervisor	3	MSc
	Timothy Just	Supervisor	4	PHD
	Chance Reinhart	Supervisor	3	MSc
Dr. Jim Denison	Martin Fenger-Andersen	Supervisor	1	MCoach
	Raeleen Hunter	Supervisor	1	MCoach
	Norbert Kanyo	Supervisor	1	MA
	Timothy Konoval	Supervisor	3	PHD
	Daniel Rosenke	Supervisor	3	MA
Dr. John Dunn	Michael Lizmore	Supervisor	2	PHD
Dr. Karen Fox	Ian Cumming	Supervisor	4	MA(RLS)
	Michael Dubnewick	Supervisor	1	PHD
	Angela Kazmierczak Hamilton	Supervisor	5	MA(RLS)
	Kathleen Mahon	Supervisor	3	MA
	Kelci Mohr	Supervisor	1	MA(RLS)
Dr. Donna Goodwin	Kelsie Acton	Supervisor	2	PHD
	Bobbi-Jo Atchison	Supervisor	2	MA
	Kassi Boyd	Supervisor	1	MA
	Lindsay Éales	Supervisor	2	PHD
	Cathleen Edwards (Cocchio)	Supervisor	6	PHD-C
	Jennifer Leo (Peco)	Supervisor	7	PHD-C
Dr. Elizabeth Halpenny	Baikuntha Acharya	Supervisor	5	PHD
	Clara-Jane Blye	Supervisor	1	MA
	Maral Hamayeli Mehrabani	Supervisor	6	PHD
	Farhad Moghimehfar	Supervisor	4	PHD
	Robert Priebe	Supervisor	0.5	PHD
	Longsheng Song	Supervisor	3	MA
Dr. Victoria	Rachel Bauer	Supervisor	3	M Coach
Harber-Stenerson		·		
	Deanna Iwanicka	Supervisor	5	MA-CRS
	Brittany Kindzierski	Supervisor	2	M Coach
Dr. Howard Harshaw	Jamie Bradshaw	Supervisor	1	MA-CRS
	Jingjing (Flora) Gui	Supervisor	1	PHD
Dr. Thomas Hinch	Aisulu Abdykadyrova	Supervisor	1	PHD
	Stacy-Lynn Sant	Supervisor	7	PHD-C



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

	Damien Traverse	Supervisor	3	MA-CRS
Dr. Nicholas Holt	Hayley deBeaudrap	Supervisor	2	MA
	Meghan Ingstrup	Supervisor	1	MA
	Katherine Neely	Supervisor	4	PHD
Dr. Kelvin Jones	Aaliya Merali	Supervisor	2	MSc
Dr. Brian Maraj	Kateline Hladky	Supervisor	2	MSc
Dr. Pirkko	Kelsie Acton	Co-supervisor	2	PHD
Markula-Denison				
	Kathy Metzger	Supervisor	4	MA-CRS
	Corriveau			
	Danielle Peers	Supervisor	6	PHD-C
	Jodie	Supervisor	4	MA-CRS
	Vandekerkhove			
Dr. Daniel Mason	Kathleen Carey	Supervisor	6	PHD
	Chen Chen	Supervisor	1	PHD
	Evangelos Ioannides	Supervisor	4	MA
	Patrick Reid	Supervisor	3	PHD
	Hanhan Xue	Supervisor	7	PHD
Dr. Lisa McDermott	Nike (Olanike) Ayo	Supervisor	5.5	PHD
	Angela Meyer	Supervisor	3.5	PHD
Dr. Tara-Leigh McHugh	Angela Coppola	Supervisor	4	PHD
	Ariel Dimler	Supervisor	2	MA
	Toni Letendre	Supervisor	2	MA
	Beth Warner	Supervisor	2	MA
Dr. W. Kerry Mummery	Shayna Fairbairn	Supervisor	3	МА
•	Andrew Hanson	Supervisor	2	M Coach
Dr. Stewart Petersen	Liam Boyd	Supervisor	5	MSc
	Vincent Tedjasaputra	Supervisor	4	PHD
Dr. Charles Putman	John Aubrey	Supervisor	5	MSc
	Katelyn Frizzell	Supervisor	2	MSc
Dr. Ian Reade	Jordan Baker	Supervisor	2	MA
	Brock Davidiuk	Supervisor	2	M Coach
	James Jones	Supervisor	1	M Coach
	Clinton Millard	Supervisor	3	MA-CRS
	Serhat Yayla	Supervisor	2	M Coach
Dr. PearlAnn Reichwein	Qi Chen	Supervisor	2	MA
	Paulina Retamales	Supervisor	2	MA
	Xinjun Zhang	Supervisor	1	MA-CRS
Dr. Zachary Robinson	Cameron Johnson	Supervisor	2.5	MA-CRS



Dr. Wendy Rodgers	Laurie de Grace	Supervisor	4	MA
	Heather Larson	Supervisor	1	PHD
	Eric Mathieu	Supervisor	3	MSc
	Kimberley	Supervisor	2	PHD
	McFadden	•		
	Joel Mrak	Supervisor	3	PHD
	Gregory Ryan	Supervisor	5	PHD-C
	Anne-Marie	Supervisor	3	PHD
	Laura Watson	Supervisor	2	PHD
Dr. Jay Scherer	Evan Daum	Supervisor	3	MA
	Jordan Koch	Supervisor	8	PHD-C
	Marcela Mourao	Supervisor	4	PHD
Dr. John Spence	Eun Young Lee	Supervisor	7	PHD
	Jodie Stearns	Supervisor	4	PHD
Dr. Nancy Spencer- Cavaliere	Tara Chisholm	Supervisor	3	MA
	Bethan Kingsley	Supervisor	7	PHD-C
	Eri MacDonald	Supervisor	3	MA
	Tina Watchman	Supervisor	2.5	MA
Dr. Craig Steinback	Rachel Skow	Supervisor	1.5	MSc
Dr. Michael Stickland	Bradley Byers	Supervisor	1	MSc
	Linn Moore	Supervisor	2.5	PHD
	Vincent Tedjasaputra	Co-supervisor	4	PHD
Dr. William Strean	Andre Andrijiw	Supervisor	5	PHD
	Thomas Slifka	Supervisor	3	MA-CRS
Dr. Gordon Walker	Jingjing (Flora) Gui	Co-supervisor	1	PHD
	Shintaro Kono	Supervisor	1.5	PHD
	Maria Lynn	Supervisor	5	MA(RLS)
	Fei Peng	Supervisor	0.5	Visiting
Dr. Marvin Washington	Heejun Lim	Supervisor	1	MA
	Megan Pinske	Supervisor	2	M Coach
	Megan Wickstrom	Supervisor	1	M Coach

# C. Graduate Student Scholarship Awards

Total number of graduate student awards and scholarships received in the 2014/15 academic year: 62

#### Master's:

Jordan Baker, MA (Supervisor: Ian Reade): Alberta Innovation and Advanced Education Graduate Student Scholarship



Nicole Ban, MCoach (Supervisor: Pierre Baudin): Advanced Coaching Scholarship

Kassi Boyd, MA (Supervisor: Donna Goodwin): Queen Elizabeth II Scholarship – Master's; Tim and Nancy Muzyka Graduate Award; Dr. Gary McPherson Leadership Scholarship

Bradley Byers, MSc (Supervisor: Michael Stickland): Graduate Student Teaching Award

Qi Chen, MA (Supervisor: PearlAnn Reichwein): Eleanor Luxton Historical Foundation Graduate Fellowship; University of Ottawa Research Visitorship in the Centre for Canadian and Indigenous Studies

Tara Chisholm, MA (Supervisor: Nancy Spencer-Cavaliere): Queen Elizabeth II Scholarship – Master's; Alberta Advisory Board on Recreation for the Disabled (AABRD) Scholarship

Ian Cooper, MSc (Supervisor: Darren Delorey): Queen Elizabeth II Scholarship - Master's

Brock Davidiuk, MCoach (Supervisor: Ian Reade): Advanced Coaching Scholarship

Hayley deBeaudrap, MA (Supervisor: Nick Holt): Graduate Student Teaching Award

Ariel Dimler, MA (Supervisor: Tara-Leigh McHugh): Queen Elizabeth II Scholarship – Master's; Alberta Innovation and Advanced Education Graduate Student Scholarship

Martin Fenger-Andersen, MCoach (Supervisor: Jim Denison): Advanced Coaching Scholarship

Katelyn Frizzell, MSc (Supervisor: Ted Putman): Alberta Innovation and Advanced Education Graduate Student Scholarship

Kateline Hladky, MSc (Supervisor: Brian Maraj): Alberta Innovation and Advanced Education Graduate Student Scholarship

Corey Kuzik, MSc (Supervisor: Valerie Carson): Queen Elizabeth II Scholarship – Master's; Alberta Innovation and Advanced Education Graduate Student Scholarship

Toni Letendre, MA (Supervisor: Tara-Leigh McHugh): Alexis-Millar Western, Dr William Morrison MacKay Memorial Award

Maria Lynn, MA (Supervisor: Gordon Walker): 2015 Travel and Tourism Research Association - Canadian Chapter DMAC Master's Thesis Graduate Research Award

Christina MacKay, MSc (Supervisor: Margie Davenport): Queen Elizabeth II Scholarship – Master's; Alberta Innovation and Advanced Education Graduate Student Scholarship

Aaliya Merali, MSc (Supervisor: Kelvin Jones): Alberta Innovation and Advanced Education Graduate Student Scholarship

Kelci Mohr, MA (Supervisor: Karen Fox): SSHRC Joseph-Armand Bombardier CGS Master's Scholarship; Walter H John's Fellowship



Rachel Skow, MSc (Supervisor: Craig Steinback): Queen Elizabeth II Scholarship - Master's

Beth Warner Hudson, MA (Supervisor: Tara-Leigh McHugh): Indspire Award

#### Doctoral:

Aisulu Abdykadyrova (Supervisor: Tom Hinch): University of Alberta Doctoral Recruitment Scholarship

Kelsie Acton (Supervisors: Pirkko Markula, Donna Goodwin): Queen Elizabeth II Scholarship - Doctoral; Alberta Award for the Study of Canadian Human Rights and Multiculturalism

Nike Ayo: Queen Elizabeth II Scholarship - Doctoral

Chen Chen (Supervisor: Dan Mason): University of Alberta Doctoral Recruitment Scholarship

Angela Coppola (Supervisor: Tara-Leigh McHugh): Alberta Centre for Child, Family and Community Research Doctoral Award

Kimberley Curtin (Supervisor: Tanya Berry): SSHRC Joseph-Armand Bombardier CGS Doctoral Scholarship; President's Doctoral Prize of Distinction; U of A Doctoral Recruitment Scholarship

Michael Dubnewick (Supervisor: Karen Fox): Queen Elizabeth II Scholarship - Doctoral; University of Alberta Doctoral Recruitment Scholarship

Lindsay Eales (Supervisor: Donna Goodwin): SSHRC Vanier Canada Graduate Scholarship (renewal); President's Doctoral Prize of Distinction

Jingjing Gui (Supervisors: Howie Harshaw, Gordon Walker): University of Alberta Doctoral Recruitment Scholarship

Timothy Konoval (Supervisor: Jim Denison): Graduate Student Teaching Award

Mick Lizmore (Supervisor: John Dunn): Sport Science Association of Alberta Grant

Étienne Myette-Côté (Supervisor: Normand Boulé): Edmonton 2001 World Championships in Athletics Sport Performance Graduate Scholarship

Linn Moore (Supervisor: Michael Stickland): Thoracic Network Alberta and NWT (TNANT) and The Lung Association Studentship Award

Kacey Neely (Supervisor: Nick Holt): SSHRC Doctoral Fellowship (renewal); President's Doctoral Prize of Distinction; Queen Elizabeth II Scholarship – Doctoral; Education Abroad Individual Award



Kyle Pushkarenko (Supervisor: Janice Causgrove Dunn): Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity

Annie Selzler (Supervisor: Wendy Rodgers): CIHR Frederick Banting and Charles Best CGS Doctoral Research Award (renewal); President's Doctoral Prize of Distinction

Jodie Stearns (Supervisor: John Spence): Queen Elizabeth II Scholarship – Doctoral

Vince Tedjasaputra (Supervisor: Michael Stickland): Thoracic Network Alberta and NWT (TNANT) and The Lung Association Studentship Award; Caroline Tum Suden/Frances Hellebrandt Professional Opportunity Award

Laura Watson (Supervisor: Wendy Rodgers): University of Alberta Doctoral Recruitment Scholarship (renewal); University of Alberta Centenary Graduate Award

Chantelle Zimmer (Supervisor: Janice Causgrove Dunn): University of Alberta Doctoral Recruitment Scholarship (renewal); Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity; Louise Svarich Memorial Graduate Award

#### D. Graduate Student Research and Publication Awards

Articles Published in Refereed Journals: 31
Articles & Abstracts in Non-Refereed Journals: 15

Articles in Press: 18 Articles Submitted: 246 Reports & Manuals Written: 9

Papers Presented to Learned Societies or Professional Bodies, Coaching Clinics, & Other Related

Groups: 54

#### E. Graduate Studies Convocation

Total number of students graduated: 38

#### 1. Fall 2014 Convocation

Avner, Zoe Doctor of Philosophy Master of Arts Barry, Taryn Webb Champion, Claudine Clare Master of Arts Chikinda, Jocelyn Fay Master of Arts (crs) Chinkov, Aleksandar Evgeniev Master of Arts Clark, Marianne Irene Doctor of Philosophy Davies, Katie Zoe Doctor of Philosophy Dowling, Mathew Scott Doctor of Philosophy



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Document is subject to change.

Fairbairn, Shayna Michele
Gregg, Daniel Roy
Kentel, Jennifer Lee
Lampe, William Nathaniel
Larson, Heather Kay
Liao, Chia-Ying
Mannell, Bradley Charles
Mills, Joseph Peter
Phillips, Devin Brent
Salenieks, Therese Ellen
Stamm, Stacy Elizabeth
Terada, Tasuku
Verhesen, Jonathan Paul

Wang, Bo

Yi, Kyoung June

Master of Arts
Master of Arts (crs)
Master of Arts
Master of Science
Master of Arts
Doctor of Philosophy
Master of Arts
Doctor of Philosophy
Master of Science
Master of Arts
Master of Science
Doctor of Philosophy
Master of Science
Doctor of Philosophy
Master of Coaching
Master of Arts (crs)
Doctor of Philosophy

# 2. Spring 2015 Convocation

Koch, Jordan Robert Doctor of Philosophy Sant, Stacy-Lynn Roanna Doctor of Philosophy Peers, Danielle Lorraine Doctor of Philosophy Lvnn. Maria Caro Gabrielle Master of Arts Vandekerkhove, Jodie J Master of Arts (crs) Master of Science Jackson. Joel Kent Brennan, Erin Theresa Rose Master of Arts (crs) Master of Arts Chisholm, Tara Maria Daum. Evan Robert Master of Arts Rosenke. Daniel Lukas Master of Arts Master of Science Norris, Mary Kate Reinhart, Chance William Master of Science Bauer. Rachel Master of Coaching Master of Arts (crs) Johnson, Cameron Eric Scheliga, Kirsten Astrid Master of Arts

# F. Graduate Student Employment

PhD	4 yrs: supported in areas of GAs, tuition supplements, travel funds for recruitment visitations, spring and summer GAs, conference travel funds, and awards and scholarships
Master's students	2 yrs: supported in areas of GAs, travel funds



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

for recruitment visitations, spring and summer
GAs, conference travel funds, and awards and
scholarships

# VI. Research and Scholarly work

Fiscal Year April 1 to March 31

Data received from the Strategic Analysis Office to 2008-09 and PeopleSoft Reporting 2009-present

# A. Total Research Funding

	2009-10	2010-11	2011-12	2012-13	2013-14	2014-15
AB	691,449	941,816	565,321	1,256,911	1,091,053	1,156,872
Government						
Tri Council	971,712	673,919	844,916	1,136,113	1,084,466	1,586,006
Other Cdn	444,533	492,624	420,752	345,605	371,001	336,195
Gov't						
SUB-	2,143,386	2,218,835	1,945,566	2,782,181	2,602,127	3,243,473
TOTAL						
Cdn	0	0	0	36,485	0	0
Business						
Non-Profit	690,616	520,269	251,414	152,678	232,484	383,895
Other	269,436	354,975	188,601	455,152	242,036	458,680
Revenue						
TOTAL	3,103,438	3,094,079	2,394,580	3,426,496	3,076,647	4,086,048

**NOTE**: Funds reported include both revenue funds received and deferred contributions

# B. Tri-Council Funding

	2009-10	2010-11	2011-12	2012-13	2013-14	2014-15
CIHR	437,899	221,419	404,578	856,945	877,731	1,255,959



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

NSERC	121,750	121,750	101,250	105,750	74,500	110,750
SSHRC	412,063	330,750	339,088	173,418	132,235	219,297
TOTAL	971,712	673,919	844,916	1,136,113	1,084,466	1,586,006

# C. Salary Award Grants

**Tanya Berry** CRC Tier 2 (July 1, 2015 to June 30. 2020) - total award \$500,000 = \$100,000/year x 5 years.

**Valerie Carson** CIHR New Investigator Award (July 1, 2015 to June 30, 2020) - total award \$300,000 = \$60,000/year x 5 years.

**Kerry Courneya** CRC Tier 1 (July 1, 2011 to June 30, 2018 - total award \$1,400,000 = \$200,000/year x 7

# D. Research Funding 2014-2015 by Principal Investigators in the Faculty of Physical Education and Recreation

Funding period as of October 24, 2014 to October 29, 2015

Investigator (PI)	Title	Sponsor	Date	Total Award	2012- 13 ALLOC.	2013- 14 ALLOC.	2014-15 ALLOC.
Berry, Tanya	Pink Ribbons and Red Dresses: the relationship between disease awareness campaigns, health-related cognitions and perceptions of preventive behaviours	CIHR	Jan 1, 2012 to Mar 31, 2016	257,400	40,527	115,601	91,140



Berry, Tanya	Canada Research Chair in Physical Activity Promotion	CRC	July 1, 2010 to June 30, 2015	500,000	85,000	85,000	85,000
Boule, Normand	The Canadian E-PAraDiGM (Exercise- Physical Activity and Diabetes Glucose Monitoring) Protocol	CIHR PDGICS	Jan 1, 2015 to Dec 31, 2015	19,250			19,250
Carson, Valerie	Supporting healthy active living behaviours in Alberta licensed and approved child care settings	AB Ctr for Child, Family & Communi ty Research	Aug 1, 2013 to July 31, 2014	38,170		38,170	Inactive



Carson, Valerie	Shaping the direction of youth health by evaluating how changes in policies and resources in the school environment impact obesity, marijuana use, physical activity, alcohol use, smoking and sedentary behaviour over time: COMPASS Study	CIHR U of Waterloo	July 1, 2013 to Mar 31, 2018	28,981		28,981	0
Carson, Valerie	Parents' role in establishing healthy active living behaviors in young children	Heart & stroke Foundatio n of AB NWT, Nunavut	Jul 1, 2014 to Jun 30, 2015	45,000	0	0	45,000
Carson, Valerie	Dose- Response Relationships between Physical Activity, Sedentary Behaviour, and Neurocognitive Development among Children of the Early Years	AB Ctr for Child, Family & Communi ty Research	Aug 1, 2014 to Aug 1, 2015	30,000	0	0	30,000



Carson, Valerie	The role of parents in establishing healthy physical activity and sedentary behaviour habits in young children	CIHR	Oct 1, 2014 to Mar 31, 2015	100,000	0	0	100,000
Carson, Valerie	WCHRI - Bridge Funding for September 2014 Foundation Application	UOFAB 2015 WCHRIB	Jan 10, 2015 to Sept 30, 2016	20,000			20,000
Carson, Valerie	AIHS Sustainability Fund - Bridge Funding for September 2014 Foundation application	UOFAB VPR BF	Jan 8, 2015 to Sept 9, 2016	40,000			40,000
Chapman, Craig	Using reach behavior to measure the role of information, ambiguity and experience in a gambling choice task	AB Gambling Research Institute	Sept 1, 2013 to Aug 31, 2014	9,985	0	9,985	Inactive



Chapman, Craig	Understanding human action as observable cognition using combined motion-tracking, eyetracking and EEG	NSERC	Apr 1, 2014 to Mar 31, 2020	145,000	0	0	29,000
Chapman, Craig	Mobile eye tracking and electroenceph alography for integration with motion tracking to study the bidirectional links bet	NSERC EQPEQ	Jan 4, 2015 to March 31, 2016	88,585			88,585
Collins, Dave	Control Properties of Single Motor Units	NSERC	Apr 1, 2014 to Mar 31, 2020	125,000	0	0	25,000
Collins, Dave	Reducing Fatigue of electrically- evoked contractions after a SCI	CHNF NSRG	Dec 31, 2014 to Dec 30, 2017	\$111,368.49			\$111,368.4 9
Courneya, Kerry	CO.21 - The colon health and life long exercise change (challenge) test	CCI NCIC Study C0.21	Nov 1, 2009 Oct 31, 2014	49,850	12,650	Inactive	
Courneya, Kerry	Physical Activity and Cancer	CRC	July 1, 2011 to June 30, 2018	1,400,000	170,000	170,000	170,000



Courneya, Kerry	CIHR Team in Physical Activity and Breast Cancer Survivorship	CIHR PAF	Oct 1, 2011 to Mar 31, 2018	2,500,000	444,743	500,000	500,000
Courneya, Kerry	CIHR Team in Physical Activity and Breast Cancer Survivorship	CIHR PAF	Oct 1, 2011 to Mar 31, 2018	2,500,000	444,743	500,000	500,000
Davenport Steinback, Margaret	Infrastructure for the Pregnancy and Vascular Health Laboratory	CFI JELF	Jan 4, 2015 to Dec 31, 2016	223,754		0	223,754
Davenport Steinback, Margaret	Infrastructure for the Pregnancy and Vascular Health Laboratory	Alberta Innovation and Advanced Education	Jan 4, 2015 to Dec 31, 2016	223,754			223,754
Davenport Steinback, Margaret	WCHRI - Bridge Funding for March 2015 CIHR OOGP Application	UOFAB 2015 WCHRIB	Jan 9, 2015 to Aug 31, 2016	20,000			20,000
Davenport Steinback, Margaret	Provost's Office - Bridge Funding for March 2015 CIHR OOGP Application	UOFAB BF VPA	Jan 9, 2015 to Aug 31, 2016	10,000			10,000
Davenport Steinback, Margaret	Evidence- based update to the Canadian Clinical Practice Guidelines for Exercise During	CIHR	Jan 4, 2015 to March 31, 2016	100,000			19,940



	Pregnancy: Optimizing Maternal/Fetal Health						
DeLorey, Darren	From the microcirculatio n to whole-body function: laboratories to investigate the effects of ageing and physical activity on vascular control and functional capacity	CFI	April 1, 2010 to Mar 31, 2015	20,245	4,580	Inactive	
DeLorey, Darren	Regulation of sympathetic vasoconstriction in resting and contracting skeletal muscle	NSERC RGPIN 04084 DeLorey	Jan 4, 2015 to March 31, 2021	200,000			40,000
Fox, Karen	Native Hawaiian Responses to 18th and 19th Century Leisure Discourses and their Haunting Consequences	SSHRC IDG	Jan 6, 2015 to May 31, 2018	74,081			28,921
Goodwin, Donna	Transition to community Health Programs for persons with disabilities following rehabilitation	CIHR	Oct 1 2010 to March 31, 2015	147,916	72,154	0	Inactive



Goodwin, Donna	Community Recreation Opportunities for Youth with SCI:Hidden Family Labor	CHNF PCRG	Jan 4, 2015 to March 31, 2017	61,797			61,797
Halpenny, Elizabeth	If a smart phone rings in the forest: Visitor acceptance and impacts of mobile information and communicatio n technology (ICT) use in parks	SSHRC	Jun 1, 2014 to May 31, 2017	74,603	0	0	34,646
Halpenny, Elizabeth	Understanding car campers' engagement in pro-environmental camping behaviours.	ATPR	Aug 1, 2014 to Mar 1, 2015	10,540	0	0	10,540
Harshaw, Howard	Evaluating Prairie Waterfowl Hunter Recruitment and Retention	ACA ACARG	Jan 4, 2015 to March 31, 2016	26,126			26,126
Harshaw, Howard	Understanding the dynamics of people's interactions with waterfowl: Assessing stakeholder and professionals preferences	DUC	Jan 1, 2015 to Dec 31, 2017	10,000			10,000



Harshaw, Howard	Alberta Migratory Bird Hunting Recruitment and Retention	DWF	Jan 1, 2015 to June 30, 2016	63,000			44,100
Harshaw, Howard	Understanding the dynamics of people's interactions with waterfowl: As sessing stakeholder and professionals preferences	EC	Feb 19, 2015 to March 31, 2015	20,000			20,000
Harshaw, Howard	Understanding the dynamics of people's interactions with waterfowl: Assessing stakeholder and professionals preferences for waterfowl	WHC	Jan 4, 2015 to march 31, 2016	15,000			15,000
Hinch, Tom	Place Making and Sport Tourism Events: The Case of the Canadian Death Race in Grande Cache, Alberta	SSHRC	Jun 1, 2013 to May 31, 2016	66,311	-	24,009	42,302
Holt, Nick	Sport Participation and Alcohol Use	CIHR	Mar 1, 2014 to Feb 28, 2015	9,740		9,740	Inactive
Holt, Nick	Why Don't Children Play Anymore? Good	CIHR	Oct 1, 2014 to Mar 31, 2017	100,000	0	0	100,000



Holt, Nick	Parenting, Planning Decisions, and Children's Suggestions for Change Promoting Positive Youth Development Through Sport: PYD SportNET	SSHRC PDG	March 25, 2015 to March 24, 2018	\$195,456.00			\$49,017
Holt, Nick	AIHS- Sustainability Fund - Bridge Funding for March 2015 CIHR 00GP Application	UOFAB VPR BF	Jan 8, 2015 to Sept 30, 2016	20,000	-	-	20,000
Holt, Nick	UofA VPR PDG Support - Holt: Promoti ng Positive Youth Development Through Sport: PYD SportNET	UOFAB VPR PDG	Jan 3, 2015 to March 31, 2018	30,000	0	0	30,000
Holt, Nick	WCHRI Bridge Funding for March 2015 CIHR 00GP Application	UOFAB 2015 WCHRIB	Jan 11, 2015 to Oct 30, 2016	20,000			20,000
Jones, Kelvin	Promoting protection of functionally intact motor units in amyotrophic lateral sclerosis	CIHR	Oct 1, 2010 to Sept 30, 2015	443,283	49,038	98,711	148,243



Markula- Denison, Pirkko	So you think you can dance: Dance as a physical cultural practice	SSHRC	Apr 1, 2012 Mar 31, 2017	87,601	15,469	22,242	20,318
Mason, Daniel	"The Good", "The Bad", and "The Ugly"? Sports facilities, status, and quality of life in entrepreneuria l cities	SSHRC IG	March 15, 2015 to March 31, 2019	187,700			\$63,299
McHugh, Tara-Leigh	A Qualitative Meta- Synthesis of Aboriginal Sport and Recreation Research	SSHRC CG	Jan 7, 2015 to June 30, 2016	43,442			43,442
McHugh, Tara-Leigh	Linking sport research and policy: An exploration of how Traditional Inuit and Dene games can support the goals of Sport	SSHRC SPRIRG	Jan 1, 2015 to Dec 31, 2017	73,920			35,300
Mummery, Kerry	U Walk Alberta	AB Health Wellness	Oct 1, 2012 to Mar 31, 2016	2,199,962	738,938	454,375	531,719
Mummery, William	Uwalk	AHS	Sept 18, 2015 to March 31, 2016	\$189,886.75			



Putman, Ted	Skeletal muscle adaptation to altered environmental demands	NSERC	Apr 1, 2000 Mar 31, 2014	482,500	35,000	35,000	Inactive
Reade, Ian	Retaining experienced coaches	SSHRC	Jan 1, 2012 Dec 31, 2014	62,580	21,750	21,750	Inactive
Robinson, Zachary	A critical history of early mountaineerin g in Canada	SSHRC	Apr 1, 2014 to Mar 31, 2018	154,896	0	0	52,289
Rodgers, Wendy	You can't always get what you want: A self- determination based examination of the difference between implicit and explicit outcome expectations and their expectations and their influence on exercise adherence	CIHR	Oct 1, 2012 to Apr 1, 2015	668,407	72,478	172,003	214,791
Rodgers, Wendy	Self-talk about exercise in people with COPD: An observational and randomized controlled trial	CIHR SFR1231	Sep 1, 2013 to Mar 31, 2016	15,000	-	5,000	5,000



Rodgers, Wendy	Self-talk about exercise in people with COPD: An observational and randomized controlled trial	CIHR SFR1231	Sep 1, 2013 to Mar 31, 2016	90,000	-	30,000	30,000
Spence, John	Training program in obesity/Health Body Weight Research	UL CIHR	Apr 1, 2010 to Mar 31, 2015	138,500	20,000	3,500	30,000
Spence, John	The impact of a provincial tax credit on children's physical activity in Alberta	CIHR - IPPH BCI, CCS	March 1, 2013 to March 31, 2015	190,471		190,471	Inactive
Spence, John	Fort Providence Pilot Project	GNT SC (Gov't NT)	Apr 8, 2013 to Mar 31, 2015	188,799	-	52,529	46,470
Spencer- Cavaliere, Nancy	Inclusion in the Field(s) of Dreams?	SSHRC SPRIRG	Jan 1, 2015 to Dec 31, 2017	\$49,073.00			\$34,442
Spencer- Cavaliere, Nancy	Inclusion in Segregated Sport	UOFAB VPRSF	Jan 1, 2015 to Dec 31, 2015	\$9,964.00			\$9,964.0 0
Steinback, Craig	The Influence of Hypoxia on Neurovascular Regulation and Plasticity	NSERC	Apr 1, 2014 to Mar 31, 2020	145,000	0	0	29,000
Steinback, Craig	Alberta Innovates Health Solutions Visiting Scientist Grant	AB Innovates Health Solutions	Jul 1, 2014 to Sep 30, 2014	5,221	0	0	5,221



	- Dr Graham Fraser						
Walker Gordon	Examining the quality of life and the benefits of recreation on continuing care residents	Capital Care Group	May 1, 2014 to Sep 30, 2015	75,000	0	0	75,000
Walker Gordon	Needs, Gambling, and Well-being	Alberta Gaming Research Institute	Nov 1, 2013 to Oct 31, 2016	117,572		80,236	31,311

## E. Publications

	2010-11	2011-12	2012-13	2013-14	2014-15
Books	3	2	1	6	3
Book Chapters	19	12	10	28	11
Refereed Journal Publications	116	105	135	117	97
Creative Works	0	0	0	0	0

## 1. Books (3)

Crossman, J., & **Scherer, J.** (Eds.). (2015). *Social Dimension of Canadian Sport and Physical Activity.*Toronto: Pearson.

Holt, N.L., & Knight, C.J. (2014). *Parenting in youth sport: From research to practice.* London: Routledge. Reichwein, PA. (2014). *Climber's Paradise: Making Canada's Mountain Parks, 1906 to 1974.* Edmonton: University of Alberta Press.

Ryan, S. (2015). *Theorizing Outdoor Recreation and Ecology: Managing to Enjoy 'Nature'?* Hampshire, UK: Palgrave Macmillan Press.



# 2. Book Chapters (11)

- Carey, K.M., Misener, L. & **Mason, D.S.** (2015). The local and regional government's perspective. In M.M. Parent & J-L. Chappalet, (Eds.), *Handbook of Sports Event Management.* (pp. 269-288). London: Routledge.
- Courneya, K.S., Crawford, J.J., & Adams, S.C. (2015). Physical activity and exercise interventions in cancer survivors. In J.C. Holland, W.S. Breitbart, P.N. Butow, P.B. Jacobsen, M.J. Loscalzo, & R. McCorkle (Eds.), *Psycho-Oncology 3rd Edition* (pp. 515-520). New York: Oxford University Press.
- Crossman, J., & **Scherer**, **J.** (2015). Perspectives on the social dimensions of sport and physical activity in Canada. In J. Crossman & J. Scherer (Eds.), *Social Dimensions of Canadian Sport and Physical Activity* (pp. 1-18). Toronto: Pearson.
- Jackson, S., & **Scherer, J.** (2014). Rugby World Cup 2011: Sport mega-events and the contested terrain of space, bodies and commodities. In S. Jackson (Eds.), *The Other Sport Mega-Event: Rugby World Cup 2011* (pp. 37-52). New York: Routledge.
- Markula, P. (2015). Sport and the Body. In G. Ritzer (Ed.), Wiley-Blackwell's Encyclopedia of Sociology, Second Edition (pp. n/a). Blackwell Reference Online. 07 June 2015: Wiley-Blackwell.
- Robinson, Z. (2015). Biography Kain, Conrad. In D.A. Wilson & R. Belanger (Eds.), *Dictionary of Canadian Biography, Vol. XVI (1931-1940)* (pp. unpaginated).
  - http://www.biographi.ca/en/bio/kain\_conrad\_16E.html: University of Toronto/Universite of Laval.
- **Robinson, Z.** (2015). Early Alpine Club culture and mountaineering literature. In G. Musa, J. Higham, & A. Thompson-Carr (Eds.), *Mountaineering Tourism* (pp. 105-19). London, United Kingdom: Routledge.
- Robinson, Z., & Slemon, S. (2015). Deception in high places: The making and unmaking of Mounts Boran and Hooker. In L. Piper & L. Szabo-Jones (Eds.), *Sustaining the West: Cultural Responses to Canadian Environments* (pp. 139-58). Waterloo, Ontario, Canada: Wilfred Laurier Press.
- **Scherer, J.** (2015). Sport, media, and ideology. In J. Crossman & J. Scherer (Eds.) *Social Dimensions of Canadian Sport and Physical Activity* (pp. 230-256). Toronto: Pearson.
- Stevinson, C., Hobbs, M., & Courneya, K.S. (2014). Physical activity and cancer. In D.I. Abrams & A.T. Weil (Eds.), *Integrative Oncology, 2nd Edition* (pp. 349-372). New York, NY: Oxford University Press.
- Wheeler, R., **Scherer**, J., & Crossman, J. (2015). Children, youth, and parental involvement in organized sport. In J. Crossman & J. Scherer (Eds.), *Social Dimensions of Canadian Sport and Physical Activity* (pp. 138-162). Toronto: Pearson.

## 3. Refereed Publications (97)

- Aparicio-Ting, F.E., Farris, M., Courneya, K.S., Schiller, A., & Friedenreich, C.M. (2015). Predictors of physical activity at 12 month follow-up after a supervised exercise intervention in postmenopausal women. *International Journal of Behavioral Nutrition and Physical Activity*, 12, 55. doi:10.1186/s12966-015-0219-z.
- Avis, J., Cave, A., Donaldson-Kelly, K., Ellendt, C., **Holt, N.L.**, Jelinski, S., Martz, P., Mazimova, K., Radwal, R., Wild, T.C., & Ball, G.D.C. (2015). Working with parents to prevent childhood obesity: A protocol for a primary case-based study. *JMIR Research Protocols*, *4*, 35. doi:http://www.researchprotocols.org/2015/1/e35/
- Bisschop, C.N.S., **Courneya, K.S.**, Velthuis, M.J., Monninkhof, E.M., Jones, L.W., Friedenreich, C., van der Wall, E., Peeters, P.H.M., & May, A.M. (2015). Control group design, contamination, and drop out



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Page 49

- in exercise oncology trials: A systematic review. *PLoS ONE, 10,* 3. doi:10.1371/journal.pone.0120996.
- Boliek, C.A., Harris, J.A., Sadowski, D.C., Paslawski, T., **Jones, K.E.**, Gan, L.S., & Rieger, J.M. (2015). Pharyngeal stimulation in head and neck cancer patients with dysphagia: Functional outcomes and transcranial magnetic stimulation motor evoked potentials. *International Journal of Neurorehabilitation*, *1*,138. doi:10.4172/2376-0281.1000138
- Boyd, L., Rogers, T., Docherty, D., & **Petersen, S.** (2015). Variability in performance on a work simulation test of physical fitness for firefighters. *Applied Physiology Nutrition and Metabolism, 40(4),* 364-370. doi:10.1139/apnm-2014-0281
- Boyle, T., Lynch, B.M., **Courneya, K.S.**, & Vallance, J.K. (2015). Agreement between accelerometer-assessed and self-reported physical activity and sedentary time in colon cancer survivors. *Supportive Care in Cancer*, *23*, 1121-1126. doi:10.1007/s00520-014-2453-3.
- Brenner, D.R., Neilson, H.K., **Courneya, K.S.**, & Friedenreich, C.M. (2014). Physical activity after breast cancer: Effect on survival and patient-reported outcomes. *Current Breast Cancer Reports, 6,* 193-204. doi:10.1007/s12609-014-0147-y
- Brenner, D.R., Speidel, T., Csizmadi, I., Biel, R.K., Cook, L.S., **Courneya, K.S.**, & Friedenreich, C.M. (2015). Glycemic load and endometrial cancer risk in a case-control study of Canadian women. *Cancer Epidemiology*, *39*, 170-173. doi:10.1016/j.canep.2015.01.002.
- Bryanton, M.A., Carey, J.P., **Kennedy, M.D.**, & **Chiu, L.Z.F.** (2015). Quadriceps effort during squat exercise depends on hip extensor muscle strategy. *Sports Biomechanics, 14,* 122-138. doi:10.1080/14763141.2015.1024716
- Caperchione, C., Chau, S., **Walker, G.J., Mummery, K.**, & Jennings, C. (2015). Gender-associated perceptions of barriers and motivators to physical activity participation in South Asian Punjabis living in Western Canada. *Journal of Physical Activity and Health, 12*, 686-693. doi:dx.doi.org/10.1123/jpah.2013-0208
- Carson, V., Faulkner, G., Sabiston, C.M., Tremblay, M.S., & Leatherdale, S.T. (2015). Patterns of movement behaviors and their association with overweight and obesity in youth. *International Journal of Public Health, 60,* 551-559. doi:10.1007/s00038-015-0685-8
- Carson, V., Staiano, A. E., & Katzmarzyk, P. T. (2015). Physical activity, screen time, and sitting among US adolescents. *Pediatric Exercise Science*, *27*, 151-159. doi:10.1123/pes.2014-0022
- Cassidy, A., Wright, A., **Strean, W.B.**, & Watson, G. (2015). The interplay of space, place and identity Transforming our learning experiences in an outdoor setting. *Collected Essays on Learning and Teaching, 8,* http://celt.uwindsor.ca/ojs/leddy/index.php/CELT/article/view/4242/3547.
- Chapman, C.S, Gallivan, J.P., & Enns, J.T. (2015). Separating value from selection frequency in rapid reaching biases to visual targets. *Visual Cognition, 23 (1-2),* 249-271. doi:10.1080/13506285.2014.976604
- Chapman, C.S., Gallivan, J.P., Wong, J.D., Wispinski, N.J., & Enns, J.T. (2015). The snooze of lose: Rapid reaching reveals that losses are processed more slowly than gains. *Journal of Experimental Psychology: General, 144 (4),* 844-863. doi:10.1037/xge0000085
- Chaput, J.P., **Carson, V.**, Gray, C., & Tremblay, M.S. (2014). Importance of all movement behaviors in a 24 hour period for overall health. *International Journal of Environmental Research and Public Health, 11*, 12575–12581. doi:10.3390/ijerph111212575
- Courneya, K.S., Friedenreich, C.M., Franco-Villalobos, C., Crawford, J.J., Chua, N., Basi, S., Norris, M.K., & Reiman, T. (2015). Effects of supervised exercise on progression-free survival in lymphoma patients: An exploratory follow-up of the HELP trial. *Cancer Causes & Control, 26,* 269-276. doi:10.1007/s10552-014-0508-x.



- Courneya, K.S., McKenzie, D.C., Mackey, J.R., Gelmon, K., Friedenreich, C.M., Yasui, Y., Reid, R.D., Vallerand, J.R., Adams, S.C., Proulx, C., Dolan, L.B., Wooding, E., & Segal, R.J. (2014). Subgroup effects in a randomised trial of different types and doses of exercise during breast cancer chemotherapy. *British Journal of Cancer*, 111, 1718-1725. doi:10.1038/bjc.2014.466.
- Courneya, K.S., Rogers, L.Q., Campbell, K.L., Vallance, J.K., & Friedenreich, C.M. (2015). Top 10 research questions related to physical activity and cancer survivorship. *Research Quarterly for Exercise and Sport, 86,* 107-116. doi:10.1080/02701367.2015.991265.
- Courneya, K.S., Vardy, J., Gill, S., Jonker, D., O'Brien, P., Friedenreich, C.M., Dhillon, H., Wong, R.K.S., Meyer, R.M., Crawford, J.J., Campbell, K.L., Prapavessis, H., O'Callaghan, C., Turner, J., Spencer, L.M., van der Ploeg, H.P., Tu, D., & Booth, C.M. (2014). Update on the colon health and life-long exercise change trial: A phase III study of the impact of an exercise program on disease-free survival in colon cancer survivors. *Current Colorectal Cancer Reports, 10,* 321-328. doi:10.1007/s11888-014-0231-8
- Crawford, J.J., Vallance, J.K., **Holt, N.L.**, & **Courneya, K.S.** (2015). Associations between exercise and posttraumatic growth in gynecologic cancer survivors. *Supportive Care in Cancer, 23,* 705-714. doi:10.1007/s00520-014-2410-1.
- Dean, J.C., Clair-Auger, J.A., Lagerquist, O., & Collins, D.F. (2014). Asynchronous recruitment of low-threshold motor units during repetitive, low-current stimulation of the human tibial nerve. *Frontiers in Human Neuroscience*, *16*, 1-12. doi:10.3389/fnhum.2014.01002
- Demark-Wahnefried, W., Rogers, L.Q., Alfano, C.M., Thomson, C.A., **Courneya, K.S.**, Meyerhardt, J.A., Stout, N.L., Kvale, E., Ganzer, H., & Ligibel, J.A. (2015). Practical clinical interventions for diet, physical activity, and weight control in cancer survivors. *CA: A Cancer Journal for Clinicians*, 65, 167-189. doi:10.3322/caac.21265.
- **Denison, J.,** & Mills, J.P. (2014). Planning for distance running: Coaching with Foucault. *Sports Coaching Review, 3,* 1-16. doi:10.1080/21640629.2014.953005
- **Denison, J.,** Pringle, P., Cassidy, T., & Hessian, P. (2015). Informing coaches' practices: Towards an application of Foucault's ethics. *International Sport Coaching Journal, 2,* 72-76. doi:http://dx.doi.org/10.1123/iscj.2014-0147
- Dhaliwal, J., Noseworthy, N.M.I., **Holt, N.L.**, Zwaigenbaum, L., Avis, J.L.S., Rasquinha, A., & Ball, G.D.C. (2014). Attrition and pediatric obesity management: An integrative review. *Childhood Obesity*, *10*, 461-473. doi:10.1089/chi.2014.0060
- Dunn, J.G.H., Causgrove Dunn, J., Gamache, V., & Holt, N.L. (2014). A person-oriented examination of perfectionism and slump-related coping in female intercollegiate volleyball players. *International Journal of Sport Psychology*, 45, 298-324. doi:10.7352/IJSP2014.45.298
- Farmer, A., Nikolopoulos, H., McCargar, L., Berry, T.R., & Mager, D. (2015). Organizational characteristics and processes are important in the adoption of the Alberta Nutrition Guidelines for Children and Youth in child care centres. *Public Health Nutrition, 18,* 1593-1601. doi:10.1017/S1368980014001955
- Forbes, C.C., Blanchard, C.M, **Mummery, W.K.**, & **Courneya, K.S.** (2015). Prevalence and correlates of strength exercise among breast, prostate, and colorectal cancer survivors. *Oncology Nursing Forum, 42,* 118-127. doi:10.1188/15.0NF.42-02AP



- Friedenreich, C.M., MacLaughlin, S., Neilson, H.K., Stancyzk, F.Z., Yasui, Y., Duha, A., Lynch, B.M., Kallal, C., & Courneya, K.S. (2014). Study design and methods for the Breast Cancer and Exercise Trial in Alberta (BETA). *BMC Cancer*, 14, 919. doi:10.1186/1471-2407-14-919.
- Furness, E., **Harshaw**, **H.**, & Nelson, H. (2015). Community forestry in British Columbia: Policy progression and public participation. *Forest Policy & Economics*, *58*, 85-91. doi:10.1016/j.forpol.2014.12.005
- Gallivan, J.P., Barton, K.S., **Chapman, C.S.**, Wolpert, D.M., & Flanagan, J.R. (2015). Action plan cooptimization reveals the parallel encoding of competing reach movements. *Nature Communications*, *6*, 1-9. doi:10.1038/ncomms8428
- Glass, O.K., Inman, B.A., Broadwater, G., **Courneya, K.S.**, Mackey, J.R., Goruk, S., Nelson, E.R., Jasper, J., Field, C.J., Bain, J.R., Muehlbauer, M., Stevens, R.D., Hirschey, M.D., & Jones, L.W. (2015). Effects of aerobic training on the host systemic milieu in patients with solid tumors: An exploratory correlative study. *British Journal of Cancer*, *112*, 825-831. doi:10.1038/bjc.2014.662.
- Godley, J., Glenn, N., Sharma, A., & **Spence, J.C.** (2014). Networks of trainees: A social network analysis of new obesity scholars attending an interdisciplinary research training camp. *Journal of Multidisciplinary Healthcare, 7,* 459–470. doi: http://dx.doi.org/10.2147/JMDH.S68555
- Gotwals, J.K., & **Spencer-Cavaliere**, **N.** (2014). Intercollegiate perfectionistic athletes' perspectives on achievement: Contributions to the understanding and assessment of perfectionism in sport. *International Journal of Sport Psychology*, *45*, 271-297. doi:10.7352/IJSP 2014.45.271
- Hawkes, A.L., Pakenham, K.I., Chambers, S.K., Patrao, T.A., & Courneya, K.S. (2014). Effects of a multiple health behavior change intervention for colorectal cancer survivors on psychosocial outcomes and quality of life: A randomized controlled trial. *Annals of Behavioral Medicine*, 48, 359-370. doi:10.1007/s12160-014-9610-2.
- Hawkes, A.L., Patrao, T.A., Baade, P., Lynch, B.M., & **Courneya, K.S.** (2015). Predictors of physical activity in colorectal cancer survivors after participation in a telephone-delivered multiple health behavior change intervention. *Journal of Cancer Survivorship, 9,* 40-49. doi:10.1007/s11764-014-0389-8.
- Hindle, A.R., Lou, J.W.H., & Collins D.F. (2014). The pulse duration of electrical stimulation influences Hreflexes but not corticospinal excitability for tibialis anterior. *Canadian Journal of Physiology and Pharmacology, 92(10),* 821-5. doi:10.1139/cjpp-2014-0195
- Hinkley, T., Carson, V., & Hesketh, K. (2015). Physical environments, policies, and practices for physical activity and screen-based sedentary behavior among preschoolers within child care centers in Melbourne, Australia and Kingston, Canada. *Child: Care, Health & Development, 41,* 132-138. doi:10.1111/cch.12156
- Holt, N. L., Lee, H., Millar, C., & Spence, J. C. (2015). "Eyes on the playground": A retrospective study of active free play. *Children's Geographies*, *13*, 73-88. doi:10.1080/14733285.2013.828449



- Iwasaki, Y., Springett, J., Dashora, P., McLaughlin, A. M., **McHugh, T.-L.F**, & Youth 4 YEG (2014). Youth-led development of a framework of youth engagement: Working with high-risk, marginalized youth through Participatory Action Research (PAR). *Child & Youth Services, 35,* 316-342. http://dx.doi.org/10.1080/0145935X.2014.962132
- Jendzjowski, N.G., Just, T.P., **Jones, K.E.**, & **DeLorey, D.S.** (2014). Acute tetrahydrobiopterin supplementation attenuates sympathetic vasoconstrictor responsiveness in resting and contracting skeletal muscle of healthy rats. *Physiological Reports, 2(9)*, e12164. doi:10.14814/phy2.12164
- Jendzjowsky, N.G., Just ,T.P., & **DeLorey, D.S.** (2014). Exercise training augments neuronal nitric oxide synthase mediated inhibition of sympathetic vasoconstriction in contracting skeletal muscle of rats. *The Journal of Physiology, 592*, 4789-4802. doi:10.1113/jphysiol.2014.278846
- Johnston, K., **Goodwin, D.L.**, & Leo, J. (2015). Understanding dignity: Experiences of impairment in an exercise facility. *Adapted Physical Activity Quarterly, 32,* 106-124. doi:10.1123/APAQ.2014-0124
- Just, T.P., Jendzjowsky, N.G., & **DeLorey, D.S.** (2015). Hindlimb unweighting does not alter sympathetic vasoconstrictor responsiveness in resting and contracting skeletal muscle. *The Journal of Physiology*, *593*, 2213-2224. doi:10.1113/JP270279
- Kingsley, B.C., & **Spencer-Cavaliere**, **N**. (2015). (In)Ability and the exclusionary practices of youth sport. *Social Inclusion*, *3*, 24-38. doi: 10.17645/si.v3i3.136
- Knight, C.J., & **Holt, N.L.** (2014). Parenting in youth tennis: Understanding and enhancing children's experiences. *Psychology of Sport and Exercise, 15,* 155-164. doi:10.1016/j.psychsport.2013.10.010
- Koch, J., **Scherer, J.**, & **Holt, N.L.** (2015). Urban outcasts, disposable bodies, and embodied research in a Western Canadian 'Arriviste' city. *Cultural Studies <=> Critical Methodologies, 15,* 32-40. doi:10.1177/1532708613516426
- Langager, M., & Spencer-Cavaliere, N. (2014). 'I feel like this is a good place to be': Children's experiences at a community recreation centre for children living with low socioeconomic status. *Children's Geographies*, http://dx.doi.org/10.1080/14733285.2014.937677
- Lanthier, S.N., Wu, D.W.L., **Chapman, C.S.**, & Kingstone, A. (2015). Resolving the controversy of the proportion validity effect: Volitional attention is not required, but may have an effect. *Attention, Perception, & Psychophysics*, 1-11. doi:10.3758/s1341401509568
- LeBlanc, A., **Berry, T.**, Deshpande, S., Duggan, M., Faulkner, G., Latimer, A.E., O'Reilly, N., Rhodes, R., **Spence, J.**, & Tremblay, M.S. (2015). Knowledge and awareness of Canadian Physical Activity and Sedentary Behaviour Guidelines: A synthesis of existing evidence. *Applied Physiology, Nutrition and Metabolism, 40*, 716-724. doi:5.10.1139/apnm-2014-0464
- LeBlanc, A., Berry, T., Deshpande, S., Duggan, M., Faulkner, G., Latimer, A. E., O'Reilly, N., Rhodes, R., Spence, J. C., & Tremblay, M. S. (2015). Knowledge and awareness of Canadian Physical Activity and Sedentary Behaviour Guidelines: A synthesis of existing evidence. *Applied Physiology, Nutrition and Metabolism, X*, X. doi:10.1139/apnm-2014-0464
- Lee, H., Causgrove Dunn, J., & Holt, N.L. (2014). Youth sport experiences of individuals with attention deficit/hyperactivity disorder. *Adapted Physical Activity Quarterly, 4,* 343-361. doi:10.1123/apaq.2014-0142
- Lee, H., Tamminen, K.A., Clark, A.M., Slater, L., **Spence, J.C.**, & **Holt, N.L.** (2015). A meta-study of qualitative research examining determinants of children's independent active free play. *International Journal of Behavioral Nutrition and Physical Activity, 12,* 5. doi:10.1186/s12966-015-0165-9
- Ligibel, J.A., Alfano, C.M., **Courneya, K.S.**, Demark-Wahnefried, W., Burger, R.A., Chlebowski, R.T., Fabian, C.J., Gucalp, A., Hershman, D.L., Hudson, M.M., Jones, L.J., Kakarala, M., Ness, K.K.,



- Merrill, J.K., Wollins, D.S., & Hudis, C.A. (2014). American Society of Clinical Oncology position statement on obesity and cancer. *Journal of Clinical Oncology, 32,* 3568-3574. doi:10.1200/JC0.2014.58.4680.
- Liu, H. & Walker, G. J. (2014). Culture, self-construal, and Chinese people's leisure. *Journal of Zhejiang University (Humanities and Social Sciences)*, 44(4), 146-158. doi:10.3785/j.issn.1008-942X 2014 03 251
- Lorenz, C., & **Jones, K.E.** (2014). IH activity is increased in populations of slow versus fast motor axons of the rat. *Frontiers in Human Neuroscience*, *8*, 766. doi:10.3389/fnhum.2014.00766
- Lowe, S.S., Danielson, B., Beaumont, C., Watanabe, S.M., Baracos, V.E., & **Courneya, K.S.** (2015). Correlates of objectively-measured sedentary behavior in cancer patients with brain metastases: An application of the theory of planned behavior. *Psycho Oncology, 24,* 757-762. doi:10.1002/pon.3641.
- Lowe, S.S., Danielson, B., Beaumont, C., Watanabe, S.M., Baracos, V.E., & **Courneya, K.S.** (2014). Associations between objectively measured physical activity and quality of life in cancer patients with brain metastases. *Journal of Pain and Symptom Management, 48,* 322-332. doi:10.1016/j.jpainsymman.2013.10.012.
- Lynch, B.M., **Courneya, K.S.**, Sethi, P., Patrao, T.A., & Hawkes, A.L. (2014). A randomized controlled trial of a multiple health behavior change intervention delivered to colorectal cancer survivors: Effects on sedentary behavior. *Cancer*, *120*, 2665-2672. doi:10.1002/cncr.28773.
- **Markula, P.** (2015). Assessing the sociology of sport: On sport and exercise. *International Review for the Sociology of Sport, 50,* 536-541. doi:10.1177/1012690214539958
- McHugh, T.-L.F., Holt, N.L., & Andersen, C. (2015). Community-based sport research with Indigenous youth. *Retos: Nuevas tendencias en Educacion Fisica, Deporte y Recreacion, 28,* 219-224.
- McHugh, T-L.F., Andersen, C., & Holt, N.L. (2015). "Sport is community:" An exploration of urban Aboriginal peoples' meanings of community within the context of sport. *Psychology of Sport and Exercise*, *18*, 75-85. doi: http://dx.doi.org/10.1016/j.psychsport.2015.01.005
- McNeely, M.L., Parliament, M.B., Seikaly, H., Jha, N., Magee, D.J., Haykowsky, M.J., & Courneya, K.S. (2015). Sustainability of outcomes after a randomized crossover trial of resistance exercise for shoulder dysfunction in survivors of head and neck cancer. *Physiotherapy Canada, 67*, 85-93. doi:10.3138/ptc.2014-130
- Neely, K. C., & **Holt, N. L.** (2014). Parents' perspectives on the benefits of sport participation for young children. *The Sport Psychologist, 28,* 255-268. doi:10.1123/tsp.2013-0094
- Olson, E.A., Mullen, S.P., Rogers, L.Q., **Courneya, K.S.**, Verhulst, S., & McAuley, E. (2014). Meeting physical activity guidelines in rural breast cancer survivors. *American Journal of Health Behavior*, *38*, 890-899. **doi:** http://dx.doi.org/10.5993/AJHB.38.6.11
- Peers, D., **Spencer-Cavaliere**, **N.**, & Eales, L. (2014). Say what you mean: Rethinking disability language in Adapted Physical Activity Quarterly. *Adapted Physical Activity Quarterly*, *31*, 265-282. doi.org/10.1123/apag.2013-0091
- Perez, A., **Holt, N.L.,** Gokiert, R., Chanoine, J-P., Legault, L., Morrison, K., Sharma, A., & Ball, G.D.C. (2015). Parental reasons for not initiating pediatric weight management. *Paediatrics and Child Health, 20,* 179-184.
- Ramadi, A., Stickland, M.K., **Rodgers, W.M.**, & Haennel, R.G. (2015). Impact of supervised exercise rehabilitation on daily physical activity of cardio pulmonary patients. *Heart & Lung*, 44(1): 9-14. DOI: http://dx.doi.org/10.1016/j.hrtlnq.2014.11.001
- Rasquinha, A., **Dunn, J.G.H.**, & **Causgrove Dunn, J.** (2014). Relationships between perfectionistic strivings, perfectionistic concerns, and competitive sport level. *Psychology of Sport and Exercise*, *15*, 659-667. doi:10.1016/j.psychsport.2014.07.008



- Retamales, P., & **Reichwein, PA.** (2014). "A Healthy and Contented Band": The Gyro Club and playgrounds in Edmonton urban reform, 1921-1944. *Sport History Review, 45,* 96-122. doi:http://dx.doi.org/10.1123/shr.2014-0026
- Reyes, L.M., Morton, J.S., Kirschenman, R., **DeLorey, D.S.**, & Davidge, S.T. (2015). Vascular effects of aerobic exercise training in rat adult offspring exposed to hypoxia-induced intrauterine growth restriction. *The Journal of Physiology, 593,* 1913-1929. doi:10.1113/jphysiol.2014.288449
- Rodgers, W.M., Markland, D., Selzler, A-M., Murray, T.C., & Wilson, P.M. (2014). Distinguishing perceived competence and self-efficacy: An example from exercise. *Research Quarterly for Exercise and Sport, 85:4,* 527-539. doi:10.1080/02701367.2014.961050
- Rodgers, W.M., Selzler, A-M., Vandelanotte, C., & Stickland, M.K. (2015). Adapting to the medium and the message: Willingness and confidence of COPD patients to use electronic devices for health information management. *European Health Psychologist*, 17(1), 18-24.
- Rogers, L.Q., Courneya, K.S., Anton, P.M., Hopkins-Price, P., Verhulst, S., Vicari, S.K., Robbs, R.S., Mocharnuk, R., & McAuley, E. (2015). Effects of the BEAT Cancer physical activity behavior change intervention on physical activity, aerobic fitness, and quality of life in breast cancer survivors: A multicenter randomized controlled trial. *Breast Cancer Research and Treatment, 149,* 109-119. doi:10.1007/s10549-014-3216-z.
- Rogers, L.Q., Fogleman, A., Trammell, R., Hopkins-Price, P., Spenner, A., Vicari, S., Rao, K., **Courneya**, **K.S.**, Hoelzer, K., Robbs, R., & Verhulst, S. (2015). Inflammation and psychosocial factors mediate exercise effects on sleep quality in breast cancer survivors: Pilot randomized controlled trial. *Psycho-Oncology*, *24*, 302-310. doi:10.1002/pon.3594.
- Rogers, T.W., Docherty, D., & **Petersen, S.R.** (2014). Establishment of performance standards and a cutscore for the Canadian Forces Firefighter Physical Fitness Maintenance Evaluation (FF PFME). *Ergonomics*, *57*(11), 1750-1759. doi:10.1080/00140139.2014.943680
- Sant, S.L., Mason, D., & Hinch, T.D. (2014). Conceptualising Olympic tourism legacy: Destination marketing organizations and Vancouver 2010. *Journal of Sport & Tourism, 18,* 287-312. doi:10.1080/14775085.2014.947312
- Sant, S-L., & Mason, D.S. (2015). Framing event legacy in a prospective host city. *Journal of Sport Management*, 29, 42-56. doi:10.1123/JSM.2013-0294
- Schaefer, L., Plotnikoff, R.C., Majumdar, S.R., Mollard, R., Woo, M., Sadman, R., Rinaldi, R.L., **Boulé, N.**, Torrance, B., Ball, G.D.C., Veugelers, P., Wozny, P., McCargar, L., Downs, S., Lewanczuk, R., Gleddie, D., & McGavock, J. (2014). Outdoor time is associated with healthy lifestyle behaviours in children. *Journal of Pediatrics*, *165*, 516-21. doi:10.1016/j.jpeds.2014.05.029
- Short, C.E., James, E.L., Vandelanotte, C., **Courneya, K.S.**, Duncan, M.J., Rebar, A., & Plotnikoff, R.C. (2014). Correlates of resistance training in post-treatment breast cancer survivors. *Supportive Care in Cancer*, *22*, 2757-2766. doi:10.1007/s00520-014-2273-5.
- Skow, R.J., Tymko, M.M., MacKay, C.M., **Steinback, C.D.**, & Day, T.A. (2014). The effects of head-up and head-down tilt on central respiratory chemoreflex loop gain tested by hyperoxic rebreathing. *Progress in Brain Research*, *212*, 149-172. doi:10.1016/B978-0-444-63488-7.00009-4
- Soebbing, B.P., **Mason, D.S.**, & Humphreys, B.R. (2015). Novelty effects and sports facilities in smaller cities: Evidence from Canadian hockey arenas. *Urban Studies, online first,* 1-17. doi:10.1177/0042098015576862
- **Spencer-Cavaliere, N.**, Bowtell, D., & Langager, M. (2014). Informing therapeutic recreation practice through the walking program experiences of rehabilitation clients with stroke and traumatic brain injury. *Therapeutic Recreation Journal, 48,* 247-261.
- Stacey, F.G., James, E.L., Chapman, K., **Courneya, K.S.**, & Lubans, D.R. (2015). A systematic review and meta-analysis of social cognitive theory-based physical activity and/or nutrition behavior change



- interventions for cancer survivors. *Journal of Cancer Survivorship, 9*, 305-338. doi:10.1007/s11764-014-0413-z
- Steinback, C.D., King, E.C., & Davenport, M.H. (2015). Longitudinal cerebrovascular reactivity during pregnancy: A case study. *Applied Physiology, Nutrition and Metabolism, 40,* 636-639. doi:10.1139/apnm-2014-0526
- Stodolska, M., **Walker, G.J.**, Wei, X., Dong, E., & Li, M.Z. (2014). Identifying critical leisure issues in China: A mixed methods study. *Journal of Zhejiang University (Humanities and Social Sciences), August,* 1-26. doi:10.3785/j.issn.1008-942X.2014.04.171
- Tamminen, K., Faulkner, G., Witcher, C.S., & **Spence**, **J.C.** (2014). A qualitative examination of the impact of microgrants to promote physical activity among adolescents. *BMC Public Health*, *14*, 1206.
- Taymoori, P., & **Berry, T.R.** (2015). Longitudinal changes in beliefs by stage of physical activity adoption in Iranian student girls. *Journal of School Health, 85,* 299-308. doi: 10.1111/josh.12251
- Trinh, L., Mutrie, N., Campbell, A.M., Crawford, J.J., & Courneya, K.S. (2014). Effects of supervised exercise *on* motivational outcomes and exercise behavior in breast cancer survivors at five-year follow-up. *European Journal of Oncology Nursing*, *18*, 557-563. doi:10.1016/j.ejon.2014.07.004.
- Trinh, L., Plotnikoff, R.C., Rhodes, R.E., North, S., & **Courneya, K.S.** (2014). Feasibility and preliminary efficacy of adding behavioral counseling to supervised physical activity in kidney cancer survivors: A randomized controlled trial. *Cancer Nursing*, *37*, 8-22. doi:10.1097/NCC.0b013e3182a40fb6
- Vallance, J.K., Boyle, T., **Courneya, K.S.**, & Lynch, B.M. (2014). Associations of objectively assessed physical activity and sedentary time with health-related quality of life among colon cancer survivors. *Cancer*, *120*, 2919-2926. doi:10.1002/cncr.28779.
- Walker, G. J., Caperchione, C., Mummery, K., & Chau, S. (2015). Examining the role of acculturation in the leisure-time physical activity of South Asians living in Canada. *Journal of Science and Medicine in Sport, 18,* 156-160. doi:dx.doi.org/10.1016/j.jsams.2014.02.010
- Watanabe, T., **Berry, T.R.**, Willows, N., & Bell, R. (2015). Assessing intentions to eat low glycemic index foods in adults with diabetes using a new questionnaire based on the Theory of Planned Behaviour. *Canadian Journal of Diabetes, 39*, 94-100. doi:10.1016/j.jcjd.2014.09.001
- White, L., Luciani, A., **Berry, T.**, Desphande, S., Latimer-Cheung, A., O'Reilly, N., Rhodes, R., **Spence, J.**, Tremblay, M., & Faulkner, G. (2015). Sports day in Canada: A longitudinal evaluation. *International Journal of Health Promotion and Education, on-line, DOI:* 10.1080/14635240.2015.1050122
- Zitomer, M., & **Goodwin, D.** (2014). Gauging the quality of qualitative research in adapted physical activity. *Adapted Physical Activity Quarterly, 31,* 193-218. doi:10.1123/apaq.2013-0084



# VII. Faculty Evaluation Committee (FEC) Report 2015

The 2015 Faculty Evaluation Committee (FEC) reviewed the performance of Faculty members (assistant, associate, full professors), Faculty Services Officers (FSO) and Faculty Lecturers for the 2014-15 academic year (July 1, 2014 thru June 30, 2015). The committee was responsible for consideration and recommendations for merit increments, consideration and decisions on applications for promotion and providing advice to the Dean on applications for sabbaticals under Article 9 of the Faculty Agreement.

## FEC Membership 2015

The FEC consists of eight members, seven of whom are voting. FEC membership for 2015 (including their term of appointment) was as follows:

Elected members (voting)

Dr. Karen Fox (2018)

Dr. Jay Sherer (2016)

Dr. Nancy Spencer Cavaliere (2018)

Dr. Jim Denison (2017)

Appointed members (voting)

Dr. Kerry Mummery, Dean (Term of Office)



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Dr. John Spence, Interim Vice Dean (Term of Office)

Dr. Robert Gephart, Presidential Review Committee (2017)

Ex-Officio (non-voting)

Dr. Nick Holt, Associate Dean Research (Term of Office)

#### **Promotions**

FEC reviewed three applications for promotion, all of which were successful. The following promotions, effective July 1, 2016, were as follows:

Dr. Tanya Berry – promoted to full professor

Dr. David Collins- promoted to full professor

Dr. Janice Causgrove Dunn – promoted to full professor

## Sabbaticals

FEC reviewed and recommended support for three sabbatical applications to the Dean, which were as follows:

Dr. Loren Chiu – 12 month sabbatical

Dr. Karen Fox – 12 month sabbatical

Dr. Pirkko Markula – 6 month sabbatical

#### Merit Increments

The number of increments in the increment pool is equal to 1.175 times the number of eligible staff members within each Faculty. Eligible staff members under this provision are those staff members in the Faculty whose employment is covered either by the Faculty Agreement or the FSO Agreement. FEC reviewed a total of 39 eligible individuals: 1 FSO, 2 Faculty Lecturers, 8 Assistant Professors, 15 Associate Professors and 13 Full Professors. Due to small numbers, the summaries for the FSO and Faculty Lecturers are not included here. The overall mean merit increments awarded by FEC were 1.17. The following table summarizes the merit increments awarded across rank within the professoriate.

	Assistant Professors	Associate Professors*	Full Professors	Overall
n	8	15	13	36
Mean Merit Increments	1.21	1.12	1.17	1.16
Hi	1.75	1.50	2.00	2.00
Lo	1.00	.75	.50	.50
Median	1.25	1.00	1.00	1.00



Mode 1.25	1.00	1.00	1.00
-----------	------	------	------

<sup>\*</sup>The Associate Professor pool included the awarding of a "Oc" increment, defined as *academic* performance while on authorized leave could not be properly evaluated (section 6.04 of FEC manual). The Oc increment was removed from the calculations.

# VIII. Unit Reports

# A. Alberta Centre for Active Living

As an academic centre at the University of Alberta, the Alberta Centre for Active Living (ACAL) plays a critical role in providing reliable, evidence-based physical activity information to practitioners, organizations and communities across Alberta and Canada. ACAL plays a unique pan-Alberta role, with formal links to Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge).

**ACAL Vision:** To improve health and quality of life in Alberta by influencing active living policy and practice.

**ACAL Mission:** Promoting active living by bridging research, practice and decision-making.

One of the main ACAL research projects is UWALK.

**UWALK Mission:** UWALK engages Albertans to be physically active where they work, live and play.

UWALK Vision: UWALK is the go to resource for walking in Alberta.



UWALK.ca is a tool that can be used by individuals, communities and workplaces for logging not only individual physical activity, but also walking and stair climbing challenges. The website allows individuals to set their own goals and track their progress. It helps people to be mindful about the amount of physical activity they are getting each day, and it can motivate people to maintain or increase their levels of physical activity.

Ongoing activities of ACAL (including UWALK) include:

- contributing to policy development processes at the municipal, provincial and national levels:
  - producing WellSpring, Research Update and PA Weekly;
  - provision of technical and content work on ACAL's website;
  - provision of technical and content work on the UWALK website;
  - conducting and collaborating on research;
  - presenting at conferences and meetings;
- support for walking initiatives in workplaces, communities and Primary Care Networks (PCNs):
  - collaborating with other networks, coalitions and organizations;
  - publishing reports and papers;
  - · responding to many information requests, and
- working with practicum students at the undergraduate and graduate students conducting research.

Practitioners, organizations and decision-makers in Alberta rely on the Alberta Centre for Active Living for practical, evidence-based information and resources about physical activity. The ACAL's primary focus is on practitioners in Alberta, who ultimately assist Albertans live healthier, more active lifestyles.

## Faculty Strategic Priority: Talented People

The staff of the Alberta Centre for Active Living includes specialists in research, knowledge translation, adult education, marketing and communications, editing, older adult physical activity, and information and resource management. The Alberta Centre for Active Living has been able to attract a high caliber of professional staff. Among our 6 professional staff, we have 3 with graduate degrees and 2 with undergraduate degrees. The Centre also has a Senior Research Associate (Dr. John C. Spence) and a Research Associate (Dr. Tanya Berry) who contributes to ACAL's vision and mission.

## 1. ACAL: Faculty Strategic Priority: Communication

The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.



## **Publications**

ACAL disseminates both published research and unpublished reports (or grey literature) in a variety of ways. *Research Update* is a well-regarded publication and features the work of researchers affiliated with ACAL as well as articles submitted by other researchers in the field or related fields. ACAL also published *WellSpring*, a popular, bimonthly publication for practitioners that provides information on best practices, topical issues, recent research, and/or policy related to active living and physical activity.

In addition to our regular publications, the following were published:

- o Mathe, N., Van der Meer, L., Agborsangaya, C.B., Murray, T., Storey, K., Johnson, J. A., Loitz, C., & Johnson, S. (2015). Prompted awareness and use of Eating Well with Canada's Food Guide: a population-based study. Journal of Human Nutrition and Dietetics. <a href="doi:10.1111/jhn.12222">doi:10.1111/jhn.12222</a>
- Loitz, C., & Johnston, N. (2015). 2015 Alberta Survey on Physical Activity: A Concise Report.
   <a href="https://www.centre4activeliving.ca/media/filer-public/14/7e/147e03f9-1799-43a1-ac3b-39c7697e161d/2015-ab-survey-physical-activity-report.pdf">https://www.centre4activeliving.ca/media/filer-public/14/7e/147e03f9-1799-43a1-ac3b-39c7697e161d/2015-ab-survey-physical-activity-report.pdf</a>
- Loitz, C., & Johnston, N. (2015). 2015 Alberta Survey on Physical Activity: Infographic.
   <a href="https://www.centre4activeliving.ca/media/filer\_public/78/6c/786c34e6-9afa-4486-a790-396c1441a600/2015-ab-survey-physical-activity-infographic-letter.jpg">https://www.centre4activeliving.ca/media/filer\_public/78/6c/786c34e6-9afa-4486-a790-396c1441a600/2015-ab-survey-physical-activity-infographic-letter.jpg</a>
- Loitz, C., Conteh, D., & Johnston, N. (2015). Healthy Active School Symposia Evaluation.
- o Walker, J., and Johnston, N. (2015). Healthy School Community Partnerships Evaluation Full Report. Retrieved from <a href="http://www.everactive.org/2015-eas-school-community-partnerships-full-report?id=1353">http://www.everactive.org/2015-eas-school-community-partnerships-full-report?id=1353</a>
- Walker, J., and Johnston, N. (2015). Healthy School Community Partnerships Evaluation – Summary Report. Retrieved from <a href="http://www.everactive.org/2015-eas-school-community-partnerships-summary-report?id=1353">http://www.everactive.org/2015-eas-school-community-partnerships-summary-report?id=1353</a>
- Loitz, C., Johnston, N., and Rodgers, W. (2015). Let's get physically active!
   Motivating people to start and maintain a physically active lifestyle.
   <a href="https://www.centre4activeliving.ca/media/filer-public/cb/b1/cbb1806d-955e-484a-a80a-7bbee2cc66b9/2015-pa-forum-highlights.pdf">https://www.centre4activeliving.ca/media/filer-public/cb/b1/cbb1806d-955e-484a-a80a-7bbee2cc66b9/2015-pa-forum-highlights.pdf</a>

ACAL and UWALK both use websites (<a href="www.centre4activeliving.ca">www.UWALK.ca</a>) and social media to increase communication with Albertans. Social media includes, Facebook, Twitter, YouTube, LinkedIn, Pinterest and Vimeo.

The ACAL website had 76,413 pageviews over the course of the year. 21,568 unique visitors

New visitors 73%

Returning visitors 27%



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

#### Social media:

279 Facebook likes

1,454 Twitter followers and 287.9 K Impressions

431 Connections on LinkedIn

YouTube: 4,315 views of 29 videos posted

#### **Publications**

WellSpring: 3,228 issues downloaded

Research Update: 2,473 issues downloaded

Physical Activity Counselling Toolkit: 5,380 downloads

Resource Page: 5,374 downloads

2015 Alberta Survey on Physical Activity: 1,946 downloads

Clients in database: 2,134

## **UWALK**

Between July 1, 2014 and June 30, 2015, the UWALK.ca site had:

1,033,520 pageviews 150,162 site visits 44,468 unique visits 6,924 members joined

#### Social Media:

285 Facebook likes

655 Twitter followers and 149.4 K Impressions YouTube/Vimeo: 5,400 views of 18 videos posted

UWALK undertook advertising to promote UWALK to Albertans. The marketing elements included:

Shaw media ads – November 2014 – March 2015 (aired on TLS, NFL Network, CNN, Spike and Peach Tree) (Online digital campaign) (Global Calgary and Global Edmonton Morning News) (Shaw Community channel)

UWALK promotion in Cineplex theatre pre-rolls from December 12, 2014 – January 8, 2015 Wild Card Campaign of 60,000 bookmarks and 1,085,000 til tape impressions

Videos developed and shared through Vimeo and social networks

## Faculty Strategic Priority: Resource Management Allocation

The Faculty will align operational income with the strategic goals of the Faculty.

**ACAL Income Sources** 

Alberta Culture and Tourism \$473,800 Alberta Health (AH) (Healthy U) \$105,323



Personal Leave Plan	\$ 2,613
Contracts/events/sales	\$121,614
Rebates on Indirect Costs	\$ 1,235
Main income total	\$693,431

UWALK Income Source Alberta Health

\$531,719

# 2. ACAL: Faculty Strategic Priority: Exemplary Student Experience

The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).

During the 2014-2015 year, ACAL provided research opportunities for graduate level students. The graduate student was able to use UWALK data and develop presentations for scientific conferences as follows:

 Yun, L., & Berry, T.R. (2015, June). Reliability of web-based implicit cognitions in response to health promotion campaigns. Abstract presented at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.

# 3. ACAL: Faculty Strategic Priority: Collaboration and Integration

The Faculty will focus on the clear articulation and development of the "Alberta Model", which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.

ACAL's Research Advisory Committee has formal links to Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge). This committee provides direction on ACAL's research priorities and discusses the pan-Alberta research potential for physical activity research.

UWALK's Research Advisory Board (REAB) has formal links to Athabasca University, University of Alberta, University of Calgary and Central Queensland University. This board provides input to, and advice about, the direction that should be pursued with respect to knowledge, research, and evaluation, in the context of UWALK's strategic plan. The REAB will also serve as a forum to facilitate opportunities for collaborative and/or new research initiatives that support the sector and assist in meeting individual and/or organizational mandates.



The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.

ACAL and UWALK staff presented at the following scientific conference:

- o **Loitz, C.** (2015, February). Network analysis. Active Living Research conference. San Diego, CA.
- Loitz, C., Stearns, J., Johnston, N., Storey, K.; Fraser, S., and Spence, J. C. (2015, May).
   Examining communication and partnerships of Active Living Organizations in Alberta.
   Oral presentation at Global Implementation Conference, Dublin, IR.
- o **Jennings, C.**, Loitz, C.C., Mummery, W.K. (2015, June). Implementation of a web-based community wide physical activity challenge: UWALK Alberta. Abstract presented at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Loitz, C., McLeod, N.C., Jennings, C., Berry, T.R., Punjabi, K., McHugh, T.-L.F., Johnston, N., Mummery, W.K. (2015, June). A formative evaluation of UWALK health promotion videos. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- o Jennings, C., Loitz, C., Mummery, W.K. (2015, June). Implementation of a web-based community wide physical activity challenge: UWALK Alberta. Poster presentation at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- Curtin, K. D., Loitz, C. Spencer-Cavaliere, N., Khalema, E. (2015, June). Challenges of being new to Canada: Considerations for physical activity. Oral presentation at the International Society for Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.
- o Loitz, C.C., McLeod, N.C., **Jennings, C.**, Berry, T.R., Punjabi, K., McHugh, T.-L.F., Johnston, N., Mummery, W.K. (2015, June). A formative evaluation of UWALK health promotion videos. Abstract presented at the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland.

ACAL has Research Affiliates from across Canada and around the world who support the work of ACAL.

- Dr. Adrian Baumann University of Sydney, Australia
- Dr. Steven Blair University of South Carolina, USA
- Dr. Guy Faulkner University of Toronto, Canada
- Dr. Lise Gauvin University of Montreal, Canada
- Dr. Peter Katzmarzyk Pennington Biomedical Research Centre, USA
- Dr. Neville Owen Baker IDI Heart and Diabetes Institute, Australia
- Dr. Ron Plotnikoff University of Newcastle, Australia
- Dr. Mark Tremblay Children's Hospital of Eastern Ontario, Canada
- Dr. Hein de Vries, Maastricht University The Netherlands

#### Centre staff reviews articles for:

o Health Promotion Journal of Australia (2013 to present)



o Journal of Physical Activity and Health (2014 to present)

ACAL also sits on a number of committees and brings physical activity expertise to these groups:

Alberta Active Living Partners
Alberta Policy Coalition for Chronic Disease Prevention
ParticipACTION – UPNGO Advisory Team
Active Living Coalition for Older Adults - Vice-President
Alberta Injury Prevention Centre - Finding Balance Network
Alberta Health Services - Falls Prevention Network
Alberta Workplace Wellness Committee
SHAPE – Active Transportation Network
City of Edmonton - Age Friendly Edmonton
City of Edmonton - Active Transportation Network

# 4. ACAL: Faculty Strategic Priority: Differentiation through Innovation

The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.

The 2015 Survey on Physical Activity was released in March 2015. As with previous surveys, approximately 60% of Albertans are physically active. New to this survey was a section on sedentary behaviour. Based on self-reported behaviour, Albertans are sedentary for 8 hours and 50 minutes each day. An infographic was produced to depict the results also includes solutions to increase physical activity and decrease sedentary behaviour.

ACAL is a founding and active member of the Alberta Policy Coalition for Chronic Disease Prevention. The APCCP issues media releases/articles advocating for policy change to reduce chronic diseases in Alberta and is working towards the establishment of the Alberta Wellness Foundation.

ACAL has a pedometer loan programs. Three pedometer toolkits, one each for health promotion, schools and workplaces, can be accessed by clients. The kits consist of a set of 36 pedometers accompanied by resources on walking and pedometer use. This service has been very useful to practitioners wanting to organize a time-limited intervention.



Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

UWALK has a Public Library Pedometer Loan Program which includes over 360 branches in approximately 279 Alberta communities. This program provides pedometers to libraries which allows Albertans to borrow a pedometer from the library for a set period of time, and encourages them to sign up for UWALK and track their activity.

The Spring 2015 Physical Activity Forum features University of Alberta's research Dr. Wendy Rodgers presenting at the University of Alberta and the University of Calgary "Let's Get Physically Active! Motivating People to Start and Maintain a Physically Active Lifestyle". This year's Forum attracted 200 participants.

## **Presentations**

- Loitz, C. (2014, November). UWALK and ACAL. Oral presentation at the Perspectives. Kananaskis, AB.
- o **Loitz, C.** (2014, November). Physical literacy and older adults. Oral presentation at the Perspectives. Kananaskis, AB.
- o **Loitz, C.** (2014, November). Sedentary behaviour and exercise consultations. Oral presentation at the Perspectives. Kananaskis, AB.
- o **Loitz, C.** (2014, November). Improving health and wellbeing via physical activity. Oral presentation at the Perspectives. Kananaskis, AB.
- o **Loitz, C.** (2014, November). Perspectives in health and fitness panel. Panel presentation at the Perspectives. Kananaskis, AB.
- Jennings, C. (2014, December). An overview of the development and implementation of a province wide multi-strategy physical activity promotion project: UWALK Alberta, CQUniversity, Rockhampton, Australia.

In addition to the formal conference presentations, Centre staff and graduate students presented at the following:

- o Alberta Workplace Wellness Awards and Summit
- o CIS Health and Wellness
- Finding Balance Launch
- o Greater Edmonton Foundation
- o Rocky Mountain House Teachers Conference
- o Government of Alberta Human Services PD Event
- o City of Edmonton Lunch and Learn
- Idylwyld Library Event
- Woodcroft Library Event
- o U of A Alumni Event
- o Alberta Health Services presentation
- o CBC Our Edmonton Interview
- ARPA Staff Meeting
- o Edmonton Lions Chinese Association



- o GOA Human Services
- o Leduc Diabetes Support Group

## Displays:

- o Calgary Stampede Parade
- o Cross Iron Mills Pancake Breakfast
- o K-Days Parade
- o Cooperators Insurance Hole in One Event
- NAIT Wellness Fair and Walk
- Tour of Alberta Calgary, Lethbridge, Red Deer, Edmonton Garrison, Sherwood Park,
- o Edmonton
- o Alberta Workplace Wellness Awards and Summit
- o Edmonton Public Library Managers Meeting
- o U of A PEDS 385
- o U of A HE ED 221
- o Community Leagues
- Alberta Active Living Partners Network Meeting
- o Strathmore Community Launch
- o Calgary Chinese Association
- o Leduc Rec Centre
- o ASEBP Lunch and Learn
- Winter City
- o Physical Activity Forum Edmonton
- Physical Activity Forum Calgary
- o University of Calgary Faculty of Medicine
- o Be Well With Shell
- o University of Calgary Vice President of Financial Services

## Webinar:

- Athabasca University Knowledge Mobilization Using Infographics to Share your Findings
  - B. Community and International Engagement
    - 1. International
      - (1) Enrollment



Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

## A. International Undergraduate Enrollment 28 international students

i. Fee Paying – Total number of students with study permits = 10

Students	Country
2	United States of America
5	China
2	Australia
1	Korea

ii. Exchanges/Visiting - Total = 18

Students	From	
2	University of Otago, New Zealand (Fall 2014)	Faculty MOU
2	Palacky University, Czech Republic (Fall 2014)	Faculty MOU
2	University of Jyvaskyla, Finland (Winter 2015)	Non-MOU
5	Norwegian School of Sport Science (NSSS), Norway (Fall 2014)	Faculty MOU
1	University of Sao Paulo	Non-MOU
6	Brazil, Science without Borders Program	

- b. International Graduate Enrollment: 35 international students; (32 fee-;paying students, 2 permanent residents)
  - i. Fee Paying

Students	Country
2	Brazil
1	Bulgaria
7	China
3	Iran
3	Japan
3	Korea
1	Kyrgyzstan
1	Nepal
1	Sweden
1	Taiwan



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

1	Trinidad and Tobago
1	Turkey
3	United Kingdom
6	United States

# ii. Visiting

1	Norway

# (2) Education Abroad Experiences

# c. Study Abroad Course Registrations = 17

Students	То
12	Play Around the World -
	Thailand Cambodia/NWT
2	Play Around the World –
	Northern Canada
3	e3 Brazil – Curitiba, Brazil

# d. Exchanges = 12

Students	То	
4	University of Otago, New Zealand (Winter 2015)	Faculty MOU
3	University of Queensland, Australia (Winter 2015)	Faculty MOU
2	Norwegian School of Sport Science	Faculty MOU
1	University of Auckland, Australia (Fall 2014)	Non-MOU
1	University of Sydney, Australia (Winter 2015)	Non-MOU
1	University of New South Wales, Australia (Winter 2015)	Non-MOU
1	Utrecht University, Netherlands (Winter 2015)	Non-MOU
1	Chinese University of Hong Kong, China (Fall 2014)	Non-MOU

## e. Practicums = 8



Students	То	Term
2	Australia	Fall 2014
1	New Zealand	Fall 2014
1	England	Fall 2014
1	Germany	Fall 2014
2	Australia	Winter 2015
1	New Zealand	Winter 2015

f. Athletics (International trips for competition and/or training – normally non-base funded)

Team	# of student athletes	То	Dates
Bears and Pandas Golf	15	Eureka, U.S.	May 3 – 6, 2014
	7	Phoenix, U.S.	February 18 – 20, 2015
	5	San Diego, U.S.	November 1 – 4, 2014
Golden Bears Volleyball	20	Los Angeles, U.S.	December 28, 2014 – January 4, 2015
Pandas Soccer	19	Argentina	February 12, 2015 – February 23, 2015
Pandas Curling	5	Tallinn, Estonia	February 28, 2015 – March 8, 2015
Golden Bears Hockey	27	USA	October 24 – 25, 2014
-	27	Granada, Spain	February 4 – 14, 2015
Total	125*		

<sup>\*</sup>Not all teams responded to international travel inquiry

## (3) International Visitors

- g. Short term delegations
  - i. Beijing Sport University, 5 person delegation, March 17 19, 2014. Main goal for visit was to discuss further collaboration in areas of short term academic programs, exchange opportunities and joint research activities.



- h. International scholars by date of arrival
  - i. David Bentley, University of Adelaide, August 28, 2014.
  - ii. Candace (Huimei) Lui, Zhejiang University, China, July 16 2014 to June 30, 2016.
  - iii. Gro Rugseth, Norwegian School of Sports Sciences, August 2014 to October 2014
  - iv. Jana Leukel, Bachelor of Arts in Sports Management and Communications at the German Sports University Cologne, September 3, 2014 to March 1, 2015.
  - v. Prue Cormie, Edith Cowan University Health and Wellness Institute Perth, Australia, September 9, 2014
  - vi. Jana Sklenaříková, Palacký University Olomouc, Czech Republic, Sept 2014 to December 6, 2014
  - vii. Maud Vanpoulle, Lyon University, January 12, 2015 to May 2015.

#### i. International Events

i. The Norwegian School of Sport Sciences and the Faculty of Physical Education and Recreation, University of Alberta Collaboration Workshop, September 3 to September 9, 2014, ReCon, Jasper, Alberta.

## (4) Community Based Activities

j. Continuation of Tripartite Agreement with Alberta Recreation and Parks Association (ARPA) and with Alberta Tourism, Parks and Recreation

#### (5) Selected Initiatives

- k. Initiated the development of Indigenous Sport and Recreation Post-Baccalaureate Certificate- proposed date for enrolment - September 2016.
- l. Scholarships/Resources
  - i. One International Undergraduate Student Award
  - ii. Three International Undergraduate Student Athlete Awards
  - iii. Group funding award received for Play Around the World study abroad course (\$21,000.00).
  - m. Conducted successful 1st summer expansion of Play Around the World to Fort Providence in the NWT.

n.

## (6) Memorandum of Understandings

- o. Yonsei University, South Korea created September 2014, expires September 2019.
- p. Palacky University, Czech Republic expires November 7, 2018.
- q. Shanghai University of Sport (SUS), renewed expires June 2018.



- r. Norwegian School of Sport Sciences (NSSS), expires November 2015.
- s. Beijing Sport University (BSU), expires August 26 2015.
- t. Institute for Physical Education, Ministry of Tourism and Sports, Thailand (IPE), expired May 22 2013.
- u. Srinakharinwirot University, Thailand, expired May 21 2013.

## C. Canadian Athletics Coaching Centre (CACC)

The Canadian Athletics Coaching Centre was established in October 2003 and is a legacy of the 8th IAAF World Championships in Athletics hosted in Edmonton during the summer of 2001. The Centre recognizes the lineage to this truly spectacular event. It was founded in agreement with the government of Canada through a consultative process led by the Edmonton 2001 Legacy Foundation in partnership with the University of Alberta, Athletics Canada, and Athletics Alberta. The original mandate recognized the need to create a Canadian Centre dedicated to the participation and excellence in athletics through mentoring, training, education, competition and research for coaches and athletes at all levels of sport.

The Centre opened at the University of Alberta in the fall of 2004 housed within the Faculty of Physical Education and Recreation. The Centre looks for opportunities to develop and deliver programs in conjunction with its partners and it is through these partnerships we strive to enhance the delivery of the sport across Canada.

## Mission Statement

To provide educational opportunities for Canadian coaches that facilitates and promotes effective coaching.

# 1. CACC Staff Compliment

Director	1.0 FTE
Associate Director – Athletics	1.0 FTE
Programming	
Manager, National Program Coach	1.0 FTE
Development	
Alberta Institute Coach	1.0 FTE
Academic Liaison	0.3 FTE

Staff members were involved in the following boards, committees, events, and national team assignments:

- o Pan American Junior Athletics Championships Organizing Committee;
- o Edmonton International Track Classic:



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

NACAC U23 Track and Field Championships (event group coach).

# 2. Coach Development

The Canadian Athletics Coaching Centre builds programming that supports the development of effective coaches from the grassroots level to the elite class. The following is a list of programming targeted towards the development of coaches.

- National Event Group Conference: 125 coaches from five countries attended our three-day National Speed Conference.
- o Mentorship Program:
  - Seven coaches from across Canada were selected to take part in our fourmonth Combined Events Mentorship Program that included programming with Canadian combined events coach Les Gramantik and American coach Harry Marra, personal coach to Olympic champion and world record decathlete Ashton Eaton.

# 3. Athlete Development

- U of A Varsity Performance:
  - Nine qualifiers for Senior Canadian National Championships (seven finalists);
  - o Three qualifiers for Junior Canadian National Championships
  - o Canada West Conference Results:
    - Women's team finished 4th (6 points away from a medal);
    - Men's team finished 7th;
    - Leah Walkeden Gold (60m) and new championship record;
    - Women's 4 x 200m Gold
    - Nathan Filipek Gold (pole vault)
  - o CIS Championships Results
    - Qualified five relay teams finishing 2, 4, 6, 6, 10 (only one team qualified in previous year)
    - Women's team finished 9th; Men's team finished 15th
    - Leah Walkeden Silver (60m) and new school record;
    - Women's 4 x 200m Silver
    - Men's 4 x 800m 4th
- Post-Collegian Performance:
  - Five qualifiers for Senior Canadian National Championships (one podium finish)



- o Alberta Provincial 100m champion.
- Junior Program:
  - o Identified six local junior athletes to join our program training with Centre coaches and created a feeder system to the Varsity program.
  - o One top 10 performance at the Canadian National Junior Cross Country Championships.
- Other:
  - o Organized a spring warm-weather training camp.

#### 4. Additional Activities

- Event Hosting and Support
  - o Golden Bear Open;
  - Golden Bear Preview;
  - Spring Challenge Track Meet;
  - Little Big Run;
  - o Edmonton International Track Classic;
  - UofA Golden Bears & Pandas Track and Field Alumni Association.

# D. Operations

On June 29, 2015, Dean Kerry Mummery announced the development of a new unit within the Faculty. **Campus & Community Recreation** is the new service arm of the Faculty replacing both Operations and Recreation Services. This new unit will build on the excellent facility operations and services provided by each of the previous units. By combining these services, we will work together to enhance the facility, program and service offerings of the unit.

Our primary focus will be to engage students and community members in creative, innovative, high quality sport and recreation experiences. By working together, our goal will be to offer a full range of programs and activities. We believe there will be efficiencies within our operation that will allow us to enhance the offerings we were previously able to provide and close gaps in programs and services that previously existed.

Our goal is to become an exemplar service unit within the realm of Campus & Community Recreation.

This report will present information from each service unit separately to the year-end of March 31, 2015.

## **PAW Centre Opening**



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

After 2.5 years of construction, on March 19, 2015, the Physical Activity and Wellness (PAW) Centre officially opened. The Centre, a collaboration of the Students' Union, the Graduate Students Association, the Faculty and the University of Alberta was designed to promote and foster the health and wellbeing of the University community.

The PAW Centre is the first construction project by the Faculty on north campus since the 1983 addition of the Universiade Pavilion. The Centre artfully creates one complete building out of two. The West Wing and East Wing are now joined by the ever-active Social Street. This spine running north/south through the facility is a hub of student activity. Most importantly the PAW Centre includes a new 27,000 square foot fitness facility and a state of the art Climbing Centre. Both of these facilities are named after the Hanson and Wilson families who generously donated \$10,000,000 to the construction project.

With the addition of these great facilities, the number of faculty, staff and students able to enjoy our facilities has dramatically increased. As an example, the Fitness Centre attracted approximately 45,000 visits per month during the winter term 2014. In winter term 2015, the average number of users per month was over 60,000. The explosion of use speaks to the value our community places on physical activity and wellness.

#### General

The Faculty of Physical Education and Recreation is an integrated Faculty encompassing three service arms: Facility Operations, Athletics and Recreation Services in addition to our primary role of Academics. The integrated nature of our Faculty presents unique opportunities to our students and Faculty members.

## Facility Operations has five primary functions within the Faculty:

- 1. Facility Management Facility Management encompasses the basic operational functions of the Faculty's specialized facilities including:
  - Clare Drake Arena Van Vliet Complex
  - Hanson Fitness & Lifestyle Centre Van Vliet Complex
  - Wilson Climbing Centre Van Vliet Complex
  - Aquatics Centre Van Vliet Complex
  - Universiade Pavilion Van Vliet Complex
  - PAW Centre Van Vliet Complex
  - Tennis Centre Saville Community Sports Centre
  - Curling Rink Saville Community Sports Centre
  - Fitness Centre Saville Community Sports Centre



- High Performance Training and Research Centre Saville Community Sports Centre
- Outdoor Track Foote Field
- Artificial Turf Field Foote Field
- Natural Grass Fields South Campus
- Gymnasiums, Studios and Multi-purpose rooms North and South Campus
- Labs, Research Spaces, Classrooms, and Offices North and South Campus

The Operations unit provides a safe, efficient environment to enhance the day to day experience for Faculty, staff and students at the University of Alberta. Staff member roles range from facility maintenance and upkeep, to facility allocation and program development and delivery.

2. Community Program Delivery – Operations units offer a variety of sport and recreation programming from introductory levels to elite athlete development. Programming in the areas of Aquatics, Climbing, Curling, Tennis, Personal Fitness and Activity Camps encompass a vast array of programming. The focus of these programming opportunities is the University community and the broader Edmonton community in the specialized sports. The Operations programs provide a direct connection between our research and teaching functions and our practical application.

**Example**: Annual Operations Program Registration and Membership: Over \$3.6 million annually

3. Facility Planning and Development – The Operations unit leads the planning and facility development functions for new Faculty buildings as well as large scale upgrades. We liaise with University Architects and planners to ensure the current and future needs of the Faculty are met. This planning process will encompass both long and short term planning cycles. We provide expertise in developing facilities to meet the requirements for research, teaching and programming.

**Example**: Foote Field Artificial Turf Replacement serves both the Varsity football and soccer teams as well as community turf user needs. The facility is fully capable of hosting International events.

4. Facility Use Maximization – Facilities are a finite resource. As a result, effective and efficient allocation of space for all academic, research, athletic and recreational use is a very important function. The Operations unit is the gatekeeper for space and is tasked with developing fair, efficient processes grounded in a solid philosophical base to meet the diverse needs of our Faculty.

**Example**: Over 800,000 sq. ft. of space is allocated for use annually.



5. Partnership/Relationship Fulfillment – The Faculty enters into a variety of partnerships to provide programming and develop new facilities, Operations endeavors to build and maintain relationships with each new partner group.

**Example**: The Students' Union and Graduate Students Association work together to construct the PAW Centre. The PAW Strategic Operating Committee consists of representatives of various groups within the University including student associations, Faculty members, Facilities and Operations and the Dean of Students.

Due to the nature of our many roles, Operations touches many aspects of our Faculty. Operations goal is not only to successfully manage our own facilities and programs but to be a key partner in the success of each of the other Faculty units.

## Operations Mission Statement

To develop and manage facilities and programs that enrich the Faculty teaching, research and service functions by creating and sharing world-class experiences for Faculty, staff and students and engaging the community within the University environment.

# **Guiding Principles**

- We seek to build strong relationships with our customers students, staff, Faculty and members.
- We are leaders in managing and programming facilities in support of Faculty initiatives.
- We utilize all Faculty resources to offer unique programming opportunities to our customers.
- We value positive interactions with the customers of our facilities through the provision of excellent service.
- We believe in managing safe and efficient facilities for our customers to enhance their experience

#### Core Values

- Passion for sport, recreation and leisure
- Respect for our customers, partners and colleagues
- Commitment to a positive work environment
  - Dedication to operating safe and accessible facilities

1. Operations: Faculty Goals: *Talented People* 

**Operation Staff** 

Cheryl Harwardt Director

Rob Krepps Associate Director Sport



Development/Head Coach Curling Greg Lembke

Manager, Saville Community Sports Centre

- West

**Associate Director** Christine Ma Russ Sluchinski Manager, Tennis

Rob Stewart

Manager, Saville Community Sports Centre

- East

Shaun Arkison Operations Maintenance Lois Arnason Bookings Clerk/Reception Dean Budynski **Operations Services Coordinator** 

Bruce Bourquignon Operations Maintenance Supervisor, South

Campus

**Brian Bowers** Aquatics Supervisor Rob Callahan Facilities Attendant

Chelsea Carey Activity and Leisure Camp Coordinator -

Maternity leave replacement for Jessica Holmgren (April 2014 – May 2015)

Laura Crocker Curling Coordinator - Maternity leave replacement for Karla Ishida (March 2014

- April 2015)

Guy Crosswhite Arena/Fitness Maintenance

Cheryl Danchuk **Customer Service** Prescilla Dela Cruz Accounting Assistant

Laurie Ennik Administration Supervisor – South Campus Mark Ennik Assistant Supervisor, Equipment Room

Dean Fargey Operations Maintenance

Ben Gallaher South Campus and Foote Field Supervisor

Paul Glassford Facility Attendant **HPTRC** Coordinator Eric Golberg

Barb Gordon Customer Service Coordinator - SCSC

West

Cal Grainger Arena Attendant

Chelsea Guthrie Assistant Sports Coordinator

Jessica Holmgren Activity and Leisure Camp Coordinator -

Maternity leave (April 2014 – May 2015)

Stephanie Hooft **Operations Maintenance** 

Karla Ishida Curling Supervisor – on maternity leave

(March 2014 - April 2015)

Fitness Coordinator Krystle Johner Andrea Jones Tennis Coordinator

Jessica Kennaugh Facility Bookings/Administrative Assistant

Lloyd King Climbing Centre Supervisor



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Document is subject to change.

Hania Kura Equipment Room Supervisor
Christine Legault Facilities Allocation Lead

Susan Lenio Marketing/Events Bookings Coordinator – SCSC West, on maternity leave (March

2015 - February 2016))

David Lyle/James Linthorne Fitness & Lifestyle Supervisor

Kelly Lyons

Bookings/Contracts Clerk – Maternity
leave replacement (April 2014 – April 2015)

Travis Maloney Facilities Attendant
Mitch McKee Assistant Sports Coordinator

Kyle McMahon Operations Maintenance, Coordinator –

SCSC West

Erin Mikulin Bookings/Contracts Clerk – Maternity

leave (April 2014 - April 2015)

Anna Minarchi Accounting Supervisor

Dallas Mix Climbing Centre Assistant Supervisor

Neil Murray Facilities Attendant

Heather Pearson Bookings/Marketing Coordinator,

maternity leave replacement (March 2015

- February 2016)

Corey Peterson Operations Maintenance
Alyssa Pietucha Facilities Attendant
Yvonne Pugh Operations Maintenance
Whitney Santa Accounting Assistant
Randy Shaw Operations Maintenance
Andrew Smith Facilities Attendant

Andrew Smith Facilities Attendant
Sheldon Thomas Operations Maintenance
Sarah Yahn Facilities Attendant
Ryan Walter Facilities Attendant

Dan Walter Operations Maintenance, Coordinator -

SCSC East

Monty Wood Arena Supervisor

#### Education

- 2 staff progressing towards Masters Degrees
- 25 undergraduate degrees
- 1 staff Special Event Management Certificate
- 1 staff Project Management Certiticate
- 2 staff attended the Alberta Recreation & Parks Association Conference
- 1 staff attended the Canadian Sport For Life Conference



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

- 1 staff member on Facilities Development Committee of the University
- 1 staff member on Alcohol Review Policy Committee of the University

## Years of Service

0 - 5 Years of Service
6 - 10 Years of Service
11 - 15 Years of Service
16 - 20 Years of Service
21 - 25 Years of Service
25 + Years of Service
4 employees

#### Awards

- Aquatics Centre awarded the Life Saving Society's Class 7 Dr. W.E. Montgomery award for program delivery (June 2014). The U of A Aquatics Centre has won this award 10 of the past 11 years.
- Saville Community Sports Centre Mayor's Award for Universal Design in Architecture.
- Wilson Climbing Centre Canadian Institute of Steel Construction Award.

# 2. Operations: Faculty Goals: *Communication*

Operations use an internal website through Google Sites as a quick and easy reference point for all (full-time, part-time and casual staff). The site serves the following purposes:

- Central location for storing all facility operations policies;
- Central location for dissemination of information to casual staff;
- Quick links to University and Faculty forms;
- Easy, accessible website attached directly to gmail account;
- Saville Community Sports Centre Website 12,711 visits per month
- Saville Community Sports Centre Website 1 minute 57 seconds average time spent on site
- Saville Community Sports Centre Twitter followers 531
- U of A Aquatics Centre Twitter 160 followers
- U of A Climbing Centre YouTube 1060 views



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

- U of A Climbing Centre Facebook 1394 engagements
- U of A Fitness and Lifestyle Centre Facebook 634 engagements

# 3. Operations: Faculty Goals: Resource Management Allocation

Primary sources of income include:

- Program Registration \$1,635,635.33
- Facility Rental \$1,678,936.73
- Membership sales \$1,933,401.91
- GO Partner Contributions \$933,272.00
- Miscellaneous sales \$261,161.83

Sponsorship/Advertising Opportunities – cash value approximately: \$25,000 + annually

- Big Rock Breweries cash and promotional items
- Hattricks Restaurant cash and in-kind items
- Digital board and printed advertising sales

Continued development of FAME – Facility Asset Management software – this software was implemented to assist in day to day tracking of staff required tasks; short-term facility and equipment problems; and long-term asset replacement requirements. The information will be compiled to develop facility lifecycle plans, as well as to track and budget for annual repair and maintenance items.

## Construction and Planning:

- Physical Activity & Wellness Centre \$56 million
- Steadward Centre \$4 million
- Foote Field Track upgrade and replacement \$1.25 million

Business Case Development for future facilities:

- South Campus Arena project
- Air-supported Structure over Foote Field Artificial Turf

The Operations unit manages over \$250,000,000 million dollars of physical assets

## **Aquatics Centre**

• 31 hours per week for recreational student drop-in use at no additional fee, approximately 18,732 student visits;



- CREF funding allows for a further 12.5 hours per week of student drop-in use at no additional fee, approximately 3,548 student visits;
- The Aquatics Centre offers programs to University students ranging from swim lessons (novice to advanced); all lifesaving/lifeguarding courses; instructor course, kayaking and SCUBA. All programs are available at a reduced rate for students. Approximately 600 students take part in these programs annually;
- Student groups hosting events in the Aquatics Centre receive discounted rates on their rental fees.

#### Arena

- Over 185 hours per year for recreational student drop-in use at no additional fee;
- The Arena hosts almost 550 hours per year of intramural hockey and student sport club use;
- Almost 44 hours per year are available for "learn to skate" and conditioning programs;
- The Golden Bears and Pandas hockey teams play over 30 games through the course of the season;
- 2 times per year a "Red Eye" tournament is hosted.

## Climbing Wall

- 52 hours per week for Recreational student drop-in use at no additional fee, approximately 2400 students drop-in annually;
- The Climbing Centre offers programs to University students ranging from beginner instructional level classes to advanced level classes;
- New recreational programs added this year include:
  - U Rappel
  - Complete Climber
  - Youth Training Camp
  - U Climb recreational program subsidized by CREFT
- New provincial programs/events added this year include
  - Alberta Climbing Association sanctioned bouldering event
  - Alberta Climbing Association sanctioned rope climbing event
- Other new programs/events include:
  - Women's climbing group research (post cancer study)
  - AIM training Green and Gold Sport Development program
- Three Physical Activity Courses run per Fall and Winter semesters; 1 sprint and 1 summer section offered; all classes have a waitlist;
- Over 690 students registered in climbing programs in 2014-15;
- The Wilson Climbing Centre employs an average of 15 students per year.



# Curling

- The Golden Bears and Pandas Curling teams won the 2014-15 CIS Curling Canada Championships;
- The Varsity Curling teams and Team Canada athletes who are U of A students (total of 23 students) utilize the facilities at no charge;
- The Curling Centre hosts one University league with 144 participants. The fees for this league are highly subsidized;
- 150 sheets of ice are used per week for league play at the Saville Centre.

#### Equipment Room

- 3114 lockers and towel services were issued;
- 6884 memberships sold;
- Equipment room staff provided over 18,200 hours of service to events including set up, take down, security, and monitoring;

## Hanson Fitness and Lifestyle Centre

- 98 hours per week for student drop-in use at no additional fee, approximately 330,000 student drop-in uses annually;
- The Hanson Fitness and Lifestyle Centre offers programs to University students in the categories of Personal Training, Group Training, Nutrition and "learn-to" instructional level classes. All classes offer a reduced registration fee to University students;
- The Hanson Fitness and Lifestyle Centre offers employment to approximately 60 students annually.

#### Foote Field

- Home of the Golden Bears football, Golden Bears and Pandas soccer and Pandas rugby teams;
- In May and June, Foote Field hosted over 8,300 students from elementary, junior high and high schools for track and field meets;
- Played hosted to a wide range of events from Edmonton International Track Classic and the Little Big Run to Football Alberta's Senior Bowl.

#### Saville Community Sports Centre Fitness Centre

- 100 hours per week are available for active participation;
- 5163 memberships are sold;
- Over 550 hours of personal training are provided on site.

#### Tennis Centre



- The Tennis Centre serves over 700 members utilizing the facility on an average of 2 hours per week;
- The Tennis Centre provides instructional programs for 2,366 registrants.

# Green & Gold Sport System

- 8 weeks of AIM movement camps and sport-specific camps are coordinated annually through the new Green & Gold Sport System;
- This partnership between Athletic and Operations is a comprehensive sport development program;
- Over 4,500 children participate annually in these programs.

# 4. Operations: Faculty Goals: Exemplary Student Experience

Students and staff from across campus actively participate in programs and facilities developed by Operations:

Practicum Experiences in Operations

- Operations supported 3 Faculty practicum experiences (1 student in the 2014 Spring/Summer semester; and 2 students in the 2014 Fall semester)
- 1 Student was hired into a full-time, one-year replacement position as a result of her practicum experience.

## General Information

- Operations employs approximately 150 students annually in general customer service and maintenance roles in addition to the program specific areas mentioned above;
- All north campus facilities offer a range of drop-in recreational use times for such activities as basketball, badminton, tennis, track, ice-skating, stick/skate skating, soccer and ultimate Frisbee at no additional charge to students.

# 5. Operations: Faculty Goal: Collaboration and Integration

• The High Performance Training and Research Centre (HPTRC) is available to student-athletes and community athletes training at a provincial, national or international level;



- The HPTRC provides opportunity for graduate students and researchers to work directly with athletes in knowledge transference;
- The Alpine Club of Canada hosts the Climbing Gym Instructors Certification course at the Climbing Centre;
- Basketball Canada partnership Canadian Senior Women's Basketball team is hosted by the Saville Community Sports Centre;
- Canadian Curling Association National Training Centre is hosted at Saville Community Sports Centre; the Centre offers coaching and training opportunities for Canada's top curling teams;
- Tennis Canada partnership National Bronze Tennis Development Centre;
- City of Edmonton relationship Joint Use agreement provides for community access to Foote Field;
- Operations collaborates with both internal and external communities to host events in our unique facilities. A small sample of these events from April 2014 – March 2015 follows:
  - Butterdome Craft Shows (Christmas and Spring)
  - CAPS Career Fair (Fall and Spring)
  - Open House
  - Mom to Mom Tradeshows
  - Aboriginal Student Services Centre Round Dance
  - Aboriginal Student Services Centre TAWOW
  - Remembrance Day Ceremony
  - Edmonton Photography Show
  - Underwear Affair 5k/10k Run Fundraiser for Cancers below the Waist
  - Running Room Indoor Games youth Track events
  - EMOC Track Meets
  - CIS wrestling Championships
  - Brick Invitational Hockey Tournament
  - Under 15 and Under 17 Canadian Basketball Championships
  - Great Canadian Basketball Shootout
  - The Shoot Out World Curling Tour event
  - Western Canadian University Curling Championships
  - Alberta Juvenile Curling Championships
  - Veteran's Curling Bonspiel
  - Kevin Martin Junior Curling Bonspiel
  - Edmonton International Track Classic
  - Little Big Run
  - Hershey Track and Field Games



- High School and Junior High Zone and City finals track and field championship
- Football Alberta Senior Bowl
- Alberta Cup Weightlifting Championships
- PARK Fashion Show
- Alberta Cheer Empire Showcase
- Edmonton Corporate Challenge badminton; road race; table tennis; volleyball
- Saville Canadian Under 18 ITF Tennis tournament
- Western Canadian Senior Indoor National Tennis Championships
- Owen Schlosser Memorial World Team Tennis tournament
- U17 and U18 Canadian Volleyball Championships
- Alberta Volleyball Provincial Championships
- Alberta Volleyball Premier tournaments

# Operations: Faculty Goal: Differentiation through Innovation

PAW Student Agreement – the Student's Union, University of Alberta and Faculty of Physical Education and Recreation have entered into an agreement to support the development of student activity space. The space incorporates student recreation and leisure activity space allowing for enhanced teaching and research space. The Student's Union has agreed to pay a fee to offset the cost of the facility. In turn, the students will participate in a Facility Steering Committee which will allow a student voice in the operation of the facility;

GO Community Centre - the Faculty accepted the donation of the facility now known as the Saville Community Sports Centre from the GO Community Centre (a non-profit community organization). The \$42 million building provides academic and varsity program space on south campus. In addition, the facility provides much needed gymnasium space to the community and offers an opportunity to engage with the community at large.

Green & Gold Sport System developed and initiated pilot programs in the newly branded and reconfigured AIM movement camps. The Green & Gold Sport System will model the Long Term Athlete Development models of the core sports, building a multi-sport system under one roof. The target startup date is summer 2015.

The City of Edmonton and the Faculty are currently involved in a Joint Use agreement.

The Saville Community Sports Centre is operated within a partnership agreement with three community partners - Ortona Gymnastics, Edmonton Grads Basketball and Edmonton Volleyball



Centre Society. The opportunities to grow within the community sport environment are being developed as available.

## E. The Steadward Centre

# The Steadward Centre for Personal & Physical Achievement

The Steadward Centre (TSC) serves as a research, teaching and service delivery unit within The Faculty of Physical Education and Recreation at the University of Alberta to facilitate engagement in physical activity, fitness and sport for individuals experiencing disability. A dedicated team of staff, students and volunteers provided opportunities for 1053 individuals living with impairment to achieve their personal fitness, physical activity and/or athletic goals across The Steadward Centre's five key program areas— Adapted Fitness Programs for Adults, Athlete Development for Disability Sport, Community Exercise Transition Program, Free2BMe Physical Activity for Kids and Teens with Disabilities, and Functional Electrical Stimulation (FES) exercise.

With the generous support of Alberta Sport Connection, community foundations, community grant programs, corporate and individual donations, the Centre served 662 children and youth, 332 adults and 59 athletes living with impairment ranging in age from 3-85 years. A team of 11 full-time staff and eight part-time instructors facilitated all activities and functions of the Centre from research, programming, volunteer coordination, fund development and administration. A total of 256 students gained experience in the Centre through practicum placements, CSL credit courses and volunteer placements—contributing an astonishing 4810.75 hours to the Centre's programs and services.

#### Vision and Mission

The Steadward Centre (TSC) vision and mission support the achievement of the Faculty of Physical Education and Recreation's (FPER) vision and priorities, as well as those of the University of Alberta.

#### Practical Vision

The Steadward Centre is internationally recognized for supporting independence and inclusion of children, youth and adults experiencing disability in their communities by inspiring:

- Vital accomplishments in personal fitness, motor skill development, and athletic development
  - Meaningful, innovative, and applied advancements in adapted physical activity
  - Passion for learning and discovery
  - Excellence and leadership



#### Mission

To create, disseminate, and apply knowledge of physical activity, athletic development, and motor skill development specific to persons living with impairment.

# 1. The Steadward Centre: Faculty Goal: Talented People

The Steadward Centre Professional Staff Complement		
Director	1.0 FTE	Master's degree
Program Coordinators/ Team	4.0 FTE	4 Undergraduate
Leads		degrees
		(1 current FPER MA
		student)
Adapted Physical Activity	4.0 FTE	3 Undergraduate
Consultants		degrees
		1 Master's degree
APA Personal Fitness Trainer	1.0 FTE	College diploma
APA Instructors	7.0 FTE	Current FPER
		undergraduate students
Support Staff—Financial/	2.0 FTE	1 College diploma
Admin		•

# Staff holds the following professional certifications:

Professional Certificate in Knowledge	1.0 FTE
Translation	
Certified Exercise Physiologist (CSEP-CEP)	5.0 FTE
Certified Personal Trainer (CSEP-CPT)	2.0 FTE
Registered Kinesiologist	3.0 FTE
Certified Recreation Therapist (ATRA)	1.0 FTE

# The Faculty will support and initiate strategies to provide professional development opportunities for faculty and staff.

The Steadward Centre staff completed continuing education credits, presented and attended professional development sessions within the following professional areas:

- Alberta Kinesiology Association
- Alberta Therapeutic Recreation Association
- Alberta Fitness Leadership Certification Association
- Alberta Recreation & Parks Association
- American College of Sports Medicine
- Canadian Society for Exercise Physiology
- Canadian Therapeutic Recreation Association



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

- European Congress of Adapted Physical Activity
- North American Federation of Adapted Physical Activity
- Physical and Health Education (PHE) Canada
- Restorative Therapies Functional Electrical Stimulation

## Community Engagement

Staff from The Steadward Centre is committed to collaboration and engagement with community partners, serving on a variety of committees with the goal of increasing the breadth and scope of physical activity opportunities for individuals experiencing disability within the Captial Region and across the province of Alberta.

## **Committees**

Committee	Coordinating Body	TSC
City of Edmonton Active Recreation and Sport Policy: Advisory Panel	City of Edmonton	Representation Karen Slater
City of Edmonton Accessibility Committee	City of Edmonton	Bobbi-Jo Atchison
Edmonton's Interagency Committee on Inclusive Recreation	City of Edmonton	Scott Durocher & Amanda Ebert
Glenrose Rehabilitation Hospital Accessibility Committee	Glenrose Rehabilitation Hospital	Bobbi-Jo Atchison
PLAY GREAT (Physical Literacy and You—Greater Edmonton Area Team)	Edmonton Sport Council	Amanda Ebert
World Triathlon Grand Final Edmonton Planning Committee— Para-triathlon	Edmonton Triathlon Academy	Kirsti Van Dornick

# 2. The Steadward Centre: Faculty Goal: Communication



The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.

The Steadward Centre uses a website, e-newsletters and social media (Facebook, Twitter and Instagram) to communicate with students, participants, current and potential donors and community partners. The Centre distributes an annual report to all stakeholders. The Centre receives annual media exposure through print, radio and television.

# Media Exposure 2014-2015:

- Steadward Centre's Free2BMe Exploring Physical Literacy Project—RBC Learn to Play. In the News. Faculty of Physical Education and Recreation. (November 27, 2014)
- ParticipACTION Teen Challenge "Free2BMe Fitness Fun Program Success" www.participaction.com/teen- challenge/wall-of-inspiration
- Adapted Physical Activity Symposium. The Red Deer Advocate. (March, 2015)
- Adapted Physical Activity Symposium. The Red Deer Express. (March 20, 2015)
- Move and Play the Inclusive Way Resource Cards. Health schools Alberta Magazine. Ever Active Schools. (April 2015)

# 3. The Steadward Centre: Faculty Goal: Resource Management Allocation

As an academic Centre, The Steadward Centre receives lights on funding from the Faculty of Physical Education and Recreation. All operating dollars are secured through a diverse funding strategy. Base funding is provided by Alberta Sport Connection in the amount of \$563,100.00. The remainder of the approximate \$1 million operating budget is received through provincial and municipal granting programs, community foundations, service groups, donations and program participation fees and services.

Last year the Centre received operating grants totaling \$94,422.00. Donations received amounted to \$30,381.00 and monies secured through program registrations and services totaled \$94,627.00

# 4. The Steadward Centre: Faculty Goal: Exemplary Student Experience

Professional practicum placements, community service-learning (CSL) credits, volunteer placements and research participation comprise the many different ways in which



undergraduate and graduate students gain rewarding applied learning experiences within The Steadward Centre (TSC).

As an academic centre within The Faculty of Physical Education and Recreation at The University of Alberta, TSC provided a wide range of learning opportunities and volunteer experiences through our programs. Students completing degrees across a variety of disciplines: physical education and recreation, sports and tourism, kinesiology, education, science and the arts all took advantage of the breadth of learning and mentoring opportunities offered at the Centre.

In the 2014-2015 academic year the Centre supported 256 students across four program areas: Free2BMe Physical Activity for Kids and Teens with Disabilities; Adapted Fitness Programs for Adults; Athlete Development for Disability Sport; Community Exercise Transition Program.

# **Undergraduate Students**

Students studying in related fields from post-secondary institutions across the province received training in adapted physical activity through TSC. Ten full-time practicum students and one part time student from the University of Alberta and one full-time student from the University of Regina benefited from 14 weeks of applied work experience across all aspects of the Centre. The Centre continues to serve as a designated community service-learning partner. 74 U of A students completed community service-learning (CSL) requirements. In addition to students from our Faculty's senior-level Adapted Physical Activity courses, students enrolled in a Play Leadership course, and registered in the Honours Psychology program also completed CSL placements within our programs.

Students were instrumental in the implementation and delivery of student-led program models throughout the Centre. Students worked alongside adult Centre members to progress individual exercise programs and introduce a variety of adapted physical activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in Free2BMe's 1:1 motor skill development programming. Students also actively engaged with the Athlete Development for Disability Sport program and the Community Exercise Transition Program.

Students eagerly joined The Steadward Centre team by taking part in the Physical Activity Led by Students (P.A.L.S.) programs. P.A.L.S. enables us to offer more opportunities for children, youth and adults to receive individualized instruction in fitness, fundamental movement skills and sport. Students worked alongside adult members to progress individual exercise programs and introduce a variety of Adapted Physical Activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in 1:1 motor skill development programming within Free2BMe.

# **Interdisciplinary Applied Opportunities**

Document is subject to change.



The successful collaboration with the Glenrose Rehabilitation Hospital through the Interprofessional Student Services (ISS) program continued to thrive this past year. Four students completed 14-week placements in a practicum experience that afforded them opportunities to work collaboratively with the Recreation Therapy Department at the Glenrose and the TSC Community Exercise Transition Program.

#### **Graduate Students**

The Steadward Centre supports graduate students by providing opportunities for clinical field placements (Physical Therapy) and the facilitation of independent research studies. Three graduate students completed participant recruitment activities and collected research data in the Centre this past year.

# 5. The Steadward Centre: Faculty Goal: Collaboration and Integration

The Faculty will focus on the clear articulation and development of the "Alberta Model", which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.

The Centre serves as a 'living laboratory" for students studying across the many disciplines encompassed by the Faculty. Undergraduate students gain applied learning experience through practicum placements and coursework, while graduate students conduct research studies related to graduate level thesis work.

Additionally, the Centre operates with both a Scientific Advisory Committee and Education Advisory Committee. Each committee is comprised of professors/ researchers, instructors and practitioners in the area of Adapted Physical Activity from across the province including institutions such as: Mount Royal University, Red Deer College, Grande Prairie Regional College, the Glenrose Rehabilitation Hospital and the Provincial Fitness Unit. Individuals from across these institutions work together sharing insight, experience and expertise to further advance the teaching, research and community service activities within The Steadward Centre.

## Adapted Physical Activity Symposium: A Community Collaboration

From March 19-21, 2015, 251 delegates from across Alberta and Saskatchewan gathered at Red Deer College to participate in three days of presentations, applied sessions and networking on a diverse range of topics related to Adapted Physical Activity (APA). The symposium, co-hosted by The Steadward Centre and Red Deer College, was a resounding success, garnering highly



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

esteemed keynote speakers such as: Dr. David Legg, Dr. Donna Goodwin, Ozzie Sawicki (Canada's Chef de mission, Socchi 2014 Paralympic Games), and Kayla Cornale (Para-Athletics Coordinator, Athletics Canada).

The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.

The Steadward Centre continues to grow its reputation nationally and internationally through connections with similar Centres throughout the world including those in the United States, Korea, Ireland, Norway and New Zealand. Centre staff contributed as presenters at three international conferences (NAFAPA, EuCAPA & ACSM) and one National Symposium (CTRA).

The Faculty will develop the inherent strength of resources and programs on its South Campus to provide meaningful teaching, research and community engagement opportunities.

The Steadward Centre established a partnership with the Saville Community Sports Centre (2008) to enhance the accessibility and inclusion of people experiencing disability within the fitness centre located on South Campus. In 2011, two pieces of Functional Electrical Stimulation (FES) exercise equipment (RT300 cycle and RT200 elliptical) were introduced making the Saville Community Sports Centre the only community based fitness facility in Canada to offer FES exercise programs for people living with paralysis. This past year over 50 individuals living with impairment held memberships at the Saville Centre. The Centre's Community Exercise Transition team provided staff training at South Campus and initiated a student volunteer base to enhance the inclusion and accessibility of South Campus.

Additionally, the Centre's Athlete Development Program for Disability Sport provided high performance strength and conditioning training for provincial, national and Paralympic level athletes out of the High Performance Training and Research Centre on South Campus. A total of 59 athletes represented a variety of sports including: para-alpine skiing, sledge hockey, paratriathlon, para-swimming, cycling, sitting volleyball, goal ball, wheelchair rugby, dragon boating and wheelchair basketball.

6. The Steadward Centre: Faculty Goal: Differentiation Through Innovation

The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.

The Steadward Centre prides itself in its ability to disseminate knowledge through research activities, student teaching, professional workshops, presentations and the facilitation of coaching certifications in fundamental movement skills.



Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

# Research/ Discovery

Enhancing capacity for research engagement is a key priority for the Centre. Efforts were made this past year to build partnerships with researchers whose interests are reflective of our diverse program activities. The formation of the new Scientific Advisory Committee is complete with the inaugural group meeting spring 2014.

Our unique program offerings and diverse participant base informed research studies by affiliate researchers Dr. Dave Collins, Dr. Donna Goodwin, Dr. Trish Manns, Dr. Kelvin Jones and Dr. Nancy Spencer-Cavaliere. The Centre serves as a site for recruitment, data collection and knowledge dissemination. TSC supports funding applications for research projects through informing project design, and writing letters of support, identified as knowledge user and coapplicant.

## TSC explores research questions derived from its programs

Free2BMe Team Lead, Amanda Ebert worked alongside Dr. Donna Goodwin to conduct a study examining the hidden labour of parents with children experiencing disability within a physical activity setting. Amanda conducted interviews with parents from the Free2BMe program. They analyzed the data and presented findings at an international conference in Spain last October (2014). The manuscript is being prepared for publication.

Athlete Development Coordinator Kirsti Van Dornick served as a research assistant collecting interview data for a study examining the perspective of coaches within The Steadward Bears Para-swim development program. This is a SSHRC funded study by principal investigator Dr. Donna Goodwin.

Community exercise transition coordinator, Bobbi-Jo Atchison worked in collaboration with the Free2BMe program to collect data for her study entitled "Transition to community physical activity for youth with disabilities: The parental experience." Ms. Atchison is working alongside Dr. Donna Goodwin to complete this research as part of her Masters of Arts (Adapted Physical Activity) thesis program.

Steadward Centre staff perspectives were examined in a research study conducted by principle investigator Dr. Donna Goodwin, with the intention of understanding how youth transition from specialized children and youth based recreation programming (Free2BMe) to specialized adult based fitness programming.



Centre Director and Faculty Instructor Karen Slater, embarked on a study with Dr. Donna Goodwin and Dr. Janice Causgrove Dunn to gain a better understanding of the use of blogging as a tool for teaching undergraduate students transformational learning. Ethics approval was gained to conduct research examining the blogs of students enrolled in a senior level adapted physical activity course. This project was supported in the winter 2015 term by full-time practicum student Rebecca Marsh, a research assistant on the project.

# Teaching/Learning

Course	Description	Number of Students	Principal Instructor
PEDS 472: Active Living	Emphasis on the delivery of adapted physical	21 students (Fall 2014)	Karen Slater
for Persons with Physical Impairment	activity services to individuals living with physical impairment, with a focus on the theoretical frameworks that guide professional practice.	24 students (Winter 2015)	
Professiona	Full or part-time non-paid	11 full-time students	Practicum
l Practicum	work experience program	- University of Alberta	Student
Placement,	for senior level students	(10)	Supervisors:
University of	in the Faculty of Physical	- University of Regina (1)	- Bobbi-Jo
Alberta	Education and Recreation.	4	Atchison
	The Chardward Cartan	1 part-time student (U of A)	- Scott Durocher
	The Steadward Centre		- Amanda Ebert - Kirsti Van
	serves as a practicum placement site for		Dornick
	students with an interest		- Karen Slater
	in adapted physical		- Nateli Statel
	activity, sport science,		
	recreation therapy,		
	physical education, and/or rehabilitation medicine.		
Community	The Steadward Centre is a	CSL Community Partner for the	Centre wide
Service	designated Community	following courses:	initiative
Learning	Partner for Community	<ul> <li>PEDS 471: Active Living</li> </ul>	
	Service-Learning (CSL) at	for Individuals living	
	The University of Alberta	with Developmental	
		Impairment	
		PEDS 472: Active Living  for Individuals living	
		for Individuals living with Physical	



		Impairment  Psyco 300: Undergraduate Honours Psychology  PERLS 421: Play Leadership  A total of 74 students enrolled	
NCCP-FMS Certification	National Coaching Certification Program's Fundamental Movement Skills Workshops: Course focuses on 7 fundamental movement skills	Two sessions held 26 Students completing certification	Amanda Ebert and Philip Krol

## Research Presentations:

**Atchison, B.J.,** Johnston, K. & Yi, K-J. (May 15, 2014). People in Motion. More Places. More Often: A Community Exercise Transition Model. Canadian Therapeutic Recreation Association Conference. Banff, AB.

Goodwin, D., **Atchison, B.J.,** Edwards, C., Johnston, K. & Yi, K-J. (October 19, 2015). Transition to an active lifestyle: Exercising in a group context. North American Federation of Adapted Physical Activity (NAFAPA), Ann Arbor, MI, USA.

Goodwin, D. & Ebert, A. (October 1, 2014). Physical Activity for youth experiencing Disability: Hidden Parental Labour. European Congress of Adapted Physical Activity (EuCAPA), Madrid, Spain.

**Van Dornick, K.** (May 18, 2014). Physiological Characteristics and Game Heart Rate Responses. American College of Sports Medicine, Orlando, FL, USA.

Van Dornick, K. (October 18, 2014). Time Motion Analysis of Sitting Volleyball. North American Federation of Adapted Physical Activity (NAFAPA), Ann Arbor, MI, USA.

# **Conference Presentations:**



**Atchison, B.J. & Imppola, J.** (March 20, 2015) AIMFREE: Assessing Accessibility. Adapted Physical Activity Symposium, Red Deer, AB.

**Durocher, S.** (March 20, 2015). Functional Electrical Stimulation (FES) 101. Adapted Physical Activity Symposium, Red Deer, AB.

**Ebert, A.** (March 6, 2015). Physical Literacy for All. Physical Literacy Summit, Ever Active Schools, Calgary, AB.

**Ebert, A.** & Marsh, R. (March 21, 2015). Inclusive Summer Camps: Staff Experiences. Adapted Physical Activity Symposium, Red Deer, AB.

**Ebert, A**. & **Slater, K**. (March 21, 2015). Move and Play the Inclusive Way. Adapted Physical Activity Symposium, Red Deer, AB.

**Imppola, J.** (November 14, 2014). Evaluating Access to Community Recreation Centres. Perspectives in Exercise, Health and Fitness Conference. Kananaskis, AB.

**Kindrachuk, N.** (March 19, 2015). From Grassroots to Podium: Panel Discussion. Adapted Physical Activity Symposium, Red Deer, AB.

**Kindrachuk, N.** (March 19, 2015). Introduction to Para- swimming. Adapted Physical Activity Symposium, Red Deer, AB.

**Liew, S.** (March 20, 2015). Panelist: Community Transition: Where do we go from here? Transitioning from Rehab & Specialized Programming. Adapted Physical Activity Symposium, Red Deer. AB.

**Slater, K.**, **Atchison, B.J.** & **Imppola, J.** (October 18, 2014). Standardized Delivery of FES Exercise. North American Federation of Adapted Physical Activity (NAFAPA), Ann Arbor, MI.

**Slater, K.** (March 20, 2015) AltaStim: A Provincial Wide FES Framework. Adapted Physical Activity Symposium, Red Deer, AB.

## Publications:

**Liew, S. & Slater, K.** (Spring 2014). More Youth More Active More Often: Addressing unique barriers to community participation by youth living with developmental impairment. The Provincial Fitness Unit of Alberta Fitness Informer. Edmonton, Alberta: University of Alberta.



**Home, D.** (Fall 2014). Use your Words: Communicating dignity and respect to individuals of all abilities. The Provincial Fitness Unit of Alberta Fitness Informer. Edmonton, Alberta: University of Alberta.

Wheeler, C. (Spring 2015). Fostering Self-Determination is SMART: The importance of goal-setting for people living with impairment. The Provincial Fitness Unit of Alberta Fitness Informer. Edmonton, Alberta: University of Alberta.

## Community Presentations:

**Atchison, B.J.** (November 2014 & March 2015). Community based physical activity and sport opportunities for individuals living with physical impairment. Panel Discussion, Faculty of Physical Education and Recreation, UofA, PEDS 472, Edmonton, AB.

**Atchison, B.J.** (January 2015). Adapted Assessment Techniques. Guest Lecture, Faculty of Physical Education and Recreation, UofA, PERLS 370, Edmonton, AB.

**Atchison, B.J.** (February 2015). Contraindications to Exercise. Guest Lecture, Recreation Therapy Department, Norquest College. Edmonton, AB.

**Durocher, S.** (May 2014). Adapted Fitness Programming for Adults. CRISS Clinic, Alberta Health Services. Edmonton, AB.

**Ebert, A.** (April 2014 & March 2015). Assessment techniques for children and youth living with impairment. Guest Lecture, Faculty of Physical Education and Recreation, UofA, PERLS 370, Edmonton, AB.

**Ebert, A.** (May 2014 & March 2015). The role of specialized adapted physical activity programs (Free2BMe) and the parent experience. Guest Lecture, Faculty of Education, UofA, EDEL 420, Edmonton, AB.

**Ebert, A.** (September 2014). Introduction to the Free2BMe program and interdisciplinary approach to programming for children experiencing disability. Guest Lecture, Faculty of Rehabilitation Science, Edmonton, AB.

Imppola, J. & Wheeler, C. (March 2015). Adapted Physical Activity and the Certified Personal Trainer. Guest lecture, NAIT, Personal Fitness Trainer Program (PFT), Edmonton, AB.

**Slater, K.** & **Atchison, B.J.** (April 2014). The Steadward Centre FES Provincial Delivery Site Model. Foothills Hospital, Calgary, AB.

**Slater, K.** (September 2014). Physical Education for Every Body. Guest lecture. Faculty of Education, ED 447-451, Edmonton, AB.

Van Dornick, K. (July 23 & 25). Strength and Conditioning training for the Sledge Hockey Athlete. Sledge Hockey Summer Camp, Paralympic Sports Association. Edmonton, AB.

Van Dornick, K. (November 2014). Adapted Assessment and Neuromuscular Impairment. Guest Lecture, Faculty of Physical Education and Recreation, UofA, HEED 311, Edmonton, AB.



Van Dornick, K. (February 13, 2015). Strength and Conditioning training for the Sledge Hockey Athlete. Provincial Sledge Hockey Development Camp, Hockey Alberta. Leduc, AB.

Wheeler, C. (January 2015). Inclusion, interaction and communication for people experiencing disability within a physical activity context. Physical Education and Recreation Council of Students (PERCS) Livewell Workshop. Edmonton, AB.

## Community Service/ Citizenship

Achieving personal health and wellness through physical activity, fitness and sport is the primary aim for many individuals at The Steadward Centre who experience disability. The Centre is dedicated to providing choice and opportunity for children, youth and adults living with impairment as they gain physical literacy, improve strength, improve endurance, enhance functional ability and develop self-confidence in a physical activity, fitness and sport performance setting. High quality, evidence-informed programs led by knowledgeable staff are the flagship of the Centre. This past year, we expanded our efforts and our reach both regionally and provincially.

## Community Exercise Transition Program

The Community Exercise Transition team conducted 42 fitness assessments, supported 60 individuals to transition to fitness facilities within their communities and provided program support (follow-up visits, program revitalizations) to 22 individuals already actively working out in community facilities.

New partnerships were forged with public and catholic school system schools, and also private fitness facilities. Staff worked throughout the Greater Edmonton Area, supporting individuals at the fitness facilities of their choice. We worked hard to increase opportunities for youth to ease their transition to community fitness and recreation facilities. With direct support from an APA consultant from Free2BMe, 23 youth gained the skills and confidence to exercise in a community-based fitness setting—a recreation facility, or school fitness centre.

AIMFREE accessibility audit reports were disseminated to 25 community facilities that took part in the audits. An infographic and information sheet was developed to share information with practitioners and facility administrators on strategies to increase the accessibility of community fitness facilities by reducing common barriers. A 22 minute mini-documentary of The Steadward Centre was also produced to showcase the Centre's different programs with an emphasis on the Centre's Community Exercise Transition Model. Shorter program-specific vignettes were also produced. This work was generously supported by the Alberta Human Rights Commission.

#### Athlete Development

Athletic achievement was the name of the game this past year, as a total of 59 athletes and 10 sport teams received performance-enhancing strength and conditioning coaching at the Centre. Athletes represented a variety of Para-sports from the national, provincial and club level including: provincial goalball, national sitting volleyball, men's national development sledge



hockey, women's national sledge hockey, The Steadward Bears Para Swim Team, Oil City Crew Dragon Sight, women's senior national wheelchair basketball, provincial wheelchair basketball team, Special Olympics alpine skiing, para-alpine skiing and Special Olympics basketball.

Strong relationships were established with Canadian Sport Institute (CSI) in Calgary; Alberta Sport & Recreation Association for the Blind (ASRAB); and Alberta Sport Development Centre (ASDC)—Calgary to provide sport science support to Edmonton based members of the provincial goalball team. Service agreements for strength and conditioning coaching were also established with the National Sitting Volleyball teams.

Coach development was supported by TSC this past year, as 30 student coaches received training with The Steadward Bears Para-swim development program and nine student coaches (strength and conditioning) received training and applied experience working with Para-athletes. Additionally, 26 students completed their NCCP-FMS (fundamental movement skill) certification from trained facilitators from the Centre's Free2BMe program.

#### Athletes in action

Dragon Sight dragon boat team brought home a gold medal in the 200m race in the Paradragons division at the 9th IDBF World Championships in Ravenna, Italy on September 5, 2014.

Three athletes involved in the Centre's high- performance athlete development program made the roster for the National Women's Sledge Hockey Team. They competed in the first IPC Women's Sledge Hockey World Championships from November 7-9, 2014 against the United States and Europe.

One athlete competed as part of Team Alberta wheelchair basketball at the Canada Winter Games in Prince George, BC from February 13-March 1, 2015 bringing home a bronze medal.

Two members of The Steadward Bears Para-Swim team competed at the CanAm Para-Swimming Championship at the Kinsmen Sport Centre in Edmonton, AB from December 5-7 2014.

#### Adapted Fitness Programs for Adults

The Adapted Fitness Program for Adults underwent significant changes this past fall. Programs evolved with new offerings and a change in program structure. To serve diverse needs and interests, participants were introduced to structured ten-week program offerings such as:



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Circuit Training, Sit to be Fit, an Active Passive Trainer (APT) group exercise class and P.A.L.S. Weekly exercise themes and goal setting were priorities on the roster this year, growing the knowledge base of participants, aids/attendants and students. New this year were the 1:1 Personal Training sessions, providing participants the opportunity to receive individualized attention, training and support as they progress their weekly exercise program to meet their fitness goals.

Three staff received advanced training in Functional Electrical Stimulation (FES) exercise from Restorative Therapies. As a result, FES participants are starting to test the full limits of the equipment—completing interval training, increasing resistance and experimenting with new stimulation parameters.

## Free2BMe Physical Activity Programs for Kids and Teens with Disabilities

Healthy, active and self-determined kids! Free2BMe is proud to support kids and teens to develop all three of those attributes. Over 230 children and youth gained confidence, moved with competence, made friends and had a ton of fun in the process. Free2BMe was home this year to Kickstart-ers, Basketballers, Cycle Adventurists, Movers and Groovers, Outdoor Explorers, Arctic Adventurists and overall sport enthusiasts.

In addition to our weekly programs, over the course of the year we welcomed over 400 children and youth from local schools and community groups, along with teachers and community leaders to participate in a variety of adapted physical activity sessions and educational workshops.

## **Partnerships**

New beginnings, progress and success were all achieved this past year as we continue our commitment to establish mutually beneficial and long-lasting relationships with professionals, organizations and groups throughout Edmonton and the province of Alberta.

Through the strength of a well-established partnership with SCI Alberta and a new partnership with Foothills Hospital in Calgary, the new AltaStim FES Network was created. Together we are working to increase opportunities for more people living with paralysis to access the benefits of FES cycling.

Partnerships with national and provincial sport organizations progressed this past year resulting in collaboration that provides Edmonton-based athletes with the strength and conditioning coaching they need to succeed in high performance Para-sport.

Success was indeed achieved as a result of long-lasting partnerships with primary partners: Glenrose Rehabilitation Hospital, YMCA of Northern Alberta, City of Edmonton, Provincial Fitness Unit—Be Fit For Life Network, and Centre for Autism Services. Together we delivered a variety of joint initiatives from programs to services and the creation of resource materials.



# Expanding our Reach—Provincial Based Initiatives

The Centre launched its provincial network of FES exercise sites in April 2015. Six sites located in Calgary, Red Deer, Lacombe and Edmonton offer FES cycling for individuals living with paralysis as a result of spinal cord injury, multiple sclerosis or stroke.

Delivery sites receive training, support and access to forms, templates and information pertaining to all aspects of program delivery—including intake, screening, assessment, equipment, electrode purchasing programs, and much more. A secured website portal was developed to house all these resources to create a standardized FES program across the province.

## Putting it All Together

The Steadward Centre takes pride in its ability to connect students, practitioners and researchers with active self-determined children, youth and adults experiencing disability. We do this through the provision of learning, discovery and citizenship initiatives in the area of Adapted Physical Activity.

Extending beyond the walls of the University, we strive to be a leader in Adapted Physical Activity through regional and province-wide projects and by engaging with leading researchers on the national and international stage.

# Acknowledgements

The Steadward Centre recognizes the generous support of the following agencies:

- Alberta Sport Connection
- Al Shamal Shriners
- Alberta Teachers Association—Edmonton Public Teacher's Charity Trust Fund Local #37
- Autism Speaks Canada
- Canadian Paralympic Committee
- City of Edmonton
- Edmonton Oilers Community Foundation
- Faculty of Physical Education and Recreation, University of Alberta
- Goodlife Kids Foundation
- Government of Alberta—Human Rights Commission
- Government of Canada Human Services
- Moffat Family Foundation
- ParticipACTION
- RBC Canada: Learn to Play Project
- Sport Canada
- Spinal Cord Injury Treatment Centre Society (SCITCS)

## F. Recreation Services



Recreation Services plays a dynamic role at the University of Alberta creating and providing university extra-curricular experiences and contributing to student life and wellness initiatives. Recreation Services offers physical, psychological and social benefits for U of A students and staff. Student leadership is woven into the Recreation Services structure and is visible throughout the program in peer leaders such as team captains, practicum students, unit managers, event supervisors, officials, instructors, club sports executive and recreation facilitators. University of Alberta staff members are highly visible in the integrated approach to programming. The ability of Recreation Services professional staff to create a setting that is responsive to student, staff and University community needs, and that balances the types of activities offered is the basis to what keeps the program on the leading edge of university delivered Recreation Services programs in Canada.

Recreation Services strives to create a vibrant, connected, healthy University community through quality recreation programs at the University of Alberta and to engage academic program areas to further the Faculty's goal of integration. It accomplishes these objectives by creating and organizing valuable recreation experiences that enhance the University community. Through a diverse offering of programs, such as wellness, intramurals, non-credit classes, group exercise, club sport, special events and outdoor recreation, more than 17,000 unique students and staff create community groups that interact and engage with each other at the University of Alberta.

## **Recreation Services Vision**

A recognized leader in innovative recreation programs and services that promote wellness and encourage active healthy lifestyles.

## **Recreation Services Mission Statement**

Recreation Services seeks to create a sense of community through quality recreation programs at the University of Alberta.

## Recreation Services Guiding Principles

- We are leaders in recreational programming focused on the development of the University of Alberta community.
- We create and organize valuable recreation experiences that enhance the lives for the university and surrounding community.
- We believe in the positive impact recreation has on people's lives.

## **Recreation Services Values**

- Collaboration We understand that true success can only be achieved by working together.
- Passion We are enthusiastic about our work and actively engage our university community.



- Inclusiveness We strive to provide comprehensive programs and services that encourage everyone to engage in the pursuit of our vision.
- Innovation We continuously review our programs and services to ensure they are progressive and reflect and meet the needs of the university community.
- **Respect** We work to create an environment that ensures the opinions of all our staff, participants and partners can be expressed in an open, respectful manner.

# 1. Recreation Services: Faculty Goal: Talented People

# Recreation Services Professional Staff Complement

Recreation Services Director	1.0 FTE	PHD
Recreation Services Associate Director	1.5 FTE	Master's Degree
	E O ETE	0.14
Program Coordinators:	7.0 FTE	3 Master's degrees 4 Undergraduate degrees
Academic Strategies	1.0 FTE	1 Master's degree
Coordinator		
Support Staff – Customer	2.0 FTE	2 Master's degrees
Service		J
Support Staff – CLASS	1.75 FTE	2 Undergraduate
Software System		degrees
Support Staff – Financial/HR	1.0 FTE	3
Graduate Student Program	0.5 FTE	PHD Student
Assistant		
Undergraduate Practicum	1.0 FTE	FPER Student
Program Assistants		
1 Togram Assistants		

The Faculty will support and initiate strategies to provide professional development opportunities for faculty and staff.



Recreation Services staff completed continuing education credits, presented and attended development sessions with the following professional organizations:

- Athletic Business Conference
- Alberta Parks and Recreation Association
- Alberta Fitness Leadership Certification Association
- Collegiate Sport Clubs Institute
- FIT Rendezvous
- NIRSA Collegiate Recreation
- IDEA Health and Fitness Association
- International Health Promoting Universities
- Recreation Management School
- Risk Management for Club Sports
- Shaping the Future: Healthy Schools Workshop
- Supervisory Leadership Course (UA)
- UA Credit Courses
- UA Faculty of Extension
- UA Lunch and Learn
- UA Workshops
- Western Canadian Campus Recreation Association
- Women's Leadership Institute

Director is Chair of the Canadian Campus Recreation Association Associate Director is Provincial Director of NIRSA Collegiate Recreation.

# 2. Recreation Services: Faculty Goal: Communication

The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.

Recreation Services provides program updates and seeks feedback on current and new programs through the following student groups that represent a diverse number of U of A Faculties: Alberta Student Leadership Summit Committee, Recreation Action Committee, Men's and Women's Intramural Sports Councils, Sport Clubs Council, Campus Recreation Enhancement Fund Committee, Athletic and Recreation Fee Advisory Committee and Students' Union Student Groups Office.

Recreation Services employees twenty-two student Recreation Facilitators that are responsible for connecting with participants and communicating to professional staff the needs of the programs. Areas represented include Club Sports, International Students, Outdoor Recreation, Residence Halls, Recreation Skating, LiveWell, Sport Clubs, Group Exercise, Intramural Sports and Special Events.



Page 105

To increase communication with the campus community, Recreation Services relies on a website as well as social media. Recreation Services has an increasingly successful social media campaign. Based on the analytics for the 2014 – 2015 Academic year, Recreation Services with the handle Quofarec posted 363 posts and reached 651,918 individuals (average of 1810 per post).. Recreation Services sent out 9619 tweets with a retweet reach of 336,800 individuals, 181 unique mentions and 122,900 mentions reached. Recreation Services Instagram account was launched in January of 2015, there were 73 posts, 768 advocacy activity and 285 followers. The Recreation Services website had 109,475 unique users (40.4% new visits) and 818,407 page views with an average session time of 1 minute and 58 seconds.

3. Recreation Services: Faculty Goal: Resource Management Allocation

The Faculty will align operational income with the strategic goals of the Faculty.

Student Fees for Athletics and Recreation - Athletic and Recreation Fee

#### Type of Mandatory Non-Instructional Fees

The University has five mandatory non-instructional fees including the Athletics and Recreation fee; Common Student Space, Sustainability and Services Fee (CoSSS); Health Services Fee; Registration and Transcript Fee; and Student Services Fee.

# <u>Athletics and Recr</u>eation Fee:

This fee supports the provision of recreation, sport and wellness services, access to recreation and sport facilities and the administrative support for these services that benefit students, including varsity athletics, recreation facility access, group exercise, intramural sports, aquatics, instructional recreation, special events, sport clubs, personal training, and sport development. This fee is assessed to all on-campus graduate and undergraduate students, full-time and part-time

# Principles for Distribution of the Fee



The Athletic and Recreation Fee is at all times dedicated to the budgets of the Services components of the Faculty of Physical Education and Recreation (Athletics, Recreation Services, and Operations) and to the Development Office. These Services components are separate and distinct from the academic component of the Faculty, and the Faculty holds to the principle that there is never any flex of surplus or deficit between the Academic and the Services budget.

The Athletic and Recreation Fee is divided among the three Services units in the manner that will provide optimum use of the fee, taking into account the priorities of the Services units and the needs of the students.

The allocation of the Athletic and Recreation Fee is done at all times in a transparent manner so that the Faculty of Physical Education and Recreation can show clearly and consistently how the fee has been allocated and the benefits that accrue to the students.

It is the Faculty's principle to provide opportunities for student consultation and input relative to the use of the Athletic and Recreation fee.

## 2013-2104 Athletic and Recreation Fee

\$82.00 per Full-Time On-Campus student per Fall and Winter term \$41.00 per Part-Time On-Campus student per Fall and Winter term

2014-2015	Athletic & Recreation Fee
Athletics	\$3,202,759
Facility Operations	\$1,198,638
Recreation Services	\$1,068,925
	LiveWell:
	\$140,000
Fund Development	\$99,855
Total	\$5,570,177

# <u>Campus Recreation Enhancement Fund – Students' Union Dedicated Fee</u>

To be distributed to undergraduate students, student groups and for the purpose to ensure that programs, equipment, and facilities offered by the University of Alberta Recreation Services remain of high quality, diverse, convenient, accessible, and affordable to undergraduate students. Only Recreation Services related programs, equipment, and facilities or activities that enhance Recreation Services can be funded.

## 2014-2015 Recreation Services Enhancement Fund Fee and Distribution



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Document is subject to change.

\$3.88 per student per term \$248,619 allocated to twenty-four programs and student groups\* (\*Not all allocated to Recreation Services programs; other beneficiaries included Campus Saint-Jean, FPER Climbing Complex, FPER Fitness Centre, FPER Aquatics Centre, Lister Hall Students Association, Orchesis Dance Program, and FPER Equipment Room)

# 4. Recreation Services: Faculty Goal: Exemplary Student Experience

Recreation Services plays a vital role in the recruitment and retention of students at the University of Alberta. Recreation Services programs create an engaged University community that enhances the student life experience. The Faculty of Physical Education and Recreation's extracurricular programs offer physical, psychological, and social benefits for University of Alberta students. Based on the research that indicates participation in the university recreational sports may lead to greater satisfaction with the collegiate experience, University of Alberta Recreation Services strives to enhance the student experience and be a leader of campus recreation program delivery in North America.

## Club Sports

The Club Sports program is designed to meet the recreational and competitive needs of the University of Alberta student community in a wide variety of sport and recreation activities. Student interest and dedication will lead to the development of Club Sports that will further students' extra-curricular and leadership experiences at the University of Alberta. The program focuses on students as the primary target audience. This program model emphasizes student leadership and development by providing parameters under which U of A student club leaders and U of A student members make choices regarding the operation of the club. Student Led – Student Delivered – Student Focused

- 22 Club Sports (listed in Program Details)
- 2242 club members, 1864 Unique Participants
- 87% Student members, 13 %Non-Student members

## LiveWell

LiveWell was launched in Fall 2014 and was created as a direct result of the Athletic and Recreation Fee increase to students. A Faculty of Physical Education and Recreation program spearheaded by Recreation Services that is committed to developing and building a healthy campus culture for University of Alberta Students through participation, education, inclusivity and community. LiveWell brings wellness to the forefront of the University of Alberta students' lives by providing education and experiences in the areas of fitness, exercise, nutrition and general health education. It is focused on developing and expanding key relationships with Wellness Services and other campus services to have happy, healthy and thriving students.

• 20 different type of activities, events, programs (listed in Program Details section)



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

- 1592 participation with 794 Unique Participants
- 100% Students

#### Intramural Program

The Intramural Sports Program is structured for team and individual competitions and there are levels suitable for everyone, from the highly skilled to the beginner player. The program offers a Men's, Women's and Co-Recreational Divisions.

- Forty-nine sport activities (listed in Program Details section)
- 12,208 participants were registered in the activities.
- Program is comprised of 92% UofA Students (Undergraduate and Graduate) 8% Non-Students (Faculty, Staff, Alumni and Community).

#### **Group Exercise**

Group Exercise classes are scheduled on a regular basis throughout the entire year and have between 8-60 participants per class. Thirty-six different types of classes are offered in several sections throughout each term (listed in Program Details section)

- 246 classes offered in 2014-2015
- 4,868 total registrants
- 65% Students and 35% Non-Students

#### Instructional Recreation Classes

Instructional Recreation Classes introduce individuals to a beginner and higher levels of knowledge and skill in a myriad of recreation and leisure activities. The goal is to learn new skills that have continuous use for a lifetime. 83 different types of classes were offered in areas of Martial Arts, Dance, Sports and Skills as well as CPR and First Aid. (listed in Program Details section)

- 197 classes offered in 2014-2015
- 2,486 total registrants
- 65% Students and 35% Non-Students

#### Cooperative Programming

Recreation Services delivers recreational programs and services in collaboration with other areas of the University of Alberta, such as the Students' Union, Dean of Students Office, University Health and Wellness Team, Residence Services, International Center, CAPS, On-Campus, The Landing and Health Promotion and Worklife Services.

#### Special Events

Special Events are offered to the UAlberta community and are targeted at students, staff and alumni. As special events, these activities are promoted across campus and to alumni promoting the Recreation Services brand outside the walls of the Van Vliet Complex. Many of these events have become traditions on campus with many participants attending the events as students and now as alumni.

• 8 Special Events offered in 2014-2015 (listed in Program Details section)



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

- 2346 total registrants
- 76% Students and 24% Non-Students

#### **Outdoor Recreation Programs**

The outdoor trips offered by Recreation Services provide an introduction to outdoor recreation using Local, Civic, Provincial and National parks. These trips provide a basic level of instruction on canoeing, camping, hiking, snowshoeing and ski and snowboarding so that participants can feel comfortable participating in these activities on their own.

- 10 Outdoor Trips offered in 2014-2015
- 671 Total Registrants
- 88% Students and 12% Non-Students

### Residence Hall Programs

Recreation Services works cooperatively with Residence Services to provide activities and equipment in residence halls such as Lister, East Campus Village and Hub on campus as well as Campus Saint-Jean. This program has Student Coordinators and host organized activities during the academic year.

Recreation Services also partners with Lister Residence where Recreation Services hosts a "Find What Moves U" event during Lister BaseCamp, this targets all first years students living at Lister Residence. Students are invited to the Van Vliet Complex where they get the chance to experience various sport, group exercises, and dance activities within a 2 hour time frame. Recreation Services also provides two or three classes during BaseCamp that is hosted at the David Tuckey Gym at Lister Residence.

369 first year Lister Students participated in Fall 2014

#### Orchesis Dance Program

The Orchesis Modern Dance Group offers dancers of all abilities expert teaching and outstanding opportunities in dance and choreography, in the oldest and most dynamic modern dance troupe in Alberta. Dance training through weekly modern and jazz dance classes. Students have performance and choreography opportunities in Dance Motif, an annual concert showcasing Orchesis choreography and talent.

- 142 members in 2014-2015
- 246 registrants in various classes

### Student Volunteer and Leadership

Recreation Services provides over 200 volunteer and student leadership opportunities annually. Opportunities exist in all program areas and specifically in the Club Sports and Intramural Sports programs.



The Faculty will increase the quality and quantity of international student opportunities through international programming (e.g. Play Around the World) and international student exchange opportunities.

Recreation Services provide a Student Recreation Facilitator to work directly with International Programs and International House to provide meaningful activities to engage this group of students in U of A student life. A key program requested by International Students is informal recreation opportunities. Recreation Services stewards the schedule of drop-in recreation spaces available in the Van Vliet Complex, such as badminton, basketball, volleyball, soccer and ice skating. Recreation Services creates and delivers specific activities and events annually and provides support to International Week by providing specialized programming.

Recreation Services also partners with International Programs through their Transition Programs where new incoming students to UofA are introduced to UofA Life. Fall 2014 Recreation Services "Find What Moves U" event for Transitions hosted over 280 participants on August 28, where the participants got to experience over 12 various activities for 2 hours.

The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Facilty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).

Recreation Services provides the practicum experiences for PERLS 105 students (Introduction to the Management of Sport, Physical Activity and Recreation). The students experience event management through a practical experience that is directly related to the theory presented in the lecture setting.

- Fall 2014: 93 students registered; 72 selected practicum experience
- Winter 2015: 127students registered; 82 selected practicum experience

Additional practicum experiences were also available for FPER students completing the final practicum experience of their degrees. During the current year, Recreation Services also provide opportunities for a FPER Graduate student to work as Assistant Programmers and had two FPER practicum students.

5. Recreation Services: Faculty Goal: Collaboration and Integration



The Faculty will focus on the clear articulation and development of the "Alberta Model", which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.

Recreation Services is focused on building relationships and developing integrated activities to achieve this objective. In 2014-2015, PERLS 105 was the focus of the Alberta Model concept. Further development of the model as a Faculty will lead to Recreation Services increased collaborations with the FPER Academic program.

The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.

The Director of Recreation Services is leading the development of a Canada wide collegiate Campus Recreation Association to create a strong and sustainable network of professionals and establish benchmarking and research. The Canadian Campus Recreation Association was created and strategic partnerships are being established to increase the profile of the profession. In addition to the Canadian intuitive, a global partnership has been established with NIRSA Collegiate Recreation to benefit research and professional development and student success.

The Faculty will develop the inherent strength of resources and programs on its South Campus to provide meaningful teaching, research and community engagement opportunities.

Recreation Services continues to offer limited programming in the Saville Community Sports Centre (SCSC). The current agreement with the partners of the facility limits the type of specific sports offered in recreation programming. Programs continuing to develop diversified activities for the university and Edmonton community include: TRX, Parent-Tot Yoga, Parent-Tot Bootcamp, Prenatal Yoga, Zumba, Butts and Guts, Abs and Arms, Salsa, Jazz, Hatha Yoga, United Yoga Pilates, Cardio Kickbox and Active Aging programming. Registrations totaled 600 for 2014-2015.

6. Recreation Services: Faculty Goal: Differentiation Through Innovation

The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.

The U of A Club Sports model was once again presented at the Western Canada Campus Recreation Conference and has garnered interest from many peer institutions because it is



Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website

unique in Canada. Recreation Services Club Sports Program recognizes the value of physical activity as a vehicle for creating lifelong leadership skills, citizenship and social development foundations for University of Alberta students. This program model emphasizes student leadership and development by providing parameters under which U of A student club leaders and U of A student members make choices regarding the operation of the club. As a recognized program of Recreation Services the delivery model provides the financial framework, procedural oversight and policy guidelines to follow Unit, Faculty and University requirements. Recreation Services seeks to provide student's valuable leadership experiences and create a sustainable student sport clubs structure from year to year. The number and type of Club Sports will be directly related to student interest. Any type of sport and recreation pursuit that is consistent with the mission of the FPER and is not a duplication of services is inclusive to all students and can show adequate student interest is eligible to apply for membership.

The Faculty's LiveWell initiative was presented at the Western Canada Campus Recreation Conference. LiveWell promotes a healthy campus culture for University of Alberta students through participation, education, inclusivity and community. LiveWell aims to be leaders in building a healthy campus community for students, to bring wellness leaders on campus together to deliver a comprehensive wellness package to the University of Alberta student, to connect and engage with the students to help us identify their needs and to provide wellness opportunities to University of Alberta students.

### Special and Philanthropic Events

Recreation Services delivers Special Event and Philanthropic opportunities to enhance student engagement and support the Campus and Edmonton communities.

- Turkey Trot for the United Way
- Outdoor Skating Party U of A Alumni Relations,
- RecStock Community Builder Event
- Family Canoe Trip and Family Fun Sunday
- Old Tyme Skating Party with the University of Alberta Concert Band, Winter Walk
- Big Pink Volleyball for Breast Cancer Society, Pond Hockey Tournament supporting KidsSport
- Hot Shots Basketball for the Campus Food Bank

Dare to Discover: Transformative Organization and Support

6. Establish high standards of service based on best practices to achieve and maintain good stewardship of financial resources and capital assets.

## Customer Service Centre - Activity Registration Zone

The Activity Registration Zone administers over \$6 million in transactions and is a high volume area (60+ hours per week of customer service) that also provides information on sporting



events, recreation programs, and online access to for the Service Units. It encompasses all customer service needs of Recreation Services, Operations and Athletics programs and Centres of the Faculty.

#### **CLASS Recreational Management Software System**

Global in nature and involves working with all areas within the Faculty of Physical Education and Recreation. The staff of CLASS manages training, maintaining and inputting data to on-line registration, memberships, facility booking, payment processing, financial interface with university, accounting and reporting, including future developments and upgrades. A high level of risk management is needed in the management of this system, as it contains personal information of all clients and financial transactions of over \$6 million. Annual budget of \$200,000 supports the maintenance and upgrades to this system.

## Recreation Services - Five Year Participation Statistics

Program	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015
Intramural	14,547	14,370	13,494	13,686	12,208
Sports					
Group	4,879	5,042	5,016	3,923	4,868
Exercise					
Instructional	3,206	2,515	2,120	1,771	2,020
Recreation					
Safety	-	437	760	459	466
Programs*					
South	-	268	876	1,407	585
Campus					
Recreation**					
Live Well					1,592
Club Sports	969	1,288	2,085	1,911	2,242
Outdoor					671
Recreation					
Special	3,491	6,893	6,838	5,866	2,346
Events					
Totals	27,092	30,813	31,189	29,023	26,998



Statistics represent the total number of registrants for Spring/Summer, Fall and Winter terms each fiscal year

\*Prior to 2011-2012, Safety Programs were incorporated under Instructional Recreation Program statistics

\*\*South Campus Recreation Services Programs began in Fall 2011

### **RECREATION SERVICES – UofA Student Registration**

		2013-2014		2014-2015			
Program	Total	<b>UA Student</b>	% UA	Total	UA Student	% UA	
	Registrants	Registrants	Students	Registrants	Registrants	Students	
Intramural	13,686	12,181	89%	12,208	11,209	92%	
Sports							
Group	2,923	2,628	67%	4,868	3,162	65%	
Exercise							
Instructional	1,771	1,240	70%	2,020	1,318	65%	
Recreation							
Safety	459	335	73%	466	313	67%	
Programs							
South Campus	1,407	422	30%	585	225	38%	
Recreation							
Club Sports	1,911	1,567	82%	2,242	1,900	85%	
Special Events	5,866	4,693	80%	2,346	1,796	77%	
Outdoor				671	592	88%	
Recreation							
Live Well				1,592	1,592	100%	
Total	28,023	23,066		26,998	22,107		

#### **RECREATION SERVICES PROGRAM DETAILS**

#### 2013-2014 Intramural Sports (M=Men's, W= Women's, C=Co-ed)

Spring/Summer	Fall 2014 (M,W,C)	Winter 2015 (M,W,C)
2014 (C)		



Spring Soccer	• 8-Ball	• Ice Hockey	• 8-Ball	<ul> <li>Pairs Sport</li> </ul>
Spring Slo-Pitch	<ul><li>Archery (Clinic &amp;</li></ul>	<ul> <li>Redeye (Multisport)</li> </ul>	<ul> <li>Badminton</li> </ul>	Series
<ul> <li>Spring Ultimate</li> </ul>	Competition)	• Slo-Pitch	• Ball Hockey	<ul> <li>Redeye</li> </ul>
Spring Beach	• Badminton (Doubles)	• Soccer	• Basketball	Recreation
Volleyball	Ball Hockey	• Squash	<ul> <li>Bouldering</li> </ul>	<ul> <li>Table Tennis</li> </ul>
Summer Soccer	<ul> <li>Basketball</li> </ul>	• Tennis	Bowling	<ul> <li>Team Handball</li> </ul>
• Summer Slo-	<ul> <li>Bouldering (Clinic &amp;</li> </ul>	<ul> <li>Ultimate Frisbee</li> </ul>	• Curling Bonspiel	<ul> <li>Ultimate</li> </ul>
Pitch	Comp)	<ul> <li>Volleyball</li> </ul>	• Dodgeball	<ul> <li>Volleyball</li> </ul>
• Summer	<ul><li>Cricket</li></ul>	Big Pink	• Flag Football	<ul> <li>Walleyball</li> </ul>
Ultimate	<ul> <li>Dodgeball</li> </ul>	<ul> <li>Walleyball</li> </ul>	• Futsal	<ul> <li>Innertube</li> </ul>
Summer Beach	<ul> <li>Flag-Football</li> </ul>	• Innertube Waterpolo	• Ice Hockey	Waterpolo
Volleyball	<ul> <li>Golf (Texas Scramble)</li> </ul>			

# 2013-2014 Group Exercise Class Types

Cycling	Mind/Body Fitness	Muscular	Overall Fitness Development	l
		Strength and		ĺ
		Endurance		ĺ



Hip Hop Ride	Burlesque Fitness	• Iyengar Yoga	• MSE	Beach Body	• Core Plus
<ul><li>Intro to</li></ul>	• Core Strength and	<ul> <li>Vinyasa Yoga</li> </ul>	• TRX	Blast Bootcamp	<ul> <li>TRX and Cycling</li> </ul>
Indoor	Cycle	• Full Blast Yoga	Abs & Arms	Bridal Bootcamp	<ul> <li>Ab Attack</li> </ul>
Cycling	TRX and Cycling	<ul> <li>Hatha Yoga</li> </ul>	Butts & Guts	<ul> <li>Breakin' In</li> </ul>	<ul> <li>Buddy Bootcamp</li> </ul>
<ul> <li>Cycling</li> </ul>	• United Yoga Pilates	• BRO-Yoga	Love Your	Bootcamp	<ul> <li>Power Cardio</li> </ul>
• Cycle-Ology	• Zumba – Butts,	<ul> <li>Arm balances</li> </ul>	Legs	Cardio Kickback	<ul><li>Sweat</li></ul>
• 1,000 Calorie	Guts & Struts	and Core Yoga		• M.A.X.	<ul> <li>Retro-Robics</li> </ul>
Ride	<ul> <li>Meditation</li> </ul>	<ul> <li>Private Yoga</li> </ul>		<ul> <li>Rockin' Cardio</li> </ul>	<ul> <li>Turbo Kick</li> </ul>
	• Parent & Tot Yoga	Sessions		<ul> <li>Step Ahead</li> </ul>	• 4 x 4
	Pilates mat classes	<ul> <li>Semi-Private</li> </ul>		Spartan Training	
	Barre Pilates	Yoga Sessions			
	• Core Strength	<ul> <li>Private Pilates</li> </ul>			
	Pilates	Sessions			
	• Yoga	• Yoga-On-The-Go			
	• Fusion	and Pilates-On-			
	• Pilates	The-Go			

# 2013-2014 Instruction Recreation Class Types

Sports and Skills Development		Dance	Mar	tial Arts
• 4 Wall Handball	• Ballet	• Ballroom Blast	<ul> <li>Aikido</li> </ul>	• Capoeira
Adult Hockey	Belly Dance	<ul> <li>K-POP (Korean Pop)</li> </ul>	Brazilian Jiu Jitsu	<ul> <li>Jiu Jitsu</li> </ul>
Conditioning	<ul> <li>Contemporary</li> </ul>	<ul> <li>Latin Dance Club</li> </ul>	<ul><li>Judo</li></ul>	• Japanese Jiu Jitsu
• Fencing	Dance	Survival	<ul> <li>Karate – Wado Kai</li> </ul>	<ul> <li>Taekwondo</li> </ul>
Duathlon Training	Hip Hop	<ul> <li>Bachata Workshops</li> </ul>	<ul> <li>Kickboxing</li> </ul>	<ul> <li>Women's Self-</li> </ul>
• Squash	Jazz Dance	<ul> <li>Saloon Survival</li> </ul>		Defense
• Ice Skating	• Latin Dance	• Salsa		
	• Street Jazz	<ul> <li>Social Partner Dance</li> </ul>		
	• Zumba	<ul> <li>Argentine Tango</li> </ul>		
	• Europe and Asia	• Tap Dance		
	Folk Fusion			
	House Dance			
	Survival			

### 2014-2015 Club Sports

BadmintonLacrosseScuba



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

- Cheer
- Contemporary Dance MOD
- Dance
- Fencing
- Figure Skating

- Outdoors
- Paddling
- Powerlifting
- Rowing
- Rugby

- Synchronized Swimming
- Table Tennis
- Tae Kwon Do
- Team Handball
- Triathlon

#### 2014-2015 LiveWell Initiatives

- Fitness Basics
- Stretch It
- Zumba
- Smoothie Give-Away
- Keeping up with Grants
- Wellness Wednesdays

- Mindful Holistic Nutrition
- Efficient Fitness
- Foam Rolling
- Mental Health Week
- Yoqa
- Work Out Buddy

- Intramural Free Agent Teams
- Dive-In Movies
- Unwind Your Mind
- Bouldering 101
- Small Group Fitness Appraisal
- First Year Survival

### 2014-2015 Outdoor Recreation

- Hiking Elk Island Park
- Learn To Camp
- Paddling Elk Island Park
- Snowshoeing
- Alpine Skiing and Snowboarding Snow Valley
- Evening Trip
- Marmot Basin Day Trip
- Paddling North Saskatchewan River
- Over-Night Trips

# G. Athletics Report to the Faculty and Community

Athletic goals are taken from the Faculty Strategic Plan.



Faculty of Physical Education and Recreation
Faculty Report 2014-15; Published December 2015, Version 1
Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation
website

## 1. Athletics: Faculty Goal: Talented People

#### al Metrics:

- 17 Head Coaches 13 undergrad degrees and 4 have Master's degrees
- Recruit and involve 68 assistant coaches
- Professional Development: 3 staff progressed toward Master's degrees (Jon Krywulak, Liz Jepsen, Rob Krepps)
- Recruit: 82 Golden Bears and 58 Pandas (Mike)
- Scholarship support

Sport	Total Athlete s	Elig. Used	Receive AFA	Value of AFA	Receive Non- AFA	Value of Non- AFA	Recei ve AFA and/o r Non- AFA	Value of All Awards	Total Tuition & Fees
Basketball – Men	14	12	8	42,366	10	21,500	12	63,866	88,363
Cross Country – Men	11	8	3	4,400	10	43,000	10	47,400	75,216
Curling – Men	5	5	0	0	1	1,500	1	1,500	34,055.72
Football – Men	94	53	59	180,737	62	110,000	78	290,737	535,987
Golf – Men	9	5	0	-	8	10,500	8	10,500	66,722
Ice Hockey – Men	29	29	26	128,857	25	44,600	27	173,457	202,797
Indoor Track & Field - Men	33	26	5	12,600	19	46,900	19	59,500	239,797
Soccer - Men	27	24	21	58,300	22	53,350	24	111,650	183,951
Swimming - Men	16	15	9	22,257	14	31,500	15	53,757	96,906
Tennis – Men	9	6	5	13,200	8	23,000	8	36,200	62,321
Volleyball – Men	21	15	16	59,878	16	29,400	19	89,278	137,786



Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Wrestling - Men	22	15	9	25,815	16	26,000	19	51,815	123,714
Men's Sports	290	213	161	548,410	211	441,250	240	989,660	1,848.771.72
Basketball – Women	15	14	9	29,685	13	27,100	14	56,785	101,202
Cross Country – Women	15	12	4	8,100	11	34,050	12	42,150	115,586
Curling - Women	8	5	8	10,200	2	2,000	8	12,200	46,256
Golf – Women	5	3	0	-	3	6,750	3	6,750	38,340
Ice Hockey – Women	24	24	19	51,300	24	51,038	24	102,338	158,770
Indoor Track & Field – Women	19	16	5	11,400	10	24,950	10	36,350	129,059
Rugby – Women	33	25	10	25,434	29	68,335	29	93,769	233,472
Tennis – Women	7	6	5	12,800	7	17,300	7	30,100	50,480
Soccer – Women	26	22	14	29,287	24	42,050	25	71,337	156,932
Swimming - Women	14	12	9	11,600	13	27,800	13	39,400	87,115
Volleyball – Women	17	15	10	37,614	15	35,400	16	73,014	107,852
Wrestling – Women	16	12	6	20,430	12	21,850	12	42,280	93,549
Women's Sports	199	166	99	247,850	163	358,623	173	606,473	1,317,613
Total	489	379	260	796,260	374	799,873	413	1,596,133	3,166,384.72



### • Athletes by Faculty (Total, Bears, Pandas):

2014-15 Golden Bears & Pandas Student-Athletes by Faculty							
	Stu	dent Athle	Acade	emic All Canadians			
Faculty	Total	Bears	Pandas	Total	Bears	Pandas	
Agric, Life & Environ Sciences	9	3	6	3	0	3	
Arts	84	49	35	22	11	11	
Augustana Faculty	0	0	0	0	0	0	
Business	32	26	6	16	14	2	
Campus Saint-Jean	4	3	1	1	0	1	
Education	33	14	19	9	2	7	
Engineering	42	36	6	14	12	2	
Native Studies	28	23	5	0	0	0	
Graduate Studies and Research	10	3	7	8	2	6	
Law	5	3	2	3	2	1	
Medicine and Dentistry	5	1	4	3	1	2	
Nursing	12	0	12	2	0	2	
Open Studies	6	5	1	0	0	0	
Pharmacy & Pharmaceutical Sci	1	0	1	0	0	0	
Physical Educ & Recreation	127	73	54	28	13	15	
Science	69	39	30	33	18	15	
Total	467	278	189	142	75	67	
Notes:							
Open Studies Student-Athletes include: 3 Transi	tion Year Pro	gram, 3 Fresh	Start & 0 Exce	ptional Stude	nt-Athletes		
Total of 142 Academic All Canadians (128 CIS &	14 Non-CIS Ac	ademic All Ca	nadians)				

## 2. Athletics: Faculty Goal: Communication

#### (1) Metrics:

b) Internal and External Communication:

## Website (for the period 01 April 2014 - 30 March 2015)

Visits / Unique Visitors - these stats are likely to be a lot more skewed so we won't continue to track them

Pageviews: 1.350MM

• Unique Pageviews: 990 K



### Top Sources of Traffic

- Organic search accounted for 60.8 % of traffic (People Googling or using Bing/Yahoo
  - Referrals 18.4%
  - Direct 15.3%
  - Social 4.3%
  - Email 1.1%
  - The UAlberta.ca homepage about 4% (close to 70% of which was return traffic)

### Desktop vs. Mobile and Tablet

- Desktop as a percentage is up 2% from last year. 66% of all session is via desktop
  - Mobile is slightly down from 24% to 22.7%
  - Tablet remains at 11.3%

### **Teams and Top Sections**

- Hockey is the top team section with 43,000+ views. (Previous year was actually 42,000+ views)
  - Bears football second followed by men's basketball
  - The top women's is basketball and soccer
  - The following sections remain quite high:
    - schedules 1.81% of all pageviews (1,351,398)
    - teams 1.74%
    - tickets 0.43%



#### Twitter

The following stats are based off of numbers gathered on September 30, 2015

School	Increase	# of Followers
UBC	57%	7355
Calgary	76%	6869
Saskatchewan	79%	6086
Alberta	83%	5555
Victoria	62%	4173
Manitoba	80%	4793
Regina	73%	3922
Lethbridge	55%	2487
UBC0	61%	1897
Trinity Western	36%	1471
Fraser Valley	90%	1674
MacEwan		1752
Mount Royal	454%	2601
Brandon	102%	1544
Winnipeg	59%	1527
UNBC	99%	1123
Thompson Rivers	91%	1238
Canada West Average		3319
OUA Average		3490
RSEQ Average		2070
AUS Average		2063

#### From this data, we can see:

- Alberta currently ranks 4th in Canada West in number of followers.
- Alberta, at 5,555 followers, is well above the Canada West average of 3,319.
- % increase of numbers will be valid on the 2015 Faculty Report as they were not tracked during the 2014/2015 season.



#### **Facebook**

The following stats are based off of numbers gathered on September 30, 2015

# of Likes	3217
Males-Females	43%-55%
Age 13-17	5%
Age 18-24	36
Age 25-34	33%
Age 35-44	7%
Age 45-54	10%
Age 55-64	7%
Age 65+	0%

- We showed a 52% growth in the past calendar year to our "likes"

#### YouTube

The following stats are based off of numbers gathered on November 30, 2015

	Total
Subscribers to our page	174
Views	73,769
New Videos	122

There are not enough schools with official YouTube channels to accurately and effectively compare our numbers to.

### Instagram

	Total
Posts	384
Total Likes	29,114
Followers	2,065

#### **Industry Mailout**

# of Mailouts	90
# of Emails received	163,735
# of Emails Opened	49,581
% of Emails Opened	30.3%



## Diversify funding sources:

#### (1) Metrics:

- Event statistics: tickets total revenue was \$317,875 (an approximate increase of \$15,000 from previous year) does not include non-conference (about \$85,829) but does include flex packs, season tickets, Kids in the Crowd.
- Total ticketed attendance 61,146 includes conference and non-conference games and all playoffs. Revenue numbers below include individual game day tickets, does not include season tickets, flex packs, Kids in the Crowd hence the variance from the \$317,875 total.
  - o Football: 5145 (\$31,242)
  - o Soccer: 201 (only sold tickets for Bears vs FC Edmonton) (\$1,275)
  - o Bears Hockey Conf./playoffs: 21,075 (\$119,845); Non-conf.: 3613 (\$77,465)
  - o Pandas Hockey Conf./Playoffs: 5391 (\$15,686) Non-conf.: 468 (\$1,715);
  - o Volleyball Conf./Playoffs: 12,322 (\$42,368) Non-conf.: 1046 (\$6,665)
  - o Basketball Conf./Playoffs: 11,108 (\$106,857) Non-conf.: 360 (\$5,410)
  - o CIS Wrestling: 417 (\$3,389)
  - o Total alcohol sales gross revenue: \$124,333 (up \$30,000 from previous year)
  - Total merchandise gross revenue: \$19,602 (includes sales office and game sales up \$2,000 from previous year)
  - o Total donations to Athletics in 2014/15, including Adopt-an-Athlete were \$1,267,322 from 1,323 donors; 921 new or returning donors who had not donated in 2013/14; 30.4% retention of donors from 2013/14.

SUMMARY OF ADOPT-AN- ATHLETE DONATIONS				
PROGRAM	AMOUNT	# OF DONORS	AMOUNT	# OF DONORS
	2014-15		2013-14	
Adopt An Athlete Golden Bears Basketball Fund	\$ 37,095.00	29	\$ 36,245.00	24
Adopt An Athlete Golden Bears Curling Team	\$ 38,290.90	2	\$ 10.00	1
Adopt An Athlete Golden Bears Cross Country Fund	\$ 3,870.00	16	\$ 2,925.00	13
Adopt An Athlete Golden Bears Football Fund	\$ 132,008.36	210	\$ 44,599.66	179
Adopt An Athlete Golden Bears Golf Fund	\$ 21,550.00	38	\$ 30,865.00	32
Adopt An Athlete Golden Bears Hockey Fund	\$ 13,350.00	18	\$ 13,900.00	13



Faculty of Physical Education and Recreation

Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Adopt-An-Athlete - Golden Bears Nordic Skiing	\$ 1,200.00	3	\$	315.00	1
Adopt An Athlete Golden Bears Soccer Fund	\$ 6,465.00	26	\$	3,000.00	10
Adopt An Athlete Bears Swimming Fund	\$ 29,964.00	23	\$	34,868.00	26
Adopt An Athlete Golden Bears Tennis Fund	\$ 120.00	1	\$	200.00	2
Adopt An Athlete Bears Track & Field Fund	\$ 6,625.00	19	\$	5,357.50	32
Adopt An Athlete Golden Bears Volleyball Fund	\$ 17,559.00	39	\$	14,820.00	32
Adopt An Athlete Golden Bears Wrestling Fund	\$ 12,321.50	60	\$	5,920.00	19
Adopt An Athlete Pandas Basketball Fund	\$ 16,642.00	50	\$	16,285.86	51
Adopt An Athlete Pandas Cross Country Fund	\$ 2,770.00	20	\$	1,085.00	8
Adopt An Athlete Golden Pandas Curling Team	\$ 877.56	2	\$	500.00	1
Adopt An Athlete Pandas Field Hockey Fund	\$ 1,200.00	1	\$	1,360.00	3
Adopt An Athlete Pandas Golf Team	\$ 4,455.00	7	\$	5,635.00	14
Adopt An Athlete Pandas Hockey Fund	\$ 12,535.00	36	\$	29,710.00	52
Adopt An Athlete Pandas Rugby Fund	\$ 25,465.01	165	\$	21,512.00	114
Adopt An Athlete Pandas Soccer Fund	\$ 21,495.00	67	\$	39,135.00	53
Adopt An Athlete Pandas Swimming Fund	\$ 34,989.00	27	\$	21,320.00	32
Adopt An Athlete Pandas Track & Field Fund	\$ 11,570.00	41	\$	10,712.50	49
Adopt An Athlete Pandas Volleyball Fund	\$ 12,814.00	21	\$	26,875.00	32
Adopt An Athlete Pandas Wrestling Fund	\$ 6,353.11	43	\$	2,461.00	17
Adopt An Athlete Trainer Fund	\$ 555.00	5	\$	775.00	6
Grand Total	\$ 472,139.44	969	\$	370,391.52	814

• Athletics Scholarship Enhancement Fund (ASEF)



The provost initiated the ASEF to stimulate donorship to annual Athletics scholarships. The provost agreed to match 50% of 'new' dollars up to \$200,000 per year for five years. As of June 30, 2015, \$324,740 was raised from donors and it is anticipated that the goal of \$400,00 will be reached by the September 30, 2015 deadline. This will result in an annual increase of \$600,000 to annual Athletics scholarships, which will provide an additional \$3,000,000 over five years to Golden Bears and Pandas student-athletes.

#### • Alumni Contributions

In 2014-15 the total amount provided by Alumni associations in direct support of Golden Bears & Pandas operating budgets was \$365,578.00. The Athletic Alumni associations also contributed a total of \$355,214.03 directly towards athletic scholarships.

The below chart highlights all Athletic Alumni association fundraising events, where a portion of the funds previously noted were raised.

#### 2014 - 2015 Athletic Alumni Events

Event Type	Alumni Association		
	Bears Football		
	Bears Soccer		
	Pandas Basketball		
Golf Tournament	Bears Basketball		
	Bears Hockey		
	Pandas Rugby		
	GGAS - Women Fore Pandas		
	Bears Hockey		
	Pandas Hockey		
	Pandas Soccer		
Dinner	Swimming		
	Bears Football		
	Bears Soccer		
	Bears Volleyball		
	Pandas Volleyball		
	Bears Volleyball		
	Bears Soccer		
Silent Auction	Swimming		
	Pandas Hockey		
	Bears Hockey		
	Pandas Rugby		



Faculty of Physical Education and Recreation

#### Sponsorship Report

The following list may not be completely accurate but is provided to illustrate the extent of sponsorship that supports Faculty and Athletics programs. Sponsors for golf tournaments and other fundraising events are not included. Any funder that receives a donor tax receipt is not included as a sponsor.

The sponsorship values are not included for confidentiality reasons, but the total value exceeds \$350,000.

Team	Sponsor	
ВН	ATB Financial	
ВН	ATB Financial	
ВН	Herbers Autobody	
ВН	Boston Pizza Whyte	
ВН	Minuteman Press West	
ВН	Waiward Steel	
ВН	Can-Cell Industries	
ВН	National Motor Coach Systems Ltd	
ВН	University Publications	
ВН	River Valley health	
ВН	William Huff	
ВН	The Brick	
ВН	Monique Vulic	
ВН	United Cycle	
ВН	Alberta Government	
ВН	PWC Price Waterhouse Cooper	
ВН	Flaman	
BH Go Auto Kentwood Ford		
ВН	Graham Construction	
ВН	Heritage Frozen Foods	
ВН	Knoxville's Tavern	
ВН	Sunlife	
ВН	Life Touch	
ВН	Bradford's Hockey Academy	
Curling	Bee Clean	
Curling	Can Accord	



Curling Dairy Queen Curling Hat Tricks

Curling HDF & Peace Hills Insurance

Curling Big Rock

Curling Homestead Developments Curling Kevin's Rocks and Racquets

Curling Chateau Lacombe Curling Goldline Curling

**Athletics** The Crossing Company **Athletics** Karl Hager Limb and Brace

**Athletics** State Farm

**Athletics** Campus Tower Suite Hotel **Athletics** Coast Edmonton Plaza

**Athletics** Global Television **Athletics** Campus Intercept

**Athletics** Big Rock **Athletics** Adidas

**Athletics** Maritime Travel

**Athletics** Gateway **Athletics** Coke

**Athletics** Edmonton Journal **Athletics Edmonton Sun** 

**Athletics** McNeil Consumer Healthcare

BF **Epcor** 

BB **Snyder and Associates** 

PV Genics В۷ Sofaland

ΒV Kennedy Realty

Golf Melcor Golf ACT Golf **RCGA** 

ATB Financial ВН ATB Financial BH Herbers Autobody

## International student opportunities



ВН

Faculty of Physical Education and Recreation Faculty Report 2014-15; Published December 2015, Version 1

Compiler: Jocelyn Love/Nicole Turenne; input provided by the academic, athletic, and recreation services units For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

Document is subject to change.

- Bears Volleyball, Swimming, Bears Soccer, and Bears Basketball took selffunded international trips
- Experiential learning at both the graduate and undergraduate levels, through integration with Athletics
  - Undergraduate coaching students involved PB, BF, BS, PS, Tennis
  - Graduate coaching students involved in BB (James Jones), PB (Megan Pinske, Megan Wickstrom), PV (Nicole Ban, Liane Jean, Gabriella Von Gaza), BH (Michael Chan, Matt Bachewich), PH (Sara Hilworth), BV (Brock Davidiuk), T&F (6).
  - Undergraduate kinesiology / PE students involved with teams
  - PEDS 240 and PEDS 440 students working with teams
  - Undergraduate students involved in event management
  - Created the High Performance Training and Research Centre and staffed it with undergraduate and graduate students to experience coaching and facility management
  - University Athletes Board (UAB) involves student athletes in community leadership activities throughout the year (Bear Hugs, NSTEP, KidSport, Gym Class Heroes)

### 4. Athletics: Faculty Goal: Exemplary Student Experience

• Integrated faculty Alberta Model to contribute to the overall scholarly objectives of the Faculty.

#### (1) Metrics:

#### Athletics staff teach undergraduate coaching courses

 Last year we had Nicole Lemke, TJ Mussbacher, Danielle Boehres, Michael Cook, Laurie Eisler, Len Vickery, Owen Dawkins, Liz Jepsen, Ian Herbers, Howie Draper, Ian Reade and Barnaby Craddock all involved in teaching

#### Courses taught by Athletics staff:

- PEDS 240
- PEDS 440 x2
- PAC 490
- PEDS 572 (6 credit) (Mentor coaches) x 5 (est) .. not sure how to quantify this .. one 6 credit course with 5 students??



- PAC Coordinator
- Practicum Coordinator (PEDS 246, 346, 446)
- PEDS 245
- PERLS 573
- PAC Hockey x2
- PAC Wrestling
- PAC Volleyball
- PAC Basketball
- PAC Soccer

#### Total: 20 courses = 60 credits

- Athletics staff teach graduate course
- Athletics staff teach and provide leadership to PAC courses. PAC Coordinator has been an Athletics staff member.
- Athletics staff supervise undergraduate and graduate (MCoach) coaching practicum students
- Athletics staff sit on graduate supervisory and examining committees
- Research projects: Drs. Michael Kennedy, Gord Bell, Nick Holt, John Dunn, Loren Chiu, Pierre Baudin, Michael Cook.
- Increase national and international profile and reputation through meaningful, formal strategic partnerships with leading institutions across Canada and around the world.

#### (2) Metrics:

- Connected with Jana Leukel form Sport U of Cologne, Germany to work in event management
- The Faculty will partner with national and international stakeholders to deliver relevant undergraduate and graduate educational opportunities in both teaching and knowledge translation

#### (3) Metrics:

- Partnership with Athletic Canada and Athletics Alberta through the Canadian Athletic Coaching Centre
- Partner with Volleyball Canada on the Volleyball Centre of Excellence
- Partner with Alberta Schools Athletic Association to develop on-line coach education materials
- Partner with KidSport to support financially challenged families
- Partnership with Curling Canada on National Training Centre



- Partner with Tennis Canada on University/College Nationals
- Partner with Tennis Canada on Tennis Development Centre
- Partner with Basketball Canada on National Women's Team training
- Partner with Hockey Canada on Women's Hockey Pilot Project
- Owen Dawkins coaches internationally for Wrestling Canada
- Owen Dawkins is VP Development of Wrestling Canada
- Howie Draper named coach of the FISU Women's Hockey Team
- Terry Danyluk, Assistant Coach, National Men's VB, World League
- Partnership agreement with the Canadian Sport Institute, Calgary
- Partner with Football Alberta on creation of Novice Football League
- Robin Stewart, President of the Golf Coaches Association of Canada to improve/grow golf at the University/College level in Canada
- Robin Stewart coaches Team Canada at the FISU World University Golf Championships
- Scott Edwards coaches Basketball Canada National programs
- Barnaby Craddock coaches with Basketball Canada National programs
- Laurie Eisler is a committee member with Volleyball Alberta
- Matt Parrish is a committee member with Rugby Alberta
- Rob Krepps is Curling Canada National team coach
- Rob Krepps and Gary Coderre coaches Bears Curling to a bronze medal at FISU
- Gary Coderre coaches Pandas curling to World Junior Championship in Switzerland

## 5. Athletics: Faculty Goal: Differentiation through Innovation

• Innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.

#### Metrics:

- In partnership with Educational Psychology, provide new graduate course opportunities for sport psychology students.
- Provide a new undergraduate counseling course in collaboration with the Faculty of Education (Dr. Derek Truscott).
- Worked through the process of creating the Green & Gold Sport System as an innovative and integrated programming system based on concepts of long term athlete development.
- The Faculty will explore innovative educational delivery models with an emphasis



on instructional excellence and effectiveness.

• Translate the knowledge acquired through innovative approaches to the broader academic and professional community.

#### Metrics:

- Working with the Faculty of Rehab Medicine and the Glen Sather Sports Medicine Clinic to provide opportunities for the Faculty's students to gain exposure to the educational opportunities and activities within the Clinic.
- Added Varsity Injury Management Clinics which are a multi-disciplinary team that meet weekly to review athlete injuries. These include physicians, surgeons, physiotherapists, athletic therapists, physical training staff and athletes.
- Athletics maintained one physiotherapist to work full-time in the Glen Sather Sports Medicine Clinic.
- In the process of having Laurie Eisler assume the role of Coaching Practicum Coordinator.

## 6. Athletics: Faculty Goal: Collaboration and Integration

Fact card (2014-2015)

## Legend

Sport	Golden Bears	Pandas
Basketball	GBBB	PBB
Volleyball	BVB	PVP
Hockey	GBH	PH
Football	GBF	N/A
Soccer	GBSC	PSC
Rugby	N/A	PR
Golf	GBG	PG
Cross Country	GBXC	PXC
Swimming	GBSW	PSW
Tennis	GBPT	PT
Wrestling	GBW	PW
Curling	GBC	PC
Track & Field	GBTF	PTF

### Canadian Interuniversity Sport (CIS)/National Competition



CIS/National	5	GBVB, GBH, GBC, PC, GBPT
championships	3	OBVB, OBH, OBC, FC, OBF1
CIS/National championship silver	1	
CIS/National championship bronze	1	
Individual CIS/National Championship Medals	14	PW 3, GBW 2, GBSW 6, PTF 2, GBTF 1 (3 gold, 6 silver, 5 bronze)
CIS All-Canadians	31	GBF 1, GBH 2, GBVB 1, GBW 1, PW 1, PBB 1, PR 1, PH 2, PSC 2, PVB 2, GBC 3, PC 3, GBSW 6, GBTF 1, PTF 4 (16-women, 15-men, 16-First team, 15-Second team)
Academic All-Canadians (2013)	123	CIS ONLY
Academic All-Canadians (2013)	139	CIS + non CIS sports (golf and tennis)
Teams Ranked In CIS Top 10	16	GBBB, GBH, GBSC, GBVB, PBB, PH, PR, PSC, PVB, GBW, PW, GBSW, PSW, GBTF, PTF, PXC
Teams Ranked No.1 in CIS	4	PR, GBH, GBVB, PVB
Teams at CIS/National Championship Events	21	GBH, GBVB, GBSC, GBC, PC, PH, PBB, PVB, PR, GBPT, GBPT, GBTF, PTF, GBSW, PSW, PW, GBW, GBXC, PXC, GBG, PG
CIS/National Championship MVPs	2	GBH, GBVB
CIS/National Championship All-Stars	11	GBH 3, GBVB 3, PBB 1, PR 2, PVB 2



website.

CIC Player of the Veer	0	
CIS Player of the Year (teams)	U	
CIS Athlete of the Year (individuals)	2	GBW, PW
CIS Defenceman of the Year	1	
CIS Coach of the Year	1	
CIS Rookie of the Year	0	
CIS All-Rookie selections	2	GBH, GBVB
CIS Goalie of the Year	0	
CIS Libero of the Year	0	

# Canada West Conference/Regional Competition

CW/Western Regional	7	PR, GBH, GBVB, PH, GBPT,
Championships	,	GBPT, GBW
Top 3 CW/Regional finishes	16	PR, GBH, GBVB, PH, GBPT, GBPT, GBW, PW PVB, GBSC, GBC, PC, PXC, GBSW, PSW, PG
CW All-Stars	45	GBBB 2, GBF 2, GBSC 3, GBVB 2, GBXC 1, PXC 1, PW 6, GBW 5, PBB 1, PR 4, PH 3, PSC 3, PVB 2, GBSW 2, PTF 7, GBTF 1
CW MVP/Player of the Year	2	PR, GBH
CW Scoring Title	1	GBH
CW Coach of the Year	2	PR, GBW
CW Rookie of the Year	2	GBH, PW



For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation

CW All-Rookie Selections	7	GBBB 1, GBVB 1, PH 1, GBH 3, PVB 1
CW Student Athlete/Community Awards	0	
CW Tracy MacLeod Nomination	1	PBB
CW Outstanding Defenceman	1	GBH
CW Libero of the Year	0	
CW Sportsmanship & Ability	0	

### 2014-15 Academic All-Canadian stats:

- 142 total UAlberta academic all-Canadians
- 128 CIS AACs
- 75 Golden Bears received AAC designation in 2014-15
- 67 Pandas received AAC designation
- The Faculty of Science had the most representatives (33)
- FPER had the second most (28)
- Engineering was represented by 14 Golden Bear academic all-Canadians
- Graduate studies had 8 AACs
- Law and Medicine and Dentistry had 3 each
- Track and field and soccer had the single biggest sport (men's and women's combined) representation with 18 AAC student-athletes each (18 combined men's and women's soccer student-athletes and 18 combined men's and women's track and field student-athletes)
- Hockey had a combined 15 (men's and women's)



- 13 came from cross-country (men's and women's)
- Golden Bears football had the single biggest team amount of AAC student-athletes with 12
- Golden Bears soccer had 11
- Golden Bears hockey and track had 10 each
- Pandas track and field and rugby each had the single highest amount of female AACs with 8
- Pandas basketball, cross-country, soccer and volleyball each had 7 AAC studentathletes
- The U of A now has a CIS total of 2,461, all-time, which still ranks No.1 historically in CIS Western had the most in 2014-15, with 145 CIS academic all-Canadians. UAlberta was second (128).
- McGill, with 96 AAC student-athletes in 2014-15, remains 2nd all-time with 2,369
- Queens, with 125 in 2014-15, remains 3rd all-time with 2,084
- Western remains 4th all-time with 2.027
- Laval is fifth with less than 2,000 all-time

#### 7. Green & Gold Sport System

The first official initiative of the Green & Gold Sport System came in the Fall of 2014, when we developed a comprehensive Strategic Plan that was designed to guide our future efforts. This Strategic Plan was presented to the Dean in December of 2014, to Faculty Management Group in January of 2015, and to Academic Council in February of 2015.

While this process was underway, the Green & Gold Sport System offered considerable AIM pilot programming. This pilot programming was delivered through both school and community channels, and has proven to be highly beneficial in informing our efforts moving forward. In total, 427 developing athletes in the 12-17 age group were served by this programming, which was offered during Spring, Summer, Fall, and Winter sessions.



Beyond the many U18 athletes who were served by this pilot programming, the Green & Gold Sport System also serviced 550 Golden Bears and Pandas varsity athletes, 458 Alberta Sport Development Centre athletes, and 130 Professional and Sport Canada Carded athletes through a wide range of targeted programming. A summary of all Green & Gold Sport System programming is presented below:

## AIM Pilot Programs (Spring 2014) - Total Registrants 103

Program: AIM Pilot – Riverbend Junior High School Instructor: Eric Goldberg	Start Date: 01 Apr 2014 End Date: 13 Jun 2014 Runs: 2.5 X/Week 1:00- 2:15 PM (28 sessions) Facility: HPTRC	Ages: 12-14 Registered: 30
Program: AIM Pilot – Junior Pandas Basketball Instructor: Alex Tonsi	Start Date: 07 Apr 2014 End Date: 11 Jun 2014 Runs: M/W 5:00 PM – 6:00 PM (20 sessions) Facility: HPTRC	Ages: 15-17 Registered: 14
Program: AIM Pilot – T2T – National Tennis Instructor: Chelsea Guthrie, Jessica Ferguson, Peter Houlihan	Start Date: 28 Apr 2014 End Date: 18 Jun 2014 Runs: M/W/F 4:00 PM – 5:00 PM (19 sessions) Facility: Activity Room SCSC	Ages: 12-14 Registered: 6
Program: AIM Pilot – L2C – National Tennis Instructor: Eric Golberg	Start Date: 29 Apr 2014 End Date: 19 Jun 2014 Runs: Tu/Th/F 4:00 PM – 5:00 PM (17 sessions) Facility: HPTRC	Ages: 15-17 Registered: 6
Program: AIM Pilot – Hockey Instructor: Joel Jackson	Start Date: 20 May 2014 End Date: 28 Aug 2014 Runs: M/Tu/W/Th 7:30 PM – 8:30 PM (57 sessions) Facility: HPTRC	Ages: 12-17 Registered: 8
Program: AIM Pilot – Sport Conditioning (5PM) Instructor: Eric Golberg	Start Date: 31 Mar 2014 End Date: 04 Jun 2014 Runs: M/W 5:00 PM – 6:00 PM (18 sessions) Facility: HPTRC	Ages: 12-17 Registered: 9



Program: AIM Pilot – Sport Conditioning (7PM) Instructor: Eric Golberg	Start Date: 31 Mar 2014 End Date: 04 Jun 2014 Runs: M/W 7:00 PM – 8:00 PM (18 sessions) Facility: HPTRC	Ages: 12 – 17 Registered: 3
Program: AIM Pilot – Sport Conditioning (5PM) Instructor: Eric Golberg	Start Date: 31 Mar 2014 End Date: 06 Jun 2014 Runs: M/W/F 5:00 PM – 6:00 PM (25 sessions) Facility: HPTRC	Ages: 12-17 Registered: 7
Program: AIM Pilot – Sport Conditioning (7PM) Instructor: Eric Golberg	Start Date: 31 Mar 2014 End Date: 06 Jun 2014 Runs: M/W/F 7:00 PM – 5:00 PM (25 sessions) Facility: HPTRC	Ages: 12-17 Registered: 1
Program: AIM Pilot – Sport Conditioning (4PM) Instructor: Eric Golberg	Start Date: 01 Apr 2014 End Date: 05 Jun 2014 Runs: Tu/Th 4:00 PM – 5:00 PM (20 sessions) Facility: HPTRC	Ages: 12-17 Registered: 19

AIM Pilot Programs (Summer 2014) - Total Registrants 35

Program: AIM Pilot –	Start Date: 06 Aug 2014	<b>Ages:</b> 12 - 17
Sport Conditioning (3PM)	<b>End Date:</b> 27 Aug 2014	Registered: 3
Instructor: Eric Golberg	<b>Runs:</b> M/W/F 3:00 PM -	
	4:00 PM ( 8 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Aug 2014	<b>Ages:</b> 12 – 17
Sport Conditioning (4PM)	<b>End Date:</b> 27 Aug 2014	Registered: 2
Instructor: Eric Golberg	<b>Runs:</b> M/W/F 4:00 PM –	-
	5:00 PM ( 8 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Aug 2014	<b>Ages:</b> 12-17
Sport Conditioning (3PM)	End Date: 27 Aug 2014	Registered: 4
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 3:00 PM –	
	4:00 PM ( 8 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Aug 2014	Ages: 12-17
Sport Conditioning (4PM)	<b>End Date:</b> 27 Aug 2014	Registered: 1
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 4:00 PM –	-
	5:00 PM ( 8 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 07 Jul 2014	<b>Ages:</b> 12 – 17



Sport Conditioning (3PM) Instructor: Eric Golberg	End Date: 27 Jun 2014 Runs: M/W/F 3:00 PM – 4:00 PM ( 8 sessions) Facility: HPTRC	Registered: 5
Program: AIM Pilot – Sport Conditioning (4PM) Instructor: Eric Golberg	Start Date: 07 Jul 2014 End Date: 27 Jun 2014 Runs: M/W/F 4:00 PM – 5:00 PM ( 8 sessions) Facility: HPTRC	Ages: 12-17 Registered: 4
Program: AIM Pilot – Sport Conditioning (3PM) Instructor: Eric Golberg	Start Date: 07 Jul 2014 End Date: 27 Jun 2014 Runs: Tu/Th 3:00 PM – 4:00 PM ( 8 sessions) Facility: HPTRC	Ages: 12-17 Registered: 2
Program: AIM Pilot – Sport Conditioning (4PM) Instructor: Eric Golberg	Start Date: 07 Jul 2014 End Date: 27 Jun 2014 Runs: Tu/Th 4:00 PM – 5:00 PM ( 8 sessions) Facility: HPTRC	Ages: 12-17 Registered: 3
Program: AIM Pilot – Sport Conditioning (3PM) Instructor: Eric Golberg	Start Date: 10 Jun 2014 End Date: 03 Jun 2014 Runs: M/W/F 3:00 PM – 4:00 PM ( 8 sessions) Facility: HPTRC	Ages: 12-17 Registered: 4
Program: AIM Pilot – Sport Conditioning (4PM) Instructor: Eric Golberg	Start Date: 10 Jun 2014 End Date: 03 Jun 2014 Runs: M/W/F 3:00 PM – 4:00 PM ( 8 sessions) Facility: HPTRC	Ages: 12-17 Registered: 6

AIM Pilot Programs (Fall 2014) - 153 Total Registrants

7 til-1 1 tot 1 rogi allio (i att 2	ora, roo rotat negistrants	
Program: AIM Pilot –	Start Date: 03 Sep 2014	<b>Ages:</b> 12-14
Riverbend Junior High	<b>End Date:</b> 19 Dec 2014	Registered: 60 (2 Classes)
School	<b>Runs:</b> 5 X/Week 1:00-2:15	
Instructor: Eric Goldberg	PM (80 sessions)	
_	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 22 Sep 2014	<b>Ages:</b> 12-17
Sport Conditioning (6PM)	<b>End Date:</b> 10 Dec 2014	Registered: 15
Instructor: Eric Golberg	<b>Runs:</b> M/W 6:00 PM – 7:00	-
_	PM (23 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 22 Sep 2014	<b>Ages:</b> 12-17



Sport Conditioning (6PM) Instructor: Eric Golberg	End Date: 10 Dec 2014 Runs: Tu/Th 6:00 PM – 7:00 PM (23 sessions) Facility: HPTRC	Registered: 32
Program: AIM Pilot –	Start Date: 22 Sep 2014	<b>Ages:</b> 12-17
Sport Conditioning (7PM)	<b>End Date:</b> 10 Dec 2014	Registered: 23
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 7:00 PM –	
	8:00 PM (24 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 22 Sep 2014	<b>Ages:</b> 12-17
Sport Conditioning (7PM)	<b>End Date:</b> 10 Dec 2014	Registered: 23
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 7:00 PM –	
	8:00 PM (24 sessions)	
	Facility: HPTRC	

AIM Pilot Programs (Winter 2014) – 136 Total Registrants

	<u> </u>	
Program: AIM Pilot –	Start Date: 05 Jan 2015	<b>Ages:</b> 12-14
Riverbend Junior High	<b>End Date:</b> 31 Mar 2015	Registered: 60 (2 Classes)
School	<b>Runs:</b> 5 X/Week 1:00-2:15	-
Instructor: Eric Goldberg	PM (55 sessions)	
	Facility: HPTRC	
Program: AIM Pilot – Juv.	Start Date: 06 Jan 2015	<b>Ages:</b> 15-17
Curling	<b>End Date:</b> 26 Mar 2015	Registered: 16
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 6:00 PM –	
_	7:00 PM (24 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Jan 2015	<b>Ages:</b> 15-17
Learn-to-Compete	<b>End Date:</b> 26 Mar 2015	Registered: 5
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 6:00 PM –	
	7:00 PM (24 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Jan 2015	<b>Ages:</b> 15-17
Learn-to-Compete	<b>End Date:</b> 26 Mar 2015	Registered: 26
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 7:00 PM –	
	8:00 PM (24 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Jan 2015	<b>Ages:</b> 12-14
Train-to-Train	<b>End Date:</b> 26 Mar 2015	Registered: 5
Instructor: Eric Golberg	<b>Runs:</b> M/W 6:00 PM – 7:00	
	PM (24 sessions)	
	Facility: HPTRC	
Program: AIM Pilot –	Start Date: 06 Jan 2015	<b>Ages:</b> 12-14



Train-to-Train	End Date: 26 Mar 2015	Registered: 24
Instructor: Eric Golberg	<b>Runs:</b> Tu/Th 6:00 PM –	
	7:00 PM (24 sessions)	
	Facility: HPTRC	

Golden Bears and Pandas Varsity Teams - Total Registrants 550

Program: Golden Bears	Start Date: 01 April 2014	<b>Ages:</b> 18-25
and Pandas Varsity	<b>End Date:</b> 26 Mar 2014	Registered: 550
Athletes	Runs: M/Tu/W/Th/F/S	
Instructors: Michael	6:00 AM – 9:00 PM	
Cook, Joel Jackson, Eric	Facility: HPTRC	
Golberg, Smith Wright,	-	
Loren Chiu, Wes		
Moerman, Alex Game		

Alberta Sport Development Centre 'Winning Edge' Seminars - Total Registrants 458

Program: Mental Skills	Clients: Alberta Summer	<b>Ages:</b> 12-17
Instructors: Lisa	Games Teams, Alberta	Registered: 409
Rogerson, Erin Brennan	Volleyball, Riverbend	
	Sport Performance	
Program: Sport Nutrition	Clients: Alberta Sport	<b>Ages:</b> 12-17
Instructors: Heidi Bates	Connection, Junior Pandas	Registered: 49
	Soccer Club	-

Professional and Sport Canada Carded Athletes - Total Registrants 130

Program: Sport Conditioning Instructors: Michael Cook, Joel Jackson, Eric	Clients: Edmonton Oilers	Ages: 18+ Registered: 25
Goldberg  Program: Sport Conditioning Instructors: Michael Cook, Joel Jackson, Eric	Clients: FC Edmonton	Ages: 18+ Registered: 25



Page 142

Goldberg		
Program: Sport Nutrition	Clients: FC Edmonton	Ages: 18+
Instructors: Celeste		Registered: 31
Lavalle		
Program: Sport	Clients: Canadian Sport	Ages: 18+
Conditioning	Institute -Calgary	Registered: 49
Instructors: Michael		
Cook, Joel Jackson, Eric		
Goldberg		

#### H. Advancement

The Office of Advancement is dedicated to supporting the mission of the Faculty by fostering relationships that result in continuing goodwill and financial support from alumni, parents, friends, and organizations.

#### 2015-2016 Advancement Highlights

- Successfully secured \$3 million dollars in donation pledges through a matching program developed in partnership with the Provost's office. 60 donors in total contributed towards the program. The average gift was \$33,000.
- Raised initial funds of \$1.1 million dollars for the Dome at Foote Field. Funds helped green light the project and the Dome will be erected in November, 2016.
- Helped establish the Physical Education and Recreation Golden Anniversary International Travel Scholarship.

2015-2016 also saw many projects move forward in a positive direction, including: the South Campus Arena Project, Mountain Studies and the Indigenous Sport and Recreation Certificate.

We will continue to support the Steadward Centre, the CACC, Play Around the World, Adopt An Athlete, Academic Awards and Endowments, and several other projects from sponsorships to golf tournaments.

