Bachelor of Kinesiology/Bachelor of Education

A five year combined degree, focusing on preparing graduates to teach physical education. This program is offered jointly with the Faculty of Education with both elementary and secondary routes.

Program Information

The BKin/BEd (Bachelor of Kinesiology/Bachelor of Education) five year program is a unique opportunity to combine an interest in human movement, exercise science and athletic movement with a professional degree in Education. Students in this program specialize in Elementary or Secondary education while at the same time developing a strong background in Kinesiology. Students in this program will get both their Bachelor of Kinesiology degree, as well as their Bachelor of Education degree.
Types of Courses

- Contexts of Education
- Human Anatomy
- Introduction to Human Physiology
- Introduction to Outdoor Environmental Education
- Introduction to Sports Injury Management
- Introduction to the Profession of Coaching
- Adolescent Development & Learning
- Structure and Strategy of Games
- Assessment & Evaluation in Physical Activity for Children & Youth
- Ethics and Law in Teaching

For information on subject equivalents for provinces other than Alberta as well as more detailed information on what subjects are eligible in each category, please visit this page and select your province from the drop-down box under the “View Requirements and Cost” heading.

Faculty of Kinesiology, Sport, and Recreation

The Faculty of Kinesiology, Sport, and Recreation at the University of Alberta is one of the premier faculties of its kind. We are proud to boast excellence in teaching and research—both of which were recently recognized in the QS World University Rankings by Subject where the Faculty was named #7 in the world in sports-related subjects, the fourth year in a row in a top 10 position.

Our strength in research and teaching is our diversity in these areas. Our excellence in research and teaching encompasses work we do in the areas of sport, exercise, physical activity, health, tourism, sport rehabilitation, recreation, sport management and more. Our diversity extends to the aspect of the areas studied - biological, mechanical, behavioural and sociocultural.

Through our research, teaching and various service arms within the Faculty, we pride ourselves on being dedicated to improving the quality of life and the health of our communities through physical activity, sport and recreation for more than 56 years.

Areas of Research

- Adapted Physical Activity
- Coaching Studies and Sport Psychology
- Health Psychology and Behavioural Medicine
- Neuroscience and Movement
- Physiology
- Recreation, Sport and Tourism
- Sociocultural

Professional Practicum Program

In the final two years of your program, you will take part in the Field Experience courses in the Faculty of Education. This part of your program is designed to provide student teachers with the opportunity to develop skills, strategies, and professional identity within a school.

As you progress through your Field Experiences you will take on more responsibilities as a student teacher to help build your confidence and capabilities in the classroom. You will also have a mentor teacher to help guide you through this process.

Contact Information

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