LEARNER RESOURCE LIST



Faculty of Medicine and Dentistry

Finding a physician in Edmonton:

- <u>Magna Medical Clinic</u>: This clinic is close to the UAH hospital and often accepting new patients:-College Plaza (780-705-0506)
- <u>College of Physicians and Surgeons</u> where you can look up doctors who are accepting new patients close to home or school.
- <u>University Health Centre</u>: in the Students' Union Building (SUB, 2nd Floor) on campus. Family docs here are available for students and their families. (780-492-2612)

Health Coverage (Physical and Mental Health)

- <u>Student Health Care Coverage</u>: Website includes information on health coverage, how to make a claim, etc. (Office is located in SUB, 6th Floor)
- Empower Me: 24/7 Mental health support via the Dialogue app.
- <u>Canniff & Associates</u> Psychology and wellness supports available to DDS students Call: 780-453-1873
- <u>PFSP Physician and Family Support Program</u> 24/7 support line and psychology support available to **MD students, residents** and their families.
 Call: 1-877-767-4637

FoMD Support Offices

- <u>The Office of Advocacy and Wellbeing (OAW)</u> looks after issues pertaining to learner health, wellbeing and advocacy. It is a safe and confidential place to receive support for academic, personal or urgent matters. Contact <u>oawadmin@ualberta.ca</u> to book an appointment.
 Contact: 780-492-3150, 1-134 Katz
- <u>Indigenous Health Program</u> | Wapanachakos **Contact:** ihi@ualberta.ca
- <u>FoMD Office of Professionalism</u> is here to promote professionalism and provide advice for difficult conversations or in navigating the system when addressing professionalism lapses.
 - <u>The Professionalism Button</u>: when you push 'The Button', a Professionalism Triage Officer will contact you within 72 hours to begin the process. You lead the process, and nothing happens without your consent. They will also let you know of the outcome.
 Contact: 780-248-1775, fomdprof@ualberta.ca
- Infectious Agent Exposure Protocol

University Support Offices

- <u>The University Counseling and Clinical Services</u>: Initial assessments are by walk-in, first-come first served. They have many mental health resources and workshops available.
 Contact: 780-492-5205, is located in the Students' Union Building
- <u>The University's Academic (Student) Success Center</u>: has the primary goal of enhancing students' learning, writing and communication skills. They offer workshops on exam writing, oral testing, time management skills, and have experience with residents.
 Contact: 780-492-2682, success@ualberta.ca

 <u>Wellness Supports Office</u>: provides support and connects students to resources in the following: mental health, financial, medical, legal, housing, addictions, food security, furniture and clothing, employment, and family issues

Contact: 780-492-1619, wellness@ualberta.ca

<u>Student Financial Support Services:</u> provides independent, unbiased answers to general financial questions and can specifically help with issues about student loans and lines of credit. They also have <u>emergency bursary and funding</u> options.

Contact: Submit requests and forms via the Student Service Centre

- <u>Accomodations & Accessibility</u> assists learners whose disabilities involve conditions affecting mobility, vision, hearing, learning and physical or mental health.
 Contact: 780-492-3381, TTY 780-492-7269, arrec@ualberta.ca
- <u>The Office of Safe Disclosure and Human Rights</u> is available to all University of Alberta students and staff wishing to report any concerns about how the University policies, procedures or ethical standards are being applied.

Contact: 780-492-7325, osdhr@ualberta.ca

• <u>Fyrefly Institute for Gender and Sexual Diversity (formerly iSMSS)</u>: is a student service built on the premise that the University of Alberta campus is a safe place for sexual and gender minority students.

Contact: 780-492-6744

- <u>Student Legal Services</u> (SLS): Student volunteers from the University of Alberta Faculty of Law
 provide free legal information and agency in the courts to those who would otherwise be unable
 to afford these services. SLS provides assistance in the areas of civil, criminal and family law.
 Contact: 780-492-2226, <u>slsoed@ualberta.ca</u>
- <u>Campus Foodbank</u> 1-81 SUB **Contact**: 780-492-8677
- <u>Sexual Assault Center</u> Contact: 780-492-9771, uasac@ualberta.ca
- <u>Academic calendar</u>
- <u>Campus Protective Services:</u> Non Emergency: 780-492-5050
- <u>SU Safewalk</u>: get home safely from campus
 - o 780 4 WALKME (780 492 5563), safewalk@su.ualberta.ca

Housing

- <u>Safe House Program (UofA)</u>: Students needing **temporary** emergency housing with no other places to stay. **To Access, call** one of the following and say they are needing the Safe House program.
 - Wellness Supports (during business hours) at 780-492-4145
 - University Protective Services (for after-hours) at 780-492-5050
- The **Wellness Supports team** can works with students one on one in finding alternative housing, email wellness@ualberta.ca to set-up an appointment with a social worker.
- Longer Term rentals: <u>ELEV</u> is also a good resource to help students find housing close to campus. (*this is not a University of Alberta resource*)

Other resources:

- Crisis Support Centre Distress Line: 780-482-HELP (4357)- 24hrs
- Crisis Response Team: For urgent help, call 780-342-7777
- 211 resource list found here: Canadian Mental Health Association.