

Professional ePortfolio

Reflective practice and formal reflection on our practice are essential components of competent health care professionals. In order to learn from our previous experiences we need to be able to reflect on these experiences, identify which components went well and which areas need improvement. From this we can identify our learning needs and develop a plan to improve our practice over time.

In the physical therapy program we have developed an online ePortfolio as a place for you to house your reflections, journal about your experiences in the program and on clinical placements, and as a repository for your assignments and other work you do related to clinical education. The Professional ePortfolio is a collection of reflections and learning samples that are used to demonstrate growth in the student's learning and development towards the vision of the MSc PT graduate.

The Department of Physical Therapy's vision for the ideal graduate is one who:

- Possesses Evidence-based Practice Skills
- Adopts a Client-centered Approach
- Is competent in Physical Therapy Clinical Skills
- Is a Leader in Knowledge Exchange
- Has a Passion for Lifelong Learning

“Reflection gives meaning to experience; it turns experience into practice, links past and present experiences, and prepares the individual for future practice. It is the hallmark of professional behaviour.”
(Plack et al 2005)

This portable online portfolio can then be integrated into the continuing competence requirements of the regulatory colleges, and may be used to “show off” your work to prospective employers.