

# Role of parafacial respiratory group and active expiration on the stabilization of sleep

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## Background

It is currently hypothesized that the respiratory rhythm is generated by the interaction of two coupled oscillators in the ventral medulla: preBötzinger complex (preBötC), which generates inspiratory activity and the parafacial respiratory group (pFRG) generating active expiratory activity (mainly through the contraction of abdominal muscles, ABD) (Feldman et al. 2013) (Figure 1)

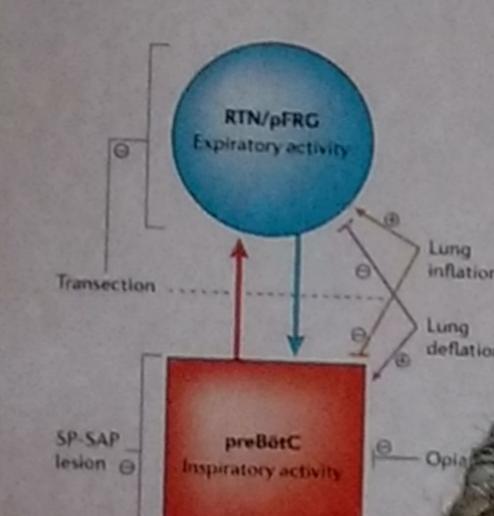
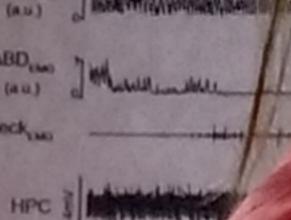


Figure 1: Respiratory rhythm is driven by two coupled oscillators located in the ventral medulla. Retrotrapezoid Nucleus/Parafacial

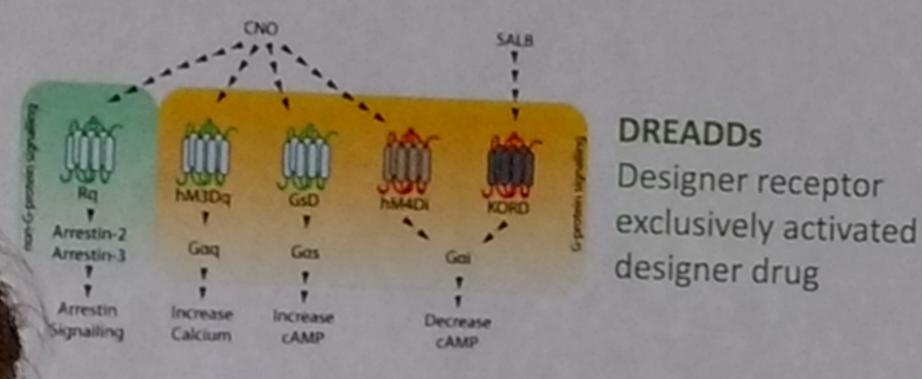
Recent work in our expiratory ABD activity periods of REM s motor atonia (P) Pagliardini 2015) sleep, suggested breathing was most contributing to the events (Figure 2)



# Hypothesis

Given the association of expiratory ABD recruitment and improvement of respiratory stability in healthy sleeping rats, we hypothesize that recruitment of active expiration may occur through pFRG activation and that its occurrence stabilizes breathing and reduce SDB incidence

### Methods



exclusively activated by designer drug

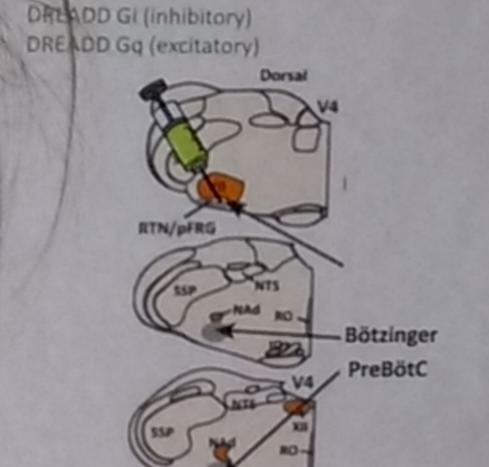
Would excitation of pFRG

help overcome sleep

disordered breathing?

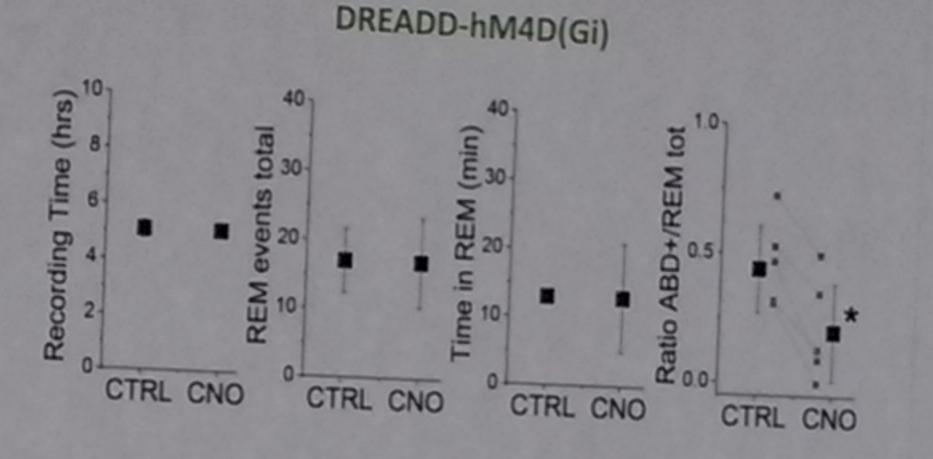
DREADD Gq (excitatory)

4s pFRG responsible for ABD recruitment during REM sleep?



DIO-KORD (inhibitory)

itoring of EMG and EEG activity during natural sleep ther vehicle or ligand systemic injections



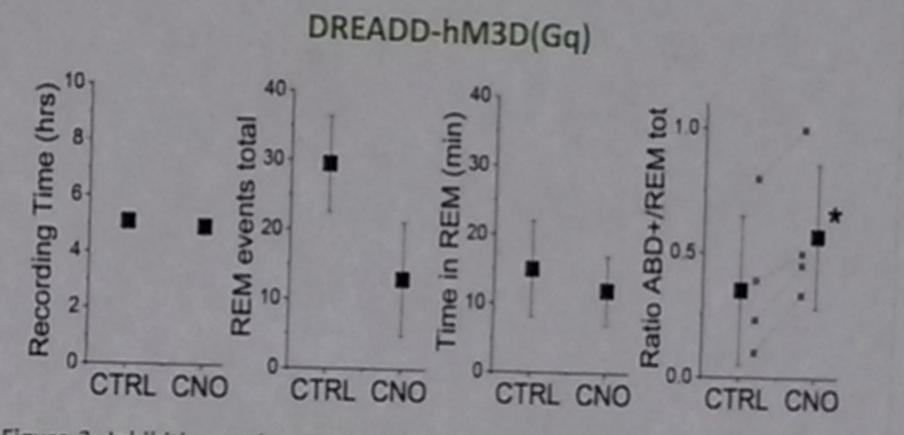


Figure 3: Inhibition and excitation of pFRG has an effect on the incidence of ABD recruitment during sleep. Top graphs: experiments performed on rats (N=5) transfected with the inhibitory DREADD Gi in control (CTRL) and after the injection of the ligand clozapine-N-oxide (CNO). Bottom graphs: experiments performed on rats (N=4) transfected with the excitatory DREADD Gq

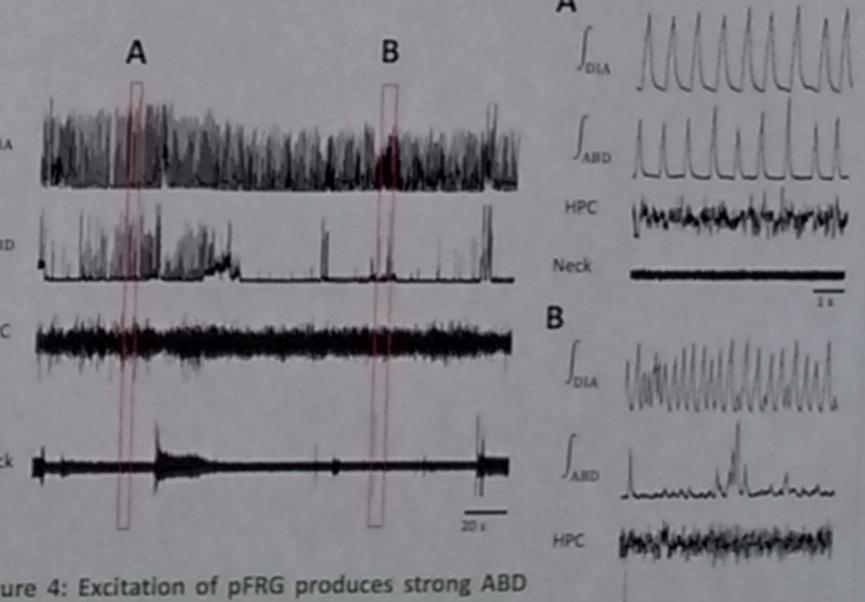


Figure 4: Excitation of pFRG produces strong ABD recruitment during sleep. Traces for diaphragm Neck (DIA), abdominal (ABD) and neck electromyogram, as well as hippocampal (HPC) activity. Figures on the right correspond to the insets of A and B on the traces of the left

# Activation and inhibition of pFRG Sleep disordered breathing model

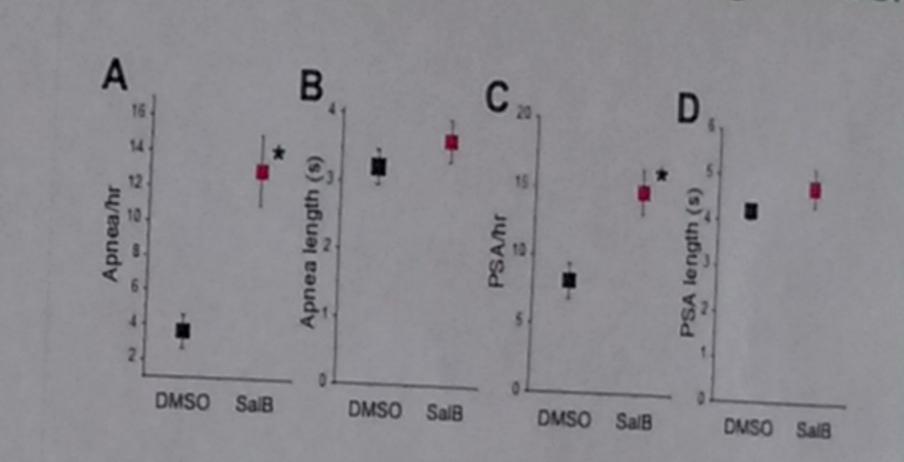


Figure 4: Inhibition of preBötC produces an increase of respiratory disturbances. Rats (N=11) were virally transfected with the inhibitory receptor KORD in the preBotC. PSA: post-sigh apnea. DMSO: dimethyl sulfoxide (vehicle). SalB: salvinorin B (KORD ligand)

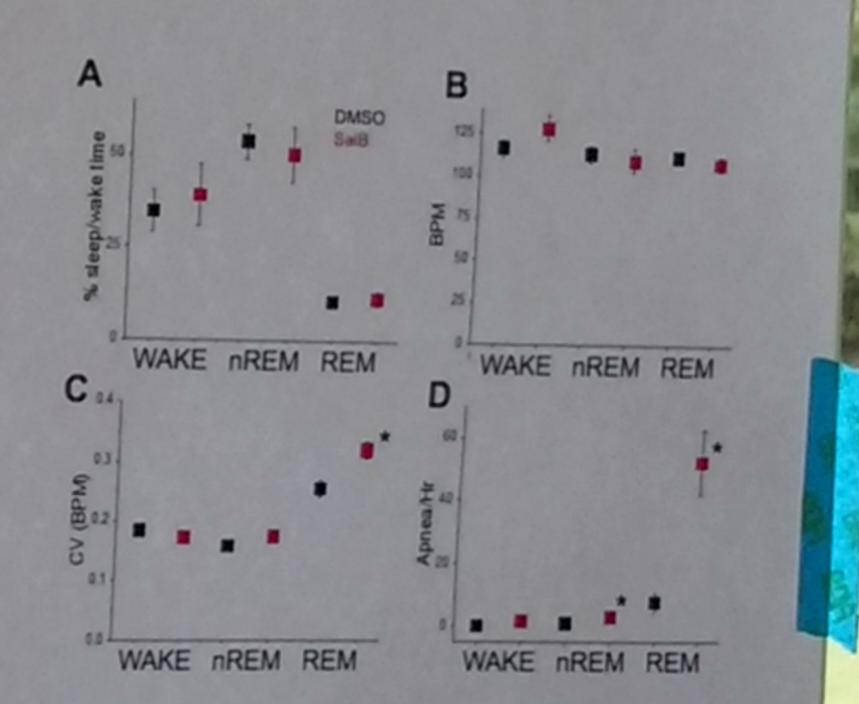


Figure 5: Respiratory disturbances occur mainly during REM sleep. BPM: breath per min. CV: coefficient of variance. DMSO: dimethyl sulfoxide (vehicle) black squares. SalB: salvinorin B (KORD ligand) red squares (N=8)

### Future steps

Complete data analysis on the sleep disordered breathing

Perform experiments in which we activate pFRG in the presence of a compromised preBotC

# Norepine

In cultured locus ceruleus (LC) slices, photoactivated adjacent neurons via a yet unknown receptor (Tang et Here, we studied this neuron-glia signaling further wit norepinephrine (NE) receptor (ant)agonists in acute ( A rhythmic field potential (rFP, rate 1-3 Hz) in t cytosolic calcium (Cai) dynamics were simultan hydroxylase-positive LC neurons and \$1000-positive μm perimeter around the L.C. NE (25 μM) cause astrocytes, whereas LC neurons showed a Car decrea rFP rate. The alpha 1 NE receptor agonast pheny lepha evoked astrocytic Cai rise, but raised neuronal Cai. I rate and Cai in a subpopulation of LC neurons and the of the monocarboxylate transporter blocker 4-CIN (25) neurons within the acutely isolated LC express r hypothesize that a NE induced Cai increase in astrocyt lactate release that excites LC neurons to counteract mediated depression of their rhythmic discharge. This

acts as a gliotransmitter to finetune LC activity and the

· To explore the role of adrenergic receptors in neuron

a To study the effect of L-Lactate in neuron glial signal

 Immunohistochemical characterization of neurons and specific markers

A Newborn rat brain

A. Schematic of a new born rat brain. Experiments were p (PO-P3, Sprague-Dawley) rat brain horizontal slices of 400 was isolated in the interstitial solution consisting (in mM) CaCl2, 2 MgSO4, 26 NaHCO3, 1.25 NaH2PO4, and 10 Dto 7.4 by saturating the solution with 95% O2, 5% CO2. La horizontal brain slice (bottom) is transferred to recording co with same interstitial solution perfused with 95% O2, 5% C bath applied with flow rate of 5mL min, temperature 30°C

For intracellular calcium imaging, Locus coeruleus nucleus scope as a cluster of neurons) is loaded with calcium sensiti pressure injection. 10 minutes of incubation with the dye re ing of population of neurons and glia

B. Representative image of Fluo-4AM stained Locus coeru recorded from the stained population of cells. Immunostaining of TH(Tyrosine hydroxylase) and S100b w whole brain in 4% paraformaldehyde for overnight at 4°C at slices, prepared, were incubated with rabbit Anti-TH (1: 800 Base Solution) with 0.05% TritonX) and Mouse S100 Next day, slices were washed with TBS and incubated with a 594 and Goat anti mouse alexa 488 (1:500 in TBS with 0.059 washed with TBS for 10 minutes and visualized under the mu-





