Do you experience low back pain?

Ask today about the Alberta Back Care pathway!

You may be eligible for enrolment in this unique care pathway run by the University of Alberta, offering evidence-based, no/low-cost planning and care for individuals experiencing low back pain.

The ABCp provides physicians with a common approach to coordinate, assess, and manage low back pain patients. In some cases, care may include access to the GLA:D Back program, an education and/or exercise program given in a small group setting, virtually or in-person.

For more information, ask your doctor today or visit our website by scanning the QR code.