BSc General Psychology

1. CHECK YOUR “ACADEMIC REQUIREMENTS” REPORT (AAR) IN BEARTRACKS
   This is located in your “Manage Classes” icon in BearTracks, with the Academic Requirements Report link on the left hand side
   - This report is a digital version of your degree requirements so you can track your progress against the requirements of your degree in real time
   - Provides critical alerts for you to be aware of before you take the courses for credit
   - Checks to make sure you are meeting all the requirements of your degree and easily shows you what elements of your degree that you are still missing

2. ENSURE YOU’VE COMPLETED YOUR JUNIOR CORE REQUIREMENTS:
   - View available courses on our BSc General Degree Requirements Planning Sheet
     - *6 English
     - *6 Mathematical Sciences
     - *6 Physical Sciences
     - *6 Laboratory Sciences

3. LOOKING TO YOUR PSYCHOLOGY MAJOR
   - You need a minimum of *36 credits to complete this major
     - This does not include the *3 in STAT 151 or STAT 161
   - PSYCO 104, PSYCO 105 and *3 STAT 151 or STAT 161 should be taken in the first year (some of these courses are also part of your Mathematical Sciences and Laboratory Sciences requirements for the Junior Core requirements)
   - SOC 210 does not replace the requirement for STAT 151 for this major. You must take STAT 151 only.
   - Aim to complete your *6 credits Science pairing (PSYCO 258, 275, 282) and *6 credits Arts pairing (PSYCO 223, 239, 241) during your second year to allow for more senior level PSYCO courses in your final two years
   - PSYCO courses are split up between the Faculty of Arts and Science, view this PSYCO Arts vs. Science sheet to differentiate which faculty the course belongs to (pg 2)
   - The *3 PSYCO 4XX (Arts) and *3 PSYCO 4XX (Science) requirement and *3 PSYCO 300+ (Arts) and *3 PSYCO 300+ (Science) requirements are separate requirements and cannot be combined
   - If you have a Non-Science based minor (ex: Arts, Business or part of ALES) please note that your eligible space for non-Science electives is drastically reduced.
     - This means that for electives they will mostly be in the Faculty of Science
4. LOOK TO YOUR MINOR OR DOUBLE MAJOR

- Another aspect of your degree is the **mandatory** second area of study
- You can pick a minor from *Faculty of Science, Arts, Agriculture Life and Environmental Sciences (ALES)*, or *Business* or pick a double major from the *Faculty of Science*
  - *Business* minors require a new application and a set of prerequisite courses to be completed before being eligible
  - You can’t have the same minor or double major as your initial major
- If you haven’t declared your minor or double major you can do so on the [SciForms web portal](#)
- All possible options for a minor or double major can be viewed on our [BSc General Degree Requirements Planning Sheet](#)
- If you have a Non-Science based minor (ex: Arts, Business or part of ALES) when combined with a PSYCO major please note that your eligible space for non-Science electives is drastically reduced
  - This means that for electives they will mostly be in the Faculty of Science

5. OPTIONS/ELECTIVES IN MY DEGREE

- Exact credit minimums and maximums are listed in the [BSc General Degree Requirement PDF](#)
- **Arts options** *(any courses offered by the Faculty of Arts)*
- **Science options** *(any courses offered by the Faculty of Science)*
- **Outside options** *(any courses not offered by the Faculty of Arts or Science)*

6. TALK TO YOUR ACADEMIC ADVISOR

If you still have questions or concerns after reviewing all of this material you should contact your Academic Advisor.
ADDITIONAL TIPS

Create a balanced timetable: Do not register for more than two or three lab based courses per term as you will have lab assignments and exams in addition to regular course work.

Only register in courses for which you have the prerequisite: Students without the appropriate prerequisites will be removed from the course or credit will be withheld. Make sure to read the course description before you register in a course on Bear Tracks as Bear Tracks may not prevent you from registering in a course you don’t have the prerequisite for.

The class you want is full: If a class is full simply place the class on your watch list (found on BearTracks). You can also speak with the teaching department in charge of that class to see if anything else can be done or to see if a new section could be available.

Familiarize yourself with all courses. You can use the Course Listings in the U of A Calendar to search courses by prefix so that you can get an overview of course content, and prerequisites for courses offered at the U of A. Keep in mind that you will still need to check Bear Tracks to ensure the course is being offered.

Try something new. Your degree requirements are not just about fulfilling your major and minor. Why not try a course in an area you have always been interested in? Or, perhaps build some hands on experience into your degree by taking a research course. You can try entering a hobby or interest into the "Keyword or Phrase" search box in the Course Filter under Course Listings. For example, "sustainability". Leave all other search boxes as is. This will list all of the UofA courses which involve the topic of sustainability. screenshot?

Watch out for 100-level courses. All Faculty of Science degrees allow for a maximum of *42 at the 100-level, this includes junior core requirements. Know how many you have before registering in options courses. If you have reached the *42 maximum 100-level option courses may not count towards your degree.