



The Green & Gold Athlete Academy is a partnership between the University of Alberta, Golden Bears and Pandas Athletics and Vimy Ridge Academy dedicated to developing high school student-athletes with the potential to compete at the post-secondary level and beyond. We are pleased to offer a comprehensive program that maximizes both athletic and academic development.

Athlete Academy students will attend Vimy Ridge Academy during the morning to complete core academic courses. Academy training will take place in University of Alberta facilities during the afternoon from Monday to Thursday with Friday afternoon reserved for a teacher-supervised study hall at Vimy Ridge Academy. The curriculum will include sport-specific training, sport conditioning, mental training and academic sessions. Participants will take part in small training groups in Climbing (male and female), Hockey (female) and Rugby (male and female) designed to build technical and tactical skills through instruction led by experienced coaches. Academic credits will be offered in Physical Education and Career and Technology Studies.



### Superior Athletic Development

- Small training groups in a number of Golden Bears and Pandas varsity sports
- Technical, tactical, physical, and mental training delivered by expert coaches
- Access to University of Alberta Varsity training facilities



### Strong Academic Emphasis

- Students take 3 core academic classes each morning at Vimy ridge Academy
- Unique learning opportunities led by University coaches and academics
- Students receive credits for Physical Education and Career & Technology Studies (CTS)



### Better Sport-Life Balance

- Athletic training during the school day leaves more time free in the evening for study and family
- Emphasis on preparation for post-secondary competition and study
- 12 hours of weekly training: Monday to Thursday from 1 to 4 pm
- Friday afternoon teacher supervised Study Hall