



2021

SUMMER CAMPS

FUNDAMENTALS

Camps for 6 to 8 year olds

Our camps focus on improving sport-specific skills, while also building a foundation of Fundamental Movement Skills and Life Skills through curriculum tailored to each stage of development.

CAMP INFO

GENDER

- B** Boys camp
- G** Girls camp
- C** Coed camp

EXPERIENCE

- Explore (Beginner)**
No previous experience required. These camps aim to introduce and develop basic skills of the sport.
- Engage (Intermediate)**
Previous experience expected. These camps aim to develop and build upon existing skills of the sport.
- Excel (Advanced)**
High level experience expected or required. These camps aim to challenge participants in a high performance environment.

REGISTER ONLINE activityreg.ualberta.ca

Camp	Campus	Sign in Location	July 5-9	July 12-16	July 19-23	July 26-30	Aug 3-6 ¹	Aug 9-13	Aug 16-20	Aug 23-27	
Sport Skills	North	Main Gym	C	C	C	C	C	C	C	C	
Climbing	North	Main Gym	C	C		C	C	C	C		
Hockey	North	Clare Drake			C	C	C	C		C	
Soccer	Lister	Turf	C	C	C	C					
Basketball	South	Court 1	C	C		C		C	C	C	
Curling	South	Rink							C	C	
Tennis	South	Tennis Ctr	C* AM	C* PM	C	C	C	C	C	C* AM	C* PM
Run, Jump, Throw	South	Foote Field	C	C	C		C	C		C	

*Tennis camps are half-days either AM or PM on designated weeks

¹August Long Weekend-Short camp week