



# 2021

# SUMMER CAMPS

## TRAIN TO TRAIN

*Camps for 12 to 14 year olds*

*Our camps focus on improving sport-specific skills, while also building a foundation of Fundamental Movement Skills and Life Skills through curriculum tailored to each stage of development.*

### CAMP INFO

#### GENDER

- B** Boys camp
- G** Girls camp
- C** Coed camp

#### EXPERIENCE

- Explore (Beginner)**  
No previous experience required. These camps aim to introduce and develop basic skills of the sport.
- Engage (Intermediate)**  
Previous experience expected. These camps aim to develop and build upon existing skills of the sport.
- Excel (Advanced)**  
High level experience expected or required. These camps aim to challenge participants in a high performance environment.

**REGISTER ONLINE** [activityreg.ualberta.ca](http://activityreg.ualberta.ca)

Camp	Campus	Sign in Location	July 5-9	July 12-16	July 19-23	July 26-30	Aug 3-6*	Aug 9-13	Aug 16-20	Aug 23-27
Aquatics	North	West Pool	C	C	C	C	C	C	C	C
Climbing	North	Main Gym			C		C		C	C
Flag Football	Lister	Turf					C	C		
Soccer	Lister	Turf	C	B G		C				
Basketball	South	Court 1	B		G		B	G	G	B
Curling	South	Rink							C	C
Tennis	South	Tennis Ctr		C		C		C		C
Track & Field	South	Footie Field	C	C	C	C			C	C
Volleyball	South	VB Court	B G	G	G B	G		G		G G
Sport Leadership	South	SPC	C			C		C		

\*August Long Weekend-Short camp week