

MASS SCHEDULE

St. Joseph's Chapel

Saturday 4:30 pm
Sunday 9:30 am, 11:00 am
& 7:00 pm (Student Mass)

Daily Mass (St. Kateri Chapel)

MW 12:10 pm
TR 12:30 pm
(No weekday masses on civil
holidays like Family Day)

RECONCILIATION

St. Joseph's Chapel

Tuesday 11:30 am – 12:15 pm
Saturday 3:30 pm – 4:15 pm
And by appointment

CHILDREN'S LITURGY

St. Joseph's Chapel

During the 9:30 mass

CHAPEL COLLECTION

2024
Feb 04 \$3340
PAD \$4140

2023
Feb 05 \$1129
PAD \$3560

Your generosity is appreciated

ASH WEDNESDAY SCHEDULE

The Ash Wednesday masses are this coming Wednesday at 12 noon and 6 pm. They will be celebrated in the main Chapel. Parking behind the Kateri Women's Residence is available for the 6 pm service only.

These events are very well attended, so make sure you leave yourself time to find alternate parking arrangements if needed.

THE RETREAT IS ON!

Thank you to everyone who signed up for the Spiritual Surrenders retreat next Saturday 12-6:30 pm. See you there!

If you still need to register, click [here](#).

JOB OPPORTUNITY AT SJC

The College is hiring a new Manager of Residence Operations. It's a challenging role, but one that is very important to the mission of the College. Click [here](#) for more information. If you know someone you believe is qualified, please tell them about it!

LITTLE BLACK BOOKS FOR LENT

A limited number of Little Black Books are available for Lenten reflection. They will be in a basket for you to take at weekend mass. Each book costs about \$2; if you could put a little something extra in the Collection Basket (not the basket the LBBs are in), it would be greatly appreciated.

Our Daily Bread is also available in the foyer; the March/April/May copies will go out in a week or two.

SPIRITUAL GUIDANCE

Explore your spiritual nature more deeply; Spiritual Direction is available for everyone at SJC. Members of the worshipping community may contact Sr. Elizabeth at elizabethfcj@gmail.com

Chaplain

Fr. Jim Stenberg, CSB

780. 492. 4683

jim.stenberg@ualberta.ca

Visit us online

StJosephsCollege.ca

NEW ON FORMED

Here are some of the new programming this week on FORMED. Instructions on logging on to our FORMED account is in the side bar.

Whole 40: Making a Spiritual Plan for Lent

Learn the purpose of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith.

The Story of Death | Eternal Rest | Episode 1

What does death mean for the human person? Is it just part of life, or something else? We discuss the story of death and God's response to it: defeating death by dying and rising from the dead.

The Spirituality of Lent

Looking to take Lent more seriously this year? Join Tim Gray for ideas for a Lenten spirituality.

PROVIDENCE RENEWAL CENTRE PROGRAMMING

Lenten Series: A Pilgrimage Marathon

Why does one run a marathon (42 km or 26 miles)? Why does one walk a pilgrimage? Why on earth would one do the two together? At Providence Renewal Centre, we will be doing just that: a Pilgrimage Marathon. For 4 weeks, participants will be challenged and inspired as they walk, run, ride, or visualize a local pilgrimage the length of a marathon. Each week, we will gather over Zoom and be provided with reflections, assignments, and an opportunity to share our experiences. When God created the earth, God saw that it was good; take the time to experience it this Lent!

Thursdays, February 29, March 7, 14, & 21, 2024 (6:30 – 8:30 pm) \$60
Register by February 28 by clicking [here](#):

Self-Care Day: How Best to Overcome Challenges in Relationships

Facilitated by Alberta Pasco, RN, PhD

Lenten Season is an opportune time to reflect how we interact in our relationship and to work to improve them. Nasty behaviours spread much faster than do kind behaviours. Instead of simply reacting, we can choose how to interact and to act with compassion. Exploring ways to overcome annoying, condescending, and aggressive behaviours and learning how to deal with problem people and people problems are just some of those essential experiences we eventually adapt and grow from. Jesus was constantly questioned who, why, where, when, how, what He did; but He resisted the temptation to follow suit. Jesus focused on helping others to grow, flourish, and live peacefully.

Saturday, March 2, 2024 (10:00 am – 3:00 pm) \$65
Register by February 26 by clicking [here](#):

AT A GLANCE...

Thursday: Alcoholics Anonymous
7:00 pm in boardroom.

For information on Catholic Student Association activities (like Adoration, Bible Study, or Rosary), please email uofacsa@ualberta.ca

Campus Ministry can be contacted at sjccm@ualberta.ca

St. Joseph's College chapel has a FORMED subscription. Visit signup.formed.org and select our name.

Interested in the Lighthouse Group? Contact them at stjoeslighthouse@gmail.com

To donate online, go to <https://www.ualberta.ca/st-josephs/giving/index.html>

For pre-authorized giving, email elsie.liu@ualberta.ca

To check out the website, type the following in your browser: ualberta.ca/stjosephs

Twitter: @sjcuofa
Facebook: SJCUofA

BAPTISM

Contact the SJC Chaplain at least 2 months prior to date of Baptism.

MARRIAGE

Contact the SJC Chaplain at least 1 year prior to date of Marriage.

SACRAMENTS

For other sacraments, please contact the SJC Chaplain.