**Project Rationale**

In my childhood, spirituality enhanced my resilience for lifelong thriving. Professionally, working with children at risk leads me to recognize the importance of nurturing children’s resilience and the healing power of art therapy. My passion is to enhance children’s resilience and the healing power of art therapy. LBC are at great risk and need therapeutic intervention for psychological well-being and positive personality development.

**Therapeutic foundations of the project**

- **Spirituality**
  - Spiritual faculty is “fundamental to the human consciousness, central in our physiology and psychology” (Miller, 2015, p.26).
  - Thus, properly developed spirituality in childhood provides lifelong thriving by empowering a child with a powerful identity.

- **Narrative Art Therapy**
  - Combines symbolizing and story-telling to sustain an individual’s identity and psychological well-being; it works effectively for children in identifying problems, then separating the self from problems within relational contexts.

- **Resilience**
  - Resilience research and art therapy study show support, and that art therapy help enhance an individual’s resiliency and activate these resiliency mechanisms such as increasingly creative, self-esteem, personal control and mastery, acquiring becoming socially connected (Worrall & Jerry, 2007).

- **Cognitive development**
  - An ongoing integrative and interactive process between the perception of the child and the child’s environment; symbolic function could develop positive identities and healthy coping skills.

**Reflections**

There are academic and service gaps in supporting LBC, which lead to the limitations of data and studies for the literature review in LBC. Moreover, after 2011, there is little quality research about LBC due to lack of political will in China. This project found two ethical considerations: only caregivers’ consents are available, not the legal guardians’ as the limitations of data and studies for the literature review in LBC.

**Next Steps**

ECBC will recruit volunteers for the Summer Camp in the church from February to April 2020. This author will provide five sessions of free training for the volunteers in May and design an evaluation form for the project in July. The author will volunteer as a facilitator in the project. The Summer Camp runs from August 21 to August 30, 2020. This project will be improved based on the evaluations of the program in August.