A Collaborative Program of Studies in Spiritual Care

Introduce skills, knowledge, and competencies that enable graduates to work in spiritual care or chaplaincy ministry
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In commitment to creating competent, compassionate spiritual care providers to meet the needs of Albertans, the theological colleges in Alberta are collaborating to offer a graduate program in Spiritual Care.

The program of studies is intended to introduce skills for professional practice, disciplines for self-knowledge and self-care, leadership skills, and the ability to engage diverse sectors so that graduates are able to provide spiritual care or chaplaincy work in a variety of contexts.*

* The colleges recognize that some employment contexts (e.g. Alberta Health Services) and some professional certifications may require additional training (e.g. Clinical Pastoral Education).
Required Courses (12 credits)

Students choose one course in each of these four categories. Each category represents a core competency in Spiritual Care.

Basic Spiritual Care Skills

SC 501 - Foundations of Spiritual Care [Ambrose]
An introduction to the scope and provision of spiritual care within various institutional settings.

SSC 589 - Theological Reflection in Professional Practice [SSC]
This course blends academic rigour with experiences of reflection and group sharing to develop skills in using theological reflection in a variety of personal and professional practice contexts.

Ethics

SC 625 - Professional Ethics [Ambrose]
An exploration of the ethical development of persons in the helping professions, particularly within the context of Christian ministry.

PPSYC 583 - Professional Ethics in Psychotherapy and Spiritual Care [SSC]
Students examine a variety of Professional Codes of Ethics as well as pertinent case examples from their workplace or personal experiences as part of exploring the nature of a professional relationship and integrating their own personal values into their understanding of ethics.

STP 576 - Bioethics: Moral Issues from Life Sciences [Newman]
An exploration of ethical issues and pastoral implications in the contemporary context using case studies and decision-making frameworks.

Leadership

LE 503 - Leadership & Leadership Formation [Ambrose]
An exploration, analysis, and application of the field of leadership and personal leadership skills in adaptive leadership placed around the core issue of character development.

2P3231 - Spiritual Leadership [CSBSC]
This course introduces students to the major concepts and resources for spiritual leadership and assists them in examining their current leadership effectiveness.
Diversity

MI 502 - Intercultural Competence (Ambrose)
An exploration of cultural fluency to equip individuals to become more intentional about engaging in intercultural interactions to develop habits that value “others” and their “otherness.”

SSC 547 - Diversity in Faith and Culture (SSC)
As a foundation for professional competencies in multicultural topics and skills for interfaith communication, this course provides opportunities to look at one’s own culture, beliefs and traditions reflectively while also exploring the cultures, beliefs and traditions of others.

MI 620 - The Church in a Multi-Cultural/Multi-Faith World (Taylor)
An introduction to perspectives and skills needed for effective ministry in intercultural and inter-religious contexts, with a focus on communication and conflict resolution.

Electives
(6 credits)
Students choose two elective courses

Ambrose

SC 610 - The Ministry of the Chaplain
An introduction to institutional ministry and the challenges of ministry in multi-faith, multicultural settings.

SC 613 - Introduction to Prison Chaplaincy
An introduction to chaplaincy practices in a criminal justice context.

SC 615 - Spiritual Care of the Dying
An exploration of the theological issues and pastoral challenges presented in the care of dying persons including clinical constructs that enhance the practice of spiritual care.

LE 633 - Leadership and Resilience
A study of the biblical call to endurance in life and service, complemented by an examination of contemporary research on resilience.

CC 602 - Crisis Counselling
Principles of crisis intervention and their application in pastoral counselling.
PT 501 - Personal Formation & Development
An exploration of the nature and goal of spiritual formation with an examination of the inheritance of spiritual practices from Christian Scripture and church history.

CSBSC
2C1243 - Dealing with Conflict
The course examines the nature and dynamics of conflict, and offers an approach to conflict resolution that is sensitive to the character and purposes of God.

2P3215 - Spiritual Formation (CSBSC)
This course assists persons in their spiritual and character development, with a view to becoming more wholly integrated through examination and exercise of Christian faith practices.

Newman
STP 575 - Spiritual Direction
An exploration of the principles of spiritual direction including practical aspects of spiritual direction and the facilitation of growth in the Christian life.

STP 586 - Introduction to Pastoral Counselling
An introduction to the ministry of pastoral counselling with a focus on the development of skills and an understanding of ethical issues.

St. Stephen’s
INTD 577 - Spiritual Assessment in the Promotion of Health
As an element of whole person healthcare, spiritual assessment invites interdisciplinary reflection on understandings of the human person, health, health promotion, spirituality, spiritual needs, and spiritual care.

Taylor
PC 431 - Personal Development & Ministry
This course is focused on increasing interpersonal and intrapersonal awareness through personal assessments and social skill building exercises so that ministers become more resilient and compassionate.
PC 632 - Crisis Intervention
This course is focused on helping the minister translate theory into practical guidelines so as to be more effective in relating to those experiencing crisis situation in their lives.

PT 540 – Spiritual Formation
A foundational study in making space for the Holy Spirit’s work of transformation into the likeness of Christ, with special emphasis on spiritual practices that nurture a life-long pursuit of union with God.

Field Placement
(3 credits)
PT 712/721 – Pastoral Internship or Mentoring (Ambrose)
MI 712/720 – Intercultural Internship or Mentoring (Ambrose)
2P2341/2P2342 - Capstone Ministry I & II [CSBSC]
STP 470 - Theological Field Education [Newman],
FE 442/443/444 – Field Education [Taylor] (three 1 credit courses)

Clinical Pastoral Education (CPE)
(6 credits)
SC 715/716 - Clinical Pastoral Education (Ambrose)
CPE 5889 - Supervised Pastoral Education (SSC)
Clinical Pastoral Education is an optional component of the certificate and may be required for some employment contexts. CPE [6 credits] can be used as field placement [3 credits] and an elective [3 credits]. Admission to CPE is regulated by teaching supervisors recognized by the Canadian Association or Spiritual Care.

A variety of course delivery options are available. Consult the academic schedule at each institution for details.

Students of the five partnering institutions register for courses directly with the institution through which the courses are offered. Payment for each course is arranged directly with the institution at which each course is offered. Upon completion of the course, credits for that course can be transferred back into the degree program in which the student is registered or applied to the Program in Spiritual Care.
The Theological Colleges Collaborating for This Work Are:

Ambrose University (Calgary)
Jo-Ann Badley, PhD  
Dean of Theology  
jbadley@ambrose.edu  
Ambrose.edu

Canadian Southern Baptist Seminary & College (CSBSC) (Cochrane)
Don McNaughton, DMin  
Professor of Counselling & Director of Student Formation  
don.mcnaughton@csbs.ca  
Csbs.ca

Newman Theological College (Edmonton)
Sr. Zoe Bernatsky, STD  
Assistant Professor, Moral, Spiritual, Pastoral Theology  
zoe.bernatsky@newman.edu  
https://www.Newman.edu

St. Stephen’s College, at the University of Alberta (SSC) (Edmonton)
Fred Tappenden, PhD  
Principal and Dean, and Professor of Theology, St Stephen’s College  
frederick.tappenden@ualberta.ca  
ualberta.ca/st-stephens

Taylor Seminary (Edmonton)
Ralph Korner, PhD  
Academic Dean & Associate Professor of Biblical Studies  
ralph.korner@taylor-edu.ca  
http://www/taylor-edu.ca/timetables
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