



International Students: Travelling to Study at St. Stephen's College during COVID-19

Below are requirements for international students (and any co-arriving immediate family members) travelling to study at St. Stephen's College in Edmonton, Alberta, Canada during COVID-19. Students accepting admittance to a St. Stephen's College program must comply with all requirements below, and must sign this form to confirm that they have read and will abide by the stated requirements. This form must be submitted to the College along with the acceptance of admission.

Before arriving at St. Stephen's College in Edmonton, Alberta

During the COVID-19 pandemic, while travel restrictions are in place: In accordance with Alberta's public health orders and COVID-19 guidance, and the standards set by the federal Government, international students will be required to isolate for 14 days upon arrival in Edmonton. As an affiliated College of the University of Alberta, St. Stephen's College students will have access to the University of Alberta, Residence Services isolation program:

<https://www.residence.ualberta.ca/isolation-program>

This program provides numerous supports for international students during isolation/quarantine, including:

- airport pick-up and transportation to a residence hall at the University of Alberta upon arrival;
- accommodation in a residence hall at the University of Alberta for the 14-day quarantine period, including single rooms with private baths, linens, garbage collection, and laundry;
- meal service and delivery;
- periodic or daily check-ins;
- access to campus and community health services;
- material supports for isolating/quarantining;
- monitoring student health and enforcing isolation/quarantine requirements;

The fee for the University of Alberta Residence Services isolation accommodation program is \$975 for one person and it is open to both students and their co-arriving immediate family members. Whether or not students choose to use the University of Alberta Residence Services isolation program, they are required to make arrangements for a 14-day quarantine prior to arrival in Canada.

ArriveCAN Application

Students and any co-arriving family members are strongly encouraged to download the Government of Canada's ArriveCAN application prior to arrival at the border, to complete the information required within 48 hours after arrival in Canada, and for daily symptom reporting. [ArriveCAN information](#)

Appropriate Transportation to Quarantine Location

We strongly encourage students (and any co-arriving family members) to use the University of Alberta Isolation Program <https://www.ualberta.ca/residence/isolation-program.html>. It includes pick up at the Edmonton International Airport on arrival, with transportation directly to the isolation destination on the University of Alberta campus. Other travel options and guidelines include:

- Wherever possible, travel by plane to Edmonton, rather than making long distance trips from another hub.
- Taxis, limos, or rideshares are permissible if following the appropriate guidance. All drivers are required to mask. Students should sit as far away as possible from the driver and should not share rides with other students who are not part of their household unless the vehicle is large enough to allow students to maintain physical distance from one another (e.g. taxi vans). Vehicles that have plastic shields between the front and back seats are preferred.
- Rental vehicles are permissible. Students should not share a rental vehicle, unless with co-arriving family members.
- If students are taken to their quarantine location in a private vehicle, the driver may consider quarantining with the student. If the driver will not be quarantining, they should wear a mask and thoroughly sanitize all surfaces in the vehicle that may have come in contact with the student (both before and after the trip). The student should sit as far as possible from the driver, and the number of people in the vehicle should be limited to the fewest possible to ensure physical distancing of 2 metres. A plastic shield between the driver and passenger(s) is recommended.
- Use of public transportation (e.g. public buses, light-rail trains) is prohibited.

For all modes of transport, students should wear a mask for the duration of transit; should handle their own luggage; and if possible, should avoid stopping at any interim destinations. If they must stop for food or gas, they should seek venues where they can be served without leaving the vehicle, and should wear a mask at all times while being served.

Quarantining (self-isolate) for 14 days upon arrival in Edmonton

Students must make quarantine arrangements **prior to arrival** in Canada, and the arrangements must be assessed to be acceptable by the Government of Canada at the time and point of entry into Canada. The isolation plan must be suitable and the quarantine location must be communicated to St. Stephen's College. We strongly encourage students (and any co-arriving family members) to use the University of Alberta isolation program on campus

<https://www.ualberta.ca/residence/isolation-program.html>, which will provide appropriate living conditions and amenities and ensure all residents follow quarantine requirements. Whether or not students use the University of Alberta Isolation program, they must:

- Stay indoors at the place they are staying in Canada;

- Make a plan for obtaining essential supplies such as food, medications, toiletries, etc.;
- Avoid contact with other people;
- Avoid contact with older adults, or those with medical conditions, who are at higher risk of developing serious illness;
- Practice physical distancing; and
- Wear a mask or face covering when physical distancing is not possible.

Students may quarantine at a local hotel prior to travelling onto their final study destination, so long as they go directly to their place of quarantine upon arrival into Canada, and as long as, in so doing, they can meet the quarantine plan requirements.

Living accommodations with communal amenities (bathrooms, kitchens, etc.) are not suitable for quarantine or isolation, except in the case of a student being accompanied by their co-arriving immediate family members. If there are not enough amenities (kitchens, bathrooms, outside areas) to allow each student to have their own, then strict separation must be maintained between the users of each amenity so that the amenities are never shared by more than one person and their immediate, co-arriving family members at a time. One student and their immediate family members can use that amenity at a time, and they must clean and disinfect all of the surfaces they touch before and after using the amenity. Students must have separate rooms and separate, dedicated spaces in kitchens and bathrooms for their belongings.

Supports for Students while Quarantining

Whether students are quarantining on- or off-campus, St. Stephen's College will provide support. We advise that students go to the Government of Canada website for reliable, accurate messaging about COVID-19 (ie. COVID-19 related stigma, anti-racism supports): [COVID testing and reducing stigma](#) or the World Health Organization [COVID stigma guide](#).

St. Stephen's College will ensure the well-being of quarantined individuals, with appropriate email or telephone contacts and any necessary interventions. For students quarantining on-campus, accommodations at the University of Alberta isolation program have appropriate isolation, physical distancing and cleaning requirements, and students can access necessities such as food delivery and medical support.

Check-ins and Monitoring Compliance

International students and co-arriving immediate family members are responsible for on-going self-monitoring and assessment of COVID-19 symptoms. The University of Alberta, Residence Services isolation program will monitor student health and enforce isolation/quarantine requirements. For those students choosing to isolate in a private residence, St. Stephen's College will regularly monitor quarantined individuals throughout the 14-day quarantine through regular check-ins. These check-ins will be to ensure students' general well-being, and compliance with quarantine requirements with emphasis on individual COVID-19 infection control practices. Potential violations of the quarantine requirements will be reported to Alberta Health Services public health inspectors (1-833-415-9179) (<https://www.alberta.ca/covid-19-travel-advice.aspx#toc-6>) and to Advanced Education (AE.CampusAlberta@gov.ab.ca) immediately.

Check-ins will be conducted in a manner that allows for the conditions of quarantine to be assessed, including the maintenance of distance between individuals in and out of quarantine. St. Stephen's College will use either video-call or phone calls to facilitate these check-ins, and we will ensure that student responses are received and reviewed.

Public Health Agency of Canada (PHAC) compliance and enforcement officials may also contact students to ensure compliance with the 14-day quarantine period. This will take the form of emails, phone calls and robocalls at specific times during the quarantine period. At the federal level, peace officers or quarantine officers can ticket travellers who break quarantine under the Contraventions Act, or charges can be laid against a traveller for breaking quarantine under the Quarantine Act, which can result in penalties of up to \$750,000 in fines, up to six months in jail, or both.

Once the 14-day isolation/quarantine is complete, St. Stephen's College will provide ongoing monitoring of international students' health and safety through regular check-ins and communication for the duration of their stay.

<i>By signing below, I confirm that I have read and will abide by all of the requirements above, which are consistent with current guidelines of the Government of Canada, the Government of Alberta, St. Stephen's College and Alberta Health Services. I confirm I have a suitable isolation plan and will not be staying with vulnerable populations or living in a communal or group setting, and that I will have access to the necessities of life. I consent to regular and robust institutional monitoring throughout the 14-day quarantine period for COVID-19 symptoms, general well-being, compliance with quarantine requirements, and individual COVID-19 infection control practices. I understand that misrepresentation, falsification of documentation, or withholding of requested information are serious offences and could result in a charge under the College's Code of Student Behaviour.</i>			
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Address of your 14-day Quarantine Location			OR, I will book accommodations with the University of Alberta Student Residence Isolation Program
Student Name		Email	
Student Signature		Date	