

Art Therapy Fundamentals

This course is available for University of Alberta credit by registering through BEARTRACKS for:
CATS 321
Art Therapy
Fundamentals

EDUCATING THE WHOLE PERSON

Fall Term 2022: Sep 1-Dec 8, Th 5:30-8:30pm

Instructor: Kayla Cardinal

Art therapy, a specialized field in counseling psychology, provides a natural vehicle for promoting integrative, holistic approach to psychological healing. Explores the theory and application of art therapy to spirituality and healing settings. This course will be experientially based, with a lecture and seminar portion.

Note: Not open to students with credit in CH RTP 321.



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Register on
BEARTRACKS
www.beartracks.ualberta.ca



St. Stephen's College