CATS 383

Psychotherapy and Spirituality: An Introduction

Winter Term 2023: Jan 5-Apr 11, T/Th 9:30-10:50am
Instructor: Roger Thiessen

An introduction to the theory and practice of psychotherapy, with emphasis on spirituality as an essential component of therapeutic care. Students will examine their personal worldviews, explore their emerging caregiver identities, and engage with contemporary challenges of integrating psychotherapy and spirituality.

Note: Not open to students with credit in CHRTP 383.