



This course is available for University of Alberta credit by registering through BEARTRACKS for:
CATS 383
Psychotherapy and Spirituality: An Introduction

CATS 383

Psychotherapy and Spirituality: An Introduction

EDUCATING THE WHOLE PERSON

Winter Term 2023: Jan 5-Apr 11, T/Th 9:30-10:50am

Instructor: Roger Thiessen

An introduction to the theory and practice of psychotherapy, with emphasis on spirituality as an essential component of therapeutic care. Students will examine their personal worldviews, explore their emerging caregiver identities, and engage with contemporary challenges of integrating psychotherapy and spirituality.

Note: Not open to students with credit in CH RTP 383.



University of Alberta Campus
8810 - 112 Street NW
Edmonton, AB T6G 2J6

For More Information:
st.stephens@ualberta.ca
www.ualberta.ca/st-stephens

Register on BEARTRACKS
www.beartracks.ualberta.ca



St. Stephen's College