St. Stephen’s College

MPS Program Revisions

Approved in principle by the Academic Senate in September 2023; all program revisions subject to final approval by Senate in February 2023.

Proposed Program Content:

Master of Psychotherapy and Spirituality (60cr, students declare either Counselling or Art Therapy Streams)

*Note: new courses are underlined*

<table>
<thead>
<tr>
<th>Core Content</th>
<th>18 Credits</th>
<th>Spiritual Integration Content</th>
<th>12 Credits</th>
<th>Electives</th>
<th>9 Credits</th>
<th>Practicum</th>
<th>6 Credits</th>
<th>Academic Content</th>
<th>15 Credits</th>
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<tbody>
<tr>
<td>- Basic Psychotherapy (3cr)</td>
<td>- Introduction to Psychotherapy and Spirituality (3cr)</td>
<td>- Topics in Professional Practice: Seminar Series (3cr)</td>
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<td>- Graduate Academic Skills (3cr)</td>
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<tr>
<td>- Professional Ethics for Psychotherapy and Spiritual Care (3cr)</td>
<td>- Theological Reflection in Professional Practice (3cr) OR Spirituality: From Contemplation to Action (3cr)</td>
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<td>- Inquiry, Research, and Evaluation (3cr)</td>
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<tr>
<td>- Spiritually-Informed Developmental Psychology (3cr)</td>
<td>- Indigenizing and Decolonizing the Self in Prof. Practice (3cr, RCAT)</td>
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<td>- Thesis OR Capstone (9cr)</td>
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<td>- Psychopathology (3cr)</td>
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**Counselling Stream**

- Theories of Counselling (3cr)
- Systems Psychotherapy Skills (3cr)
- Art Therapy Stream
  - Art Therapy: Historical and Theoretical Foundations (3cr, RCAT)
  - Professional Issues in AT: Group, Family, and Diversity (3cr, RCAT)

**Art Therapy Stream**

- Art Therapy: Integration Process Group (1.5Cr + 1.5Cr)
- Art Therapy Stream
  - AT Spiritual Integration Process Group (1.5Cr + 1.5Cr, RCAT)

**Counselling Stream**

- Elective 1 (3cr)
- Elective 2 (3cr)

**Art Therapy Stream**

- Elective 1 (3cr)
- AT Studio: Assessment and Application (3cr, RCAT)
- Special Topics in AT: Children and Adolescents (3cr, RCAT)

**Counselling Stream**

- Practicum (6cr)
- AT Practicum (6cr, RCAT)