



STEADWARD
BEARS
UNIVERSITY OF ALBERTA

Fee Structure 2021 - 2022

The training year is covered as September through to August. Athletes will be invited to a registration evening on the first Wednesday following the Labor Day Long Weekend, where they will receive a tentative calendar outlining training for the season.

Para-athletics Programming

The Steadward Bears offers coaching & programming from grassroots to high performance sport. Para-athletes may choose to participate in the Development or Performance Group as best fits their personal para-athletics goals. Indoor season training will be held in the Butterdome and outdoor season training will be held at Foote Field and/or various other locations (ex. Emily Murphy Park).

Development:

In this group athletes train 1 day per week at the track. Training will focus on a combination of event specific training and general fitness. Registration includes track meet fee for entry to one track meet per year.

Athletics Alberta Fee: \$50 Please note: The Athletics Alberta fee is paid once per year.

Course ID	Date	Cost
	Full Year	\$560
	Outdoor (May – August)	\$240

Performance:

In this group athletes train 1 - 2 days per week at the track. A comprehensive training plan including event specific training and general fitness will be developed for each individual athlete.

GGTFC Fee: \$400 Please note: The GGTFC fee is paid once per year.

Athletics Alberta Fee: \$50 Please note: The Athletics Alberta fee is paid once per year.

Course ID	Date	Cost
	Full Year	\$765
	Outdoor (May – August)	\$360



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High Performance:

In this group athletes train up to 4 days per week. A comprehensive training plan will be developed for each individual athlete.

GGTFC Fee: \$400 Please note: The GGTFC fee is paid once per year.

Athletics Alberta Fee: \$50 Please note: The Athletics Alberta fee is paid once per year.

Course ID	Date	Cost
	Full Year	\$1800
	Outdoor (May – August)	\$540

Cross Training

Are you a parasport athlete looking to increase your speed or endurance in order to improve your athletic performance or general fitness? Join us at any time of the year for a customized program!

Email tscparatrack@ualberta.ca for available times and to book.	10 x 90 minute sessions	\$150
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Remote Coaching

Looking to train for Para-athletics, but no coach available in your community? This remote program is for you! Includes a comprehensive event specific training plan, frequent email feedback, and 30 minute update phone calls to ensure we stay up to date with your progress (call occurs at your request). When visiting Edmonton you may drop by practice and train with the team (up to 6 practices).

Course ID	Date	Cost
	Full Year	\$765

Equipment

Ask to see a list of equipment available to loan. Cost of equipment rental is separate from program fees.