

The Steadward Centre - Summer Camps 2023

Little Activators 3 - 7 yrs

This half day camp is intended to introduce our youngest participants to the joy of physical activity. They will develop physical literacy through play, dance and movement activities.

9:15am – 12pm \$100

1A: July 4 – 7 16509

2A: August 8 – 11 16510

Nature Discovery 7 - 12 yrs

This half day camp will ignite curiosity around nature and encourage a better understanding of our natural world, all while creating physical activity in its original setting. Physical literacy meets the forest!

1pm – 3:45pm \$100

1A: July 4 – 7 16511

2A: August 8 – 11 16512

Cycle Adventure 12+ yrs

This camp takes all the cycling fun of our popular Cycle Adventure class and jam packs it into a week-long camp filled with cycling in the morning, then a mix of games and activities in the afternoon. **Must be proficient at biking.**

9am – 3pm \$175

July 10-14 16513

Splash & Fun 7-14 yrs

This half day camp is intended to increase participant comfort in the water while engaging in swimming activities and games. There are no formal swim lessons involved in this camp. **New for 2023: This camp is now offered only as a morning session.**

9:15am – 12pm \$150

1A: July 17 – 21 16514

2A: July 31 – August 4 16515

Kids Create 7 - 14 yrs

New Join us for this half-day camp where your child can unleash their creative side! Participants will express themselves through a diverse set of activities ranging from dance, art, music, and much more!

1pm – 3:45pm \$125

July 17 – 21 16518

Summer Staycation: Young Adult Week 19 - 29 yrs

New Calling all young adults! Join us for this half-day camp where you will be able to sample a variety of activities at TSC and on campus. Sampler activities will include but not be limited to an outdoor immersion session and a scavenger hunt in some of the unique museums U of A hosts on campus.

1pm – 3:45pm \$125

July 31 – August 4 16519

Steadward Bears 12+ yrs

Come join our coaches and Steadward Bears athletes in a fun and inclusive environment! The goal of this camp is to give participants an opportunity to build swimming and track and field skills. Half of the camp will be spent in the Butterdome where participants will develop skills related to run, jump, throw, wheel. The other half of the camp will be spent in the pool focused on an introduction to competitive swimming skills. No previous Para Sport experience is required. **Note: Drop-off of camp participants opens up at 9 AM, early participants will engage in free play prior to 10 AM.**

10am – 4pm \$175

July 24-28 16520

TSC Teen Week 12+ yrs

New Time for the teens to shine! Join us for this camp where teens will participate in many social activities where games and other fitness fun is enjoyed by all. One of the camp days will feature a session in the swimming pool. The week will be capped off with a visit to a local splash park!

9am – 3pm \$175

August 14-18 16521



Registration opens February 27, 2023. Registration codes are listed in blue. Registration options on next page.

For further information, please call 780-492-8269 or email tscf2bm@ualberta.ca

Registration & Payment Options at The Steadward Centre (Summer Camps 2023)

<p>Option 1 – Online</p> <p>https://www.activityreg.ualberta.ca</p>	<p>Option 2 – Phone</p> <p>780-492-2231</p>	<p>Option 3 – In Person</p> <p>Customer Service (1-241 VVC)</p>
<ul style="list-style-type: none"> • Register at a time that is convenient for you • Go to the above website, then “Browse our Programs”, then scroll to the bottom of the page to find The Steadward Centre, then click on Summer Camps • Once you have created an account, you can use it to directly register and pay for summer camps • Credit card only 	<ul style="list-style-type: none"> • Call the above phone number with the following information ready: <ol style="list-style-type: none"> 1) Your full name 2) Program registration code(s) • Credit card only 	<ul style="list-style-type: none"> • This option allows you to pay at a physical location • Payment options include cash, cheque, debit card or credit card • Please make all cheques payable to “University of Alberta”
<p>Note: At present time, you are UNABLE to apply any credits on your account towards online registration</p>	<p>Note: You CAN apply credit on your account towards registration with this phone option</p>	<p>Note: You CAN apply credit on your account towards registration with this in-person option</p>