



The Steadward Centre

2022 Summer Camps

Registration opens **February 28, 2022** (registration codes in blue)

For more information please call 780-492-8269 or email tscf2bm@ualberta.ca

Little Activators 3 – 7 yrs

This half day camp is intended to introduce our youngest participants to the joy of physical activity. They will develop physical literacy through play, dance and movement activities.

1A: July 4 – 8; 9am – 12pm; \$125 **14035**
2A: August 2 – 5; 9am – 12pm; \$100 **14036**

Cycle Adventure 12+ yrs

This camp takes all the cycling fun of our popular Cycle Adventure class and jam packs it into a week-long camp filled with cycling, exploring, and other great activities.

Must be proficient at biking.

July 11 – 15; 9am – 3pm; \$175 **14037**

Splash & Fun 7 – 14yrs

The goal of this camp is to increase participant comfort in the water while engaging in swimming activities and games. Approximately half of this camp will take place in the water. The other half will be spent developing physical literacy in a dryland setting through a range of games and activities.

1A: July 18 – 22; 9am-3pm; \$200 **14038**
1B (pool only): July 18 – 22; 9am-12pm; \$150 **14039**
2A: August 8 – 12; 9am – 3pm; \$200 **14040**
2B (pool only): August 8 – 12; 9am – 12pm; \$150 **14041**

Nature Discovery 7 – 14 yrs/14+ yrs

This half day camp will ignite curiosity around nature and encourage a better understanding of our natural world, all while creating physical activity in its original setting. Physical literacy meets the forest in this brand new camp offering for 2022!

Ages 14+: July 4 – 8; 1pm – 4pm; \$125 **14042**
Ages 7-14: August 2 – 5; 1pm – 4pm; \$100 **14043**

NEW Steadward Bears 12+ yrs

Come join our coaches and Steadward Bears athletes in a fun and inclusive environment! The goal of this camp is to give participants an opportunity to build swimming and track and field skills. Half of the camp will be spent in the Butterdome where participants will develop skills related to run, jump, throw, wheel. The other half of the camp will be spent in the pool focused on an introduction to competitive swimming skills. **No previous Para Sport experience is required.**

July 25 – 29; 9am – 3pm; \$175 **14045**

Fun In The Sun 14+ yrs

The goal of this camp is to have some fun in the sun. Participants will work to develop the skills of summertime activities such as Frisbee and lawn games, plus much more! On one of the camp mornings a swimming session will take place. Make some new friends this summer, while being active in the great outdoors!

August 15 – 19; 9am – 3pm; \$175 **14044**

Registration & Payment Options at The Steadward Centre (Summer Camps 2022)

| <p>Option 1 – Online</p> <p>https://www.activityreg.ualberta.ca</p> | <p>Option 2 – Phone</p> <p>780-492-2231</p> | <p>Option 3 – In Person</p> <p>Facility Services (1-241 VVC)</p> |
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| <ul style="list-style-type: none"> • Register at a time that is convenient for you • Go to the above website, then “Browse our Programs”, then scroll to the bottom of the page to find The Steadward Centre, then click on Summer Camps • Once you have created an account, you can use it to directly register and pay for summer camps • Credit card only | <ul style="list-style-type: none"> • Call the above phone number with the following information ready: <ol style="list-style-type: none"> 1) Your full name 2) Program registration code(s) • Credit card only | <ul style="list-style-type: none"> • This option allows you to pay at a physical location • Payment options include cash, cheque, debit card or credit card • Please make all cheques payable to “University of Alberta” |
| <p>Note: At present time, you are UNABLE to apply any credits on your account towards online registration</p> | <p>Note: You CAN apply credit on your account towards registration with this phone option</p> | <p>Note: You CAN apply credit on your account towards registration with this in-person option</p> |