

The Steadward Centre - Summer Camps 2024



Little Activators 3 - 7 yrs

This half day camp is intended to introduce our youngest participants to the joy of physical activity. They will develop physical literacy through play, dance and movement activities.

9:15am – 12pm

1A: July 2 – 5 \$100 [18964](#)

2A: July 29 – August 2 \$125 [18965](#)

Nature Discovery 7 - 12 yrs

This half-day camp will ignite curiosity around nature and encourage a better understanding of our natural world, all while creating physical activity in its original setting. Physical literacy meets the forest!

1pm – 3:45pm

1A: July 2 – 5 \$100 [18966](#)

2A: July 29 – August 2 \$125 [18967](#)

Splash & Fun 7-14 yrs

This half-day camp is intended to increase participant comfort in the water while engaging in swimming activities and games. There are no formal swim lessons involved in this camp.

9:15am – 12pm

1A: July 8 – 12 \$150 [19626](#)

2A: August 6-9 \$120 [19627](#)

Summer Staycation: Young Adult Week 19 - 29 yrs

Calling all young adults! Join us for this half-day camp where you will be able to sample a variety of activities at TSC and on campus. Sampler activities will include but not be limited to an outdoor immersion session and a scavenger hunt in some of the unique museums U of A hosts on campus.

1pm – 3:45pm

July 8 – 12 \$125 [18970](#)

August 6-9 \$100 [18971](#)

Steadward Bears 12+ yrs

Come join our coaches and Steadward Bears athletes in a fun and inclusive environment! The goal of this camp is to give participants an opportunity to build swimming and track and field skills. Half of the camp will be spent in the Butterdome where participants will develop skills related to run, jump, throw, wheel. The other half of the camp will be spent in the pool focused on an introduction to competitive swimming skills. No previous Para Sport experience is required.

9am – 4pm

July 22-26 \$175 [18972](#)

TSC Teen Week 12+ yrs

Time for the teens to shine! Join us for this camp where teens will participate in many social activities where games and other fitness fun is enjoyed by all. One of the camp days will feature a session in the swimming pool. The week will be capped off with a visit to a local splash park!

9am – 4pm

July 15-19 \$175 [18973](#)

August 12-16 \$175 [18974](#)

Registration opens March 4, 2024. Registration codes are listed in [blue](#). Registration options on next page.

For further information, please call 780-492-8339 or email infotsc@ualberta.ca