For more information about stuttering, stuttering treatment and ISTAR, visit istor.ualberta.ca.

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Communication Improvement Program (CIP)
Helping children and adults achieve successful communication
The Communication Improvement Program (CIP) offers a treatment option for people wanting to improve their communication abilities.

This program will benefit:

• preschool children struggling to be understood when speaking and struggling to understand when being spoken to
• school-aged children having difficulties expressing thoughts, following or understanding directions, using a clear speaking voice, and pronouncing sounds
• teenagers and adults who have difficulty expressing thoughts or speaking slowly/clearly
• stroke survivors who are unable to talk, have slurred or unclear speech, and cannot understand others
• anyone who wants to improve their conversational or public speaking skills, improve their vocal quality or modify an accent

What happens when a person has communication difficulties?

When a person is experiencing issues when trying to communicate, many different aspects of their life can be affected. Some of these aspects include:

• School performance
• Self-esteem
• Career choices
• Quality of life
• Social development
• Emotional health
• Job performance

How can ISTAR help?

ISTAR’s Communication Improvement Program (CIP) can help people struggling with their speech become confident communicators by:

• assessing and treating difficulties in speech, language and voice;
• providing consultation and programming for people wanting to enhance their communication skills;
• enhancing a client’s overall speaking effectiveness;
• working with clients and families for optimal success; and
• providing cost-effective therapy of the highest quality

What services are offered in the program?

Screening
• Group- or individual-based testing to identify possible problems

Assessment
• Evaluating communication skills
• Identifying strengths and needs

Direct treatment
• Individual programs
• Small group treatment
• Guided home practice
• Special programs

Consultations
• Recommendations to clients, family members and teachers

Effective communication training and education
• Experiential workshops and individual coaching
• Customized in-services